

TAKE  
ME HOME

# What's On

FRASER COAST

September 2019 MONTHLY MAGAZINE

31

## Charlotte Nash

Lines in the Sand

Inside this issue:

THE FRASER COAST  
Technology CHALLENGE

Fraser Coast

DINER EN BLANC

Art Exhibition: **MIRARE**  
**SELF PORTRAIT**

LOCAL MUSICIAN SPOTLIGHT  
**VEBEKE VOLLER**

## URANGAN

LAT 25° 18' S LONG 152° 55' E

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# FRASER COAST What's On

## Note from the Editor

Wow, what a huge month August was, I barely came up for air. Healthwise it wasn't the best month as I came down with the dreaded flu promptly followed by a gastro bug!



The Dunga Derby – Rally for a Cause was definitely a highlight for me as this was the first time that my schedule allowed me to even entertain the thought of going. This was an epic four-day event that took us to towns such as Boondooma, Dulucca and Nanango – with many fun activities along the way.

Each day begun at 5am, by a loud rendition of the song... 'Baby Shark', which was then impossible to get out of the brain!

On the final morning we were stirred from our beds to the 'Last Post' that was definitely a much better way to begin the day.

The Dunga Derby - Rally for a Cause is a great event to be a part of, over \$247,000 was raised this year alone to help families in need, with the total tally over the five years since inception now standing at a cool \$1,000,000. It was evident to all involved that the annual event has a far-reaching effect on all the communities that we visited.

I am so proud to have been a part of the dunga family for the last five years! If you would like to become part of the Dunga family go to [www.rallyforacause.org.au](http://www.rallyforacause.org.au)

Cheers,  
Kim Parnell  
Editor

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## Contact Us

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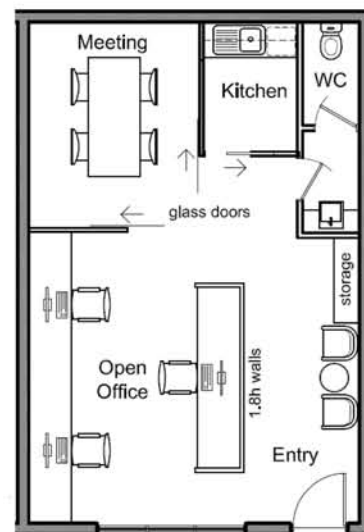
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The Whats On Fraser Coast magazine is published monthly and distributed for free across the Fraser Coast region. Published by Kim Parnell t/a What's On Hervey Bay - ABN: 39 762 265 534

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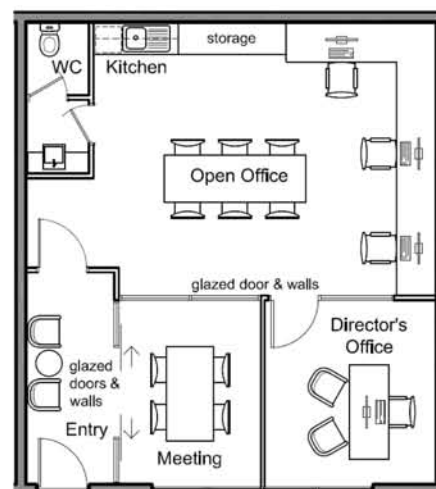


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# LOCAL MOTORCYCLE RIDERS TO COMPETE IN AUSTRALIAN DIRT TRACK TITLES

Local and interstate Solo and Sidecar racers will compete for Australian Dirt Track Titles at Action park on Saturday 7th and Sunday 8th September. The Maryborough Motorcyclist Club Inc is promoting the meeting at the Club's Bruce Highway circuit at Maryborough West four klms north of Maryborough opposite the Moonaboola Industrial estate.

Local riders Steve Dingle, Sean Doak, Michael Rix, slider rider Shane Osborough, Robert (Smiley) Komen, sidecar rider Nathan Tappenden and a host of others, will be doing their best to ensure that some titles stay with the club.

The meeting is specifically for "Post Classic" bikes with classes for bikes manufactured pre 1985, pre 1990 and pre 1995 and it is expected that a large contingent of riders from interstate will descend on Action Park to try to take some Championship trophies home with them.

Championship classes in contention are :

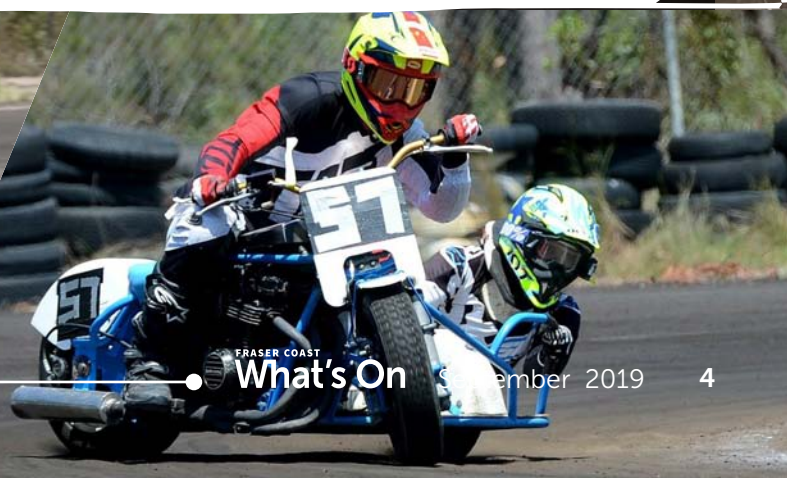
Pre 85 Solo 125cc  
Pre 85 Solo 250cc  
Pre 85 Solo 263cc and over.  
Pre 90 Solo 125 cc.  
Pre 95 Solo 250 cc  
Pre 90 Solo 263cc and over.  
Pre 90 4-Stroke All Powers.  
Pre 95 Women All Powers.  
Pre 95 Solo 125.cc  
Pre 95 Solo 250cc.  
Pre 95 Solo 263 and over.  
Pre 85 Sidecar 1300 cc.  
Pre 90 Sidecar 1300cc.  
Pre 90 Sliders 250cc.  
Pre 90 Sliders 263cc and over.  
The Support class will be the "Battle of the Twins" for twin cylinder bikes over 500cc.

The Club has plenty of experience in promoting and presenting these National events, having run Australian and State Championship meetings several times over a number of years. The Club celebrated its Centenary in 2016 and later this year will be the celebration of the 50th anniversary of racing at Action Park, which makes the circuit one of the longest continuously operating motorcycle racing facilities in the entire nation. Prior to Action Park becoming operational, the Club promoted events at its Copenhagen Bend circuit on the Gayndah Road for many years.

The Post Classic classes may be using older machines, but they are super competitive, and spectators can be assured of two days of top class, high speed, elbow bashing racing on this 800 metre, super-fast circuit. The Club officials are more than competent at keeping the programme flowing to ensure racing is virtually non-stop with a new race lined up on the grid while the previous race is re-entering the pit area.

Spectator facilities at the circuit include a canteen and bar which will be in operation for the duration of the meeting. Admission to the two-day event is \$25.00 for a two-day ticket or \$15.00 per day entry.

This event is a "no brainer" for anyone with an interest in motorcycle racing, so mark your calendars. It may be a lot of years before we have the chance to see these Post Classics circulating Action Park again.







**Inside this month's edition!**  
There is lots to see and do!

## *September is all about Heritage Buildings, Dirt Bikes and Human Powered Vehicles!*

The stage performance of '**Andrew O'Keefe "Shouts" Johnny O'Keefe**' comes to the Fraser Coast this month. Ahead of the performance I had a chat with Andrew about his legendary uncle, and the memories and music.

**Russell Czinege**, Executive Chef at Bay Fusion Food Design, teaches us how to make the most delicious and hearty Seafood Chowder guaranteed to have you craving more.

We talk to local musician **Vibeke Voller** about childhood, music and teaching, with some great insights into 'singing physically from within your body'.

If art is your thing then you can't go past **Mirare – Self Portrait Exhibition** showing this month, each artwork will be like a window into the life of the artist.

There will be rides, stalls and a fishing competition at the annual **Fraser Lions Pier Festival**. This is a perfect day out for the whole family, so make the most of it.

If you are into human powered vehicles and pushcarts, then make sure that you are a spectator and get along to the **Fraser Coast Technology Challenge**. Students work very hard on every aspect of this challenge so get along and lend some support.



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Paul Edwards - Tenor Sax  
Julian Smith - Double Bass  
Lachi Smith - Drums



**Friday Sept 27th**  
**2019**

**7.00 - 10.00pm**

**Hervey House**  
**Hervey Bay RSL Club**

Trumpet player and singer Cam McCracken Smith and The Magnificence growl, they mewl, they cook – and they make audiences feel better about otherwise questionable life choices.

*Kim Parnell*

Editor, What's On Fraser Coast



# Learn how to start (and finish) a novel at Lines in the Sand festival



Charlotte Nash

Photo Credit: Jen Dainer Industrial Arc Photography



Vicki Bennet



Kerry O'Brien

## To be successful in writing a novel, you need to plan.

That's the advice of Charlotte Nash, internationally published author of six contemporary novels including *The Paris Wedding*. "We sometimes think of creativity, including writing, as something free and unformed that's almost mystical in how it happens," she said. "But that view is not only untrue, it often stops us from starting, or finishing, a book".

