

TAKE  
ME HOME

# FRASER COAST What's On

NOVEMBER 2020 MONTHLY MAGAZINE

44

SARA DIANA  
*Faraj*

Inside this issue:

Gig Guide  
Calendar of Events

A WALK THROUGH **HISTORY**  
On the Local Music Scene with  
**AARON WESTLAKE**

10 YEARS OF **HUNDY**  
**THIS YEAR'S WHALE SEASON**  
HAS SEEN PLENTY OF ACTION

KINGSTON  
HERVEY BAY

ST. MARY'S  
COLLEGE MARYBOROUGH

FX COFFEE

Fraser Coast  
Tourism & Events

The Boat Club  
HERVEY BAY



FRASER COAST TOURISM & EVENTS PRESENTS

# Food n Groove FRIDAYS

EST. 2019 - HERVEY BAY

## NOVEMBER 6<sup>th</sup>

### 4PM - 9PM

### Seafront Oval, Pialba

Bring your picnic rug or chair, and chill  
out at the end of your week (1.5m away  
from those outside your household)  
with live entertainment, food stalls,  
licensed bar plus plenty more!

### COVID-19 RULES APPLY

For contact tracing all attendees will need  
to register their attendance through  
Fraser Coast Tickets, with registrations  
opening on the 29th of September.

[frasercoastevents.com](https://frasercoastevents.com)



BE COVIDSAFE

# Fraser Coast Markets



#### MARYBOROUGH

##### Maryborough Markets

Adelaide and Ellena St, Maryborough  
Every Thursday - 7am to 12pm

#### MARYBOROUGH

##### Maryborough Sunday

Mixed Markets  
Maryborough Hockey Association  
Cnr Neptune & Woodstock St  
Every 2nd & 4th Sunday of the month  
7am

#### HERVEY BAY

##### Glenwood Community

Markets - Pepper Rd  
3rd Saturday of the month  
7am - noon

#### HERVEY BAY

##### Koala Markets - Kruger Court

Every 2nd & 5th Sunday  
6am to noon

#### HERVEY BAY

##### Nikenbah Markets

Hervey Bay Animal Refuge  
Nikenbah-Dundowran Rd, Nikenbah  
1st, 3rd and 5th Sunday of the month  
6am to 12 noon

#### HERVEY BAY

##### Urgan Pier Park Markets

Pier Park, Urgan, (in front of Jetty)  
Every Wednesday & Saturday  
7am to 1pm

#### HERVEY BAY

##### Torquay Beachside Markets

Opposite the Torquay Hotel  
Every Saturday  
7am to 1pm

#### OTHER AREAS

##### Brooweena Markets Historical

Village, Smith Crescent  
4th Sunday every 3rd month  
8am to noon

#### OTHER AREAS

##### Burrum Heads Markets

Corner of Burrum Heads Rd &  
Howard St  
2nd Saturday of the Month  
7am - 11.30am

#### OTHER AREAS

##### Tiaro Markets

Corner of Mayne St &  
Forgan Terrace  
2nd Saturday of the month  
7am - noon

#### OTHER AREAS

##### Howard Country Markets

Howard Community Centre,  
Steley St, Howard  
1st Saturday of the month  
7am to 12 noon

#### OTHER AREAS

##### Bauple Markets

Band Hall Road  
4th Saturday of the month  
7am - noon

For all Market submissions or corrections :  
Please contact: What's On Fraser Coast on

**Ph 0467 303 171**

or email: [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)

DISCLAIMER: Markets subject to change due to COVID-19, school  
holidays, public holidays and weather conditions.





Maryborough is justly known as "the Heritage City" and has many fine streets with interesting historical buildings which help bridge the gap between the present and the past. Perhaps nowhere is this bridge so easy to cross as in Wharf Street. The city's early prosperity, and indeed its very existence, can largely be attributed to the activity that took place in this interesting street and its immediate vicinity.

Walking down this street brings to life Maryborough's early prosperity arising from the

Gympie gold rush, expanding shipping activities and its role as one of the busiest immigration ports on the continent.

Whilst the old buildings seem to focus on the street, what they really represent is Maryborough's association with the river as the most useful means of transport in colonial Queensland and a connection to the rest of the world. Maryborough would not have existed without the Mary River.

**Standing in the heart of the port area and essential to its functioning is the Government Bond Store. It is one of the earliest brick buildings in Maryborough, having been constructed in several stages from 1863 to a design by the prolific architect Charles Tiffin, who also designed the Queensland Parliament House.**

Next to the Bond Store is the Customs House Residence which adjoins the associated Customs House on the corner. These buildings were designed by John Smith Murdoch, who also designed a parliament house: the original one in Canberra.

Both the Bond Store and Customs House are now museums.

Looking across the street is a warehouse complex that was essential for the movement of the port's cargo. These were heavily trafficked buildings which served the port operations and now demonstrate the wealth that flowed to the city in the wake of the Gympie gold rush. Gatakers Artspace and the award winning Maryborough Military and Colonial Museum are now housed in these historic warehouses.

Nearby is the Waterside Workers Hall; a rare example of an early union hall and a reminder of the workers who ensured the port functioned.

Standing prominently amongst these Port facilities is the former Bank of New South Wales building, which dates to 1877. The building demonstrates the wealth that poured into Maryborough as a result of the port and is now a hive of historical research.

And there standing right in the centre of the street is the Custom House Hotel, where the workers, the ships' crews, new immigrants and the bankers would meet for a drink.

These historic buildings, and so many others around them, tell the story of Maryborough's early prosperity and provide a direct link to our history to anyone who walks down the street.

# A Walk Through HISTORY

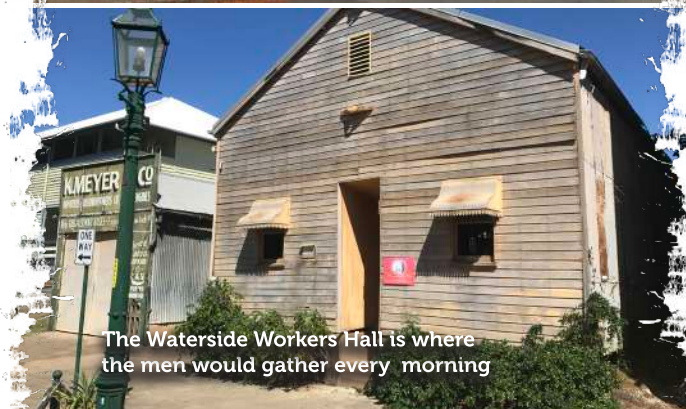
By Fraser Coast Mayor  
George Seymour



Wharf Street is full of handsome historic buildings



The former Bank of NSW building was built in Wharf St because that's where the money was.



The Waterside Workers Hall is where the men would gather every morning



## MADCOTA Community Hub

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### What's On November

#### MADCOTA CONCERT

Tuesday 17th November 1:30pm

**RSVP ESSENTIAL** 48 maximum capacity

\$5 door entry inc

Lucky Door Prize and afternoon tea

#### MORNING TEA

Tuesday 10th November 10am

**RSVP ESSENTIAL**

30 maximum capacity

gold coin donation



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## Get in Touch

If you have a local story to share, please contact us at **[whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)**  
We would love to hear from you.



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**"Whatever you are into, get into What's On Fraser Coast"**





## Note from the Editor

November is now upon us, and Christmas is approaching fast.

Some events have made a comeback, but we have missed out on many thanks to COVID. Who would ever have thought in our lifetime that our events would take a hit, here's hoping for a better year in 2021!

A lot of event organisers have adapted really well after the initial headaches and shown that we can still have some great "COVID safe" events across the region. This will be the new normal now for many years to come so you might as well embrace it.

Thankfully, LIVE music is making a slow comeback. Some venues have live music every weekend while some venues are just not there yet. I think that once dancing is allowed once again, this will rapidly change.

If anything, the pandemic has given us pause to rethink our futures, to look at the bigger picture and to realise that we can't control every situation no matter how much we may try.

When at an event now I appreciate the little things so much more. The joy and excitement on people's faces, the laughter, and the spontaneity – as tomorrow is never guaranteed.

We are so lucky compared to so many other countries throughout the world. Events can never be taken for granted again. So when you see one advertised, get out there and support it and thank the organisers who are doing an almighty job to keep our events going in these uncertain times.

Kim Parnell  
Editor/Owner

## Inside this month's edition!

**New** – Each month, **Fraser Coast Mayor George Seymour** will take us on a walk through history, guaranteed to make you want to hop in the car and explore our great region. We have such a rich history that we can be proud of, let's celebrate it and learn all that we can.

At only nineteen years of age, **Sara Diana Faraj** has a voice and knows how to use it in a very eloquent and powerful way. Remember her name as you will be hearing a lot more from Sara over the coming years.

Our very own "Whale Whisper", **Vicki Neville** talks about her wonderful research work to do with whale identification and how we can all do our bit to help. How good is it to see particular whales coming back, again and again, each year!

Excitement is starting to build for the 10th annual **Hervey Bay 100** and the **Barge 2 Beach**. Tickets have been selling at record speed for these very popular events. Even if you are not competing, come along and cheer the competitors on. How good is to see Triathlon back on the calendar once again.

Artist Gavin Patterson skillfully paints and sketches local birds that are seen on the Fraser Coast, and will bring them to life in his **Art Exhibition** aptly called, **A Bird Memoir**. The collection of sketches will also appear in a book that will be launched with the opening of the art exhibition.

