

FRASER COAST What's On

October 2017 FREE MONTHLY MAGAZINE

10

Inside this issue:

SUPERBOATS LEE KERNAGHAN

Fraser Coast
ALL BREEDS SHOW
ANNUAL
TORBANLEA RACES

Fraser Coast
MUSIC MUSTER



#frasercoastevents

Here's just some of the events coming up
in October on frasercoastevents.com



FRASER COAST MUSIC MUSTER

19-23 October, 2017
Maryborough Showground

TORBANLEA PICNIC RACES

28 October, 2017
Torbanlea Showgrounds



DINER EN BLANC FRASER COAST

28 October, 2017
Secret Location, Maryborough



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FRASER COAST What's On

Note from the Editor

Welcome to this our 10th edition of What's On Fraser Coast. It certainly only seems like yesterday that we were waiting for our first edition to come off the press, and now here we are ten months later. Thank you to each and every one of you that have shared in our journey, believed in us and watched us grow. On a personal note the past ten months has sped by, at times in a frenetic blur of events and activities. During this time I have attended and supported many events, and felt very privileged to be able to participate in some pretty exciting new additions to our calendar that will hopefully become annual events. I have also got to meet some amazing people along the way. This season I was very lucky to get out on the ocean and to see our beautiful whales. If you haven't been out yet you still have time. Oct is the month to see the mothers and calves frolic and play. In fact I may just have to go out for a second time as it truly is a sight not to be missed. October is a month about horses, racing and fashion as Australia comes to a standstill for The Melbourne Cup. If theatre is more your thing catch 'The Rhythms of Ireland' at the Broilga Theatre and Convention Centre. It is also the month for you to get your joggers on and participate or spectate at the 2017 Hog's Hervey Bay 100-Long Course Triathlon. This year a new event has been added to the program, it is called the Barge 2 Beach 2017 and looks like a lot of fun.



To find out what is coming up in the next few months, and to read previous editions visit: <http://whatsonfrasercoast.com.au/> or find us on Facebook.

Cheers,
Kim Parnell
Editor

Index

Superboats to return in October	3
Lee Kernaghan - The Boy from the Bush.....	5
There is nothing mundane about Woman Like Us.....	6
Horse lovers will love the Fraser Coast All Breeds Show ...	8
Diner en Blanc.....	10
Saddle up for the Annual Torbanlea Picnic Races	11
Grab your swag for the Fraser Coast Music Muster.....	12
Battlefield – An exhibition to Empower Women.....	14
Youth Column -State Education Week	15
Calander of Events - October	16-17
Gig Guide - October	18
Vox Pop.....	19
Fishing.....	23
Key Dates in November	24
What's On: Fraser Coast Markets.....	25
Social Snaps	26-28
Restaurant Guide	29
In the Kitchen:	30
Guest Recipe: Italian Ricotta Donuts	31

Contact Us



Editor - Kim Parnell

kim.parnell@whatsonfrasercoast.com.au
Ph 0408 987 860

Commercial Manager - Darren Bosley

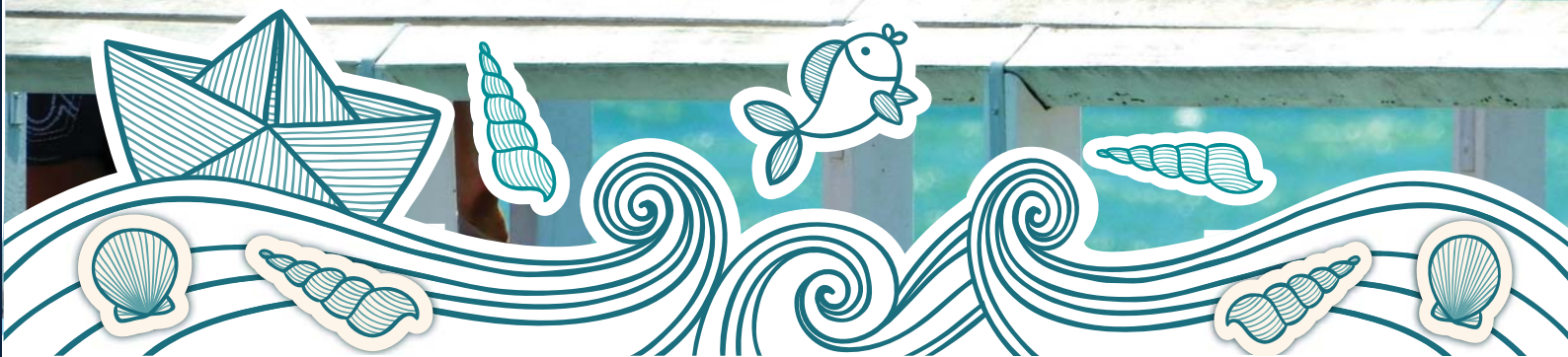
darren.bosley@chameleon-group.com.au
Ph 0404 467 036

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SUPERBOATS

to return in October



The National Offshore Superboats will return to Hervey Bay this month. Peter Mueller, Chris Wicks and Paul Robins, of Our Events Fraser Coast held talks with the Superboat organisers recently and the dates have been set.

"Lock it in now," was everyone's response to long time Superboat Secretary Paul Gibbs when they spoke recently.

"We are going to go at the end of October this year so as not to clash with the V8 Supercars inaugural round at Newcastle. That's a little earlier than last year's event," Peter said. "There is not a great deal of flexibility running an event like Superboats as the race needs to be held when the tides are just right. "We will still be the final event of the year with the series wrapping up on Saturday October 28 and Sunday October 29," Steve said.

Superboat's Secretary Paul Gibbs said holding the event earlier means crews and fans will now be able to enjoy both the Superboats in October and V8 Supercars in November.

"We know some of the crews were committed to the Supercars and being able to have the two events staged on two different weekends means a win for both 'Super' events," Mr Gibbs said.

"I had lots of positive feedback from Competitors last year and the crews loved the welcome from the people of Hervey Bay.

"The weather was reasonably kind to us making the racing all the better. The Street Parade with so many people lining the Esplanade and of course the family day at the Seafront Oval made for an excellent weekend.

"And to top of Sunday's Race Day the presentation dinner at The Beach House Hotel was the most enjoyable night we have ever had," Mr Gibbs added.

"Our Events Fraser Coast is building on the success of our initial venture. The weekend will be bigger and better for the Fraser Coast Community as this year we are also working in conjunction with Robyn Lynch, Brad Nardi and Martin Simmons from Fraser Coast Tourism and Events.



Some great Sponsorship packages are also available.

For all Sponsorship enquiries requests and payments please contact: Chris Wicks on 0400 241 449 or Paul Robins 0407 306 666

GOLD SPONSORSHIP - \$2,000 Benefits include: • 4 tickets to Friday night Sponsor's function • 2 tickets to Official Presentation Dinner on Sunday night • 2 tickets for a high speed spin around the bay in a superboat • Prominent sponsors' brand visibility on boats, national television coverage

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Round 5, 2017, Hervey Bay Offshore Superboat Event
Saturday October 28 and Sunday October 29

Saturday: Pole Position Shootout 12 noon to 1pm.
Saturday Afternoon from 3:30pm Street Parade of Boats.

Sunday: Race 1, 11am - 30 minute race.

Race 2, 1pm - 30 minute race

Pit Area: Urangan Public Boat Ramp

What's happening at your club!



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MISS STEAK
MANDY NOLAN
ELLEN BRIGGS

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LEE Kernaghan

The Boy from the Bush

Story by Kim Parnell

Australian Country Music Singer, Songwriter, Lee Kernaghan hits the Brolga Theatre in Maryborough this month with his, 'Boys from the Bush 25th Anniversary Tour'. Lee is without a doubt one of our most decorated and recognised country music star's in Australia today.

Lee, tell us about the - Boys from the Bush 25th Anniversary Tour?

The tour is all about the 25th Anniversary of the Outback Club. The first song on that album was called Boys from the Bush and was released in 1992. This album celebrates the milestone and features mates and musical hero's.



I read that you have called South East Queensland home for about 20 years. What do you love about it, what makes you stay?

Although dad says I was born in Corryong, Victoria, I say I was conceived in Queensland. It is a great state and has inspired many songs throughout my musical career. There is a saying in the music industry, 'The Cream always rises to the top', this is what I tell all of my friends when they come to visit. **If you had not pursued music, what career would you have chosen?**

As a kid I always wanted to be a teacher. I also had a dream of being an AFL football player. I am just lucky that I stuck to music lessons as it was the only thing that I was good at.

Spirit of the Anzacs— Tell me about reading those letters for the first time, what was it like?

I had visited the War Memorial to pay my respects as you do. I felt very privileged to be able to visit the archives while there and read some letters, some of them dating back to Gallipoli during the first World War. As I was reading the letters I heard the music through the words and it was right there in that moment that the album was born. It is still very special to me as it is to many people. As it turned out the Spirit of the Anzacs was the highest selling Australian Album for 2015. This album and the royalties belong to the Veterans.

Did you ever think way back at the beginning that you would be so successful?

I could never have imagined that the road would be so long and that the songs would resonate with so many people over the years. I am extremely grateful to the people of Australia, it has been and continues to be an incredible ride.

Have you been to the Fraser Coast before?

I have been a regular on the touring scene on the Fraser Coast over the years. It truly is a great destination, and such a beautiful spot.

I have done lots of Fund-raising Tours throughout this time. It began in the 90's travelling through regional and remote parts of Australia. Over the years on the road we saw lots of hardship, We saw the effects of drought, and communities in crisis during floods or bush-fires. The towns would fund-raise, when we have concerts in these towns every dollar stays in that town, it is important to give back to the community and I definitely intend to keep doing this for life. Millions of dollars over the years has been raised for the bush and I am proud to be a part of that.

Who were your inspirations/ Idols growing up? Slim Dusty for sure. My dad was also a huge inspiration to me growing up, Ray Kernaghan was also a country music artist inducted into the Australian Country Music Hands of Fame in 1981.