Ms Nash said aspiring writers needed to plan both what they were going to write along with when and how they would do the writing. "This doesn't have to be strict and limiting - such planning actually frees us up to be creative," she said.

Fraser Coast Mayor George Seymour said the Brisbane-based writer would travel to Hervey Bay in September to present two workshops titled 'How to start (and finish) that novel you've always wanted to write' at the Fraser Coast Lines in the Sand festival. "The three-day literary festival from September 27 to 29 is hosted by Fraser Coast Libraries and is designed to inspire readers and writers," he said.

Ms Nash said people who signed up for her workshops could expect a practical approach to writing along with some essentials for creative writing itself and for managing the scale of a novel-writing project. "At the end, I hope writing a novel will be demystified and participants have confidence to start, or finish," Ms Nash said.

She admitted she wasn't good at writing when she first started, "but I loved it, and the love and time is the only way anything good is done". "I wrote my first novel during the Year of the Novel course at Queensland Writers Centre," Ms Nash explained. "That meant I had deadlines and a group to keep me accountable.

"I also really had no idea what I was doing! Over time, I've learned how to tailor the writing process to suit how I work, and I've gained the experience to know when I'm creating problems for myself. "I don't write with a group around me anymore and I appreciate editing much more than I did when I started. "I think workshops are a good way to discover different approaches when you're starting out as a writer."

Entry to Ms Nash's workshops on Friday, September 27, and Sunday, September 29, are free but bookings are essential.

"Writing is a journey, and the first novel is a huge milestone in that process," she said.

## "I would encourage anyone who wants to write to try it and without fear of what you might write."

Cr Seymour said Lines in the Sand also included other writing workshops, a keynote speech by prominent journalist Kerry O'Brien, guest author talks, publishing tips, a pop-up bookshop and book signings.

He said the festival held a wider appeal than just for readers and writers. "One author that historians will be interested in is Caylie Jeffery who triggered the Under the Lino online phenomenon she when she published a photo of old documents she found in her home," Cr Seymour said.

"People interested in history will also enjoy the talk by Melissa Fagan who delved into the background of her mother's family to write about McWhirters, the well-known Fortitude Valley department store.

"Added to that, artists and arts organisations of all kinds can benefit from the workshops and one-on-one advice appointments being offered by representatives of the Arts Law Centre of Australia."

**For more information and to book,  
visit [frasercoast.qld.gov.au/lines-in-the-sand](http://frasercoast.qld.gov.au/lines-in-the-sand).**

FRASER COAST

**What's On**

September 2019

6



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## *The Tradition Continues!*



### — Returns This October —

**For the 3rd time, the region of the Fraser Coast will host Le Dîner en Blanc. On Saturday 12 October 2019, the annual secret affair, promises another unforgettable evening of elegance, beauty and magic, as it takes over an undisclosed public space whose location is only revealed minutes prior to the commencement of the event. Nearly 1000 foodies, fashion and cultural enthusiasts have attended the event in the past and 450 are expected this year.**

Registration to participate to this unique event happens in three stages: Phase 1 is for members from the previous year; Phase 2 is for new members who are referred by Phase 1 attendees; Phase 3 is for people who signed up on the waiting list. To be part of this unique experience, people can sign up now at [register.dinerenblanc.com/frasercoast](http://register.dinerenblanc.com/frasercoast).

Le Dîner en Blanc - Fraser Coast has many surprises in store for this year's event. The hosting team wants this edition to be the best one yet!

Bystanders will witness groups of guests all dressed in white gathering at specific rallying points all across the city. Guided by Diner en Blanc volunteers, these groups will then converge on one of the city's most beautiful setting, travelling together. Every guest brings their own gourmet feast, table, chairs and table setting. Over the course of the evening, they will eat and celebrate amid music, entertainment and dancing.

The evening is filled with visually breathtaking moments including the waving of a cloth napkin to mark the beginning of the dinner and the lighting of sparklers to let guests know they are now free to mingle and dance. When at the end of the evening the trumpet sounds, guests pack up all of their belongings, pick up all their litter and head back into the night, leaving behind no sign of their elegant revelry.

Le Dîner en Blanc - Fraser Coast gratefully acknowledges Stockland Hervey Bay, Serenity Skin Spa and Haigh's Jewellers as official local partners of the 2019 edition of Le Dîner en Blanc.

#### About the Hosts of Le Dîner en Blanc - Fraser Coast

The volunteer host team of Le Dîner en Blanc - Fraser Coast is composed of Michelle Byrne, Nshara Kingston and Daniel Sanderson. Michelle Byrne and Nshara Kingston are both local business owners and very passionate people who together are involved in several community groups which focus on positive projects and issues that enhance the community. Daniel Sanderson has supported the event since its inception in Fraser Coast. Daniel is a Local Government Councillor who works extremely hard for the betterment of the community which includes working with community groups to assist in providing first class events for the local regional area.

#### About Le Dîner en Blanc

In June 2018, Le Dîner en Blanc de Paris marked its 30th anniversary. A record 17,000 guests from Paris and around the world gathered at the Esplanade des Invalides to celebrate this historic moment. Launched in Paris in 1988 by François Pasquier and a handful of friends, Le Dîner en Blanc has become a worldwide epicurean phenomenon. What was a "friends and word-of-mouth only" event has grown into an international sensation celebrated on six continents. While the technology behind the event may have changed over the years, the principles fuelling this fantastic event have not: guests continue to gather at a secret location for the sole purpose of sharing a gourmet meal with good friends in one of their city's most beautiful public spaces. Founded in 2012 and headquartered in Montreal, Canada, Diner en Blanc International is responsible for developing this secret posh picnic in over 80 cities in 30 countries around the world. Each event is headed by passionate local organizers who fell in love with the concept and wanted to bring it to their city, giving this rendezvous a local flair. For more info, photos and videos of Diner en Blanc events from around the world, visit [dinerenblanc.com](http://dinerenblanc.com).

**To keep up to date on event announcements,  
visit [frasercoast.dinerenblanc.com](http://frasercoast.dinerenblanc.com)**



# Fitness on the Fraser Coast with **CLINT ROBERTSON**



Ever heard the phrase 'you should see a specialist' when you have experienced an injury or illness. It's good advice, but knowing what each specialist does is not always easy. The following 'go to' list aims to help you know who to turn to in your time of need.

Chiropractors will focus on the diagnosis, correction and prevention of disorders of the muscular and skeletal systems and how they impact on your health, especially the nervous system (an impaired nervous system is problematic and will have negative repercussions for your health). These specialists will use many techniques for adjustment, hand or specialised instruments to bring about improved health.

A good dietitian or nutritionist will use evidence based research to turn nutrition guidelines into useable, practical information around what people should eat. Dietitians help to meet specific goals and provide advice on a healthy balanced diet, weight loss (or gain), food allergies or intolerances.

Exercise physiologists are experts in exercise which they prescribe to prevent or manage chronic disease, injury and disability. Persons with chronic conditions (diabetes,

osteoporosis etc.) would do well to work with an exercise physiologist to develop a long term physical activity program.

An osteopath will diagnose and treat health problems using non-invasive, manual techniques; they work on the premise that posture, injury, or negative lifestyle patterns lead to poor health. Osteopaths may use soft tissue manipulation, stretching muscle groups or spinal adjustments as treatments.

Physiotherapists are experts in the diagnosis, management and prevention of movement disorders. They are renowned for working with sporting injuries and other soft tissue injuries, but their work with a greater range of conditions (including premature babies, incontinent women, stroke victims, and more) cannot be understated.

A psychologist's goal is to help people function better in their everyday lives. They can teach coping strategies for a range of problems that seriously affect people's lives including stress, illness, anxiety issue and eating disorders.

To finish, beware the professional without appropriate qualifications. All of the above qualified professionals appreciate that health improvement is a journey, there are no quick fixes. If somebody offers you something that seems too good to be true, it probably is.

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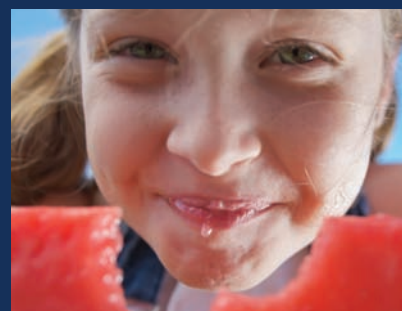
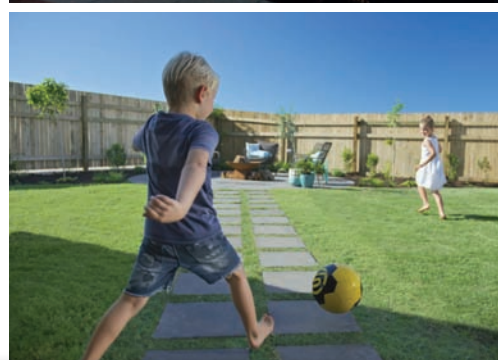
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# What's On at Arkarra



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**September 8th - ARKARRA LOW+SLOW BBQ Masterclass**  
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**September 21st - Family Pancake day** at Arkarra



**September 25th - Kids Movie Day** at Arkarra

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## ANDREW O'KEEFE "SHOUTS" JOHNNY O'KEEFE

**Johnny O'Keefe was the pioneer of rebellious Australian rock and roll, predecessor to the likes of Bon Scott, Jimmy Barnes, and Michael Hutchence that succeeded him. Often labelled as Australia's Elvis, his explosive live shows left a mark on the best of the best in global rock royalty including Buddy Holly and Roy Orbison.**

Having debuted his show to a sold-out season at the 2018 Adelaide Cabaret Festival and two sell-out shows at Palms at Crown Melbourne (for which he attracted a standing ovation each night), Johnny's real wild nephew – the multi-talented Andrew O'Keefe – delivered an extraordinary performance in Andrew O'Keefe "Shouts" Johnny O' Keefe. Highly applauded by the critics for his song interpretation and his storytelling, Andrew intertwines his own experiences with legendary stories of The Wild One, and takes audiences on a very personal journey through JOK's twenty-five year career, belting out classics like 'Wild One', 'Sing Sing Sing' and 'Shout' with the intensity topped only by Johnny himself.