Enjoy!

*Kim Parnell*

Editor, What's On Fraser Coast

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*The border closures didn't stop our Humpback Whales from holidaying in Hervey Bay waters this season.*

Photo Credit – Kim Parnell





# Sara Diana Faraj

By Kim Parnell



**At just 19 years of age, Sara Diana Faraj is a strong and passionate young woman who has a gift for words both spoken and on the page. Passionate about foreign affairs and human rights, Sara is an advocate for change and an inspiration to many.**

## Tell us a little about your family and childhood?

My parents and older sister immigrated here in 2000 from Germany wherein my parents met and married, both escaping from war in their own respective countries Lebanon (mum) and Kurdistan, North Iraq (dad). Approximately a year after, I was born. Growing up, I learnt my father's native language first (Kurdish), and through watching cartoons and playing with my older sister, I learnt English just in time to commence pre-school. I strived to embrace my culture and heritage throughout my childhood. I was different, and that was that.

In June 2009 we moved to Bathurst, NSW. During this time, I became more aware of my differences to the people around me, as tensions grew around the middle east throughout the media, I felt objectified. I felt singled out at times, and I lost some pride in my heritage. My identity went through a large transformation.

**In 2010, I flew to Lebanon with my mother and baby sister for the one-year memorial of my late grandfather, whom I never got to meet. There I met my still grieving grandmother for the first time as well as many other family members. As a young girl in grade three, this was a huge experience for me. I quickly formed very close relationships with my aunts, uncles, and cousins, and I got to explore the beauty of my country. I felt at home. I saw another side that the media likes to sweep under the rug. Beautiful, lush green mountains lined with narrow adrenaline-inducing roads, traditional foods that made my mouth water and most importantly, family.**

As I grew older, the chosen bigotry and ignorance of the people around me began to emerge in waves. The names such as "terrorist", "bomb threat" and many other unmentionable phrases and terms like "go back to your own country" and "why are you even here; we don't want you" were thrown at me like punches to the throat. I became very angry at the world. Why did they think these things of me? Admittedly, my anger did get me into trouble at some points. Trouble I thought I didn't deserve because I had not instigated this racism in any way. Looking back, I know I could have reacted a lot differently, but no one was interested in hearing my so-called sob story, and that made me angry.

An educated person can conclude that every different group of people, whether it is ethnic, gender, age, etc., contains good and bad. It is a regrettable part of human nature, but it exists. It is unfair and unjust to automatically conclude that a certain group is a certain thing or will act a certain way because of preconceived opinions.

We moved to Hervey Bay in 2016 due to my father going into a forced early retirement that was related to a serious accident he had years before. At first, the reasoning behind the move was unclear to me and I didn't agree to it, but now looking back I would not have received the opportunities I have been given here, back in NSW and for that, I am forever grateful.

## What is your mum and dad's story?

My mother was born in Kuwait from Lebanese parents, and soon after they moved back to Lebanon. Shortly after, the Lebanese war erupted, and she spent many nights of her life huddled with her seven siblings, holding each other, scared to death of the ongoing gunshots and explosions occurring nearby. One day, an explosion went off a little too close for comfort and her older brother, a young, curious adolescent at the time, went to investigate and was captured by Israeli soldiers and thrown in jail in Germany. Within a month her family had packed up their whole lives, sorted their papers and immigrated to Germany in the hopes of freeing her brother.

Continued page 8



Continued from page 7

They were safer in Germany, but they were another family amongst the thousands that had been displaced during war. After a couple of months, they were able to free him. However, the war continued to worsen, and so they stayed in Germany. My grandfather created his own mobile middle eastern grocer from his little van to support the family. It was through his van that my mum met my dad.

My father was born in the middle of an orchard one warm spring day as his mother reached into the trees to pick fruits. It was common for a man to have up to four wives during that period, and so my father grew up with a huge family of close to thirty siblings. He was independent and driven, and by the time he was twelve, he had saved a lot of money and worked full-time between school and farm duties. He spent many nights alone on various mountains, in the pouring rain shepherding hundreds of sheep, with only a stick for protection from wolves. As soon as he graduated from school, he bought his mother a house and decided to leave Iraq in hopes of a better life. The war was intensifying, and he couldn't bear to stay any longer, so he moved to Germany and commenced study at Munich University. Then he met my mother.

My parents married in 1992, and my older sister was born in 1996. By that time, they had been to visit my father's family. My mothers had gone back to Lebanon despite the war. They had no home, their identities resided in their respective countries, but war was quickly taking over, and they now had a child to care for, so they made the decision to come to Australia as refugees and seek asylum.

**Where does your resilience and passion for politics and economics come from?**

A huge part of my upbringing involved being of service to others. Whether it was learning how to fold the washing for mum when I was only three years old. To involving myself in activities and opportunities during my school life. Being the go-to person for all of my friends in their time of need or wanting to be the change that I so desperately crave. My ethnical diversity and life experiences have contributed greatly to my resilience, a trait that is imperative for an individual's identity and character development. My passion lays within the willingness to achieve through leadership and service. To be the change this country evidently needs. Too many years have gone by wherein our countries have been patriarchally dominated, and it is time for today's youth to step up. I am choosing not to close my mind like those around me did. My mind is open to innovation, change and hope. I want to inspire those near and far, in Australia and in my countries.

**What do you study at the University of Queensland?**

In January 2020, I was accepted into The University of Queensland to study Political Science. I enrolled to commence in July of 2020. However, I have deferred until February 2021 due to the implications of COVID -19.

**What would you like to achieve career-wise over the coming years?**

I would like to become an advocate and an inspiration for change and women's equality. My ultimate goal lays in being elected to represent Australia in Federal Parliament. Who knows, I might even knock Mr Morrison off the top tier! Foreign affairs and human rights are extremely important to me, and I hope to form positive connotations between these aspects of government.

**How important is women's equality?**

Women's equality is an extremely important aspect of modern society. For decades upon decades, many women have bravely fought for, persevered for, and died for rights and actions that millions of us give no thought towards, every single day. We are all created in gods image, men, and women alike. Equality between all human beings is just and right. Every single day, across the world, thousands of women lose their lives due to poisonous patriarchy. Women are not objects. They are not toys, and they certainly are not in existence for childbearing solely. Women deserve solidarity, education, independence, and freedom. Men and women should stand beside one another in power and love, companionship, and camaraderie.

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**Tell us a little about your involvement with Zonta and being the recipient of the Zonta Club of Hervey Bay: Young Women in Public Affairs.**

The Young Women in Public Affairs award was introduced to me by a teacher who strongly supported all of my endeavours throughout my time at Xavier Catholic College. This award recognises young women for their commitment to volunteerism, volunteer leadership achievements and their commitment to empowering women worldwide. In order to be eligible, I completed an essay provided to me as well as obtaining references from my past teacher, principal, and employer. Since winning the award, I was fortunate enough to assist in the creation of Dignity Bags with the local Hervey Bay group as well as attending meetings and being a guest at the International Women's Day breakfast. I am now an official member of the group and look at continuing my membership during my studies and into the future.

**What does this award mean to you?**

This award has opened my eyes to a plethora of opportunities and experiences. I have been fortunate to form many close relationships with members of the local community and beyond. It was an honour to accept this award from such a prestigious group. This award has taught me to follow my dreams and grasp every opportunity that comes my way.



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# RISING UP

By Kylie Nitz

**Well, it's November and this crazy year is nearly at an end. Is it ironic that this year has given me, and many others, a diagnosis of 2020 vision? It certainly made the little things so much more important. Let's recap some of the wonderful things that have happened around us all in our amazing city.**

January hit, and we all had dreams and visions of well-kept new year's resolutions. We head off on our daily journey with a quirky bounce in our steps. Some began new jobs, and others are promoted, some make complete career changes, including being stay at home parents, others head into retirement.

Come February, and we began to hear of this "thing" called the Novel Coronavirus that could make its way across the seas. It was a time for caution, but we still went about our daily grind.

Then came March. In a complete upside down, topsy turvy kind of way our lives changed. We vigilantly listened to the news, read the newspaper, scrolled religiously through Facebook to get the latest updates, all the while trying to make sense of what was happening around us. Then Novel Coronavirus had a new name "COVID-19". Toilet paper ran off the shelves, and frozen food walked out the doors, hand-sanitizer was nowhere to be found, thermometer stocks diminished, soap in any form was as valuable as gold. Community sports were cancelled, as well as markets. Students finished the term early. The world witnessed atrocious acts of greed, inexcusable acts of violence, and senior citizens struggled to keep up and were filled with fear. Our minds were racing, and anxiety levels were building, were we going mad?

**Well yes it was a difficult period of time, yet somehow this is where the 2020 vision truly began to kick in and, at the risk of sounding corny, rainbows began to appear. Complete strangers were becoming support networks for each other, and neighbours actually became neighbours rather than the family next door. Quirky acts of happiness began to emerge, such as "Which costume shall I put on to take the bin out today?". Communities rallied around those less fortunate and incredible acts of kindness were emerging such as buying rolls of toilet paper, then standing out from the small local shop and handing those to senior residents who routinely visit the store. And yes, I witnessed this all happening in our perfect city. It truly made my heart sing.**

Then during April, many found themselves supervising children schooling from home, some who had jobs lost them and those that could, worked from home. We were all in isolation, seemingly trapped behind four walls. We couldn't even take a family car trip. But many I spoke to took a relaxed approach and found humour in the smaller things. The kids delighted in the Easter Bunny getting a border pass and those things called board games and puzzles, well they started to emerge from the dark depths of hallway cupboards for some good old-fashioned family time once again.