Do you have a special message for the people of the Fraser Coast before your upcoming concert?

To the boys of the Outback Club, it is on - this is an AGM where everyone is invited. The show is going to be a big one.

Lee Kernaghan

— Boys from the Bush

25th Anniversary Tour / Sat, 28 October
Brolga Theatre and Convention Centre
8:00 pm

Adult	\$69.90	Concession	\$64.90
Friends BT	\$64.90	Student	\$64.90
Child	\$59.90		

There is nothing *Women Like Us* mundane about

Story by Kim Parnell

“ Our show, *Women Like Us*, resonates to a wide audience both male and female, I mean come on who hasn't had a middle aged tantrum. ”

Comedians Mandy Nolan and Ellen Briggs find humour in life's everyday moments, so much so that they are touring here for the second time with their latest show, 'Women Like Us'. I sat down and had a chat to Mandy to find out all about it.

How long have you and Ellen known each other and where did the idea for, 'Women Like Us', come from?

I have been a comedian for thirty years, I also teach comedy. Ellen was one of my students and I got to know her very well, we are different but have many similarities. We get lots of work because we are unique. We found that there is a whole demographic of women out there going to various shows but not really being able to relate. Our show, *Women Like Us*, resonates to a wide audience both male and female, I mean come on who hasn't had a middle aged tantrum. As women most of us are always made to feel like we just don't measure up, that we are not good enough. Every day through everyday life we are being given the wrong message. So in our show we have fun talking about the mundane topics like life, kids, family, school, and everything in-between. This is what we all live with.

How do you juggle a Career and family and still stay sane?

Well between Ellen and I we have seven children, five of which are mine. Oh, and while we are at it I have had three out of the four husbands too! I only have two children at home now, the others have now grown up. You have to be really organised, we make our work fit around our homes as we love our family lives. Women are really great Strategists you know. Ellen and I are writing a book at the moment so we push each other and set deadlines.

What should people expect from *Women Like Us*?

Lots of stories, lots of laughter, adult themes. By the end of the show you will think that we have been living your lives. It honestly is a great night out. However we would not recommend that you attend if you have just had a hernia operation, a lady came to one of our shows once who had and laughed so hard during our show that she thought she had busted her stitches and would have to be readmitted!

You have been to the Fraser Coast a couple of times now, what do you like about it? We had a great reaction the first time we brought the show to the Fraser Coast, we hope that everyone has dementia this time so as they don't remember seeing us the first time.

Apparently I lived in Scarness when I was two, we have a real family connection with the area as other family members have lived here over the years. Ellen has family in Hervey Bay as well.

Do you have a funny story to tell you us about being a parent?

When my middle daughter was 15 I had this running joke with her that if she kept her virginity until she was 16 I'd give her \$50. Not much for a hymen, but it was a joke which she found amusing and loved telling her friends who then told their bemused sometimes shocked parents. One of them offered her another \$200 if she made it to 18. And so all bets were on. At 17 and a half it was looking like my little capitalist was about to get her first pay out. Then she fell in love. But she was strong. Her new beau was keen to consummate, but she told him 'Nope, I've got \$250 riding on this.' She made him go to the auto bank and withdraw the cash. I've never been prouder. It's so great as a Mum to see your daughter really value herself.

WOMEN LIKE US

October 14 / 18+ Show

Members: \$20 / Non Members: \$25

Doors open 7pm – 8pm start Hervey Bay RSL



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Horse

Lovers

Written by Cate Puschmann

will love the Fraser Coast All Breeds Show

The Maryborough Active Riders Club (MARC) is a not for profit equestrian club who hold various events throughout the year to enable their members and outside participants from the Fraser Coast Region to compete, improve riding abilities and enjoy common horse related passions. One of the premier events being held by MARC this year is the Fraser Coast All Breeds Show which is on the 7th and 8th of October 2017.

This show is a two day event which is held at the Maryborough Showgrounds and Equestrian Park. This event is growing rapidly each year and attracts a great number of competitors and spectators from all around the Fraser Coast, across Queensland and interstate. Celebrating all horse breeds big and small - this year there will be over 250 halter and saddle classes, an Australian Stock Horse feature show, challenges, full showhorse and hunter program, youngstock, futurity classes, beginner events and junior and senior rider classes.

Some of the beautiful horse breeds that will be on show this year include Arabians, Quarter horses, Warmbloods, Thoroughbreds, Welsh ponies, Baroque breeds and Miniature ponies. So much time is dedicated to these horses ensuring they are ready for competition and they are a credit to the owners who present them. This year we have beginner classes which have been incorporated into the program to encourage less experienced competitors and horses, particularly children to come along and have a go. We all have to start somewhere and it's just beautiful to see the mums and dads bringing the young ones out on a lead line into the ring. Ribbons go to 6th for all classes and we ensure that all beginners receive a ribbon for their efforts.

A great thanks goes out to the major sponsors of the show including the Fraser Coast Regional Council and the Australia Stock Horse Society East Moreton Branch. Without the support of the sponsors MARC would not be able to run such a successful event. This year there is generous prize money for competitors, trophy rugs, and beautiful garlands will be awarded to winners of supreme classes and heaps of prizes will be given out throughout the event.

The Australian Stock Horse feature show will be held on Saturday the 7th of October in the centre ring with accredited judges and will be showcasing some of Queensland's finest Australian Stock Horses. The Australian Stock Horse is an iconic symbol of Australia's heritage. The roots of the Australian Stock Horse date back to the earliest importation of nine horses to Australia, with the arrival of the First Fleet in Botany Bay in January

1788. Formal recognition of the Australian Stock Horse as a distinct breed began in 1971 when over 100 campdrafters and horse breeders met in Tamworth, New South Wales to form the Australian Stock Horse Society. The Australian Stock Horse is bred for its intelligence, courage, strength and athletic ability. These days the Australian Stock Horse is one of the most versatile horse breeds used in various disciplines including polocrosse, dressage, campdrafting, show jumping, eventing and endurance.



This year there will be numerous trade stalls at the event showcasing equestrian merchandise including clothing, nutrition products, fencing solutions and tack. The event is fully catered with food vans selling sandwiches, hot food, drinks and ice-creams. It's free to come as a spectator so we encourage anyone who likes horses or has an interest in horses to come to the Fraser Coast All Breeds show. The aim of the MARC show horse committee is for the Fraser Coast All Breeds Show to grow into one of the biggest 'all breed' horse events held in Queensland.

If you would like any further information about the event please visit the webpage www.maryboroughactiveriders.org.au

FRASER COAST

What's On

October 2017 8

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CARRIERS GIG GUIDE OCTOBER

THURSDAY 5 » 7:00PM
Open Mic Night

FRIDAY 6 » 7:30PM
Mighty Midgets

SATURDAY 7 » 7.30PM
Dale Newberry

THURSDAY 12 » 7:00PM
Open Mic Night

FRIDAY 13 » 7:30PM
Ian Murray

SATURDAY 14 » 7.30PM
Ricky's Duo

THURSDAY 19 » 7:00PM
Open Mic Night

Friday 20 » 7:30PM
Dust

SATURDAY 21 » 7.30PM
David Turner

THURSDAY 26 » 7:00PM
Open Mic Night

FRIDAY 27 » 7:30PM
Bobby Barnes

SATURDAY 28 » 7.30PM
Sweet Sacrifice

GAMING • BISTRO • FUNCTIONS • LIVE MUSIC • BOTTLE-O



Bonjour Fraser Coast!

We are thrilled to announce that for the first time in regional Australia, the chic picnic you know and love from Paris, New York, Sydney, Melbourne, Brisbane, and many other cities is coming to the Fraser Coast on October 28th, 2017.

The hosting team behind this inaugural event is composed of Nikki-lee Morris, Liza Young, and Councillor Daniel Sanderson. We also have the support and expertise of veteran Le Diner en Blanc host, Amy Grey. Amy has been co-hosting the Brisbane event since its beginning in 2012!

After months of planning and anticipation, we've found the perfect secret location—but adhering to tradition, it won't be revealed until the very last minute... We can't wait to take you there!

The Fraser Coast is a cultural hub, a vibrant city filled with activity and our team is excited to add an international event to the calendar with some Australian flair and to share in a unique and exciting experience together with the local community.

Le Diner en Blanc captures the spirit of friendship, glamour, and European elegance. We love the history and anticipation Diner en Blanc events create around the world. We are hoping that 600 of our friends and friends of friends will take part in this inaugural event.

Diner en Blanc™ Fraser Coast

To uphold Le Diner en Blanc's tradition, guests from around the world must dress head-to-toe in white and are requested to bring their own foldable tables, white chairs, white table linens, tableware, and their own culinary delights. If you're not inclined to prepare your own gourmet meal, guests will have the option of hampers catered by The Sticky Fig via the e-store. This glamorous event is a wine and champagne only evening. Following the events alcohol regulations, guests will have to pre-purchase via our e-store or provide their own non-alcoholic beverages.

For those who would like to attend this unforgettable evening under the stars and share in the experience with the community and friends, co-workers or family, sign up now to the waiting list frasercoast.dinerenblanc.com/register.

We are looking forward to seeing you all!

À bientôt, Le Diner en Blanc

– Fraser Coast Team

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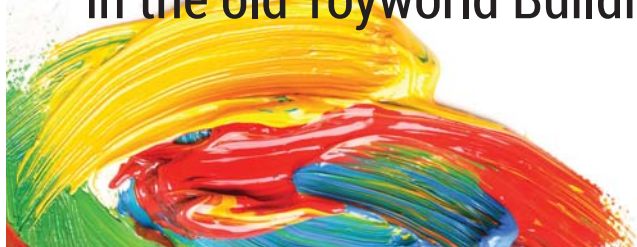




Photo Credit, Denise Keelan

Saddle up for the ANNUAL TORBANLEA PICNIC RACES

Written by the Burrum Recreation Reserve Association Inc

Past President Brad Rodderick's association with the Torbanlea Picnic Races goes back to his grandfather, Oscar Ross. Brad believes the races started back in 1890 and 20 years later, the track was railed and registered as the Burrum Recreational Reserve at Torbanlea.

