August 2017 FREE MONTHLY MAGAZINE Inside this issue:

OCEANS FESTIVAL

WIDE BAY HOME SHOW DUNGADERBY

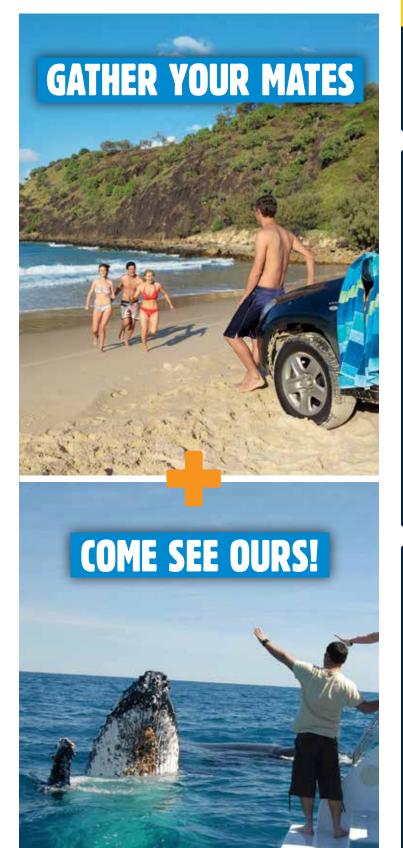
The changing faces of Maitlia











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What's On

Note from the Editor

Welcome to this the eighth edition of What's On Fraser Coast. Things are really starting to heat up in our region and I am not referring to the weather. This month on the events calender we have the upcoming Ocean Festival. This is where we all come together and celebrate the much anticipated arrival of our beautiful, majestic Humpback Whales as they frolic and play in the waters off Hervey Bay.



The Ocean Festival is made up of four major events that will tantalise the taste buds, teach us about conservation, fill the

buds, teach us about conservation, in the air with music, and add colour and flair. Without a doubt this is one of my favourite times of year, But best of all each of these events are designed for the whole family to enjoy.

If you are lucky enough to go whale watching this season enjoy every moment of it, if you have never been before you are in for a treat. Don't forget to pack sunscreen a hat and your camera.

Some other events that are sure to delight are the Over 50's Lifestyle Expo, the Festival of Arts and Crafts and the Wide Bay δ Fraser Coast Home-Show. In fact this month there is an event to suit everybody. Oh, and if you do go to an event that you find in our magazine tell your family and friends all about us. Enjoy!

Cheers, Kim Parnell Editor

Index

New Council CEO - Ken Diehm	3
The Hervey Bay Ocean Festival	. 5-7
A Focus on Local Musicians: Soul City	8
Commando Steve Lends His Support	10
Over 50's Lifestyle Expo 2017	
The Changing Faces of Maitlia	12
Founderfest	14
Fraser Coast Expo Delivers \$30M in Sales	15
What's On: Calendar of Events1	6-17
What's On: Gig Guide	18
Vox Pop	19
The Dunga Derby Car Rally Kicks Off Once Again	20
What's On: September	21
4WD Fraser Coast with Confidence	
Fishing On the Fraser Coast	23
The Festival of Arts and Crafts Arrives at the RSL	24
What's On: Fraser Coast Markets	
Social Snaps	5-28
Restaurant Guide	29
In the Kitchen: Paul Redpath, Carriers Arms Hotel/Mote	l30
Guest Recipe: Chicken, Herb & Parmesan Delight	31

Contact Us



Editor - Kim Parnell

kim.parnell@whatsonfrasercoast.com.au Ph 0408 987 860

Commercial Manager - Darren Bosley

darren.bosley@chameleon-group.com.au Ph 0404 467 036

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New Council CEO - Ken Diehm is positive about our future

The new Fraser Coast Regional Council CEO Ken Diehm arrived just in time for the Mary Poppins Festival and is looking forward to the Ocean Festival.