May goes by, and June comes around. Many are itching to get out and about, so somehow the weekly shopping trip becomes less of a chore and more a saviour. Getting out in the fresh air and going for a walk in the park with the kids was something the whole family enjoyed, even the teenagers. That little sense of freedom began to emerge. Workplaces began to trade again, community centres started to open, and this arm bump craze happened.

Fast forward to November, and we are privileged to have freedoms not afforded to other countries. We are celebrating birthdays, weddings, school formals, enjoying gatherings with mates, watching season finals of community sports, and witnessing new businesses opening.

It has been a tough year, and we are at the tail end with so much more patience, compassion, respect, and gratitude. We did it. We kept Rising Up.





# EMBRACING Change

through Raja Yoga Meditation

As the world becomes increasingly unsettled, confused, and overwhelmed  
- how do you cope with change - let alone embrace change?

One word!... Meditate. You know, it's not as 'hard' (or esoteric) as you might think. Raja Yoga Meditation is practical, it keeps you grounded because it creates inner stability, clarity, and calmness. Regular practice helps you recognise and release disempowering thought patterns to help you 'pull up' quicker, and handle yourself better, in stressful situations. This saves you from falling victim to your own story or someone else's story.

#### Did you know that change is inevitable, but suffering is optional?

You can't control change. You can't control the weather or stop time from ticking away. You can't control how others think, what they do or what they say but you can control how you respond. You see, when you're wrapped in your comfort zone, reaction (disempower) is quicker than response (empower) and change becomes a threat as human survival instinct kicks in - AKA the 'fight or flight response'. When your subconscious perceives a threat (real or imaginary) it activates your stress hormones to get out of harm's way. With chronic stress now part of daily living the body is in permanent reactive defence mode, causing many illnesses - cancer, chronic fatigue, depression, anxiety - to name a few. Daily meditation releases your emotional valve. It stabilises you and strengthens your mind, bringing clarity to your thoughts. So, give yourself permission to gently work through blocked and locked emotions to heal your body, mind and soul. Raja Yoga Meditation puts the reins back in your hands - it gives you practical tools - to reclaim your power

#### 3 Tips to start embracing change...

- Breathe... Regularly apply the brakes. Look up. Breathe. Re-centre... Inner stability and clarity helps you let go of what you can't control.
- 'Check and Change'... Consciously checking and changing negative into positive, anger into calm, fear into courage increases your coping capacity.
- Watch your attitude... Observing your inner and outer world is a powerful exercise in self-control... And an attitude of gratitude saves you from falling into negativity and self-victimisation.

Annemarie De Seriere is a holistic health/life coach, hypnotherapist and author, based in Torbanlea, helping individuals find meaning and healing in their lives at [www.happyhearholistichealing.com.au](http://www.happyhearholistichealing.com.au).

If you would like Annemarie to give a talk about meditation, health and wellbeing at your local community/spiritual group, workplace or school, you can find her here <https://www.facebook.com/happyhearholistichealing>

\*\* Raja Yoga Meditation is taught by a global non-profit spiritual organisation called Brahma Kumaris. A range of spiritual community programs are offered worldwide, free of charge <https://brahmakumaris.org.au/>

## What's On at Arkarra



**Saturday November 14th: BEST OF BRITISH DAY AT ARKARRA.** On Saturday 14th November Arkarra will transform our grande marquee into an Old Time Music Hall. Come along & sing-along some war time favourite tunes with WWII RAF veteran piano man Frank Marsh tickling the ivories and enjoy a menu of classic British meals. Bookings at <https://www.trybooking.com/BLDSM>



**November 1st - December 20th: ARKARRA'S AMAZING SPACE FOR YOUR STAFF & SOCIAL GROUP CHRISTMAS PARTY.** 'Tis the Season for Staff Christmas Parties & Social Group Celebrations at Arkarra'. With COVID restrictions easing further, now is the time to claim your date and book your Christmas party in at our very social distancing-friendly and covid-safe 2 acre outdoor dining venue. Morning teas, Lunches, Afternoon teas & Dinners are available for groups to book in our Gardens, Bali Huts and Grand Marquee, with special Christmas themed menus, bon bons, decorations and more. Every Friday night in November & December we have group dinner bookings available also, so everyone can join in the Christmas fun.

More information at <https://www.facebook.com/events/2708559909466100>

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# This year's Whale Season

## has seen plenty of action

by Kim Parnell



Vicki Neville

Lobtailing, pec-slapping, breaching, and spy-hopping are all terms that we learn when we hop on board for a whale watching adventure at sea with the beautiful Humpback Whales. Here is where they hook up, breed, feed their young and play.

**This year's whale season has seen plenty of action. Local, Vicki Neville is a tour guide aboard Tasman Venture, after twenty-three years conducting tours, there is not much that Vicki doesn't know about these gentle giants of the sea.**

Many will remember that Vicki starred in a National Geographic Whale Watching documentary in 2015/2016 called 'The Whale Whisperer', and that name has stuck over the years. Her passion for research and educating is legendary.

I caught up with Vicki on a recent whale watching trip and talked to her about the whale watching season, her research and whale photography.

The words belong to Vicki.

We have had an amazing season with our Humpback Whales. In August, the young whales arrived and entertained the passengers with many Hervey Bay muggings. At the beginning of the season, we typically get the sub-adults that come through, and they have nothing on their minds as they are not mating or calving, so they generally swim right over to us, we have the most amazing close encounters. Our passengers are blown away with the interactions with the whales. We have people waving and cheering - there are so many emotions on the boat on any given day.

**This is the beauty of Hervey Bay - the whales come in and stopover, you don't get to see the muggings that we see in Hervey Bay anywhere else in the world. It is an amazing Hervey Bay experience that we can be proud of.**

On average the whales can spend three to five days or maybe even a whole week in our waters. They are completely relaxed and enjoy playing, socialising, and checking the humans out.

September is full of mums and calves. The males are in the mood as its mating season, so we have had a lot of fights. These are incredible to watch because the males chase each other and knock each other about. The passengers enjoy watching all of this unfold. We have had a stack of calves this year it has been fantastic.

Obviously, COVID has affected our numbers and the way that we do things, but we are more than happy with the amount of people that we have had this year with the reduced capacity. We have been full-on most days; this has been great.

Talking to the passengers on a daily basis, one of the things that I have taken out of this season is that the majority of people have been from Brisbane. Now, for years we have been trying to get the drive market from Brisbane, many of these people have never been whale watching in Hervey Bay but are now hooked after having had an incredible experience here. They will be back again and again. This is great for the future of the industry.

Over the years, I have also continued with my photo identification work. This is a passion of mine. Through this work over the years, I am able to recognise many whales that have visited previously. The typical way to identify individual whales is by their fluke, the underside of their tail - this is their footprint. But quite often whales don't lift their tails, so we need to find other ways to identify them.

A lot of the time, I am able to identify whales from what is on top of their bodies. I have an amazing photographic memory for individuals. It could be a dorsal fin shape, or a white mark on the body, a scar, or a patch. No two whales look the same.

Our passengers love to hear the stories about our regular Hervey Bay whales. We almost have a life history on some whales. We can then pass that information on to our passengers and the rest of the fleet.

**A great program that I have been spruiking this year to the passengers is called "Happy Whale", invented by an American the program is a fluke matching system. So now we can tell the passengers that if they get a photo of the underside of the tail and add it to the program, they can actually help our researchers keep track of things like migration paths. So, if the whale has been identified before and put into the system, it will be matched.**

There are thousands upon thousands of individual whales catalogued already and a lot of people now on the east coast of Australia have contributed to this universal catalogue. Citizen Science is the way into the future. We are relying on our passengers to add to the catalogue and help with our research.

I myself have sent Happy Whales about 992 individual photos before this whale season even began, so it was fantastic and surprising to hear that a whale that I had photographed in 2009, was also photographed in 2019 in Tonga.

We always knew that our east coast group could veer out to New Zealand or New Caledonia, but we never knew that they could cross over to the next corridor. This is excellent research and enables us to see where the whales are going and if they are changing paths or spreading out further afield. As far as I know, that is the first match of an east coast whale over in Tonga.

Over the years, I have taken so many photos that I now look for that unusual shot, something that looks different to the others, or a different angle.





One day I would like to put a collection together of some of my best whale photographs, everyone keeps asking me to do a book about my life and the whales. Maybe when I settle down a bit and get time to put it all together, it will happen.

I would also like to expand on my research. We are learning things that we didn't know twenty years ago by looking at individuals and following individual whales into the future. There is so much to learn from them. It is what we are seeing out in the field that is important now.

It is always a little sad when the season ends. You don't always know when it will end as it is largely up to the whales to decide. But when I do know that this is the last run, I have a little ritual where I say goodbye to the whales and wish them luck on their way to Antarctica. I also tell them that I will see them all next year and have a little cry.