From October of this year, Andrew turns his attention to the rest of Australia! Hit after hit, O'Keefe will deliver a captivating, mesmerising and thoroughly entertaining journey in to the life and the stories of Johnny O'Keefe as he channels his Uncle from above.

Having started out in show business through musical theatre, Andrew O'Keefe is well versed in entertaining his audience. A star of Australian television, along with his many other talents, Andrew is a classically trained singer. In 2013, he entertained audiences nationally when he took to the stage playing the role of King Herod in the Australian tour of Jesus Christ Superstar Arena Spectacular. Andrew again graced the stage in March 2015 in the Harvest Rain's Pirates of Penzance production held at QPAC, in a much-acclaimed turn as the swashbuckling Pirate King. In 2017, he toured a sell-out season of Gilbert and Sullivan Forever! – a wild cabaret romp through the much - loved G&S repertoire.

Andrew O'Keefe "Shouts" Johnny O'Keefe is an intensely inspirational representation of Johnny that Andrew delivers via the hits and his own words. His narrative, which includes personal family insights, gives Australia a never before heard or seen glimpse of what it was like to grow up with the king.

**Andrew O'Keefe "Shouts" Johnny O'Keefe**  
**Friday, October 11**  
**Brolga Theatre & Convention Centre**





# Russell Czinege

Executive Chef @ Bay Fusion Food Design  
Shares with us his favourite Recipes.



Seafood Chowder



The year is flying past and our winter (as such) is nearly done. Our Arkarra LOW+SLOW pop-up food stall has popped up at many events across the Fraser Coast. We recently showcased the very best in seafood with our hearty Seafood Chowder at the Hervey Bay Seafood Festival. The dish proved very popular so we thought we would share it with you!

I like to use a pasadura bun as a bowl and cut a hole in the top of the bun and scoop out and press in some of bread to create a cavity. The flavours of our local seafood really are superb in this dish.

For presentation, I like to top the bread bowl with a couple of quickly fried prawns or mussels, a dollop of sour cream and some corn chip dippers. And add a few dollops of beetroot mayo to the plate for colour.

Keep an eye on our specials board at Arkarra for this dish from time to time too.

- ✓ Heat 30g of butter in a large pan, then add 2 rashers of finely diced bacon. Cook over low heat for 5 minutes. Remove bacon from pan and reserve.
- ✓ Add another 30g of butter, stir in one each of finely chopped leek, carrot, celery and potato. Cook over medium heat, stirring frequently for 5 minutes, or until vegetables have softened and are lightly golden.
- ✓ Add 1/3 cup plain flour, cook for 1 minute, then gradually add 4 cups of heated fish stock. Cook, stirring for 5 minutes, or until mixture boils and thickens.
- ✓ Simmer over low heat for 5 minutes, stirring occasionally.
- ✓ Add up to a kilo of any combination of fish pieces, scallops, prawns, mussels, bugs etc and 1/3 cup cream and some chopped parsley and cook gently for 5 minutes, stirring frequently, without letting the soup boil.
- ✓ Add salt and pepper and present as described above.

Enjoy!

THE FRASER COAST DUNGA DERBY  
- Rally for a Cause, recently went on  
their 5th - four day car rally...







# Get Your Tag On!

Written by Sarah Weinert



The very first games of Oztag were held in Cronulla and St George (NSW) in December of 1992. In 1994 the Australian Oztag Sports Association (AOSA) was formed into an incorporated organisation. AOSA has a passion to help provide opportunities for people to participate at all levels of Oztag by developing, promoting and managing the game of Oztag in Australia.

Oztag offers a fast-paced, exciting sport enjoyed by male, female and mixed teams of all athletic abilities from four to sixty years of age. It is a non-tackling game with limited contact, and the rules are designed to encourage this. Passing, catching, tagging, evasion and kicking are skills utilised in Oztag. The game is played over two twenty-minute periods, with eight players from each team on the field.

While Hervey Bay may be a little smaller than some of the venues around the state, we sure don't let this stop us. Our most recent achievement was securing our own fields out at the new Fraser Coast Sports Precinct. This has opened endless opportunities to expand our club by welcoming new and returning players each season across all divisions.

If you are interested in giving it a go, Juniors sign-on/registration is open now, with kick-off on the 18th & 19th September, and Senior sign-on/registration is opening soon, with kick-off on 11th & 12th of September.

Family, friends and work colleagues are welcome to put their own teams together, or we can place you in a team if necessary. Games are played two nights a week (Wed & Thu). For more information contact Glenn at Hervey Bay Oztag on 0414 893 840.

We are also holding a Family Trivia Night as a fundraiser in October. All funds raised will go towards shade structure, seating and other much needed equipment.

**Hervey Bay Oztag Fundraiser  
Family Trivia Night  
Aquavue (on the Esplanade)  
Friday, October 18  
Arrive at 6pm, start at 6.30pm**

**Tickets - \$10 per person or book a table of 8 for \$68 (15% discount)  
Tickets can be purchased from Admin desk at Wednesday  
night Oztag. Fabulous prizes to be won.**

**Website – [www.herveybayoztag.com](http://www.herveybayoztag.com)  
Find us on Facebook and Instagram.**

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# THE MODEL T FORDS ROLL INTO MARYBOROUGH

A National Event for Model T Ford car owners across Australia is set to roll into Maryborough from the 29th September to the 5th October. The event is held only every 3 years and will be hosted by the Model T Owners car club of Queensland.

Manufactured from 1908 till 1927, Model T Fords were the first vehicles manufactured on the moving production line, and its inventor Henry Ford, oversaw the production of over 15 million of the marque. Club President Don Hill said he was proud to be a part of this important event. "This will be the 13th Model T Ford National in Australia, and the first time that a full-blown Model T National has been run in Queensland".

Dubbed 'Pop Into Maryborough – 2019' as a tilt to its Mary Poppins history, Maryborough was chosen as the centre for the event because of its heritage value, great touring countryside and friendly community. More than 100 Model T Fords from all across Australia, as well as International Entrants, will become a common sight rattling and rolling around the streets of Maryborough.

Tour Director, Peter Cameron, said that the cars will do an average tour of 150 to 200 kilometres each day visiting Hervey Bay, Rainbow Beach and various western destinations. "We only do about 60 kph so we try to stay away from the highways, that's for sure!" Peter Cameron said. The Model T's will be leaving from the Brolga Centre in Maryborough each morning of the event and the club will stagger the vintage cars' departures to avoid peak morning traffic.

If you want to see the cars up close and personal, they will be on display in the Portside heritage District around Wharf Street in Maryborough, in conjunction with the Thursday market day on the 3rd of October.



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## The Boat Club

WHALE WATCH KIDS: **FREE\*** ADULTS: **\$95**

**DOUBLE BARRELLED** WHISKY & WINE NIGHT  
FRI 13TH SEP | 6:00PM  
AN EVENING OF PREMIUM FOOD, WHISKY & WINE OVERLOOKING THE MARINA

FOR MORE INFO VISIT OUR WEBSITE OR FACEBOOK PAGE

[boatclub.com.au](http://boatclub.com.au)



CALL: 4128 9643

Information for members, guests & visitors. \*Terms & conditions apply. One free child under 14yrs per paying adult.



# The Fraser Lions Pier Festival

The Fraser Lions Club Inc was chartered in May 1986. Around that time there was big talk of the Pier being fully demolished, the Fraser Lions became involved with the Save the Pier Group and with the running of the barbecue for the rally of follower's in September of that year, as a result only the head of the Pier was demolished. This was the commencement of the Pier Festival and this year the event moves into its 33rd year.

Come one, come all to the Fraser Lions Pier Festival and join in the fun for the day. There will be Merry Go Rounds and rides, food and craft stalls with a Flea Market atmosphere. Why not try your luck on the Lucky Spinning Wheel, and for the younger ones - a couple of young dinosaurs will keep the kids occupied during the day, as will the Jumping Castle and other activities planned for the day.

The Boat Club Fishing and Social Club will be running a Fishing Competition that will commence at 6am, with the live weigh in starting then and closing at 11am.



Eligible species are whiting, bream flathead, pike and gar and the presentation of prizes commence at 1.30pm. Come along and enter the Fishing Competition with a chance of winning a prize.