There were monthly races with local bookmakers on hand. Howard also had a track. The race club was very financial...that was until the treasurer at the time decided to take himself, and the money back to England. At the time it was believed to be about 3000 pounds a small fortune back in the day. From this moment, the track and racing ceased until the Burrum Lions Club took it on as a project in the early 1980's and successfully ran the Picnic Races until they also concluded their work several years later. It was at this time that the Burrum Recreational Reserve Committee Association was formed and continued with the Torbanlea Picnic Races and Family Fun Day, both have grown to be major local events.

Horses were drawn from the Central Highlands area, Brisbane Valley, Gympie and locally. All money raised is put directly back into the reserve to make a multi purpose sporting venue. The reserve has hosted many different sports over the years such as Soccer, Rugby League, AFL, Tennis, Netball, Little Athletics and Active Riders.

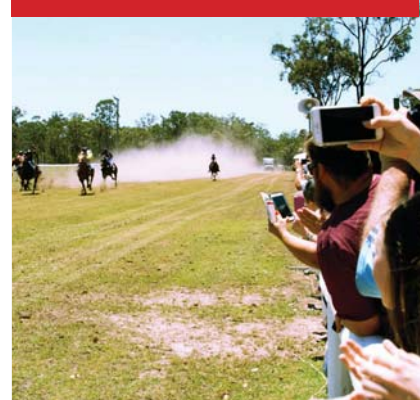
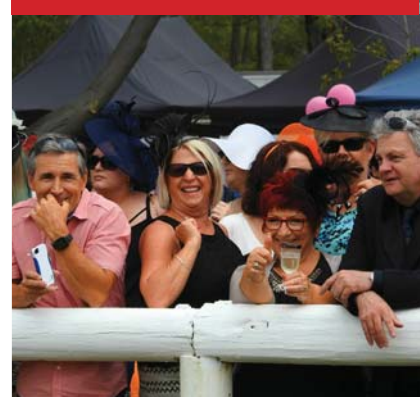
Current president John Charlton said "The committee has been working really hard to prepare for this year's races. It's a great local event and a fabulous day out with family and friends. We have a great line up of Thoroughbred Horses, Quarter Horses, and Arabians. Last year's winner of the 1500m Pure-Bred Arabian Race Jill Colwell will be hoping to take the race again on Goondiwindi Grey (GG). There will be VIP tents that are catered for, Live Entertainment with Frank Benn, plenty of food and a licensed bar all day. Also on offer will be rides for the kids, a footrace, fashions on the field and don't forget to get a team together for the tug of war. Tickets are on sale at the gate for \$10 and kids under 14 are free."

For most of the clubs that use the fields the Picnic Races is their biggest fund raiser for the year. So come down and support the locals. All money made by the Recreational Reserve committee goes back into the running and maintenance of the complex. We are all local volunteers who just want the kids of the area to have great facilities.

Race Program		
Race 1	9.30	Ladies Stock Horse Sprint - 250m
Race 2	10.30	Sprint Race -400m
Race 3	11.30	Men's Stock Horse Sprint - 250m
Race 4	12.30	Australian Purebred Arab - 1500m
Race 5	1.30	Sprint Race -400m
Race 6	2.30	Alan Madders Memorial Cup - Australian Thoroughbred Racing - 900m
Race 7	3.30	TBA
Entertainment		
10.00	Wide Bay Water Wood Chop	
11.00	Wide Bay Water Wood Chop	
12.00	Footrace and Final of fashions of the field	
1.00	Tug of War	
2.00	Tug of War Finals	
2.30	Alan Madders Memorial Cup Race	
	And Presentation of Cup	
3.00	Wide Bay Water Wood Chop	

Torbanlea Picnic Races
Saturday 28th October
gates open at 9am
Tickets on sale at the gate,
\$10 per person/ kids under 14 are free.

Photo credit, Pat Flynn



GRAB YOUR SWAG FOR THE FRASER COAST MUSIC MUSTER

Story by Rhonda McDonald

There is a new event on the Fraser Coast – The “Fraser Coast Music Muster” being held at the Maryborough Showgrounds & Equestrian Park 23349 Bruce Highway, Maryborough from Thursday 19th to Monday 23rd October 2017. The music at this muster follows mainly the Balladeer, Country and all round easy listening music of the 60’ & 70’s. Check out the link www.frasercoastshow.com.au and read all about it.

The Fraser Coast Agriculture Show Society is over 140 years old and currently bring the local agricultural show to the Fraser Coast Area each year in May. With our many volunteers, a great couple of days evolve where there is something for everyone from competitions, displays, side show alley, centre ring entertainment and of course the fireworks. So drawing on our organisational skills and wanting to provide entertainment for our patrons, another avenue was sort. After talking to others, it appeared a new event would be welcomed, not so much a fund-raising event, more an event to bring to the area a music muster of older type of music so those that cannot travel see an event locally like this, as well as visitors coming to the area.

A great line up of artists – such as Dean Perrett (Nanango), Dale Duncan (Tamworth), Kalesti Butler, Bruce Lavender, Brian Letton, Alec Beckett, Wal Neilsen (Maryborough), Kwozzi and Rob Hopkins, Stu Watson & Clyde Cameron to name a few. Will be performing. Some artists are from the local area, and others are from interstate (from Tamworth), Bundaberg, Nanango, Widgee and Gladstone.

Glen Albrecht & Ricochet Band will provide the backing music as well as perform some great instrumentals, particularly from the pedal steel guitar played by Michel Rose who is ex Slim Dusty Band.

The Apple Cider Band from Gladstone are coming to visit and with them comes Stu Watson, an ex-Bullamakanka fiddler. Stu can

make the fiddle talk – you just have to come along and listen to him. Then we have Clyde Cameron (Uncle Arthur) the funny man and musician. Uncle Arthur is very spontaneous so you never know what he will come out with next – seriously a great guy. Also in the band is Rob Hopkins (Hoppy) – the man with the deep voice and it is hard to distinguish him and Johnny Cash.

As you can see we are trying to keep the older Country/Balladeer music alive. Just so many stories, particularly from life in the outback comes across through this great music. The artists really enjoy performing and bring a friendly, country comradeship with them.

The event will be held outdoors, in front of the Grandstand and the Cane & Cattleman’s Bar. There will be grandstand seating, marquees to sit under or you may prefer to bring your own chair, either way, there is plenty of space for all. Aussie Camp Oven meals will be available on Friday 20th & Saturday 21st nights comprising of our usual roast meals, beef stew and some sweet & sour to add variety. I believe there is damper with the Stew, so a good old fashioned meal can be expected. Sweets (well, that will be a surprise, home cooked to

add the country touch) If you are wanting one of these great meals, best to pre-book at www.frasercoastshow.com.au

As a special treat, Thursday night entertainment is FREE 6.30pm to 9.30pm. Kwozzi duet will be playing all your old favourite songs to kick along the weekend, so come out and check out the music, perhaps you may like to come back and see the other artists over the weekend.

Powered and unpowered Camping sites are available at the showgrounds during the Music Muster, with FCRC offering camping both pre-event and post event for those that want to come and stay on the Fraser Coast a little longer.

FCRC, FCTE & Hyne Timber proudly support this event. So, come along and join us for a great weekend or go to our website www.frasercoastshow.com.au or Ph 0417 343 493 for further information.



Whales & Sailing

HERVEY BAY



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Be one of the few, not the many!

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Over 27 years experience with marine mammals

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and complimentary beverage | Courtesy bus available

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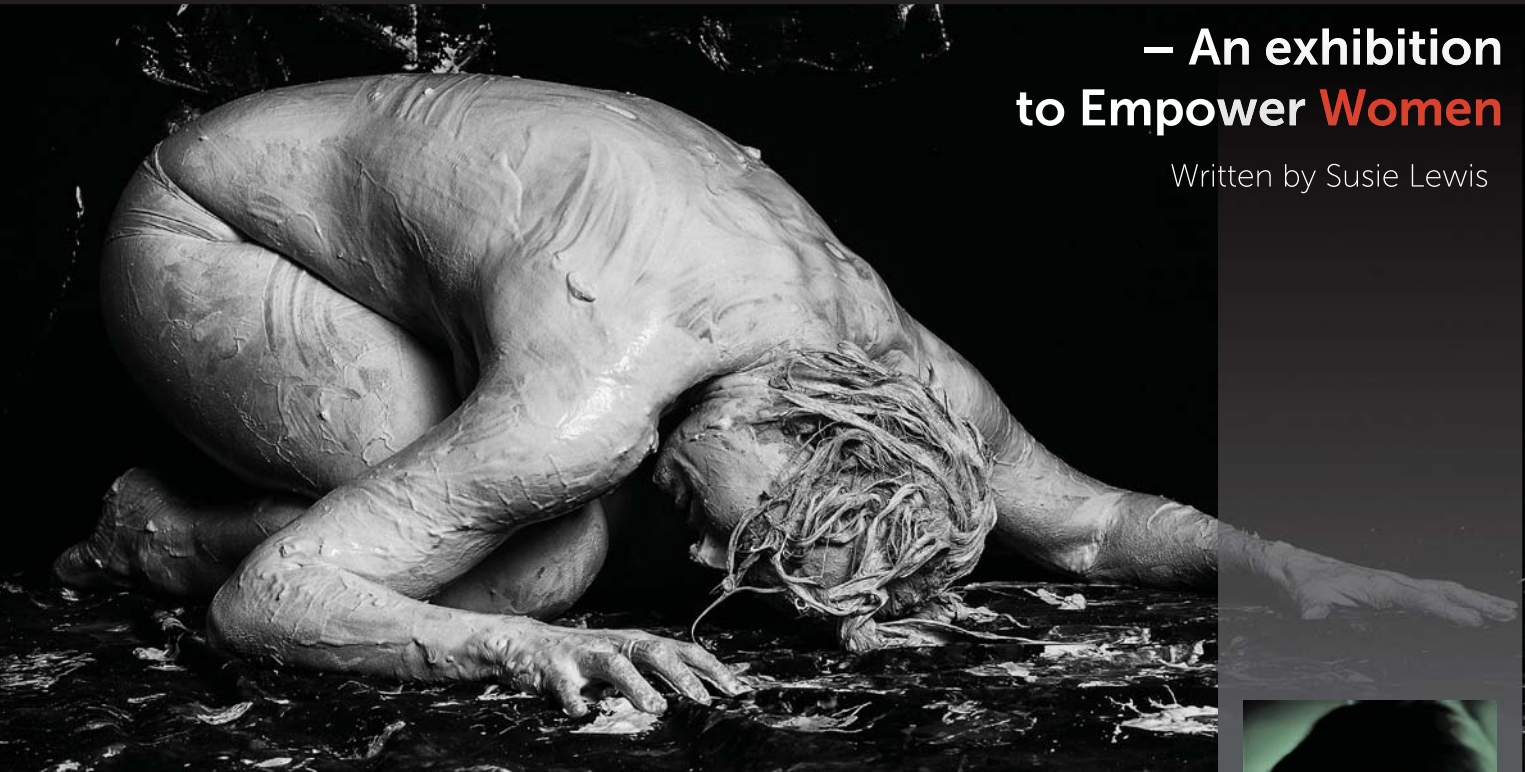
Find us on