*Thanks for a great season!*

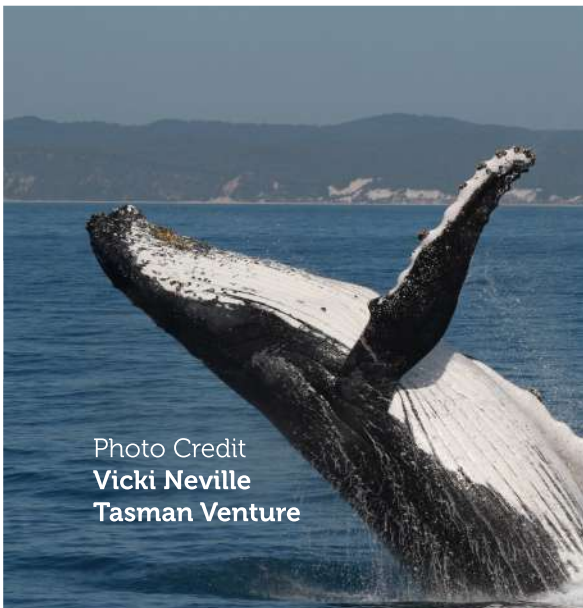


Photo Credit  
**Vicki Neville**  
**Tasman Venture**





## NO BARRIERS-THE STORY OF JOHN WEILAND

The crowd around the basketball court was electric at the local derby between the Hervey Bay Hurricanes and Bundaberg Bulls. While the game was a pre-season warm up, both teams were eager to make their mark. There is no such thing as a friendly in regional Queensland sport.

The year of the COVID had impacted both teams. For the Hurricanes it meant withdrawing from the regional competition, forced to play a series of friendlies to keep their season alive. The Bulls managed to stay in the competition and had a stronger team of players preparing to play in the Central Queensland Basketball League.

John Weiland sat on the Hurricanes bench with his nervous energy radiating through his every move. The Hurricanes coach was up for the challenge. During the game John often bounced to his feet and rallied his players to keep going, clapping and screaming instructions. His energy was matched by the crowd. However, in some of the quieter moments, his eyes told a different story. One of adversity and hardship.

As a child John loved sports and excelled in athletics, rugby league and football. When he moved to Hervey Bay, he started playing basketball for the Hurricanes. His progress saw him invited to the Brisbane Bullets Summer Camp. Over the years a young Hurricanes team developed into a strong force within regional basketball. In 2005 the Hurricanes won the Queensland Australian Basketball League. But John could tell something was wrong with his body and he went for a check-up.

John was diagnosed with an inflammatory disease known as ulcerative colitis and spent the next few years under medication to assist in the recovery. In 2008 John had recovered to the point where he returned back to the State League to play for the Gold Coast for two seasons.

In 2013 he returned back to Hervey Bay, spending the next few years playing and coaching young basketballers. But John's condition deteriorated, and he was required to have daily blood thinning medication to treat his failing liver, a result of ulcerative colitis. John now required a liver transplant.

John spent the next two years on the transplant waiting list. However, this did not stop him from living his life. During this period John got married to his partner Monique and had two children. He commenced a university degree and became a member of the Transplant Australia football team.

Over time, John's need for a liver transplant become more urgent. On two separate occasions he was called in for a transplant, but it was cancelled due to the liver not being compatible. On 23 June 2016, the wait was finally over, and John was called in for a liver transplant. Disappointedly within three days of the surgery, it was obvious that John's body had rejected his new liver. On 4 July 2016, another liver became available and John headed back into theatre. This time it was a success.

12 weeks from the date of the transplant, John returned back to the Hurricanes and in 2018 helped them to a grand final against the Bundy Bulls. On that day, Bundy would take the Championship. Two weeks later, John was back in hospital for urgent bowel surgery. He again recovered but his battle was not over.

It was only weeks and John was in another fight for his life. Diagnosed with osteosarcoma, a rare aggressive bone cancer, he started a treatment of chemotherapy. He survived cancer but lost one of his legs during the battle. With his transplant and cancer behind him, John refuses to be defined by barriers.

John is now heavily involved in coaching, growing the Hervey Bay Hurricanes and is an active member of the MACE motorcycle club where he is involved in their antibullying campaign. Looking forward, John also aspires to have a role in local politics as his next service to the community.

Back to the game; the Hurricanes get a rebound and are racing down the court in numbers. John is up on his feet, the fire in his eyes return.

**Written by Stuart Taylor**

Stuart is a writer and podcaster for Entente Sport and the Future Champions Podcast. [www.ententesport.com.au](http://www.ententesport.com.au)



MONDAYS & TUESDAYS

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...PIZZA OR PASTA

in Harbourview Restaurant Mon & Tue from 6:00PM

boatclub.com.au



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**\$14.90**  
EACH

Only  
**\$7.50**  
KIDS

Only Pizza & Pasta menu available in the restaurant on Monday and Tuesday nights (no a la carte). Information for members & guests.

## CELEBRATE WITH FAMILY AND FRIENDS

The Hervey Bay Boat Club is the place to be on Melbourne Cup, with not one but two events to choose from. The only thing that you have to think about is booking and finding something to wear. This year it is all about prints, bright colours, and florals. So, dress up, get your family and friends together, and get ready to have some serious fun on this day that stops a nation each and every year.

### Melbourne Cup Gala

Start your day off with a private VIP package including drinks and entertainment on a cruise aboard the Amaroo followed by a premium, 2-course lunch at El Puerto's. Here you will get to see all of the excitement and enjoy the atmosphere of the 2020 Melbourne Cup.

When: Tue, 3rd Nov from 10:30am

(check-in 10:15am)

Tickets: \$95pp

Bubbles on the boat:

- 1.5hr scenic cruise
- Live entertainment featuring Sam Maddison
- Welcome drink upon boarding
- Canapés selection
- Full bar available for purchases

2 Course Luncheon:

- 2 course, alternate drop of entrée and main (see website for menu)
- All the action and atmosphere of the big race
- Full bar available for purchases

### Melbourne Cup Lunch

Upgrade your Melbourne Cup with a premium, 2 course lunch in the scenic Fraser Room with stunning views overlooking Urangan marina out to Fraser Island.

When: Tue, 3rd Nov from 11:00am

(lunch from 12:00pm)

Tickets: \$60pp

Event includes:

- Live music by Matt Philips
- 2 course, alternate drop of main and dessert (see website for menu)
- All the action and atmosphere of the big race
- Fashions on the field
- Full bar available for purchases

Bookings are essential as capacity is limited for COVID Safety. To book for either event go to

[www.boatclub.com.au](http://www.boatclub.com.au)

or call 4128 9643,

you can also pop in and visit reception.

For all other Melbourne Cup functions on across the Fraser Coast. Find the events on Facebook at Whats On Fraser Coast or look up the individual venues.



# Calendar of Events

Brought to you by **What's On Fraser Coast**

## NOVEMBER

**OCT 30 TO NOV 1**

**Calliope Slides Summer Sizzler**

Maryborough Showgrounds and Equestrian Park

**OCT 30 – NOV 1**

**Live Theatre - Stiff**

by Z-pac Theatre  
Bookings at the Brolga  
4122 6060

**NOV 1 (SUN)**

**Art - She Sells Seashells – Morning Tea with Angelique Waves**

To book – 4325 3829

Lewis Gallery – Hervey Bay

**NOV 1 (SUN)**

**World Vegan Day**

**NOV 1 (SUN)**

**Polio Movie Event – I Am Woman**

2.15pm

For tickets contact the places below  
Hosted by Rotary Club of Hervey Bay City - Hervey Bay Cinemas

**NOV 1 (SUN)**

**Full Moon Meditation**

5.30pm

Ocean Therapies

**NOV 3 (TUES)**

**Melbourne Cup**

**NOV 4 (WED)**

**Hervey Bay Botanic Gardens Monthly Tour**

Guided tours, first  
Wednesday of each month  
10am – 11am

**NOV 5 (THURS)**

**Mexican Culture Caf**

10am

\$6 per person

For tickets go to

[www.hbnc.com.au](http://www.hbnc.com.au)

Hervey Bay Neighbourhood Centre

**NOV 5 (THURS)**

**RDE – Regional Disability Expo**

9.30am-3.30pm

Hervey Bay PCYC

**NOV 6 TO NOV 29**

**Art - Waste to Art**

Gatakers Artspace

**NOV 6 (FRI)**

**Food N Groove Fridays**

From 4pm

Seafront Oval

**NOV 7 (SAT)**

**Kite Flying**

(First Sat of each Month)

From 9am – Sports Precinct,  
Nikenbah

**NOV 7 (SAT)**

**MARC Dressage Training Day**

Maryborough Showgrounds and Equestrian Park

FRASER COAST

**What's On**

November 2020

16



**NOV 8 (SUN)**

**Club Day & Sign On**

Southern Cross Xtreme Cowboy  
Racing Club  
Maryborough Showgrounds and  
Equestrian Park

**NOV 12,13,14**

**Bundaberg Showfest**

6pm  
Find the event of Facebook  
Bundaberg Showgrounds

**NOV 13 (FRI)**

**World Kindness Day**

**NOV 14 TO NOV 15**

**Maryborough & District  
Western Performance Club  
Show**

Maryborough Showgrounds and  
Equestrian Park

**NOV 14 (SAT)**

**Swim - 2020 Kingfisher Bay  
Resort Barge 2 Beach**



**NOV 14 & 28 (SAT)**

**Art - Splosh Session**

To book – 4325 3829  
Lewis Gallery – Hervey Bay

**NOV 14 (SAT)**

**Food and Entertainment -  
Best of British Day at Arkarra**

10.30am  
Arkarra Gardens Cafe Restaurant

**NOV 14 (SAT)**

**Workshop - Stress in Dogs**

Maryborough Animal Refuge and  
Pet Boarding

**NOV 14 (SAT)**

**The Riding for Disabled  
Maryborough Garage Sale**

7am – 12pm  
79 Bidwill Road, Granville

**NOV 15 (SUN)**

**2020 Hervey Bay Hits 50 &  
Hervey Bay 100**

Triathlon  
Scarness Park

**NOV 24 (TUES)**

**Comedian – Alex Williamson**

Beach House Hotel

\*A full market list is on page 2.  
If you have an event to add please send through  
details to [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)

**\*Please note** – All event details are correct at time of print. The current Coronavirus crisis  
has impacted events dramatically and as a result events can be cancelled, have time  
changes, or be rescheduled without our knowledge. What's On Fraser Coast takes no  
responsibility if this happens, we also take no part in organising any event listed. We offer  
this calendar as a free community service and in good faith.