The Fraser Lions Club supplies most of the food on the day and are noted for the most scrumptious burgers and the best hot chips, they have also introduced a combo pack with chicken and chips.

**Stalls are still available and if you haven't already sent your application form in go to [www.fraserlions.org](http://www.fraserlions.org) and download an application form or phone Lawrie West on 0448 358 289.**

**Come along and be part of the Pier Festival and enjoy the day with friends and your families.**

**Fraser Lions Pier Festival  
Sunday, September 22  
Fishing Comp commences  
at 6am  
8am – 3pm  
Pier Park,  
Urangan, Hervey Bay**

## MOVE MIDWEEK AND SAVE

Book a Group F (moving van), H (Hitop Van) or C (van) mid week from Monday to Wednesday and receive \$20 off\*  
Include coupon **MPPZ006** when you book.  
**Hervey Bay and Maryborough**  
**Book today | 13 27 27**

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\*Terms and conditions apply.



# MARYBOROUGH OPEN HOUSE AND GARDENS *a chance to explore*

Maryborough Open House and Gardens is a once-a-year opportunity to explore and appreciate the heritage city's fine architecture and stunning gardens.

Over the weekend of 21 and 22 September this year, 18 historic buildings and homes and 17 gardens in and around Maryborough will be open to the public for free.

Fraser Coast Mayor George Seymour encouraged local residents and visitors to the region to make the most of behind-the-scenes access to Maryborough's historic buildings, and to learn what is possible in the gardens of our subtropical climate.

"Maryborough Open House and Gardens is a weekend to uncover the history embedded in our heritage buildings and unearth the stories behind our beautiful gardens," he said.

"From museums and collections capturing the spirit and memories of our pioneers, to striking public art that shares the stories from days gone by, you will be captivated by the unique characters of these amazing and impressive buildings.

"Be inspired as you stroll through the private gardens of our community's most avid green thumbs and discover the natural beauty of our charming region."

Some of the gardeners will have plant sales, refreshments and demonstrations, while other activities including cemetery tours, guided tours of City Hall and backstage tours of the Bolga Theatre are also being planned.

Now in its eighth year, Maryborough Open House is one of the longest running open house programs in Australia, with 5000 people visiting buildings and 2700 visiting gardens in 2018.

To coincide with Maryborough Open House, Gatakers Artspace will be showcasing the stories of the Fraser Coast community through objects – such as a piece of furniture, a favourite toy, or an object that has been passed down through the family.

Open House is being held on Saturday 21 September from 10am to 4pm while Open Gardens is on Sunday 22 September from 9am to 4pm.

More information is available at [www.ourfrasercoast.com.au/open-house](http://www.ourfrasercoast.com.au/open-house) and by following Maryborough Open House on Facebook.



## *Suffering from ugly, painful varicose and spider veins?*

**Specialist Vascular Surgeon Dr Karl Schulze**  
can offer you the **full range** of treatment options

For more than 20 years, Dr Karl Schulze and the team at Sunshine Vascular have provided specialist vascular services to patients on the Sunshine Coast and beyond. **Dr Schulze is now consulting at the St Stephens Private Hospital, Hervey Bay.**

Having trained at the Alfred Hospital in Melbourne, the Royal Brighton Hospital in the UK and the Royal Prince Alfred in Sydney, Dr Schulze is able to offer a full range of vascular and endovascular treatment options with an increasing focus on the treatment of varicose veins and surface veins.

**Appointments can be made by contacting Sunshine Vascular:**

Phone 5453 4322 Fax 5453 4344

Email [reception@sunshinevascular.com.au](mailto:reception@sunshinevascular.com.au)



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# Calendar of Events

Brought to you by What's On Fraser Coast

## SEPTEMBER

**AUG 16 – SEPT 14**

**Miss Bilby and the Moss-Covered Cleric**

7.30pm

Z-Pac Theatre

**SEPT 1 (SUN)**

**Father's Day**

**SEPT 1 (SUN)**

**Father's Day at Arkarra**

8am

Arkarra Gardens Café Restaurant

**SEPT 1 (SUN)**

**Sign on Day – Maryborough Little Athletics Club**

2pm

Jock Anderson Oval – Tinana

**SEPT 2 (MON)**

**Film Chat**

1pm

Hervey Bay Library

**SEPT 4 (WED)**

**Hervey Bay Botanic Gardens Tour**

10am

**SEPT 4 – (WED)**

**Terrific Trivia**

7pm

Burrum Heads Bowls Club

**SEPT 4 (WED)**

**Directors Night – Help Shape our 2020 Calendar**

7pm

Z-Pac Theatre, Hervey Bay

**SEPT 5 (THURS)**

**Culture Caf – Cambodia**

10am-12pm

Hervey Bay Neighbourhood Centre

**SEPT 6 (FRI)**

**John Williamson – The Butcherbird Tour**

8pm

Brolga Theatre & Convention Centre

**SEPT 6 (FRI)**

**Learn to Meditate**

9.30am

Hervey Bay Library

**SEPT 6 (FRI)**

**Meditation with Annemarie De Seriere**

9.30am

Hervey Bay Library

**SEPT 6 (FRI)**

**Food n Groove Friday's**

Discovery Sphere, Hervey Bay

**SEPT 6 (FRI)**

**Australia's Favourite Son's**

7pm

Carriers Arms Hotel-Motel

**SEPT 6, 13, 20, 27 (FRI)**

**Dinner Under the Stars**

5.30pm

Arkarra Garden's Café Restaurant

**SEPT 6-8 (SAT)**

**Australia Post Classic Dirt Track Championships**

Action Park, Maryborough

**SEPT 7 (SAT)**

**Tipplés & Tales**

10am

Hervey Bay Botanic Gardens

**SEPT 7 (SAT)**

**Your Little Treasure – Baby & Children's New & Pre-Loved Expo**

9am

Hervey Bay PCYC

**SEPT 7 (SAT)**

**High Tea – Days for Girls**

2pm

Call Heather on 0400 553 295  
Waterfront Restaurant

**SEPT 7 (SAT)**

**Repco Car Show – Hervey Bay**

8am

Repco

**SEPT 8 (SUN)**

**Teddy Bear's Picnic – Brought to you by Condry Park Kindergarten**

10am

City Park, Discovery Sphere – Hervey Bay

**SEPT 8 (SUN)**

**Low & Slow BBQ Masterclass**

10am

Arkarra Garden's Café Restaurant

**SEPT 12 (THURS)**

**Multi-Cultural Night**

4pm

St Mary's Catholic Primary School

FRASER COAST

What's On

September 2019 16



**SEPT 13 – 15 (FRI)**

**Fraser Coast Technology Challenge**

9am

Qld HPV Super Series

**SEPT 13 (FRI)**

**Art after Dark – Exhibition Opening**

6pm

Hervey Bay Regional Gallery

**SEPT 13 (FRI)**

**Double Barrelled – Whisky & Wine Night**

6pm

Hervey Bay Boat Club

**SEPT 13 (FRI)**

**Friday 13th Spooky Disco**

5.30pm – 9pm

Hervey Bay PCYC

**SEPT 14 (SAT)**

**Village Markets**

7am

Burrum Heads Community Hall

**SEPT 14 (SAT)**

**The Australian Pink Show**

8.30pm

Bay Central Tav

**SEPT 15 (SUN)**

**Art Therapy for Intention Setting 2019**

10am

Bauple

Call 0449 037 011

**SEPT 18 (WED)**

**Dean Ray**

Beach House Hervey Bay

**SEPT 19 (THURS)**

**Jon Stevens National Tour – Hervey Bay**

7.30pm

Bay Central Tavern

**SEPT 20 (FRI)**

**Learn to Meditate**

9.30am

Hervey Bay Library

**SEPT 20 (FRI)**

**Meditation with Annemarie De Seriere**

9.30am

Hervey Bay Library

**SEPT 21 (SAT)**

**International Coastal Clean-up**

11am

Enzo's on the Beach

**SEPT 21 (SAT)**

**Barry Denduck Memorial Game & Community Day**

Featuring entertainment by Derek F. Smith

To book call 4128 8069

Arkarra Gardens Café Restaurant

**SEPT 21 (SAT)**

**Maryborough Open House & Garden**

Open House – Sept 21 - 10am-4pm

Open Gardens – Sept 22 - 9am-4pm

<http://www.ourfrasercoast.com.au/Open-House>

Open-House

**SEPT 21 (SAT)**

**Enchanted Evening 2019 – by Artslink**

6pm

Hervey Bay Botanic Gardens

**SEPT 21 (SAT)**

**B-I-G Live at Boat Club**

8pm

Hervey Bay Boat Club

**SEPT 22 (SUN)**

**Broweena Museum Market Day**

**SEPT 22 (SUN)**

**A Sentimental Journey – Celebrating Doris Day**

2pm

Brolga Theatre & Convention Centre

**SEPT 26 (THURS)**

**Bush & Beats Family Camping Weekend**

4pm

Lake Redbrook Holiday Retreat

**SEPT 27 (FRI)**

**Toogoom Family Fishing Comp 2019**

4pm

Toogoom

**SEPT 27 (FRI)**

**Spring Gala 2019**

7pm

Brolga Theatre & Convention Centre

**SEPT 28 (SAT)**

**Hot Chilli Cup 2019**

9am

Maryborough Showgrounds

**SEPT 28 (SAT)**

**Wildlife Day**

10am

Hervey Bay Regional Gallery

**SEPT 28 (SAT)**

**Bad Attitude**

Hervey Bay RSL

**SEPT 29 – OCT 5 (SUN)**

**Model T Ford National Tour**

Maryborough

Find us on Facebook

**SEPT 29 (SUN)**

**Derek F Smith – LIVE Recording**

‘Better than Me’ album recording

2pm

Criterion Hotel – Maryborough

**SEPT 30 – OCT 1**

**Joeys Mini World Cup**





Over **\$247,000** has been raised  
this year alone to help families in  
need...