In his first two weeks in the Fraser Coast, Ken has already travelled more than a 1,000 kilometres visiting Council work sites and exploring the region's tourism offerings.

"I am a strong believer in the importance of events-based tourism and signature festivals,"

"Not only do they showcase our region but they also add considerably to our local economy.

"In the space of about six weeks our region will experience the benefits of the Mary Poppins Festival, the Australian Music Teachers Conference, the Qld State Touch Football Titles, the Burrum Coal Discovery Festival, and the start of the Ocean Festival.

"These events will generate thousands of visitors to our region and are likely to have an economic contribution of well over \$1M.

"Our region is made up of many diverse communities and I am pleased to see that our events leverage off and celebrate the unique characteristics of each of these communities."

Having just returned to Queensland after four years as CEO of the City of Greater Geraldton in Western Australia, Mr Diehm, and his wife are looking forward to sampling the joys of QLD seafood again and will be regulars at the Ocean Festival.

Having also swum with Whale Sharks in WA, Ken is keen to get out and see the Humpback Whales close up with his grandchildren.

"What is great about the Ocean Festival is that it has a range of activities to cater for people of all ages and tastes," he said.

"Visitors to our region during this period are going to be blown away by the amazing scenery, weather, attractions and events.

"I believe that the Fraser Coast has unparalleled economic opportunity and I am delighted to be able to work with the Council, business community and other levels of government to help bring about renewed economic prosperity and growth to the region."

I am a strong believer in the importance of events-based tourism and signature festivals

Photo courtesy Kevin Corcoran



SATURDAY SEPTEMBER 9

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FATHER'S DAY **BUFFET BREAKFAST**

SUNDAY SEPT. 3 ~ from 7.30am

Bring Dad to the RSL for breakfast, choose from our A-La-Carte breakfast served on the Deck or our full buffet breakfast in Sandy Bay Restaurant.

Full buffet breakfast \$19.90 members, \$22.90 non members. Children U14 yrs \$12.90

BOOK TODAY - PH: 4197 7444

Buffet pre-paid on booking at reception. We also suggest booking for A-la-carte on the Deck to avoid disappointment.

Bring Dad to the RSL for lunch or dinner on Father's Day and he will receive a FREE stubbie of Crown Lager to enjoy with his meal.

Crown Lager offer available to Dad's with the purchase of a main meal from Sandy Bay Restaurant or select Café menu. Offer only available Sunday September 3, 2017 during lunch & dinner service hours.

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YOU ARE THE BEST





Ocean Festival

Enjoy oceans of fun this August with a jam-packed program of events as part of the Hervey Bay Ocean Festival!

A gigantic showcase of events and entertainment over nine days from August 11 will highlight the region's deep connection with the sea; including the world famous whale-watching season, and celebration of the mouth-watering seafood for which the Fraser Coast boasts.

Highlights of the Hervey Bay Ocean Festival include the Blessing of the Fleet on August 12, the Hervey Bay Seafood Festival on August 13, the Whale Parade and Concert on August 19 and the Paddle Out for Whales on August 20.

BLESSING OF THE FLEET

In the opening event, the Fraser Coast's famous fleet of whale watch boats are blessed in a centuries old tradition at Hervey Bay Marina to ensure a safe and prosperous season.

Visitors can tour the many whale watch vessels, wander through market stalls and enjoy a sail past, fabulous fireworks and live entertainment.

Blessing of the Fleet

- Live entertainment by Trainwrecks
- Free children's activities and face painting
- Aloha Mai Chant
- Sail past
- Whale boats open for inspection
- Firework Finale!



HERVEY BAY SEAFOOD FESTIVAL

The following day, August 13, is one to savour with this annual festival offering something for all tastes. Hosted by the local industry who catch Hervey Bay's famous seafood, the event serves up a host of fresh and delicious wild-caught ocean produce, loads of entertainment, competitions, cooking and catching tips (plus more) at Fishermen's Park, Urangan Boat Harbour.