# Bean Beat

Espresso bar

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Add us @bean.beat 



# Underrated

## BUT EDUCATED

The musings of Emily Jackson and Phoebe Tweddle and their experiences through the perilous journey of growing up.

## The Terrible (Twenty) Twos

**We've all heard of the terrible twos – the period where toddlers become particularly sadistic and evil (those are the scientific terms) – but that's not what we are here to discuss. So, if you're a young mum: firstly, we're sorry (kidding), and secondly, we do not have the advice you seek on how to soothe teething toddlers. However, if you're a twenty-something-year-old feeling like you've been wrongfully sprung into adulthood and looking for advice to strap on desperately like training wheels, you've come to the right place.**

Here are a few of our very professional and scientific tips, to grasp those reins and kick twenty-two's (or twenty-somethings) butt:

You are far too young to stay in a relationship that you're not happy in. When you're in an unhealthy relationship with someone you love, breaking up seems so devastating that it's almost easier to withstand all the bad, simply for the handful of days when you're happy. We can assure you, breaking up is lousy, but what's on the other side is liberating. You begin to control your own happiness, to become your own happiness.

A step back for the sake of moving forward is not a failure. Decisions tend to have a very intricate set of consequences, and it is so incredibly important to understand these before making decisions that can impact your life. A lot of the time, outcomes will be both negative and positive, so it becomes a matter of what you're willing to sacrifice and for what.

Speak to yourself the way you speak to your best friend. Something that we're often working on with each other. Minds

can be fragile, so be kind to yours. If you'd think it too harsh to say to your best friend, it's too harsh to say to yourself. You're going to spend the rest of your life with you, so fall in love with her. It'll be the greatest love affair of your life.

Our twenties (so far) have been tough, confusing, and uncertain, but they've also been accompanied by some incredibly rich life lessons that will undoubtedly shape our next twenty years.



Cate Akaveka

## DELVE INTO Books

with Cate Akaveka

### A Life on Our Planet

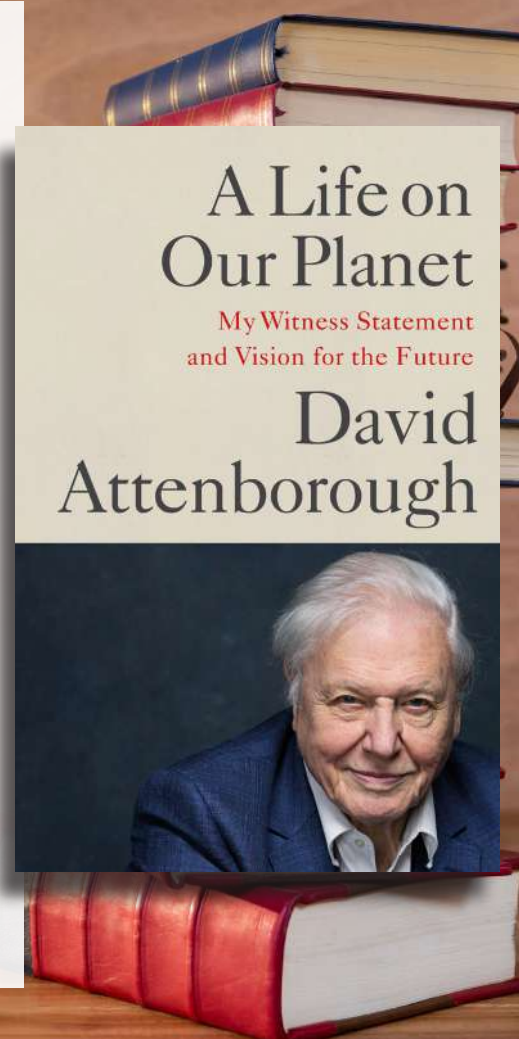
By Sir David Attenborough

'A Life on Our Planet' is not an autobiography – but rather Sir David Attenborough's witness statement on the bewildering of Earth that has taken place in the last century. Sir David reflects on his life, beginning with his boyhood years before the Second World War, and tells numerous stories of his experiences through the decades up to the present, describing the changes he has seen in our planet as a result of human activity. He talks about the growing extinction rate, the replacement of wilderness areas with farming land, the over-harvesting of the oceans and the many ways humans have pushed the natural world to the outskirts of civilisation. This information won't be new to viewers of Attenborough's much-loved documentaries. However, the book allows him to develop these themes in more depth.

A legacy-defining book from one of history's greatest naturalists, Sir David's voice is so familiar, so comfortable, it is easy to imagine him speaking

as we read his words. His great skill is covering complex ideas in an engaging and accessible style. His message is very clear: we can do better. Despite his warnings, he leaves us with a message of hope in his vision for the future and the book ends positively – laying out a plan for how we can reverse the impacts, create a comfortable environment for all of us and return to the wonderful world we inherited. However, this can only be achieved if we act immediately and it must be a global effort.

'A Life on Our Planet' should be mandatory reading. It isn't preachy, but to the point. At 94 years of age and with seven decades of experience of the natural world, Sir David Attenborough is the perfect person to encourage all humanity to unite, to rethink our stewardship of the Earth and to preserve its resources for future generations.





# 10 YEARS OF HUNDY

By Jeffrey Morris  
Event Director

November 15, 2020 heralds the 10th anniversary of the Hervey Bay 100. From humble beginnings in 2011, the Hervey Bay Triathlon Club has built a world class race that is now a significant part of the Fraser Coast events calendar.

With all the challenges that 2020 brought forth, the club has managed to make this year's event weekend as exciting as ever. Huntingdale Woods Super Saturday still has the juniors racing and the ever-popular Kingfisher Bay Resort Barge2Beach 2km ocean swim will be ready to go. Sunday starts with the Hit FM 50 race, followed shortly by the Beach House Hotel Hervey Bay 100.

**From the support of the Professional Triathletes Organisation (PTO) the professional field at the 10th race will be the strongest field ever assembled in Hervey Bay. With almost every professional athlete who took on the prestigious Ironman Cairns a few weeks ago now backing up for the 100, there are quite a few scores to settle and we will likely see the race record tumble. Never will Hervey Bay have seen such a gathering of world class athletes in the one event.**

The big names won't be limited to Sunday's triathlon though. Saturday's Barge2Beach swim will see a Tokyo20one Olympic qualifier face the starter's hooter too. Long-time race sponsor Infinit Nutrition has secured one of their team of athletes, Kareena Lee, to come and race the event. With Australian 10km and 5km open water swimming titles to her name, the 2km won't be a challenge, but race organisers are pretty sure it is the first time she has started a swim race from a vehicular barge anchored 2km out to sea!

The Hervey Bay Tri Club is excited to be putting back into the Hervey Bay community once again, not only is accommodation booked out for the race weekend, but local clubs such as Rotary, Scouts, Surf Lifesaving and other community based groups benefit financially through volunteering important services to make this event run smoothly.

Racing starts from 7:15am Saturday 14 November and at 6am on the 15th. Esplanade road closures will be in place from 6:30am -10:00am Saturday from Tavistock to Taylor Street and on Sunday from 5:30am -11:00am from Tavistock to Katandra Street (Pt Vernon).



Photos by Kim Parnell



# FRASER COAST SENIORS

## *Young at Heart*

The Fraser Coast has so many different activities and groups available to keep the young at heart active and connected. Whatever your interest is there is probably a group for you, and if not, then why not start one!

### Just like these two groups:

- The Textile Group @ Halcro Street: started by a local lady who wanted to connect with others who shared her passion for working with textiles. This concept was to bring people together to share their knowledge and experience and to mentor others who were interested in learning something new. The group meets at the Halcro Street Community Centre on a Tuesday morning between 9am, and 11.30am, except for the first Tuesday of the month. The cost is \$1, which includes morning tea. To ensure that COVID guidelines are met, please call the centre on 4194 2441 to book.
- The Hervey Bay Inspirations Musical Group: grew from Les Skerry's dream to share his love of music with others, so they enjoy the feeling that comes from playing music and sharing it with those around them. The group are looking for new members to join them so if you like singing or you play an instrument and would like to build on these skills with other like-minded people, call the Halcro Street Community Centre to find out more. Join in at a week-ly practice and experience it for yourself.

The groups are informal, very welcoming and you don't need to have any experience to give it a go.

For more information about both of these groups give the Seniors in Focus Project a call on 4194 2441.