The total tally over the five years  
stands at \$1,000,000.

**What an amazing effort!**

To find out more go to [https://  
frasercoast.dungaderby.com.au/](https://frasercoast.dungaderby.com.au/)



# Fraser Coast Lines in the Sand

*Inspiration for  
Readers and Writers*

## Keynote Speaker Kerry O'Brien

Free author talks and workshops with:  
Josephine Moon • Caylie Jeffery  
Melissa Fagan • Charlotte Nash  
Vicki Bennett • Dan Kelly  
Arts Law Centre of Australia

## 27-29 September

**Hervey Bay Library & USC Fraser Coast**

Bookings for each session required either at  
your local library or online at

**[frasercoastlibraries.eventbrite.com](https://frasercoastlibraries.eventbrite.com)**

For more information contact:  
Hervey Bay Library: 4197 4220 or  
Maryborough Library: 4190 5788

  
**Fraser Coast**  
REGIONAL COUNCIL  
**LIBRARIES**  
[frasercoast.qld.gov.au/libraries](https://frasercoast.qld.gov.au/libraries)



# JON STEVENS

*is passionate about Music*

## How did The Noiseworks & INXS collection National Tour come about?

It was fifteen years ago that I sang a lot of those songs. Andrew Farris, who was the chief songwriter for INXS, came along to a gig of mine last year, he told me that I should play more INXS songs as I was the only one to do them justice. INXS were one of the greatest live bands in the world, getting the seal of approval from the songwriter was when we decided to do this particular tour.

I spent four years with INXS, touring around the world after Michael died. I knew him well, in fact, Michael sang on the last Noiseworks album. We all would hang out together and sing together. I was there when they were making records, they were there when I was making records, we were in the same studios together.

To be still able to do this all these years later is amazing. I know I am better than I was when I was twenty-five without a question. I liken it to any other Job; you get better at what you do as time goes on. If you have a passion for it, you can't go wrong.

## Tell us about your love of footy?

I grew up playing Rugby League. I think whatever you grow up playing is what you gravitate towards. I love the physicality of it, the camaraderie of being in a team. I guess being in a band is similar. We enjoy each other's company, have a few beers and play Rock N Roll.

## Do you have a special message about your upcoming concert in Hervey Bay?

Come out and rock! - The Noiseworks & INXS Collection tour is nonstop hit after hit after hit and it is full-on energy, with rock n roll songs you all know and love.

**Jon Stevens – The Noiseworks & INXS Collection National Tour**  
**Thursday, September 19**  
**Bay Central Tavern**



**PERFORMING LIVE AT BAY CENTRAL TAVERN**  
TICKETS AVAILABLE AT OZTIX OR VENUE

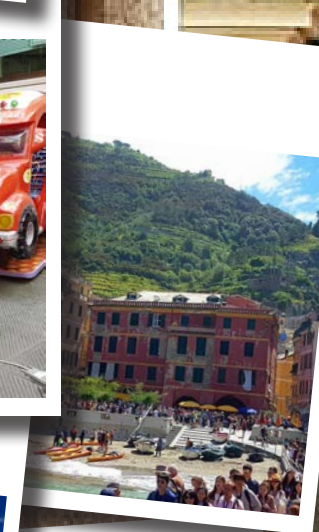
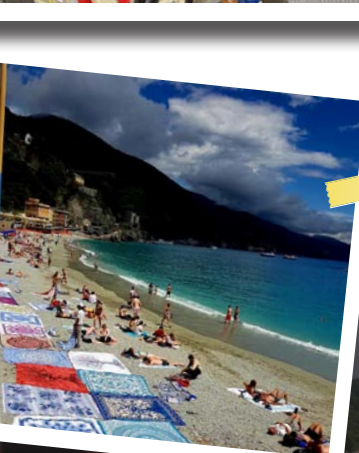
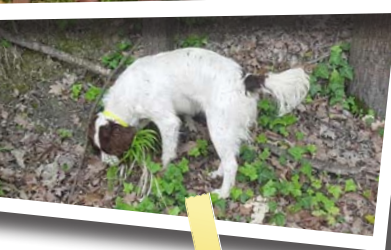
LIVE  
LOCAL





## PART 2

# OUR ITALIAN ADVENTURE



By Jan Carlson

Arrivederci Torino, our rental car adventure began! Driving on the wrong side of the road through the spectacular Piedmont region, with a few unplanned detours, we arrived in Alba with its beautiful piazzas and narrow pedestrian-only streets.

Truffle hunting with truffle dog Kelli in a forest of oak, hazelnut, and poplar trees was amazing. Our Italian guide Maxamillian gave us a fascinating explanation of the seasons, types of truffles and how he trains the dogs.

This was followed by wine tasting at Costa di Bussia, established in 1874, seventy percent of its production is exported to the USA.

One of our group (guess who?), tried to sample the wine direct from the giant oak barrel. We then stopped off in the beautiful town of Barolo famous for red wines - the most picture - postcard town!

I managed to get us back to our hotel in Alba no thanks to GPS Rosa or naviguesser Jill!

Dinner was something to write home about - we followed the recommendations of our new friend Stefano to the Conti di Rossi ristorante for the most delicious meals.

After dinner, we attended a free jazz performance by American pianist Jeffrey Chappell with local and international players.

Our Alba walking tour guide Alessandra explained much of the ancient Roman history and took us into underground areas where original foundations from mid-1600s have been restored for public viewing.

Next day saw us set out in our car without a plan except that we took cheese, bread and wine for a picnic! The gorgeous little town of Bra, the birthplace of activist Carlo Petrini, founder of the Slow Food Movement, was our first stop.

We ventured to some spectacular little hill towns like La Morra, Villa, Roddi and Govone and finished at Asti where we stopped at amazing markets offering food from all over the world!

We had our little picnic in a park at Roddi, opposite the most amazing ivy-covered house with incredible views.

Every corner we drove around gave another breathtaking picture of the Italian countryside - the sun finally came out which left us with wonderful memories of our last day in Piemonte.

Our next train took us to beautiful Santa Margherita to explore such famous locations as Portofino and Cinque Terre.

The rail network is very good but jumping on and off several trains can be challenging. We managed a walk to find some essential supplies (cheese & wine) and view many spectacular boats in the harbour, followed by a delicious seafood dinner of spaghetti with mussels, prawns and pippies to end the day.

The local bus took us to the magical little seaside port of Portofino - the scenery defies description - oodles of fabulous private yachts in and around the harbour that is lined with multi-coloured buildings.

We walked up the hill for amazing views of Portofino and caught the ferry back to Santa Margherita for another picnic lunch, this time on the rooftop area of our hotel - a much cheaper option than Portofino eateries and equally spectacular views.

The next day dawned grey and rainy, but by the time we caught two trains to our first Cinque Terre town Riomaggiore, the clouds had cleared away - the sun shone for the rest of the day.

We lunched in Manarola at a seafood trattoria with a view of the ocean.

Our third stop was the clifftop town of Corniglia - we climbed 372 steps and needed some refreshments while we admired the view and the cute little village.

After a much quicker descent, we made our way back to our Santa Margherita hotel feeling exhausted from our day's adventure.

Bright sunshine saw us set off early to see the remaining two of five towns of Cinque Terre - catching a train to Vernazza and Monterosso. There were lots more people out today because of the better weather - we agreed we wouldn't want to be here in the height of summer - too hot and far too many people!

We also enjoyed another aperitivo at a Levanto beachfront café on our return trip.

\* Part 3 - our final instalment - Tuscany and boots!



FRASER COAST TOURISM & EVENTS  
PRESENTS

# Food n Groove FRIDAYS

EST. 2019 - HERVEY BAY

**BACK IN THE BAY!**

**6 September  
4-9PM  
City Park, Pialba**

Bring your picnic rug or chair, and chill out at the end of your week with live entertainment, food stalls and market stalls, plus plenty more!

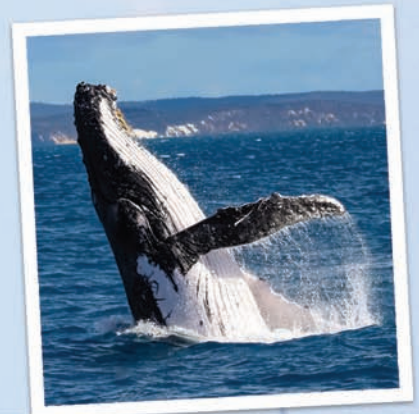
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Cruise from 9.30am to 3.30pm  
daily (July to late October)

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Comfortable 58ft Catamaran  
with 3 viewing levels

Tropical buffet lunch

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# Fashion

## WITH LEAH

# hion

## Does my bum look big in these pants?

**I wonder how many husbands and partners around the globe have been asked this question before?!!**

**The thing is pants are one complicated beast! I truly believe, that each and every time you need to come back to these 3 things:**

**What is your body shape?**

**What are your body features we need to keep in mind?**

**What is your colouring?**

**Now, the colouring thing isn't as important when it comes to pants but understanding your body shape and body features are everything when it comes to pants.**

Let's deconstruct this a little...