BATTLEFIELD

– An exhibition
to Empower Women

Written by Susie Lewis



Battlefield is the must see exhibition for 2017 and Hervey Bay Regional Gallery will have it on Display from October 27th. Discussing the cycle of domestic violence and subsequent liberation from the grip of abuse, Battlefield is a brave choice of exhibition that cannot help but provoke it's audience.

Following a successful showing in January 2016 at Gataker's Artspace in Maryborough, with positive and compelling community feedback from visitors to the gallery, artists Susie Lewis and Hayley Groves George have continued to work on and develop Battlefield into a bigger and even more compelling visual event.

On display will be award winning works including 'He says I think too much' which won first prize for a contemporary/abstract work and the powerful digital piece 'Known Enemy' which won a prestigious First Place Prize in the 2016 Rio Tinto Martin Hanson Prize for Digital Works.

Thrilled to be moving the exhibition to Hervey Bay's Regional Gallery, Susie and Hayley attribute the success of the work so far to the honesty of the story they are sharing and the strength of their friendship and working relationship. Unafraid to take risks, there is a raw emotive underbelly to each of the pieces that exposes a very vulnerable side to these two brave ladies.

Visitors to Battlefield will move through processes of creation including 2D mixed media, film and installation and be exposed to images from the stages of violence and abuse to a life defined by liberation and freedom. These big contemporary themes and modes of creation will meet seamlessly through the modern and fluid space that is Hervey Bay Regional Gallery.

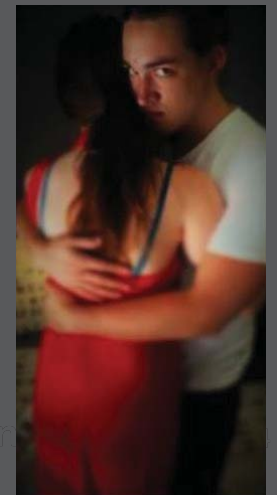
Susie says 'I have always believed that artists are a fair barometer of society and by being invited to exhibit at the Regional Gallery we can safely say, this community cares about this issue. Knowing that the statistics suggest that 1 in 4 women have been exposed to domestic abuse of some description at some point in their lives makes me feel that this is a very sad indictment

on family life for so many. If Hayley and I can be even a small voice to shine a spotlight on the issue I will be incredibly satisfied.'

Hayley adds, 'Susie and I have signed up to be White Ribbon Advocates and Battlefield will be an official White Ribbon event with an Ambassador from White Ribbon looking to attend the opening night festivities. The White Ribbon Campaign is based around the message that a man is never to commit, excuse or remain silent about violence against women and that is a specific message that aligns with the exhibition.'

Battlefield marks a significant achievement for Susie and Hayley and both women are passionate about reaching out to empower other women who may be suffering as they once did.

Susie explains 'I am often asked how I would envisage fixing the problem and honestly I wish I knew the quick fix. It is an insidious and often private condition that is not always easy to identify. For me personally, the change came when I understood the part I played in the cycle of abuse. It floored me to believe that I was a player in that cycle especially because I was the one suffering but that day I chose to become a warrior for my life. If I was a player in the cycle and I understood the part I was playing, I could make some changes. This empowered me and I hope that empowering other women to understand the cycle of abuse may unlock the door for them to have freedom from it. Is it easy to break? Absolutely not and I hope my words don't sound flippant. Claiming back your life makes you feel more like some kind of warrior rather than just a survivor or a victim' Battlefield is more than just the fight you had with 'him', it's the fight to claim back your life.'



State Education Week

— Recognition for those within the School Community

— With Youth Columnist, Jacob Kitson-Holebrook



Every single day teachers try their hardest to make sure that every one of their students is learning and enjoying their education to the best of their abilities, and let's be completely honest, students aren't always the most cooperative of people when it comes to the process of learning. Just consider for a moment all the demanding work that teachers and support staff do behind the scenes to make sure that students have lessons that are going to help them grow as people. Little do most people know there is an entire week that is solely dedicated to all this challenging work and the people that make it happen – State Education Week.

When it comes to the education, teachers are the back bone of the school system. Contrary to what students say, teachers really do care and no matter what, they are there to help every single student. Every year the Queensland education system in fact helps shape the lives of over 550,000 young people with teachers



happily assisting students with anything and everything they may need to grow and develop.

The recognition of this challenging work will be celebrated over State Education Week which begins on the 22nd of October. Some of the events that will hold over this week will be World Teachers Day, Community Principal, Showcase Awards for Excellence in Schools Gala Dinner and many more. This week has been developed over many years and will continue to be developed for years to come to keep up with the ever changing world that we find ourselves in. I urge you to get involved with all the activities available during State Education Week to support and recognise the outstanding contribution teachers make to our community on a daily basis.

WHAT'S ON @ THE BROLGA

SUNDAY RIVERSIDE
with Frank Benn, Forbidden Road, Silk 'N' Oak

SUN 1 OCT

Ebb & Flow RESTAURANT

NOW AT THE BROLGA

Open Tuesday–Saturday, Lunch and Dinner
Enjoy fine dining or a quick bite before the show.
Call 4121 5011 to book

Isla Grant
in Concert

FRI 6 OCT

It's All (in) Your Head
Maryborough Players

6 & 7 OCT

MRAC Cinema Night
| Daniel Blake

WED 11 OCT

Chicago The Musical
Macabre Theatre Co.

13 & 14 OCT

The Glenn Miller
Orchestra

SUN 15 OCT

Twelfth Night
NT Live

22 & 24 OCT

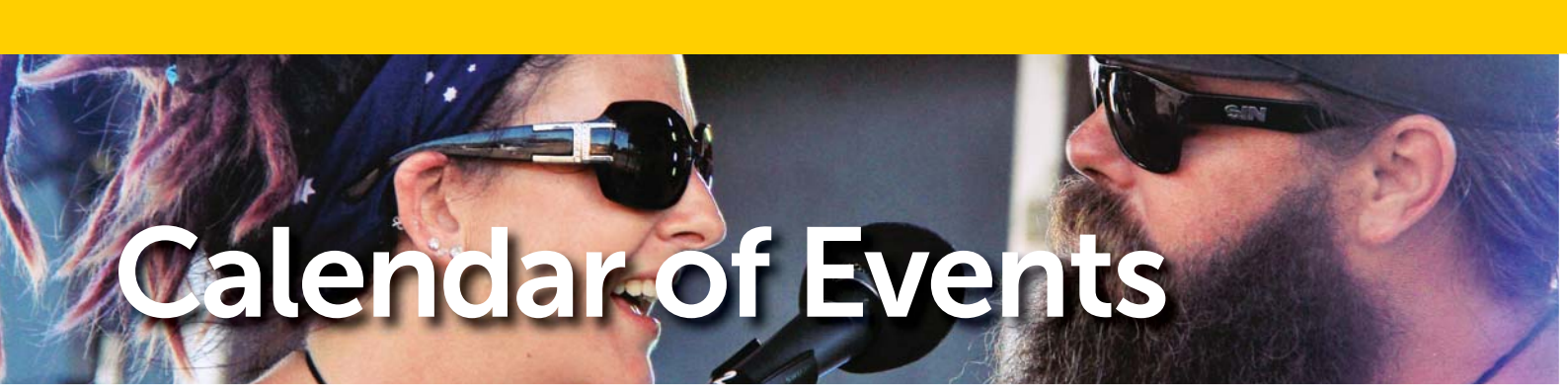
Lee Kernaghan
Boys from the Bush

SAT 28 OCT

COMING UP IN NOVEMBER...