If you are looking for information on what other groups and activities are available across the Fraser Coast check out the Seniors Activity Directory [www.halcrostreet.wixsite.com/seniors](http://www.halcrostreet.wixsite.com/seniors) or call the centre on 4194 2441.

Most groups have a web page and/or a Facebook page that you can also check out.

Groups that would like to update their information or be included in the directory can call 4194 2441.

**By Juls de Waard**  
**Seniors Liaison Officer**  
**Seniors in Focus**  
**Fraser Coast Regional Council**

## GROUPS TO JOIN

There are many groups to join across the Fraser Coast, we have included only a small selection. If you don't see one for you, chances are that most listed would be able to help you find what you were looking for. Now is the time to make that connection and be on the way to living a happier, healthier life.



## *Ballet classes are fun!*

Keep moving with a fun class that is based on ballet. Strengthen your core and flexibility while learning all about movement, balance, coordination, musicality, and dance. This class is suitable for all levels and abilities with the focus on having fun while exercising.

Jeni has an accreditation from the Royal Academy Of Dance and has been teaching from her two ballet schools in Brisbane.

Classes are held Wednesday 10.30am to 11.30am at the Senior Citizens Hall and Thursdays 11.30am to 12.30pm at 60 and Better, Dan Dinna House, Torquay, Hervey Bay. Come and join in.

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## Heathers Legacy

**Registration from 7am - Depart 9am**

**Depart Brolga Theatre Car Park Walker St Maryborough**

**Finishing: Seagulls ARL Bideford St Torquay**

- Entry Gold Coin Donation
- Sausage Sizzle
- Coffee Van
- Cash Prizes
- Lucky Door Prize
- Entertainment
- Raffles



**All Proceeds to Fraser Coast Community Groups**

1. Fraser Coast Family Networks
2. MACE Wide Bay
3. Fraser Coast Wildlife Sanctuary



**For more Information Phone: 0409 575284 or 0400 690981**

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# Fraser Coast Toy Run 2020 Sunday 6th December

# We need your help...

2020 has been a challenging year for all of us. All Maryborough Excelsior City Band events and concerts have all been cancelled since March, which means we have had no income during this time. As a not-for-profit volunteer organisation, we are unable to apply for COVID-19 grants to be able to pay for operational costs to keep the band running. We are calling for donations from locals and local businesses to help cover these costs, specifically insurance. A GoFund Me page has been setup to take donations.

**TO DONATE: Search [gofundme.com](https://www.gofundme.com) for Maryborough Excelsior City Band Fundraiser**



Major Sponsor: **What's On**



[facebook.com/XLCRBAND](https://facebook.com/XLCRBAND)



[www.maryboroughexcelsior.org.au](https://www.maryboroughexcelsior.org.au)



# Fashion

## WITH LEAH

### "The Jeans Dilemma"

This would have to be the most asked about topic when talking to women about the "ultimate challenge in the wardrobe"!

Where's the best place to buy them? What's the best cut of jeans for my body? Who should I ask?

The first simple step in this dilemma is knowing your own body and what body features you need to keep in mind. Once this is known, the whole thing just gets a whole lot simpler! Let's break this down a little...

If you have a classic hourglass body shape (shoulders and hips are same width with a defined waistline), you can wear lots of styles of jeans. Boot leg and straight leg being the most ideal as these cuts will provide the most balance for your hourglass shape. However, a lot of hourglass queens can also wear a pair of skinny jeans really beautifully also, especially if you're happy to embrace your curves (just be mindful that this style can accentuate the hips so be mindful if you're not wanting to do this).

If you have an inverted triangle shape (shoulders are wider than hips), stick to straight and bootleg and avoid skinny if you're strongly inverted (an alternative here is to tuck the skinny jean into a long boot). The straight or bootleg cut of jean will give you a little more shape on your lower half providing the balance you're after.

Triangle body shapes (shoulders are narrower than hips)- straight cut jeans will be your friend! Remember the plan is to create balance by narrowing the hips to match the narrower shoulder dimension. So, stick with darker denim jeans and avoid side pockets, front pleats or bottom tab pockets at all costs (these features only make the booty bulkier!)

Now for all the oval body shaped beauties (waist is wider than shoulders and hips)- stick to a straight cut of jean. Keep them in the dark denim and/or black and as simple as possible- no pleats, fading, rips, or any features at all. Keep the whole look simple and chic and try to colour block (wear black up top if you're wearing black jeans) where possible and add your WOW through your accessories and shoes.

**Be mindful of the detail in jeans. If you have a triangle body shape and you're not wanting to make your bottom half look bigger/bulkier, avoid any detail in your jeans. No pleats, fading, rips, or obvious front/side pockets. A special mention here goes to whiskers (those line markings in the front that look like whiskers). These babies can really do great things for some women but can absolutely destroy the whole jeans look for many others!**

Remember, if you're trying to make one part of your body appear smaller to balance with the rest, don't wear things that will attract the human eye to that area. You're undoing all the hard work that you've achieved with the rest of the outfit.

Honestly though, the only way you'll know your most ideal cut of jean is just to go and try a heap of different styles on! Ask the retail assistants in specialised jeans outlets for help (they're specifically trained in jean fitting and the ones I've ever dealt with are bloody fantastic!). If you're uncomfortable in shops, take me with you! It's one of the services I offer. Or if this is still too confronting, go to an op shop and try a bunch of different jean styles on. You won't get bugged by shop assistants and you can try on without any pressure.

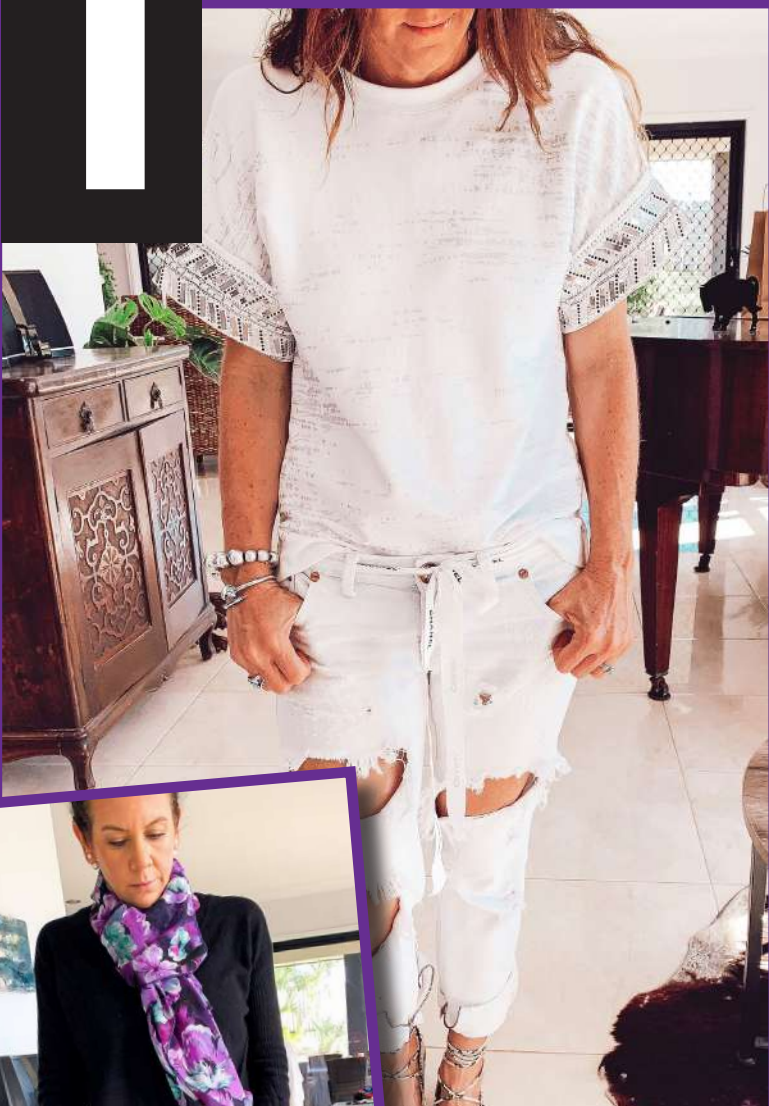
**Looking for a personalised jeans styling session with me?  
I'm here to help. Drop me a line anytime xx**

**0439 723 832**

**leahharvestyling@bigpond.com**

**@leah.harvey.styling**

**www.facebook.com/leahharveymakeupandstyling**





# ST MARY'S COLLEGE

The following weeks will be the final chapter of an incredible year. Our Year 12 cohort have displayed resilience, strength and leadership which has been an inspiration to all within our College. St Mary's has been proud to witness the growth and development of these students over several years, and we confidently watch as they will now follow their paths into careers, study, and business as mature young adults.

St Mary's College has been busy on many levels this year, one of the latest announcements has been the opening of the newly renovated senior learning hub, a dedicated set of rooms for our senior students advanced learning requirements. Discreetly jam packed with the latest technology the room's equipment seamlessly integrates with every student and staff member's individual College laptop and other technology devices. The comfortable furnishings create distinctive multi-workspaces, within the set of unique expansive rooms. St Mary's College is excited to have the project finished and ready for our valued students to enjoy.

Finally, we wish to congratulate our newly announced student leaders of 2021.