If you have long, skinny legs, the aim is to even out your body features by wearing a cut of pant that will do this. So, for my leaned legged beauties out there, you can get away with palazzo pants, wide legged pants, flared jeans, wide-legged jeans, and pleated pants. Anything that is going to add shape (not necessarily bulk) to the bottom half- this is the ultimate goal! On the flip side, skinny jeans are sometimes not the best option for long-legged gazelles! I say sometimes as it depends on what's going on, on the top half. If you're heavier up top, but super lean down south, skinny jeans will just draw attention to the imbalance. Instead, opt for a bootleg cut, flared or straight cut of jean.

For hourglass-figured queens, you gals can wear a pant that cinches in at your gorgy waist and is somewhat fitted around your legs to balance out your glorious silhouette. Hourglass queens can get away with skinny jeans more than our long-legged sistas, but generally look awful in flared jeans or any wide-legged style pants as it can just add too much bulk where you just don't need it! Again, this is all relative to how extreme your body shape is as far as being an hourglass (eg you can be a tiny hourglass gal and none of this really has much impact on you at all)

For our triangle-shaped gals with all that gorgeous booty, steer away from anything wide-legged or palazzo style- this will add bulk in a frumpy way! Just remember, if your legs are the part of your body that hold the most oomph, don't add anymore to them in clothing that will only accentuate this. Instead, choose cuts of pants that will flatter it in the most elegant and intelligent way possible. You can still get all the feels you need to- be that bootylicious, elegant, sexy, sassy or whichever the look you're after. Steer your boat towards straight cut jeans, tapered tailored pants with no pleats, or a structured suit pant. No prints, and no loud colours on the bottom half triangle queens- keep it smart, chic and simple. Your booty will do the rest!!

Last point to make here is jean pockets on the bum. Be bloody careful with them! If you've got big booty, have a good look at where the pockets sit- how high, how low and how obvious. Pockets work much the same as pleats do. Pleats on a lady with a bit more tummy will only draw attention to this area. Opt for pants without pleats on the front. Pockets do the same thing. Either opt for pants/jeans without pockets or choose them to have small pockets that don't sit too low down the bum cheek itself! The higher they sit, the greater illusion it gives that your booty is high, taut and terrific (not low, sagging, spreading!)

Wanna talk pants, I'm keen for a chat anytime xx

**0439 723 832**

**leahharvestyling@bigpond.com**

**@leah.harvey.styling**

**www.facebook.com/leahharveymakeupandstyling**

FRASER COAST

**What's On**

September 2019

22



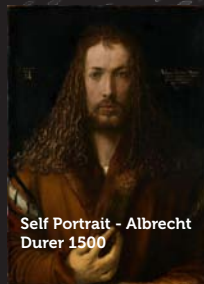


# MIRARE

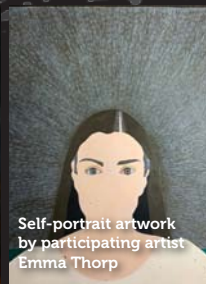
## A Self-Portrait Exhibition

The Fraser Coast Art Collective has been producing projects for local creatives since 2016. The collective is a fluid band of artists who come together to share their passion for art as well as a drive to increase the professional development for artists in our region. It is made up of 60+ members from Maryborough, Hervey Bay, Howard, Toogoom and other surrounds. Past projects the group has provided include a series of professional development workshops in conjunction with Fraser Coast Regional Council as well as a group exhibition titled Common Ground which provided multiple levels of experience for all kinds of artists to develop and learn about exhibiting art and working towards contemporary concepts. Mirare is the second exhibition to come from Fraser Coast Art Collective that features 20 local artists exploring the artform of the self-portrait. The title "Mirare" is a Latin word that is part of the word family for our more commonly known word "mirror". "Mirare" itself in some Latin languages means to look at something with awe. These combined, the theme of the exhibition exploring the depths of our artists and each artwork will be a window in the life of the artist. This has been an educational challenge for the collective members, to branch into a complex topic that not only can be difficult to approach or understand but can also be confrontational when dealing with personal traits. The art collective are thrilled to share their artwork with the public and all works will be on display for a month from September 21. The opening night for Mirare will take place on the 21st and doors will open at 6:30pm. All members of the public are invited to share this exciting event with the Fraser Coast Art Collective, and revel in some of the Fraser Coast's freshest contemporary art. If you would like to come on board with the collective or would like to know more, send an e-mail to [fcoastartcollective@gmail.com](mailto:fcoastartcollective@gmail.com)

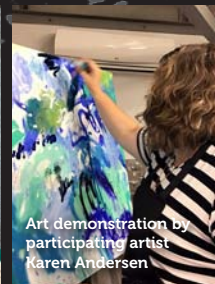
**Mirare: A Self-Portrait Exhibition**  
**21st September 6:30pm**  
**Fraser Coast Art Gallery**  
**9/17 Liuzzi St, Pialba (Free entry)**



Self Portrait - Albrecht Durer 1500



Self-portrait artwork by participating artist Emma Thorp



Art demonstration by participating artist Karen Andersen



Shot from Common Ground exhibition, February 2019



Shot from Common Ground exhibition, February 2019

# YOU'RE INVITED TO OUR CLUBHOUSE Opening

**YOU'RE INVITED TO TAKE A  
 TOUR OF OUR NEW CLUBHOUSE  
 AT LATITUDE25.**

THE **PERFECT MIX** OF HOME AND LIFESTYLE

This new wonderful facility will provide our residents with a whole range of exclusive amenities and makes living at Latitude25 something very special.

Join us for a delicious finger food BBQ, light entertainment and a special tour of the new facilities and Display Homes. Learn all about what is on offer at one of our Tour Sessions listed below. See why Latitude25 could be the perfect mix of home and lifestyle for you.

### SATURDAY, 28 SEPTEMBER

**TOUR 1:** 10:30am to 1:00pm

**TOUR 2:** 2:30pm to 5:00pm

### SUNDAY, 29 SEPTEMBER

**TOUR 1:** 10:30am to 1:00pm

**TOUR 2:** 2:30pm to 5:00pm

**WHERE:** The Clubhouse – 1 Latitude Boulevard, Nikenbah

Bookings are essential. RSVP now on 1800 025 025 or email [sales@visitlatitude25.com.au](mailto:sales@visitlatitude25.com.au)

*Latitude25*  
 RV Lifestyle Community  
 at HERVEY BAY



# BREAKING

## *the cycle of Addiction*

Jacob had a normal childhood growing up in Melbourne. At fourteen years of age, he began to use drugs, mainly Meth but then soon after, whatever he could get his hands on.

"Drugs made everything feel clear and made everything else go away. It was an escape from reality", Jacob said.

His lowest point was trying to detox at home and seeing the misery that his addiction had caused to those around him, as a result, his mental health suffered. Jacob said, "It crushed my mum, my addiction broke her heart".

After spending a stint in prison and managing to get clean from Ice Jacob headed straight to rehab where he saw people addiction - free and felt the first stirrings of hope.

### **"Mum never gave up on me."**

She was there supporting me right through my recovery, and so was my family which helped a lot. I didn't speak to many friends at the time as most of them still used. But now I have made many great friends here, Bayside Transformations has given me my life back and given my families lives back".

Jacob has now been clean and off Ice for one year and three months, a great achievement. He has gone from being completely dependent on drugs to get through each day, to now helping others. His life has now completely turned around. "I now have a beautiful son and I am studying to get more qualifications in this area of work. But most importantly, I have hope for my life once again.

**Bayside Transformations has its major fundraiser coming up this month.  
The Spring Gala 2019 - will be held on September 27, at the Brolga Theatre and Convention Centre. So, buy a ticket and show your support.**





# Spring Gala

**FRIDAY 27TH SEPTEMBER 2019**  
**6:30PM RED CARPET ARRIVAL**  
**7PM START** w Complimentary Drink on Arrival

## Soul City

**Tickets from \$105.00**  
**BOOK NOW**  
[www.frasercoasttickets.com.au](http://www.frasercoasttickets.com.au)  
**Venue: Brolga Theatre**

Thank you to our Sponsors















# A great event for Spectators

## Organisers are expecting almost 3000 students to attend this year's 3-day, Fraser Coast Technology Challenge.

"Students and supporters from over 71 schools across Queensland together with teams from Victoria and South Australia will participate in six STEM inspired events - the RACQ 24hr HPV Race, Primary Pushcarts Championship, Scratch Coding and Robotic Challenge, CO2 Dragster Championship, Solar Model Boat Championship and Drones Challenge," Jenny said.

This premier annual event, now in its 18th year encourages participants to examine and use the latest technology while considering its impact on the environment and the way people live locally and globally.