- | | |
|--------------------------------|------------|
| Sunday Riverside | Sun 5 Nov |
| MRAC Cinema Night - Like Crazy | Wed 8 Nov |
| The Rhythms of Ireland | Wed 8 Nov |
| Dance Force Graduation Tour | Sun 12 Nov |
| A Festival of Russian Ballet | Wed 15 Nov |
| Morning Melodies - Vov Dylan | Thu 23 Nov |





Calendar of Events

OCTOBER

OCTOBER 1
Sarah Boulter Workshop
 1pm
 Sparks Dance Centre
 Limited spots, call: 0417 48 8133

OCTOBER 1
Qld State Van Titles & Majestic Show & Shine
 Seafont Oval – As part of the Hervey Bay Van In

OCTOBER 1
Sunday Riverside
 3pm
 Brolga Theatre and Convention Centre

OCTOBER 1
ZPac Country, Rock & Blues Club Concert
 1pm
 Entry \$2 for Members, \$5 for Public, Children under 15 free
 ZPac Theatre

OCTOBER 2
Lifedrawing Group
 Gatakers

OCTOBER 2
Toddler Time
 10am
 Hervey Bay Library

OCTOBER 2
Aussie Heat
 7pm
 Smoke N Leather
 For tickets go to: www.smokenleather.com.au

OCTOBER 2 – 29
The Art of Embroidery – Heritage City Embroiders
 Gatakers Artspace
 Maryborough

OCTOBER 5
QDN Plan Ahead Workshop, Hervey Bay
 9.30am – 2.30pm
 Free Admission, to register call: 3252 8566
 Hervey Bay Baptist Church

OCTOBER 5
Culture Caf
 10am to 12 noon
 \$4 entry
 Theme: Indian
 Hervey Bay Neighbourhood Centre
 Call: 4194 3000

OCTOBER 6
Peter Williams – Live - Psychic, Medium
 7pm – 9.30pm
 Mantra, Hervey Bay
 Go to: peterwilliamsmedium.com to book

OCTOBER 6
Isla Grant in Concert
 7.30pm
 The Brolga Theatre and Convention Centre

OCTOBER 6
FCAC Cork and Colour Evening
 6pm
 \$55 includes art supplies, drinks, nibbles
 Fraser Coast Anglican College

OCTOBER 7
Oktober fest
 11am
 The Old Sydney Hotel,
 Maryborough

OCTOBER 7
Fun Palaces - Libraries
 9am to 12pm
 Free – Children and Adults of all ages
www.frasercoast.qld.gov.au/libraries

OCTOBER 7
Tipples and Tales
 2.30pm – Every Saturday
 Bond Store
 Maryborough

OCTOBER 7 – 21
Junior Roller Derby Intake
 10am – 3pm
 Urangan S.H.S

OCTOBER 7
Exhibition Opening
 3pm
 Gatakers Artspace
 Maryborough

OCTOBER 7
Gatakers by Night - with the Hoo Haa Band and the Dennis Sister
 6pm
 Gatakers Artspace,
 Maryboroughbasic

OCTOBER 7
Maryborough Stories by Night
 6pm
 Bond Store
 Maryborough

OCTOBER 7 – 8
Fraser Coast All Breeds Show 2017
 Hosted by: Maryborough Active Riders Club Inc



OCTOBER 11
MRAC Cinema Night – I Daniel Blake
 6.30pm
 The Brolga Theatre and Convention Centre

OCTOBER 12
Having a Voice – Dorothy Ratnarajah
 9.30am
 (As part of Mental Health Week)
 Maryborough Library
 Bookings essential: 4190 5788

OCTOBER 12**Let's talk with your loved ones spirit**

7.30pm – 10pm

Psycic/Medium – Alicia Bickett

\$40 – Tickets through eventbrite.com**OCTOBER 13****Local History Talk**

12pm

Maryborough Library

OCTOBER 13**FCAC Jazz and Shiraz Evening**

6.,30pm

Fraser Coast Anglican College

OCTOBER 13-14**Chicago the Musical**

Brolga Theatre and Convention Centre

www.ourfrasercoast.com.au**OCTOBER 14****Firewalk Fund-raiser for Artslink**

4pm – 8.30pm

\$90 per person

Akarra Tea Gardens

To details go to: <http://www.firewalkevents.com.au/faqs>**OCTOBER 14****Diwali Milan 2017**

5.30pm – 8.30pm

Adults \$23, Child 6-12 \$10, free for under 5's

Uniting Church Hall, 23 Sussex St, Maryborough
Call: 0433254805**OCTOBER 14****Women Like Us**

Doors open 7pm – Show starts at 8pm

Members \$20, Non Members \$25
Hervey House, Hervey Bay RSL**OCTOBER 14****Just Rock - Urangan Bowls Club**

6pm – 10pm

Urangan Bowls Club

OCTOBER 14**Marcus' Legacy Colour Run/ Tough Mudder 2017**

12pm – 8pm

Fing them on Facebook

Maryborough Showgrounds

OCTOBER 15**The Glenn Miller Orchestra**

2.30pm

The Brolga Theatre and Convention Centre

OCTOBER 18**The Glenn Miller Orchestra**

2.30pm

The Brolga Theatre and Convention Centre

OCTOBER 18**Art and Alzheimers**

10am

Fraser Coast Cultural Centre

SEPTEMBER 23**Jazmine's Shave for Cancer**

10am

Stockland Shopping Centre

OCTOBER 19 – 23**Fraser Coast Music Muster 2017**

Hosted by: Fraser Coast Agricultural Show

For tickets and details go to: <https://www.frasercoastshow.com.au/>**OCTOBER 21****Relay for Life High Tea**

2pm – 4pm

\$35 per head, for tickets go to: www.trybooking.com/RJMJ
Waterfront Restaurant**OCTOBER 20****Songs On My Sleeve Tour – Caitlyn Shadbolt**

7pm – 11pm

Maryborough Sports Club Inc

OCTOBER 22**Hervey Bay One Walk**

9am

Scarness Park

3km or 6 km Walk or Run raising funds for JDRF

OCTOBER 22 (STARTS)**Sex Please We're Sixty**

2pm

Z-Pac Theatre, Scarness

OCTOBER 22 – 24**Twelfth Night – NT Live**

2pm

The Brolga Theatre and Convention Centre

OCTOBER 25**Chamber Breakfast**

6.30am

Hosts: Hervey Bay Chamber of Commerce
Hervey Bay Boat Club**OCTOBER 25****Fraser Coast Ability Awards**

The Brolga Theatre and Convention Centre

www.frasercoast.qld.gov.au**OCTOBER 25****Children's Art Workshop – Papis**

10am

Ages 3-5

Fraser Coast Cultural Centre

OCTOBER 27 – OCTOBER 29**Round 5, 2017 Hervey Bay Offshore Superboats Event**For more details go to: www.superboats.com.au**OCTOBER 27****Art After Dark – Exhibition Opening – 'Battlefield'**

6pm

Gatakers Artspace, Maryborough

OCTOBER 28**Diner en Blanc**To register go to: frasercoast.dinerenblanc.com/register**OCTOBER 28****Butchulla Celebration Day**

10.30am

Central Station, K'gari

Barge fee - \$10 per person

Call: 4124 9144 for details

OCTOBER 28**Torbonlea Picnic Races**

9.30am

Torbonlea

OCTOBER 28**Children's Workshop – Little Skippers**

10am & 1pm

Fraser Coast Cultural Centre

OCTOBER 28 - 29**Hervey Bay Relay for Life**

3pm Sat to 9am Sunday

Contact Angela on 0407 960 873 for details

OCTOBER 28**Lee Kernaghan – Boys from the Bush, 25th Anniversary**

8pm

The Brolga Theatre and Convention Centre

OCTOBER 28**The Halloween Black Ball**

Presented by: Metal Madness

Doors open 6.30pm - \$10 entry

Murphys Hotel
Maryborough**OCTOBER 28****Fraser Coast Arts Collective Workshop**

10am to 3pm

\$30 per person, call 4197 4206

Hervey Bay Regional Gallery

OCTOBER 31

Halloween

For a full list of What's On, go to: [facebook.com/WhatsOnHerveyBay/](https://www.facebook.com/WhatsOnHerveyBay/) or visit <http://www.whatsonfrasercoast.com.au/>[facebook.com/whatsonfrasercoast](https://www.facebook.com/whatsonfrasercoast)

Gig Guide

Live music and more on the
Fraser Coast in October

HERVEY BAY

The Torquay Hotel

Sun 1, 9pm, Madz Open Mic/Jam Session
Fri 6, 9pm, DJ Simon
Sat 7, 9pm, DJ Simon
Fri 13, 9pm, See You Next Tuesday
Sat 14, 9pm, Uncle Arthur
Fri 20, 9pm, Forbidden Road
Sat 21, 9pm, Forbidden Road
Fri 27, 9pm, DJ Simon
Sat 28, 9pm, DJ Simon

Coast Restaurant

Sun 1, 2-5pm, Sam Maddison
Sun 8, 2-5pm, Frank Benn
Sun 15, 2-5pm, Frank Benn
Sun 22, 2-5pm, Sam Maddison
Sun 29, 2-5pm, Sam Maddison



Hervey Bay RSL

Fri 6, 6.00pm, Bobby Barnes
Sat 7, 7.00pm, Rockin Bodgies - Free Rock 'n Roll night
Thurs 12, 11am, Jon Veave in the Sportsbar
Fri 13, 6.00pm, Rick Manych
Sat 14, 8.00pm, Dicky Switch
Fri 20, 6.00pm, Bevan Spiers
Sat 21, 8.00pm, Bay City Rock
Fri 27, 6.00pm, Jon Veave
Sat 28, 8.00pm, Shades Band
Sun 29, 12.00pm, Sam Maddison

The Clubhouse

Fri 6, 6pm, Rick Manych
Sat 7, 6pm, Doug Edwards
Fri 13, 6pm, Frank Benn
Sat 14, 6pm, Jon Veave
Fri 20, 6pm, Shaun Beckett
Sat 21, 6pm, Tony Fallon
Fri 27, 6pm, Chris Staib
Sat 28, 6pm, Rick Manych

The Hervey Bay Boatclub

Sun 1, 7:00pm, NRL Grand Final - Cinema Corporate Box experience
Fri 6, 5:30pm, Radio Star
Fri 6, 8:00pm, Uncle Arthur
Sat 7, 8:00pm, Uncle Arthur
Fri 13, 5:30pm, John Veave
Fri 13, 8:00pm, Cover Girl
Sat 14, 8:00pm, Cover Girl
Fri 20, 5:30pm, Sam Maddison
Fri 20, 8:00pm, Red Betty
Sat 21, 8:00pm, Red Betty
Sat 21 October, 8:00pm, One Magic Night (Roy Orbison & Elvis Tribute Show)
Fri 27, 8:00pm, Doug and the Upperhand
Sat 28, 8:00pm, Hard Cover