**College Captains** Jade Macnamara and Harry Jones  
**College Vice Captains** Jake Rapps and Patrick Hagan

**Palmer Captains** Herb Daffey and Caelan Pittard  
**Cleary Captains** Jaden Sawtell and Chelsea Mugford  
**Bidwill Captains** Ethan Bretag and Joshua Limbrick  
**Archer Captains** Kody Baker and Charlee Poulter

**Social Justice Leader** Elle Colvin  
**Technology Leader** Ava Smith  
**Culture Leader** Mackenzie Mitchell  
**Spirit Leader** Skyla Birch

Discover St Mary's College from the comfort of your device, watch our Video tour or view the grounds with our Virtual 360degree tour both are available on [www.smcm.qld.edu.au](http://www.smcm.qld.edu.au).

Principal tours are currently available to parents wishing to discover and explore our campus, to view the quality resources and progressive individual laptop program we proudly provide to our valued students. Book a Principals tour by calling the College Office Ph (07) 4190 2200



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# A Bird Memoir



Mr and Mrs red-backed fairy-wrens



Wedge-tailed eagle



Pacific black duck



Brush wattlebird

A permanent resident of Point Vernon for nearly forty years, and a regular holiday visitor prior to that, Gavin Patterson has over the last year or so been drawing and painting water colour sketches of some of the many local birds to be seen in the Fraser Coast region.

His sketches have been based on the photographs of local birds which have been collected by his wife Tess and him over many years of walking along Hervey Bay beaches. The two of them generally walk on one beach or another every morning, sometimes at Point Vernon, sometimes at Scarness/Torquay, and occasionally Dundowran.

These sketches (about 130 in all) are to be exhibited at Gatakers Artspace in Maryborough in December of this year. As well as this, the collection of sketches is to be assembled into a book entitled 'A Bird Memoir' which will be launched simultaneously with the opening of the art show.

**The book will contain brief stories about the circumstances of their seeing these birds (and other minor irrelevances (in Gavin's words). He also commented that his little book does not count as any sort of authoritative field guide. It's a simple record for Tess and Gavin of these beautiful birds, and that is why he has called it a memoir.**

Gavin said, "Although many of our local birds are not included in the book, I hope that some of the images and stories might encourage others to have an appreciation of the amazing and gorgeous birds that can give so much pleasure to the lives that we are fortunate to experience in this wonderful part of Australia."

Mayor George Seymour will officiate at the opening on December 4th December, as he had previously done when Patterson's book about the Gables at Point Vernon was launched and the attendant exhibition of Patterson's illustrations for that book was opened at Gatakers Artspace in 2018.

Incidentally, Gavin Patterson and Co were the architectural firm which designed Gatakers Artspace for council in late 2009 and early 2010. Gavin said that he was pleased to be able to exhibit his sketches in this lovely gallery, of which he has considerable pride.

The opening is to be on December 4th but attendance at this will be limited because of COVID restrictions.

The exhibition will be open to the public and will run from Saturday December 5th, 2020 until Saturday January 16th 2021.

Gatakers Artspace is open from 10am to 2pm every day except Sundays and statutory holidays.





# We could all do with a touch of humility

By Andrew Sadler

Humility, it is a time proven equaliser or teacher depending on your perspective, but as you go through life, in business you learn, or you fall by the wayside - recently I learnt.

It started when my beloved Kees van der Westen Spirit coffee machine, that has got me through this Pandemic - "finally kicked the bucket, turned up and shuffled off this mortal coil, run down the curtain and joined the bleedin' choir invisible", to quote a famous Monty Python comedy sketch. After many hours elbow deep in a boiling hot coffee machine, changing parts, repairing others, I find myself hard pressed to justify spending another dollar on it when I couldn't find the root cause. My one salvation had been the knowledge that my old Coffee Machine could come out of hibernation and hopefully get me through.

The humility revolves around the good wishes that have been received from people who can consider themselves more than customers, to Staff members that go "above and beyond," to technically the opposition helping out with offers of assistance and customers that want to pitch in and help.

To me the emotions that this brings forth is overwhelming, as I sit back in my little place of solitude and assess everything that has happened, I am completely amazed and astonished all at the same time. Perhaps this is Khama or is it just people's good nature and their wish that you do well in business that their every hope is riding on your success or failure as if they were part of the business themselves. Humility is a funny thing, it can give and take all in the same breath and if we just take a moment to realise that humility itself is there to help us and make us a little better, then perhaps we could all do with its touch.

Since I began this article, my coffee machine has been resurrected by people with skills above mine, and there are other major changes afoot at FX of Coffee. Partially as a small celebration, we are making changes to what we do and how we do it, so keep your eyes peeled for the coffee phoenix rising. Not through death but because we can.

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*and* **GABI**  
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# With Musician **AARON WESTLAKE**

## **Tell us a little about your background?**

I am 29 years old, and I was born and raised here in Hervey Bay. Growing up, I lived with my mum and dad and my two older brothers. My mum and older brother Brett - who plays bass in my band, 'Trainwrecks', both played guitar and helped me learn to play as well.

## **How difficult is it to learn to play the guitar?**

I learnt the basics from my brother, but apart from that, I was largely self-taught. I took as many music classes as I could in high school and had some great teachers who helped as well.

## **What is it that you enjoy the most about performing?**

I really enjoy playing music that I like and music that the crowd wants. I like learning new songs with the band and by myself for when I play solo. It's always a lot of fun playing something new for a crowd.

## **Tell us a little about The Trainwrecks?**

We are a 3-piece rock band. All of the members live in Hervey Bay, and we play songs from a variety of artists, predominantly from the 90's and early 2000's.

The band consists of Dan Jarratt on the drums and Vocals, Brett Westlake on the bass guitar and myself on guitar and vocals. We have all been playing music together for a long time. We were all also previous members of the local band Arcade Vandals for several years.

## **As a solo artist, how does your music differ from that of the band?**

As a solo artist, I play more on the acoustic guitar, and my sets consist of a wider variety of artists and genres. I play a lot more songs by artists that influence me while also keeping the crowd entertained with songs that they will know as well.

## **What music/artist inspires you at the moment and why?**

My biggest musical influence is Butch Walker. He is an American singer/songwriter and producer. I was privileged enough to see him live in concert last year and he was amazing. Lately, I have been listening to a lot of Blue October, Ben Platt, The Menzingers and Birds of Tokyo. I'm always looking for new music to inspire me.

## **Do you write any original music?**

I do write and record my own original music as well as cover songs. I have a single on Spotify, I am also working on writing and recording songs for an original EP/Solo album in the near future, and Trainwrecks will hopefully release some music soon as well.

## **What else would you like the people of the Fraser Coast to know about you?**

I share cover songs once a week on my Facebook page and YouTube channel which are both titled "Aaron Westlake Music" and I have an original song called: No More Lying (Until The Sun Comes Up) streaming on Spotify.

On the Local Music Scene



## **TRAINWRECKS**



FRASER COAST

What's On

November 2020

26



# Gig Guide

Brought to you by What's On Fraser Coast

Live music  
on the Fraser Coast  
NOVEMBER 2020

## The Boat Club HERVEY BAY

Tue 3, 10:30am, Sam Maddison – aboard  
Amaroo for Melbourne Cup Gala  
Tue 3, 11:00am, Matt Phillips – in Fraser  
Room for Melbourne Cup Luncheon  
Fri 6, 5.30pm, Derek Smith  
Sat 7, 5.30pm, Frank Benn  
Fri 13, 5.30pm, Neil Wenk  
Sat 14, 5.30pm, Sam Maddison  
Fri 20, 5.30pm, Vibeke Voller  
Sat 21, 5.30pm, Derek Smith  
Fri 27, 5.30pm, Brian Speirs  
Sat 28, 5.30pm, Frank Benn



Derek F Smith



Sam Maddison

### HERVEY BAY RSL

Fri 6, 6pm, Frank Benn  
Sat 7, 6pm, Rick Manych  
Fri 13, 6pm, Dust Duo  
Sat 14, 6pm, Radiostar Quinn  
Fri 20, 6pm, Graeme Jensen  
Sat 21, 6pm, Sam Maddison  
Fri 27, 6pm, Dean Gray  
Sat 28, 6pm, Bad Attitude – Bobby Barnes

### BAYSWATER BAR & GRILL

Fri 6, 5pm, Matt Phillips  
Sat 7, 5pm, Sam Maddison  
Sun 8, 1pm, Rick Manych  
Fri 13, 5pm, Bobby Barnes  
Sat 14, 5pm, Bevan Spiers  
Sun 15, 1pm, Liana McKay  
Fri 20, 5pm, Andrew Copland  
Sat 21, 5pm, Aaron Westlake  
Sun 22, 1pm, Pete Baker  
Fri 27, 5pm, Doug Edwards  
Sat 28, 5pm, Ethan Jones  
Sun 29, 1pm, Dean Gray

### THE CLUBHOUSE HERVEY BAY

Fri 6, 6pm, Jon Veave  
Sat 7, 6pm, Andrew Copland  
Fri 13, 6pm, Doug Edwards  
Sat 14, 6pm, Liana McKay  
Fri 20, 6pm, Frank Benn  
Sat 21, 6pm, Pete Baker  
Fri 27, 6pm, Bevan Spiers  
Sat 28, 6pm, Dean Gray

*The Gig Guide is a free service offered in good faith  
by What's On Fraser Coast - venues submit their own  
guides each month, and are correct at the time of print.*

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# Social Snaps

*Out and About on the Fraser Coast!*



Roy Rehbein with his 1975 Holden HJ Sandman



Brent Broderick and Jedi the dog love their Holden 2003 VY SS Sandman

*Majestic Vanners Australia,  
Show & Shine & Qld State Titles,  
Seafront Oval, Hervey Bay*

Photo Credit – Kim Parnell



Alice Denham, Rummy the dog, and Dominic Kenning



Paul Boyce shows off his 1962 EK Holden



Ken & Janice Jensen with their Mark II, 1970, Jensen Interceptor



# Social Snaps

*Out and About on the Fraser Coast!*



#11 - The 'Odd Bunch' are looking forward to the adventure ahead



#33 - 'Coastal Barbies's and Ken' wait for the green light

*65 teams participated in the 2020 Dunga Derby - by Rally for a Cause.*

Photo Credit – Kim Parnell



#37 - 'The Bugs' are ready to set off



#51 - 'The Simple Ladies' know how to do it well



#26 - 'the Stratton Finance Skid Kids' are ready for anything



# Social Snaps

*Out and About on the Fraser Coast!*



Car 41 - 'Birds of Paradise' are looking good!