The Fraser Coast Technology Challenge isn't just a once-a-year event. School groups work throughout the year to design, build and test vehicles and machines within detailed specifications before coming to Maryborough for a colossal weekend of innovation, technology, teamwork and camaraderie.

Continuing from last year's successful live media coverage, we have all the action being captured from 8 x different cameras angles this year with the event being live streamed out across Australia to an anticipated audience of over 15,000 people.

"One of the HPV's will have an on-board camera, giving our online audiences a fantastic new point-of-view-rider-perspective from inside the HPV" Jenny said.

"We are excited to have the University of the Sunshine Coast's "Lab of Awesome" crew from the Engage Research Lab and the team from Fraser Coast Libraries showcasing their community digital hub in the gym at Maryborough High on Saturday 14th September. This will be a great opportunity to come see the latest in tech gizmos and gadgets identified with future careers. The activities will include Augmented Reality, Virtual Reality, Holograms and much more in an interactive learning environment," Jenny said.

This year we will have the Optus Truck attending giving us the capacity to share the "My Lap" results in real time, livestream all the action, video interviews and a pictorial history slideshow of the event on a big screen for spectators and participants to view. Jenny said "we are actively working towards compiling a history of the event and seeking assistance from the community for photos from the early years that will be shared in albums on our website"

Also new for 2019 is a 4hr Celebrity Challenge Charity HPV Race from 6pm to 10pm on Friday 13 September with all proceeds going to support Fraser Coast Mates.

Jenny said, "By popular request we are providing the opportunity to form a team and join in the fun and excitement of participating

in the inaugural 4hr Celebrity Challenge Charity HPV Race on the picturesque street circuit adjacent to the Maryborough CBD while raising money for a worthy cause."

Registration forms are on the website. Teams are to consist of a maximum of 4 nominated persons to share the riding. HPV bikes can be new builds, refurbished or purchased new and must adhere to the HPV specifications. Anyone with a HPV bike they could lend, donate or hire is asked to get in touch with us as we have teams who would like to participate that are without a bike.

As the proud recipient of the Fraser Coast Regional Council 2019 Australia Day Community Event of the Year Award accepted on behalf of some 2000 volunteers who logged over 33,000 volunteer hours the Fraser Coast Technology Challenge is organised, managed and delivered solely by volunteers. "As the event continues to grow and more competitions are introduced so does our need for extra volunteers in a variety of roles and we would love to hear from anyone who is interested in assisting" Jenny said.

### SNAPSHOT

- ✓ Approximately 2000 students from 71 schools are engaged in activities that align with the STEM curriculum.
- ✓ 80% of participating schools are located within 250km of the event.
- ✓ 560 water filled barriers are trucked in for the event.
- ✓ 800 meters of crowd control fencing is erected.
- ✓ 1x pedestrian overpass crossing the roadway is constructed.
- ✓ 1.5km race circuit with 1x hairpin and 2x downhill straights.
- ✓ 4x HPV teams are from interstate
- ✓ Facebook audience reach of 30,685 with over 31,000 minutes of video watched.
- ✓ Livestream Audience of 18,865.
- ✓ Speedhive App provides HPV teams will real time information throughout the race.
- ✓ Approximately 2000 volunteers representing numerous community organisations provides logistical, catering, marshalling and general support.
- ✓ Approximately 33,000 volunteer hours logged across 3 days.
- ✓ Maryborough Community groups cater 3,100 individual meals to HPV participants.
- ✓ Maryborough High's Pit Stop Café engages 50 hospitality students over the weekend.
- ✓ An estimated 10,000 spectators visit the events over the 3-day program.

RACQ Queensland HPV 24hour Championship  
Sept 13 – Sept 15  
Maryborough CBD







LOCAL MUSICIAN SPOTLIGHT WITH

VIBEKE VOLLER

### **Tell us a bit about your Norwegian childhood?**

I lived in Oslo Norway until I was about eight. My Norwegian upbringing was quite idyllic in many ways, in the summer we would go boating and, in the winter, we did a lot of skiing. It was a very rich culture.

I was into art and was always drawing and painting. I can remember doing a bit of singing but it wasn't predominant. I did, however, get a guitar at the age of about four. My grandparents also had a grand piano, I remember I was very drawn to the piano and was always playing it.

My parents always had music playing in the house. We would listen to Tom Jones, Shirley Bassey, Frank Sinatra and the Beatles.

### **What is it about Jazz that draws you in?**

That is something that happened almost by accident. I was actually classically trained, I had twelve years of singing training behind me.

In 2006 I was asked to do a few songs at the Federal Hotel in Maryborough. I went there with a guitar player and did five contemporary/pop songs...it turned out that the man that owned the hotel was a Jazz Pianist.

He heard me sing and liked my voice. He told me he was starting up a piano bar upstairs and that he wanted to train me to sing Jazz. After a bit of convincing, I met with him once a week for a whole year at his pub. He would get the keyboard out and we would work through songs together. It was an invaluable learning experience for me!

From this collaboration I developed the beginning of a substantial jazz repertoire. I love the depth, challenge and joy of singing jazz with accomplished jazz musicians!

### **Other than Jazz what are some of the other styles that you perform?**

When I do my solo work with the keyboard, I play a mix of contemporary, pop, soul, and Jazz so I cover a wide variety of everything. I love all styles of music and will adapt to the type of gig and the venue.

### **Talk us through your song writing process?**

For me it's often just sitting at the piano and experimenting with chords. If I hear something I like it can spark a melody. The melody and lyrics will often develop at the same time but other times I get the melody and lyrics first, and then add the chords later.

It's an enjoyable creative process! It can all come together easily and quickly and other times it can take quite some time to finish.

### **What do you enjoy the most about teaching others to sing?**

I love teaching students the importance of singing from your body. It's not just a pretty vocal exercise but its physical, and it's all of you! There's so much that goes into developing a healthy and strong voice. What I enjoy the most is imparting what I know and it's very satisfying when you see students develop to be the best they can be!

### **What was it like touring Fiji and Sydney with former 'The Platters' star-Esther King?**

Esther has an amazing voice, being with her was what really catapulted me into the whole ability to perform. She taught me a lot of performance skills. The stages were huge as were the crowds.

### **Tell us a bit about Opening the Gala Concert for International Music Festival "EUROPA fest" 2016 with Dan Papirany in Bucharest, Romania?**

There was a sense of excitement to be singing in Europe in a beautiful old theatre with amazing musicians! As I was performing, I realised that this was one of my dreams come true!

To find out more about Vibeke Voller go to  
<http://www.vibekevoller.com>



# Gig Guide

Brought to you by What's On Fraser Coast

**Live music**  
and more on the Fraser Coast in  
**SEPTEMBER 2019**

## BEACH HOUSE HOTEL



Doug Edwards

**Sun 1, 2.30pm, Derek F Smith**

**Thurs 5, 7.30pm, Open Mic**

**Fri 6, 9pm, R&B Friday**

**Sat 7, 9pm, Red Betty**

**Sun 8, 2.30pm, Doug Edwards**

**Thurs 12, 7.30pm, Open Mic**

**Fri 13, 9pm, R&B Friday**

**Sat 14, 9pm, Uncle Arthur**

**Sun 15, 2.30pm, Bobby Barnes**

**Thurs 19, 7.30pm, Open Mic**

**Fri 20, 9pm, R&B Friday**

**Sat 21, 9pm, Doug & The Upper Hand**

**Sun 22, 2.30pm, Shaun Beckett**

**Thurs 26, 7.30pm, Open Mic**

**Fri 27, 9pm, R&B Friday**

**Sat 28, 9pm, Fading Echo**

**Sun 29, 2.30pm, Frank Benn**

### HERVEY BAY

#### Hervey Bay RSL



Fri 6, 12pm, Trevor Judge

Fri 6, 6pm, Dust Duo

Sat 7, 8pm, Uncle Arthur

Fri 13, 12pm, Trevor Judge

Fri 13, 6pm, Ethan Jones (Aspy)

Sat 14, 8pm, Forbidden Road

Tues 17, 11am, Morning Melody with Don Costa.