The Beach House Hotel

Sun 1, 2pm, Broken Web
Thu 5, 7.30pm, Open Mic
Fri 6, 8pm, Doug Edwards Trio
Sat 7, 8.30pm, Dogwood Crossing
Sun 8, 2pm, Sam Maddison
Thu 12, 7.30pm, Open Mic
Fri 13, 8pm, Rock Lords
Sat 14, 8.30pm, Red Betty
Sun 15, 2pm, Harley Meszaros
Thu 19, 7.30pm, Open Mic
Fri 20, 8pm, Bobby Barnes
Sat 21, 8.30pm, Uncle Arthur
Sun 22, 2pm, Darren Marlow
Thu 26, 7.30pm, Open Mic
Fri 27, 8pm, See Ya Next Tuesday
Sat 28, 8.30pm, Shotgun
Sun 29, 2pm, Derek Smith

Smokey Joe's Cafe Bar and Grill - Ramada Hotel

Fri 6, 6.00pm, Vibeke
Sat 7, 6.00pm, Al Davies
Fri 13, 6.00pm, Doug Edwards
Sat 14, 6.00pm, Jim Daniel
Fri 20, 6.00pm, Vibeke
Sat 21, 6.00pm, Al Davies
Fri 27, 6.00pm, John Corowa
Sat 28, 6.00pm, Doug Edwards

The Vinyard Restaurant and Bar

Fri 27, 7.30 - 10pm, Friday Windup, DUST Duo
Bay Central Tav

Sun 1, 1pm, TBA
Fri 6, 8pm, Karens Karaoke
Sat 7, 8pm, Shaun Beckett
Sun 8, 1pm, TBA
Fri 13, 8pm, Dust Duo
Sat 14, 8pm, Forbidden Road
Sun 15, 1pm, TBA
Fri 20, 8pm, Karens Karaoke
Sat 21, TBA
Sun 22, 1pm, Harley Meszaros
Fri 27, 8pm, Karens Karaoke
Sat 28, 8pm, Inexcess Doors
Sun 29, 1pm, Bobby Barnes

Goody's on the Beach - Toogoom

Sun 1, 12-3pm, Frank Benn
Sat 7, 12-3pm, Sam Maddison
Sun 8, 12-3pm, Derek Smith
Sat 14, 12-3pm, Frank Benn
Sun 15, 12-3pm, Sam Maddison
Sat 21, 12-3pm, Sam Maddison
Sun 22, 12-3pm, Frank Benn
Sat 28, 12-3pm, Derek Smith
Sun 29, 12-3pm, Sam Maddison

MARYBOROUGH

Maryborough Sports Club

Thurs 5, 6.30pm Quinn The Radio Star
Fri 6, 7.30pm Bartlight
Sat 7, 7pm Rebel Rouser
Thurs 12, 6.30pm Glenn Fox
Fri 13, 7.30pm Brad Sorensen
Sat 14, 7.30pm Doonvilla Banquet
Thurs 19, 6.30pm Quinn The Radio Star
Fri 20, 7pm Caitlyn Shadbolt
Tickets \$25
Sat 21, 7pm Unfinished Business
Thurs 26, 6.30pm Glenn Fox
Fri 27, 7.30pm One For The Road
Sat 28, 7pm Rebel Rouser
Sun 29, 12.30pm Perry O - End Of Month Draws

The Federal Hotel

Fri 6, 8.00pm, Kev Gray
Sat 7, 8.00pm, Till Dawn
Fri 13, 8.00pm, Dave Gray
Sat 14, 12.00pm, One Sly Dog Arvo Session
Sat 14, 8.00pm, Phil Morgan
Fri 20, 8.00pm, One Sly Dog
Sat 21, 8.00pm, Pete Baker
Fri 27, 8.00pm, Luke Karolak
Sat 28, 8.00pm, Open Mic

Maryborough RSL

Fri 6, 7:00pm, Darryl and the devil
Sat 7, 7:00pm, Sector 7G
Fri 13, 7:00pm, Tony Fallon
Sat 14, 7:00pm, Bobby Barnes
Fri 20, 7:00pm, John Corowa
Sat 21, 7:00pm, Mo' Swagger
Fri 27, 7:00pm, Josh Jarius
Sat 28, 7:00pm, Red Betty



Carriers Arms Hotel

Thurs 5, 7pm, Open Mic
Fri 6, 7.30pm, Mighty Midgets
Sat 7, 7.30pm, Dale Newberry
Thurs 12, 7pm, Open Mic
Fri 13, 7.30pm, Ian Murray
Sat 14, 7.30pm, Ricky's Duo
Thurs 19, 7pm, Open Mic
Fri 20, 7.30pm, Dust
Sat 21, 7.30pm, David Turner
Thurs 26, 7pm, Open Mic
Fri 27, 7.30pm, Bobby Barnes
Sat 28, 7.30pm, Sweet Sacrifice

Vox Pop



Attending a workshop at the Hervey Bay Regional Gallery recently I was chatting to my friend Peter who was able to tell me rather proudly all about his first ever artistic endeavour. He gave me the idea to base this months question around that subject, which I have to say I gladly did. - **Kim Parnell, Editor**

Question: Do you remember what your first ever piece of Artwork, was that you created?

"I used to make dream catchers in my twenties, using semi precious stones and crystals. I like being creative".

**Alicia Hall,
Maryborough**



"I entered a small acrylic painting into an art competition through work at the age of twenty-one, I didn't win, it was my one and only painting."

**Andrew Dower,
Urangan**



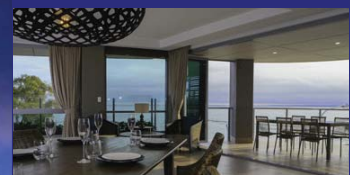
"At the age of about two or three I drew a lady with a long squiggly skirt. I did this picture in pen for mum and she still has it today."

**April Spadina,
Maryborough**



"I remember I painted a picture of a plane complete with a propeller and my family were on-board. I was attending New Farm State School at the time and I won first prize."

**Peter Carey,
Kawungan**



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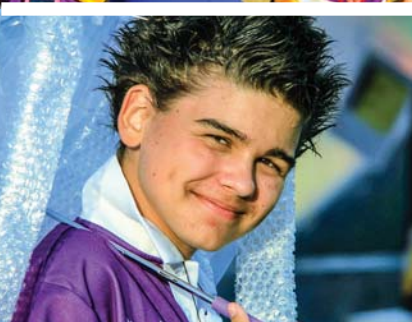
Indulge Yourself



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Hervey Bay
E: enquiries@thevinyard.com.au
W: thevinyard.com.au

tripadvisor



Lights, Camera, Action: Celebrate. Remember. Fight Back.

Story by Charmaine Bailey

The annual Hervey Bay Relay for life will be held at Seafont Oval on October 28th & 29th. This global event celebrates cancer survivors and carers, remembers those who have been lost and allows participants to fight back against this disease that is now affecting one in two Queenslanders in their lifetime.

Expect to see Storm Troopers, Oompa Loompas, Harry Potter, Disney Princesses, Matilda and many more familiar characters walking the track as relayers dress to this year's theme, 'Stage and Screen'.

Members of the public are invited to come along on Saturday to enjoy the free entertainment, marvel at the theme displays, cheer on participants and support the many fund-raising initiatives which include huge raffles, stalls, food vendors, games, photo booth and massages to name a few.

On stage entertainment begins at 12 noon.

Anyone who has either experienced a cancer diagnosis themselves or cared for someone with cancer is invited to be honoured by taking

part in the opening lap at 3pm followed by a free afternoon tea for survivors and carers. Register up until 2:30pm on the day if this is you.

The most moving part of the evening, the Candlelight ceremony, takes place just after sunset on Saturday night at approximately 6pm. All participants and spectators gather, light a candle, respect a moment of silence and view a slide show of tributes to loved ones who have been lost to cancer. If you would like a memorial photo included in the slide show, please email herveybayrelay@gmail.com by October 24th.

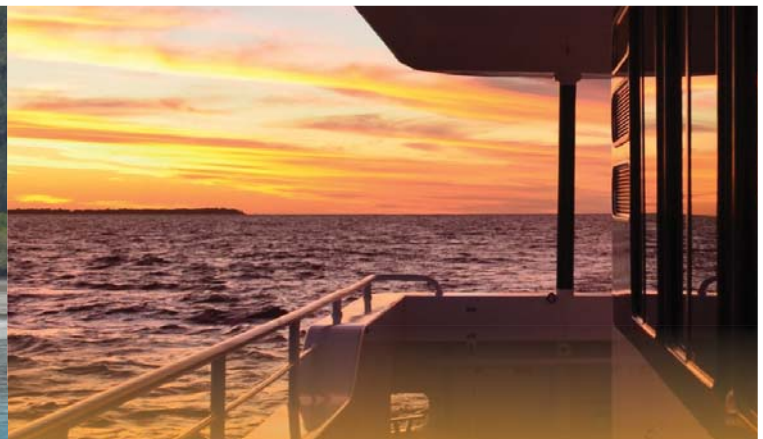
After spectators depart at 9pm, Relay for life participants continue overnight, working in teams to keep their batons moving around the track until 9am Sunday morning. Some may catch 40 winks in their tents while others keep themselves awake by enjoying midnight games, acoustic music and even a 'Miss' Relay pageant where male team members strut their stuff in evening gowns. All good-humoured fun in the name of encouraging stress reduction and active fun as a part of a cancer-fighting healthy lifestyle.