Other tasty morsels on offer include cooking demonstrations from leading chefs, seafood and fish-smoking master-classes, a prawn eating competition, sideshow alley and loads of freebies.

Hervey Bay Seafood Festival

- Live entertainment by: Phoebe Jay, 8 Ball Aitken, Dennis Sister
- Admission \$5, Under 18 Free
- ▶ Cooking demonstrations
- Kids activities





AUG11-20

PRESENTED BY

er Coast
Where Nature Conest Allier

















WHALE PARADE + CONCERT

Next on the Ocean Festival menu features an enchanting spectacle of lights and floats representing the humpback's annual migration, followed by a fabulous free concert with leading Australian and local artists.

The floats return with this traditional local favourite promising to delight all ages with an array of colour and an unmatched atmosphere with the Hervey Bay Esplanade transformed into a sea of activity.

Whale Concert + Parade

- Lineup: Micka Scene, Frank Benn, Wal Neilsen
- Carnival rides
- Float parade





herveybayoceanfestival.com.au

PADDLE OUT FOR WHALES



The Fraser Coast is Australia's Home of the Humpbacks where the natural shape and calm protected waters of Hervey Bay offer a natural playground for thousands of the majestic mammals, and the best up-close and personal whale watching encounters in the world.

Every year more humpback whales are migrating from Antarctica to the warm waters of the Whitsunday Islands to breed. With the figure now an estimated 22,000 humpback whales making the journey, this message of love and conservation remains as important as ever with the humpback numbers rebounding from perilously low numbers as an endangered species in recent history.

On their return journey between late July and early November, proud new humpback parents and the cutest calves on earth make a temporary home in the tranguil marine environment of Hervey Bay creating a wonderland of intimate and interactive whale activity.

Paddle Out for Whales

- Live entertainment by Sam Maddison
- ▶ Aloha Mai E Chant
- ► Environmental speakers (TBC)
- Just Us performing
- Aloha Ohana Workshops hula hoopdancing workshops!





A FOCUS ON OUR LOCAL MUSICIANS

Soul (

Soul City is touted as 'Queensland's premiere Soul, Funk, Pop and Rock Coverband', they have a great sound with a big-band feel. I caught up with two of the founding members of the popular local band a couple of weeks ago.

Andre Carpenter and Rob **Symon** gave me a bit of an insight as to what the band is all about.







Soul City have been fortunate enough to receive a grant through the council Regional Arts Programme for a series of promotional photos and video to develop the profile of the band. Founding member Andre said, "We would like to thank the Fraser Coast Regional Council and the Regional Arts Development Fund for assisting us with this goal."

When did Soul City Form and how?

Andre: We formed in the middle of 2013. I was looking at doing something to boost the profile of performing musicians around town, particularly for brass, saxophone and trumpet. We did the Migaloo Swing with the Hervey Bay City Musicians a few years ago and trialled our concept. At the time we only had one set with lead vocalist Brian, a five piece horn section and a full rhythm section, this was really well received. From there we then wanted to see if we could make something work with an eight piece band. We rehearsed in a shed out at Dundowran and we realised after a couple of rehearsals that we worked well together.

The intention was to actually boost the profile of those sort of bands to show the local community we have got top players and performers in the region that prior to that really didn't have an opportunity to perform in the public arena. So it was nice to be able to provide that opportunity.

What has been your biggest challenge as a band? How do you overcome that challenge?

Rob: I think getting venues to have us play. It hasn't gone unnoticed that the bigger venues have not shown an interest. We know we could play great venues in Brisbane but obviously it is the tyranny of distance as we all have day Jobs.

Andre: Securing those bigger venues has not been through a lack of trying on our behalf either, we specialise in those bigger venues. To me as an organiser it is disappointing not to have access to those places.

It is also challenging to keep the repertoire fresh as well for our audience. So this is something that we are constantly working on.

Why did you guys pick this genre of music?