Christopher Siganto always looks the part

*More photos of the 2020 Dunga Derby - by Rally for a Cause.*

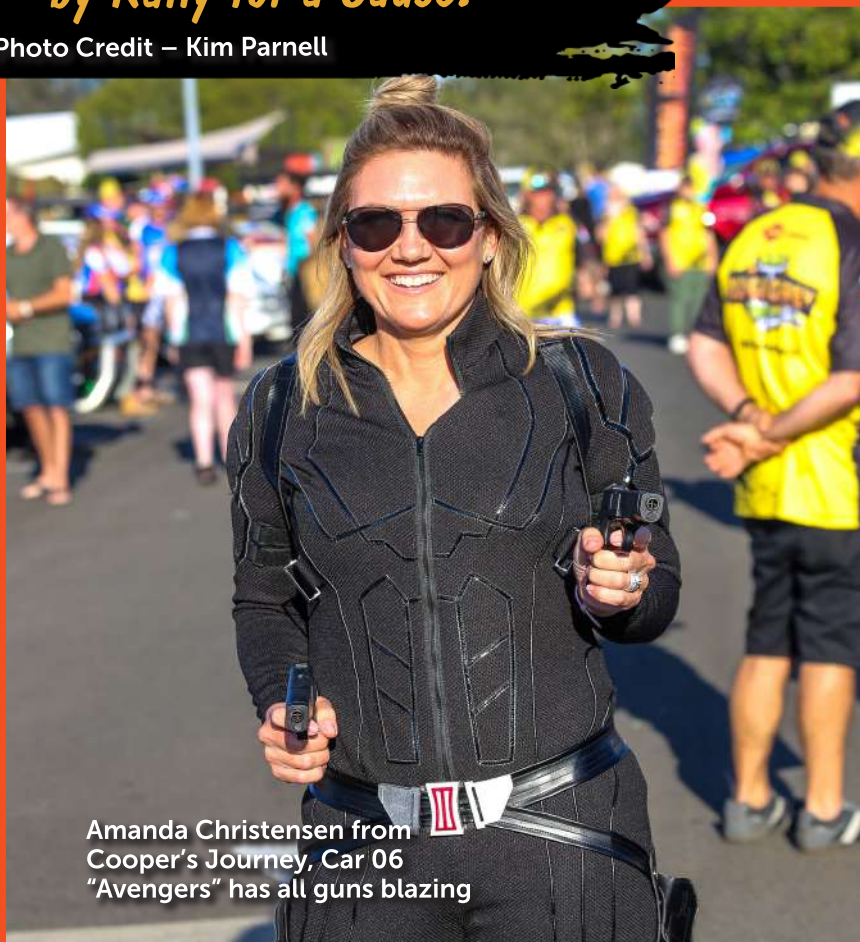
Photo Credit – Kim Parnell



Les, Peter & Mark make up the 'Colourful Racing Identities' team



Mayor George Seymour asks everyone to start their engines



Amanda Christensen from Cooper's Journey, Car 06 "Avengers" has all guns blazing





*How lucky was the Fraser Coast to have TV show "Weekender" filming extensively in our region! These behind the scene shots were taken on board Boat Club Adventure Cruises, with FCTE. If you think you see our Mayor, George Seymour helping out with the lighting, you are correct!*

Photo Credit – Kim Parnell



| URANGAN       |      |      |                 |      |      |
|---------------|------|------|-----------------|------|------|
| LAT 25° 18' S |      |      | LONG 152° 55' E |      |      |
| NOVEMBER      |      |      |                 |      |      |
|               | Time | m    |                 | Time | m    |
| 1<br>SU<br>○  | 0246 | 0.65 | 16<br>MO        | 0254 | 0.29 |
|               | 0854 | 3.59 |                 | 0917 | 4.02 |
|               | 1505 | 0.93 |                 | 1550 | 0.65 |
|               | 2053 | 3.22 |                 | 2127 | 3.42 |
| 2<br>MO       | 0312 | 0.69 | 17<br>TU        | 0333 | 0.40 |
|               | 0924 | 3.57 |                 | 1002 | 3.94 |
|               | 1540 | 1.00 |                 | 1644 | 0.78 |
|               | 2119 | 3.10 |                 | 2214 | 3.19 |
| 3<br>TU       | 0338 | 0.77 | 18<br>WE        | 0411 | 0.58 |
|               | 0956 | 3.50 |                 | 1050 | 3.77 |
|               | 1615 | 1.10 |                 | 1741 | 0.94 |
|               | 2147 | 2.97 |                 | 2305 | 2.95 |
| 4<br>WE       | 0406 | 0.89 | 19<br>TH        | 0453 | 0.81 |
|               | 1030 | 3.39 |                 | 1143 | 3.55 |
|               | 1654 | 1.22 |                 | 1838 | 1.11 |
|               | 2218 | 2.82 |                 |      |      |
| 5<br>TH       | 0435 | 1.03 | 20<br>FR        | 0002 | 2.74 |
|               | 1110 | 3.27 |                 | 0539 | 1.08 |
|               | 1739 | 1.34 |                 | 1243 | 3.34 |
|               | 2256 | 2.67 |                 | 1938 | 1.23 |
| 6<br>FR       | 0510 | 1.20 | 21<br>SA        | 0109 | 2.60 |
|               | 1202 | 3.15 |                 | 0640 | 1.33 |
|               | 1838 | 1.43 |                 | 1350 | 3.19 |
|               | 2348 | 2.52 |                 | 2040 | 1.28 |
| 7<br>SA       | 0601 | 1.36 | 22<br>SU<br>●   | 0222 | 2.56 |
|               | 1313 | 3.09 |                 | 0804 | 1.49 |
|               | 1949 | 1.45 |                 | 1458 | 3.12 |
|               |      |      |                 | 2141 | 1.26 |
| 8<br>SU<br>●  | 0112 | 2.43 | 23<br>MO        | 0336 | 2.65 |
|               | 0731 | 1.47 |                 | 0931 | 1.50 |
|               | 1427 | 3.13 |                 | 1559 | 3.11 |
|               | 2102 | 1.37 |                 | 2237 | 1.17 |
| 9<br>MO       | 0253 | 2.50 | 24<br>TU        | 0441 | 2.82 |
|               | 0907 | 1.40 |                 | 1037 | 1.42 |
|               | 1535 | 3.27 |                 | 1652 | 3.14 |
|               | 2211 | 1.19 |                 | 2323 | 1.06 |
| 10<br>TU      | 0415 | 2.73 | 25<br>WE        | 0532 | 3.02 |
|               | 1021 | 1.21 |                 | 1129 | 1.31 |
|               | 1635 | 3.45 |                 | 1737 | 3.17 |
|               | 2310 | 0.95 |                 |      |      |
| 11<br>WE      | 0519 | 3.04 | 26<br>TH        | 0003 | 0.94 |
|               | 1123 | 0.98 |                 | 0615 | 3.22 |
|               | 1730 | 3.61 |                 | 1214 | 1.22 |
|               |      |      |                 | 1817 | 3.19 |
| 12<br>TH      | 0002 | 0.71 | 27<br>FR        | 0039 | 0.84 |
|               | 0612 | 3.36 |                 | 0652 | 3.39 |
|               | 1219 | 0.78 |                 | 1254 | 1.13 |
|               | 1821 | 3.73 |                 | 1854 | 3.19 |
| 13<br>FR      | 0049 | 0.50 | 28<br>SA        | 0112 | 0.75 |
|               | 0700 | 3.65 |                 | 0728 | 3.53 |
|               | 1312 | 0.64 |                 | 1335 | 1.07 |
|               | 1909 | 3.77 |                 | 1928 | 3.16 |
| 14<br>SA      | 0132 | 0.35 | 29<br>SU        | 0144 | 0.70 |
|               | 0746 | 3.87 |                 | 0801 | 3.63 |
|               | 1404 | 0.57 |                 | 1413 | 1.04 |
|               | 1955 | 3.73 |                 | 1959 | 3.12 |
| 15<br>SU<br>● | 0214 | 0.28 | 30<br>MO<br>○   | 0215 | 0.68 |
|               | 0832 | 4.00 |                 | 0834 | 3.68 |
|               | 1457 | 0.58 |                 | 1452 | 1.03 |
|               | 2041 | 3.61 |                 | 2030 | 3.07 |

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