To register as a participant log in to relayforlife.org.au. Enquiries contact Kay Nixon 0420884825



Morning Whale Watch

5 hour cruise 8am - 1pm
morning tea & buffet lunch



Whales & Sunset

4 hour cruise 2pm - 6pm
light lunch & afternoon tea



1800 689 610 |

www.whalesong.com.au



BEST VALUE WHALE WATCH



Spirit
OF
HERVEY BAY



Underwater viewing windows

Waterline viewing Platform

Free whale DVD

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Buffet lunch on 3/4 Day Cruise

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- Fast, modern cat, means less time travelling, more time with the whales
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- Large Waterline Platform for those extra close encounters

- Underwater hydrophone to listen to the whales sing
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- Fully licensed souvenir kiosk
- Kids activities



MOST FUN WHALE WATCH



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pure adrenalin and excitement

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- For speed lovers, thrill seekers, the young and young at heart
- Fastest whale watch boat with closest whale encounters

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Charity Firewalk

Challenge will test your limits

Written by Craig Winter

Fraser Coast-based charity Artbank Australia is holding its inaugural Firewalk Challenge on October 14th and encourages locals to get on board the experience to overcome personal fears and increase confidence.

The Firewalk Challenge will raise funds for Artbanks two keystone programs, Beds'n'Bags for the local homeless community and the Imagination Library which provides books each month to local kids to boost their literacy before they reach school age.

Artbank CEO Craig Winter says that Firewalking will open participants up to new experiences and show them that there are no boundaries to what they can achieve. Once you purchase a ticket, you'll be able to add sponsorship from friends, family and workmates to raise funds to help Artbank achieve their charitable goals for the year. "We need to raise about \$20,000 this year to cover all of our goals" Craig said "That money will allow us to provide our special sleeping bags to around 200 homeless around the Fraser Coast, and about



1200 books to kids aged 0 to 5 years who otherwise wouldn't have access to literacy at home".

Artbanks sleeping bags are a special lightweight, flame retardant, washable and fast drying design with a long lifespan and help prevent illness in our homeless community, and are teamed with specially designed strong backpacks to store their belongings and keep them dry. The backpacks are often filled with hotel toiletries to help the homeless restore some dignity and stay healthy.

The Imagination Library sends eligible kids a book every month, every year, for five years up to age five. This program is open to everyone, but the free books go to those who otherwise aren't exposed to reading at home, and who are at risk of falling behind their other students once they start attending school.

You can take the Artbank Firewalk Challenge for \$90 a ticket which includes canapes from Bay Fusion, a full firewalk experience briefing and the actual firewalk. Get your workmates together for a team event!

For further details, tickets and a participation pack, go to www.artbank.org.au and click the Firewalk link. Tickets are strictly limited to just 60 participants, so be quick!

Artbank Australia Inc. is a registered charity with full DGR status – meaning all donations are tax deductible. If you'd like to help by making a donation, just go to the website and follow the links.

Artbank Australia's Firewalk Challenge
October 14th at Arkarra Gardens, 28 Panorama Drive, Dundowran



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Bob's Tyre Centres

Hervey Bay - 93 Main St, Pialba - Ph: 4124 1855

Maryborough - 14 Rocky St, Maryborough - Ph: 4121 2288

Fishing on the Fraser Coast

Photographs on this page provided by www.GuidedFishingDownUnder.com

By John Haenke

The weather is warming up, and it's time to dust off the barra gear!

This months tip for barra:

When fishing weedy areas and snags, try rigging your soft plastics with worm hooks. The point of the hook sits flush with the plastic, so it won't snag as often.

The advantages are:

- You spend more time fishing and less time getting your lures out of the snags.
- You fish with more confidence, casting your lures right into structure where the barra live.
- You can also vary the depth you fish by changing the weight of the jighead.

TT Lures Snake Lock Jighead has a very quick system for changing the jigheads easily.

Drop into your local tackle shop If you want more information on rigging weedless with worm hooks.

If you want a day out on the bay, or fishing for barra, give me a call: 0418187618

And check out my website: GuidedFishingDownUnder.com



Morning Whale Watch

5 hour cruise 8am - 1pm
morning tea & buffet lunch



Whales & Sunset

4 hour cruise 2pm - 6pm
light lunch & afternoon tea



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Key Dates In November



November 8

The Rhythms of Ireland - '10 Year Anniversary Tour'

Experience a spectacular evening of traditional Irish dance, music, and song enhanced by stunning costumes, lighting, and sound. You will soon find yourself tapping your toes to The Rhythms of Ireland. Catch this spectacular show at the Brolga Theatre and Convention Centre, from 8pm – 10pm. This is a show not to be missed. For enquiries call: 4122 6060 or go to: <http://www.ourfrasercoast.com.au/Brolga-Theatre>

November 11

National Rodeo Finals – Round 1

This is the first time National Rodeo Finals have come to the Fraser Coast area. Conducted by Hall Rodeo the event includes Bull, Saddle and Bareback Riding, including Barrel Racing for both Junior and Senior riders, these are only a few of the great classes presented. There will also be food stalls, children's entertainment and the Bar will be open. The after-party commences at 9.30pm with The Wal Neilsen Band. The Rodeo Commences at 5pm till 9.30pm, Maryborough Showgrounds & Equestrian Park, 23349 Bruce Hwy, Maryborough Qld - For Further details go to: www.frasercoastshow.com.au

November 18

Barge 2 Beach 2017

This exciting addition to the Hundy weekend is an ocean swim with a difference. As the name suggests, the swim will start on a barge, and you will swim 2km back to shore. Entries are now open, there will be prizes for 1st, 2nd and 3rd Male and Female swimmers. \$40 entry fee covers the 2km swim logistics, custom cap and athlete gift. The swim is sanctioned by Triathlon Australia, and will be covered by their race rules. Follow the face-book page for the event to get the latest information or go to: <http://hb100.com.au/barge2beach>



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Fraser Coast Markets

MARYBOROUGH

FRASER COAST WILDLIFE SANCTUARY MARKETS

79 Mungar Road, Maryborough
(Donation gets you free entry to the Sanctuary)
3rd Sun of the Month
7am to 12pm
info@frasercoastwildlifesanctuary.org.au

MARYBOROUGH

MARYBOROUGH CITY HEARTS MARKETS

Adelaide & Ellena St,
Maryborough
Every Thurs 8am to 1pm
markets@fcte.com.au

HERVEY BAY

NIKENBAH MARKETS

Hervey Bay Animal Refuge
Nikenbah-Dundowran Rd,
Nikenbah
1st, 3rd & 5th Sun of the month
6am to 12noon
hbanimalrefuge@gmail.com

HERVEY BAY

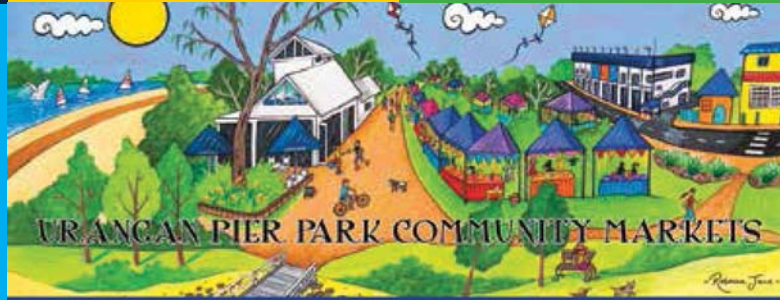
KOALA MARKETS

Kruger Court, Booral Rd, Urangan
2nd and 4th Sun
6am to 12noon
koalamarkets@yahoo.com.au

HERVEY BAY

BUZERS BAZAAR TWILIGHT MARKET

Beside Mary Ryans,
the Esplanade, Torquay
Every Fri
1pm to 6pm
bayconnect@hotmail.com



URANGAN PIER PARK COMMUNITY MARKETS

The Urangan Pier Park Markets

Every Wednesday

from 7.00am until 1.00pm

and Saturday

from 7.00am until 1.00pm

Come along and join in the fun!

 **Find us on Facebook**
[pierparkcommunitymarkets](https://www.facebook.com/pierparkcommunitymarkets)

www.pierparkcommunitymarketsinc.com.au

HERVEY BAY

URANGAN PIER PARK COMMUNITY MARKETS

Pier Park, Urangan
(in front of Jetty)
Every Wed 7am to 1pm
Every Sat 7am to 1pm
pierparkcommunitymarkets@gmail.com

HERVEY BAY

TORQUAY BEACHSIDE MARKETS

Outside AQUAVUE, Torquay
2nd & 4th Sat
7am to 1pm
info@torquaymarkets.com.au

BAUPLE

BAUPLE MARKETS

(free for stallholders)
Band Hall, Band Hall Rd, Bauple
4th Sat of the month
7am to 12noon
www.facebook.com/bauplemarkets

BURRUM HEADS

BURRUM HEADS MARKETS

Community Hall, Main Rd
& Howard St
Burum Heads
2nd Sat of the Month
7am to 11am

HERVEY BAY

HERVEY BAY BOAT CLUB

ART & CRAFT MARKET

Buccaneer Dr, Urangan
3rd Wed of the month
9am to 2pm
info@boatclub.com.au

HOWARD

HOWARD COUNTRY MARKETS

Howard Community Centre
Steley St, Howard
1st Sat of the month
7am to 12noon
info@howardcommunitycentre.org.au