Rob: For me four and five piece bands are a dime a dozen. But as soon as you get an eight piece band with a horn section it is a lot harder. To hear all those classics, the Woodstock kind of songs like Chicago is a lot rarer for me that is the whole goal, to recreate that Woodstock experience.

Andre: To find charts that incorporate a three piece horn section or incorporate a horn section is a specific genre which lends itself to that particular instrumentation. We are just so fortunate that it just so happens to be Brian's favourite genre, and it works really well for us because we enjoy the charts and it just so happens that every one else seems to gravitate to the kind of music we play because the songs are absolute classics.

What are your Rehearsals like? Do you have a set time each week to practise or are they more spontaneous?

Rob: They are generally fairly regular, Thursday nights have been our rehearsal night. But we do go through periods where if we are gigging a lot we won't have a rehearsal that week, or when a player is away we can be a little light on.

Andre: We rehearsed enough in the early, formative years to ensure that we know how to work together and we know when a new chart comes out that it is rehearsed and that everyone knows it prior to the rehearsal. Then we let the members know that that particular chart will be in the repertoire that weekend. We are very fortunate to have musicians that are good enough and trained enough to be able to just do that.

Story by Kim Parnell



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This year the Hervey Bay Seagulls under 14 boys are fund-raising to travel to the Tassell Trophy Challenge held in Cairns on September 23rd and 24th. This carnival brings under 14 teams from across Queensland to compete for the Tassell Trophy. It will be the ultimate experience for the boys who can play against some of the best young Rugby league players and even have the possibility of being noticed by scouts.

The cost for this trip is quite expensive and the team has been dedicated in raising the money to ease the expense on parents and ensure no boys miss out on this exciting experience. To raise the vital funds the team organised a massive fund-raiser at Stafford Park Hervey Bay on July 2. All the money raised goes directly towards the cost of their trip.

The fund-raiser began with a group training session with Commando Steve, best known from the Biggest Loser. In partnership with Allied Fitness and coach Brett Carter's personal contact, the Hervey Bay Seagulls were fortunate to fly Commando Steve up to Hervey Bay and support the boys. Participants were given a Commando training session, meet and greet and photo opportunity. Many braved the frosty morning and most were nervous, excited and a little scared of what the training may involve. Through sweat and exhaustion they all had a great time with some saying this was the best training session ever.

At 12pm the gates to the fields opened for a family fun day and Cow Pie Bingo. A young bull was set out on the marked fields and kids and families enjoyed the giant slide, jumping castles and giant kick target. It was a great day and it raised much needed funds to support the boys on their trip.

If you are interested in donating any money to help support our regions talented boys please contact seagullsunder14@outlook.com.

OVER 50'S LIFESTYLE EXPO 2017 is nearly here



ARE YOU READY?

The Over 50's Lifestyle Expo, formerly known as the Seniors Expo, has had a facelift to accommodate an increase in the increasing number of people attending in the 50 - 60 years age bracket. Most people in this age bracket are still working or very active in their community and felt that the expo was targeting an older age bracket.

Well, this is true it does target the age bracket of people aged 60 plus and there are lots of exhibitors showcasing services and products for this age range but they are also there showcasing lifestyle options for the middle-aged too.

The Over 50's lifestyle Expo brings together around 80 exhibitors derived from business, government departments and community organisations. On display will be travel options, accommodation, transport, legal, health services, community connections and a whole lot more. Attending the Expo gives you the opportunity to find out what is available and how you can access the different services and businesses suited to you. It allows you to plan for the future while living in the present plus gives the opportunity to take advantage of any special offers available on the day.

As part of the country theme for this year, exhibitors will be competing in our scarecrow competition. They have been asked to create a scarecrow and have it on display as part of their exhibition site and those visiting the expo will vote for their favourite.

We are also asking the general public including local schools, community groups and individuals to enter in their own competition to try and claim the title of Best Scarecrow on the Fraser Coast. So come on everyone, get your old clothes and a bit of straw to make your scarecrow creation.