\$5 members, \$7 non members

Fri 20, 12pm, Trevor Judge

Fri 20, 6pm, Ricky Manych

Sat 21, 8pm, Shades Band

Fri 27, 12pm, Quinn the Radiostar

Fri 27, 6pm, Doug Edwards

Fri 27, 7pm, Jazz Club

presents Cam Smith & the Magnificence. \$20 jazz members, \$25 non members

Sat 28, 8pm, Dean Vegas

Show. \$20 members, \$25 non members

Sat 28, 8pm, Bad Attitude

Sun 29, 12pm, Dean Gray

#### The Bayswater Bar & Grill

Fri 6, 6pm, Ed's Son

Sat 7, 6pm, Dave Turner

Sun 8, 1pm, Liana McKay

Fri 13, 6pm, Frank Benn

Sat 14, 6pm, Bobby Barnes

Sun 15, 1pm, The Coopers

Fri 20, 6pm, Doug Edwards

Sat 21, 6pm, Ethan Jones (Aspy)

Sun 22, 1pm, Ricky Manych

Fri 27, 6pm, Dean Gray

Sat 28, 6pm, Dale Newberry

Sun 29, 1pm, Sam Maddison

#### The Clubhouse Hervey Bay

Fri 6, 6pm, Dean Gray

Sat 7, 6pm, Liana McKay

Fri 13, 6pm, Pete Baker

Sat 14, 6pm, Frank Benn

Fri 20, 6pm, Sam Maddison

Sat 21, 6pm, Ricky Manych

Fri 27, 6pm, Ed's Son

Sat 28, 6pm, Doug Edwards

#### Hervey Bay Boat Club



Vibeke Voller

Fri 6, 5.30pm, HMC Music

Fri 6, 8.00pm, Radio Star

Sat 7, 5.30pm, Vibeke Voller

Sat 7, 8.00pm, Forbidden Road

Sun 8, 1.00pm, Brian Speirs

Sun 8, 6.00pm, Neil Wenk

Fri 13, 5.30pm, Trevor Judge

Fri 13, 8.00pm, Gemini

Sat 14, 5.30pm, Derek F Smith

Sat 14, 8.00pm, The

Darlington Stripes

Sun 15, 1.00pm, Brian Speirs

Sun 15, 6.00pm, Neil Wenk

Fri 20, 5.30pm, HMC Music

Fri 20, 8.00pm, Dogwood

Crossing

Sat 21, 5.30pm, Sam Maddison

Sat 21, 8.00pm, Brothers in Groove

Sun 22, 1.00pm, Brian Speirs

Sun 22, 6.00pm, Neil Wenk

Fri 27, 5.30pm, Radio Star

Fri 27, 8.00pm, Uncle Arthur

Sat 28, 5.30pm, HMC Music

Sat 28, 8.00pm, Uncle Arthur

Sun 29, 1.00pm, HMC Music

Sun 29, 6.00pm, Neil Wenk

### MARYBOROUGH

#### Maryborough Sports Club

Sun 1, 12.30pm, Father Day Fun Proceeds to Leukaemia Foundation

Fri 6, 7.30pm, Smooth and Groove

Sat 7, 7pm, Rock n Roll Boys

Fri 13, 7.30pm, Dicky Switch

Sat 14, 7pm, Don Costa

Fri 20, 7.30pm Z Star Trinity

Sat 21, 8pm, Sara Storer

Tickets \$35

Fri 27, 7.30pm Billy Guy

Sat 28, 6pm, Wallaroo

Banquet

Sun 29, 12.30pm, Billy Guy

#### Maryborough RSL

Sun 1, 12pm, Ryan White

Fri 6, 8pm, Phil Morgan

Sat 7, 8pm, Unfinished Business

Sun 8, 12pm, Ian Murray

Fri 13, 8pm, Brentyn Irvine

Sat 14, 8pm, Dogwood

Crossing

Sun 15, 12pm, Luke Karolak

Fri 20, 8pm, Bradz Rock N

Rhythm

Sat 21, 8pm, Bobby Barnes

Sun 22, 12pm, Ed's Son

Fri 27, 8pm, John Corowa

Sat 28, 8pm, Red Betty

Sun 29, 12pm, Chasca Thompson

#### The Federal Hotel

Fri 6, 8.00pm, Mothwing 2

Sat 7, 8.00pm, Phil Morgan

Fri 13, 8.00pm, Luke Karolak

Sat 14, 12.00pm, TBA

Sat 14, 8.00pm, Pete Baker

Fri 20, 8.00pm, Dave Gray

Sat 21, 8.00pm, Fading Echo

Fri 27, 8.00pm, TBA

Sat 28, 8.00pm, Open Mic with Luke Karolak



# Social Snaps

*Out and about on the Fraser Coast*



## Fraser coast Kite Karnival 2019!

Photo Credit - Dan Filmer





# Social Snaps

*Out and about on the Fraser Coast*



**Bridge to Bridge, Hosted By  
Wide Bay Rowing CLUB!**

Photo Credit - Kim Parnell





# Social Snaps

## *Out and about on the Fraser Coast*



### Hervey Bay Seafood Festival!

Photo Credit - Kim Parnell



**The Colt Seavers Band**  
entertained the crowds.

**Celebrity Chef - Andrew  
Mirosch** cooks up a storm at  
the Tastes of the Bay.

**Maria Gilchrist**, with her son  
**Charles**, 6 take in the music.

**Winston Kirchner**, 10 enjoys  
helping out at The Seafood  
Smokery, Bundaberg.

**Gary & Sue Bell** enjoy Tastes  
of the Bay.





# FRASER COAST MARKETS



## HERVEY BAY



### NIKENBAH MARKETS

Hervey Bay Animal Refuge, Nikenbah-Dundowran Rd,  
Nikenbah - 1st, 3rd & 5th Sun of the month  
**6am to 12noon** [hbanimalrefuge@gmail.com](mailto:hbanimalrefuge@gmail.com)

### KOALA MARKETS

Kruger Court, Booral Rd, Urangan  
2nd and 4th Sun - **6am to 12noon**  
Bob: 0412 689 863

### URANGAN PIER PARK COMMUNITY MARKETS

Pier Park, Urangan (in front of Jetty)  
**Every Wed 7am to 1pm**  
**Every Sat 7am to 1pm**  
[pierparkcommunitymarkets@gmail.com](mailto:pierparkcommunitymarkets@gmail.com)

### TORQUAY BEACHSIDE MARKETS

Outside AQUAVUE, Torquay  
**Every Saturday - 7am to 1pm**  
[bayconnect@hotmail.com](mailto:bayconnect@hotmail.com)

### HERVEY BAY BOAT CLUB ART & CRAFT MARKET

Buccaneer Dr, Urangan / 3rd Wed of the month  
**9am to 2pm**  
[info@boatclub.com.au](mailto:info@boatclub.com.au)



## MARYBOROUGH

### FRASER COAST WILDLIFE SANCTUARY MARKETS

31 Mungar Road, Maryborough  
(Donation gets you free entry to the Sanctuary)  
**3rd Sun of the Month - 7am to 12pm**  
[info@frasercoastwildlifesanctuary.org.au](mailto:info@frasercoastwildlifesanctuary.org.au)

### MARYBOROUGH MARKETS

Adelaide & Ellena St, Maryborough  
**Every Thurs 8am to 1pm**  
[markets@fcte.com.au](mailto:markets@fcte.com.au)



## BURRUM HEADS

### BURRUM HEADS MARKETS

Community Hall, Main Rd & Howard St, Burrum Heads  
**2nd Sat of the Month - 7am to 11am**



## BAUPLE

### BAUPLE MARKETS

(Free for Stallholders) Band Hall, Band Hall Rd, Bauple  
**4th Sat of the month - 7am to 12noon**  
[www.facebook.com/bauplemarkets](http://www.facebook.com/bauplemarkets)



## HOWARD

### HOWARD COUNTRY MARKETS

Howard Community Centre, Steley St, Howard  
**1st Sat of the month - 7am to 12noon**  
[info@howardcommunitycentre.org.au](mailto:info@howardcommunitycentre.org.au)



## TIARO

### TIARO MARKETS

Memorial Hall, Main St, Tiaro  
**2nd Sat of the month - 7am to 12noon**



## BROOWEENA

### BROOWEENA MARKETS

Smith St, Brooweena  
**4th Sunday of every 3rd month - 8am to 12pm**  
[brooweenamkt@gmail.com](mailto:brooweenamkt@gmail.com)

**DISCLAIMER:** Markets subject to change due to School Holidays, Public Holidays and weather conditions.



# WHAT'S ON @ THE BROLGA



**Sunday Riverside**  
- Dan Horne Duo & Ange Eassen

FREE LIVE MUSIC  
GAMES • BAR • FOOD

SUN 1 SEP



**John Williamson - The Butcherbird Tour**

FRI 6 SEP



**Roald Dahl's The Twits**

Adapted for the stage by Spare Parts Puppet Theatre  
Presented by The Brolga Theatre

TUE 10 SEP



**MELLY MELODY PRESENTS A SENTIMENTAL JOURNEY... CELEBRATING DORIS DAY**

SUN 22 SEP




**Justice Crew - 10th Anniversary X Tour**

THU 3 OCT



**Mansong - The Time Machine**

SAT 5 OCT



**THE LEHMAN TRILOGY**  
by Stefano Massini adapted by Ben Power  
directed by Sam Mendes

NT Live Screening - The Lehman Trilogy

SUN 6 OCT



**Sunday Riverside - Scott Cook (Canada)**

SUN 6 OCT



**THE IMPERIAL RUSSIAN BALLET COMPANY PRESENTS SWAN LAKE**  
The Most Beloved Classical Ballet Of Them All...

WED 9 OCT



**MRAC present Opera at the Brolga - Classic Arias & Duets**

TUE 15 OCT



**Andrew O'Keefe "Shouts" Johnny O'Keefe**

FRI 11 OCT



**Oh What a Night! The Show**

FRI 18 OCT

## COMING UP IN 2019...

Fraser Coast Calisthenics 2019	Sun 27 Oct
Morning Melodies - Tenori	Thu 31 Oct
Maryborough Choral Society	Sun 10 Nov
NT Live Screening - A Midsummer Night's Dream	Tue 19 Nov & Fri 22 Nov



**The Glen Miller Orchestra - A Concert Spectacular**

THU 17 OCT



**BROLGA**  
THEATRE & CONVENTION CENTRE