TIARO

TIARO MARKETS

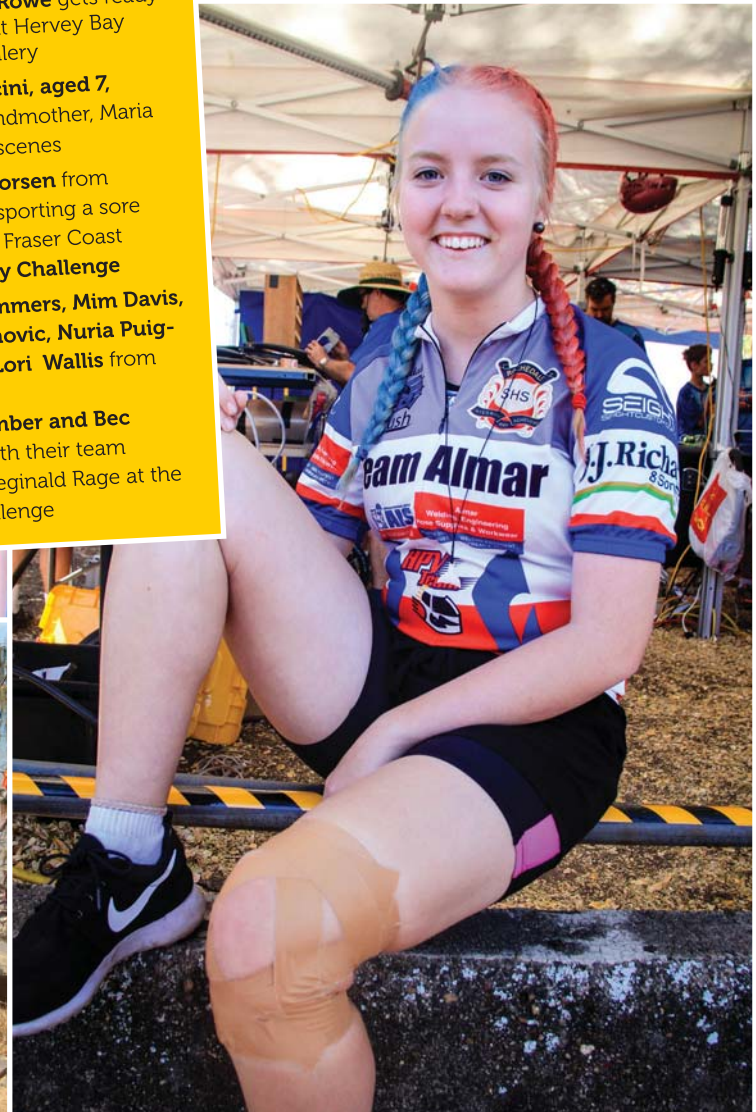
Memorial Hall, Main St, Tiaro
2nd Sat of the month
7am to 12noon

DISCLAIMER: Markets subject to change due to School Holidays, Public Holidays and weather conditions.

Social Snaps



Clockwise from top-left:
Artist Peter Rowe gets ready for his fans at Hervey Bay Regional Gallery
Beni Impiccini, aged 7, had his Grandmother, Maria behind the scenes
Casey Halvorsen from Rochedale sporting a sore knee at the Fraser Coast Technology Challenge
Eager swimmers, Mim Davis, Rita Stefanovic, Nuria Puig-Font and Lori Wallis from Nambour
Iesha Humber and Bec McColl with their team Mascot, Reginald Rage at the Tech Challenge



Out and about on the Fraser Coast



Clockwise from top-left:
Cinders aka Gina Stewart
volunteers at the Convoy

Jadyn Whelan shows his
artistic side at 'A Night with
Peter Rowe'.

Kathy Radunz dresses up
as a gnome for the Scooter
Convoy

**Louise MacDonald, Paul
Smith and Bruce Williamson**
ready to compete in the Pier
to Pub

Luke Bish is ready for the Tour
de Bay



Social Snaps

Out and about on the Fraser Coast



Clockwise from top-left:
Meeting at the swim for the first time were **Neil Makepeace and Sally Neil**
Some of the fantastic volunteers for the Tour de Bay

Ted Sorensen and Irene Bennett are ready for the Scooter Convoy
The Fraser Coast Technology Challenge gets underway
Tracy Wiggins, Peter Rowe and Kristy Barbour



Restaurant Guide



& SERVICES MEMORIAL CLUB INC.

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Ph. 4197 7444

1 Torquay Road, Pialba

www.herveybayrsl.com.au



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Breakfast on weekends

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Cnr Esplanade & Queens Rd, Scarness

www.beachhousehotel.com.au

Thai Diamond

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353 Esplanade,
Torquay

Hoolihans

Ph. 4194 0099

353 Esplanade,
Torquay

Wild Lotus

Ph. 4125 3278

433 Esplanade,
Torquay

Oriental Palace

Ph. 4128 3496

352 Esplanade,
Scarness

Café Belena

Ph. 4125 4799

7 Buccaneer
Drive, Urangan

Bay Central Tavern

Ph. 4124 4111

155 Boat Harbour
Drive, Pialba

The Vinyard

Ph. 4125 6982

552 Esplanade,
Urangan

Maryborough RSL

Ph. 4122 2321

163-175 Lennox St,
Maryborough

Old Sydney Hotel

Ph. 4121 3307

Cnr Richmond
St & Ellena St,
Maryborough



Seven days a week bistro

Ph. 4122 6666

405 Alice Street, Maryborough

www.carriersarms.com.au

Hervey Bay

Goodies On the Beach	4128 0248	54 Moreton St, Toogoom
Gatakers Landing	4124 2470	Gatakers Lane, Point Vernon
Tandori Taj	4128 2872	355 Esplanade, Scarness
Migaloo Café	4128 9479	1 Pilot St, Urangan
Agean Waters	4125 2232	434 Esplanade, Torquay
Black Dog	4124 3177	382 Esplanade, Torquay
Gringos	4125 1644	16 Bideford St, Torquay
Ricardos	4124 1666	267 Esplanade, Pialba
Santini's	4125 5880	470 Esplanade, Torquay
Paolo's Pizza	4125 3100	446 Esplanade, Torquay
Bay Aroma	4125 1515	428 Esplanade, Torquay
Badger Brown	4125 6576	449 Esplanade, Torquay
Dan & Steps		449 Esplanade, Torquay
The Dock	4194 6477	Buccaneer Drive, Urangan
Pier Restaurant	4128 9699	573 Esplanade, Urangan
Salt	4124 9722	569 Esplanade, Urangan
Hogs Breath	4194 5566	163 Boat Harbour Dr, Pialba
Coast Restaurant	4125 5454	469 Esplanade, Torquay
The Boat Club	4128 9643	Buccaneer Dr, Urangan
Viva Italia	4125 2066	566 Esplanade, Urangan

Maryborough

Muddy Waters Café	4121 5011	133 Wharf St, Maryborough
Fortune Chinese Restaurant	4123 1744	224 Bazaar St, Maryborough
Indian Diamond Restaurant	4121 5566	3/133 Lennox St, Maryborough
Federal Hotel	4122 4711	270 Kent St, Maryborough



In the Kitchen with James Otto

Chef @ Ebb and Flow Restaurant
The Brolga Theatre and Convention Centre



Crispy Pork
Belly Salad



How long have you worked in the Restaurant industry, tell us a bit about your background?

I've been in the Restaurant industry since I could get a job, which was from 14 years old or so, I started off in small cafés and then moved towards the more restaurant oriented establishments in my late teens.

Who was your biggest inspiration when you were training to be a Chef, and why?

I love the pure rawness of old school chefs, I'd have to say I have enjoyed Marco Pierre White and Anthony Bourdain, they played a big part in my rising enthusiasm for the culture of food.

As a kid what was your favourite food memory?

I used to love a Sunday morning cook up with the family and spending time with everyone who is close to me in the one place.

What is your favourite kitchen equipment or gadget?

There's been a few favourites. I'd have to say my knife, nothing else cuts it.

How would you sum up your menu?

Ebb & Flow strive to use the freshest and most local produce we can, we don't just say we do. The menu is constructed to showcase what is in season, be it seafood or fresh fruit and vegetables, if it's not in season it doesn't go on the menu.

What is the newest trend you see emerging on the food scene?

Trying to produce a plate that is different to what customers expect or have seen before is a challenge, especially with the influx of the reality food programs on TV. It's really hard to say what will emerge next, there seems to be a 20 year loop in trends that seems to come back with a different twist every time.

Do you use many local suppliers, if so who?

We use all local suppliers, we actually try and use vendors different to other establishments to avoid having the same options on our menu as everyone else. One supplier that has been very consistent and have gone out of their way to show commitment for a professional relationship would be Granville butchery.

What advice would you give a novice just getting into the business?

Find the style of food you want to focus on and strive until you are satisfied with what you have learnt, then move on, over time your reputation will grow.

What do you most like to cook?

I love to cook seafood, simple flavors will make it shine.

How long have you lived on the Fraser Coast, and what is your favourite thing to do?

I've lived on the Fraser coast for 18 years, I love to be out in the boat and to see our beautiful Fraser coast.

What is the strangest item in your fridge right now?

Definitely sweet limes.

Guest Recipe: Pat Sturdy, Elders Real Estate

Italian Ricotta Donuts - Yumalicious!!



Who doesn't like a dessert that is unbelievably easy and takes just minutes to make. They taste so good.... the texture is wonderful, soft, moist and fluffy inside making them just a little addictive. The mild sweet flavour goes nicely with coffee, tea, milk or wine!

Your family will love these as much as mine. Don't think twice, even if you don't like ricotta, make these doughnuts as soon as possible, and you will enjoy the slightly healthier version. Bon Appetite!!

Ingredients:

- * 2 eggs, lightly beaten
- * 1 tbsp. sugar
- * 250g of ricotta, fresh from deli and well drained
- * 120g sifted self raising flour
- * Finely grated zest of 1 orange
- * Small pinch of salt
- * 150 ml Prosecco
- * Olive oil for deep frying
- * Icing sugar and orange zest for dusting on top

Method:

Combine eggs, sugar, ricotta, orange zest and salt in a medium bowl.
Add the flour and Prosecco and mix gently to not over stimulate the gluten.
This batter is very forgiving and a few lumps are an addition to the texture.

Pour oil into a shallow saucepan, and heat over medium-high heat.
Drop tablespoons of batter into the hot oil and fry, in batches, for 2-3 minutes
or until golden. Drain on paper towel.

Serving suggestions:

Arrange on a platter, dust with icing sugar and top with orange zest. Serve hot or warm, with a glass of Prosecco!
Ideal as a special treat for Breakfast, Morning &/or Afternoon tea or Dessert

Strong recommendation:

Choose the Prosecco (wine) you want to drink - after all only a little is for the recipe, the rest is for your pure enjoyment!! Cheers!



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