Why not make a whole day of it by visiting the 'Travel Managers – 'Ian Long & Shani Driver' Entertainment Marquee to enjoy both our local entertainment and our special guests from Gympie - Clarrie & Dorrie. Both are of Tamworth fame and will be performing in the morning and afternoon and will fit right in with our country theme. Outside there will be displays and demonstrations and a talk from one of our sponsors, Latitude 25, about their new development coming to the bay. If you are a traveller and own an RV then this proposition might be for you.

There will be prizes galore available throughout the day with many of the exhibitors having raffles at their individual sites. There will also be a major raffle running thanks to the support of Steve from Atkinson's Specialist Shuttles. Attendees can grab a ticket at the expo for a chance to win one of 3 prizes;

» A RETURN TRIP TO BRISBANE FOR TWO «

» A RETURN TRIP TO BRISBANE FOR ONE «

» A \$100.00 PETROL VOUCHER «

One last prize will be on offer at the Over 50's Lifestyle Expo as Travel Managers' Ian Long, in conjunction with Royal Caribbean International Cruises, will be offering a chance to win a seven nights South Pacific cruise on the Explorer of the Seas cruise ship. The cruise is planned to leave from Sydney in March 2018 and you will need to visit Ian at the Travel Managers site to gain entry into the draw. Some conditions do apply to this entry so why not visit their site to talk travel with 'Travel Managers – Ian Long & Shani Driver'.

Throw delicious food and door to door transport in to the mix with only a \$2.00 entry fee - why would you miss it!

For more information or to book a seat on our transport give us a call on 4194 2441. The above sponsors and the support received from the Fraser Coast Regional Council, Bell, Dixon and Butler Lawyers and

the State Government will ensure to make this year's EXPO the best one yet. Don't miss out on a great day of fun, information and surprises all in a country theme

Written by Julie de Waard





"Changing Faces of Maitlia" is the name chosen by Maitlia Potters to celebrate their 40th birthday. A number of events have been planned for August to recognise this achievement.

Maitlia Potters was formed in 1977 by a group of people who were the students of Mr. Ted Meredith, a well-known Maryborough potter. The word "Maitlia" is an aboriginal word for clay. The group originally met weekly at each other's homes transporting their pottery wheels in the boot of their cars. As new members joined, the more experienced members helped the new comers.

In 1984 we took a courageous step and purchased a property in Albert Street, Maryborough. We became incorporated and began the business known as Bottlebrush Crafts. Craft classes in appliqué, patchwork, sketching, floristry, pottery and sculpture were offered and proved very popular. Children's classes in pottery and sketching were always in demand. Exhibitions promoting the work of talented artists and craftspeople of the area were arranged and over the years saw some wonderful displays of quality hand-crafted items.

Seminars and workshops with recognised highly qualified tutors were periodically arranged to allow members to improve their skills and keep abreast of the latest trends. Getting out and about in the community, displaying and demonstrating at events and functions whenever possible was and still is an important function of the group. The teaching of pottery to the very young and the aged remains a priority.





In 2007 we moved to 30 Ferry Street and now we have eight groups meeting to exchange experiences. This is a major part of our operation. Even though the group was originally formed as a potters group, amendments to the Association rules allow all people interested in art and craft to apply for membership. We are a not for profit organisation committed to promoting the growth and development of arts, craft and pottery in the Maryborough area.

Fund raising is always a necessary part of any organisation. Over the years our winter soup nights have become legendary. The members provide a range of tasty soups and bread, and guests are able to choose a handmade pottery soup bowl from which to eat their soup and keep them as a memento of the evening.

It seemed appropriate that in celebrating our 40th birthday we should have a gala exhibition showcasing the work of not only our members and past members but the groups who meet at Bottlebrush Crafts. This exhibition will be officially opened on 5 August at 3.30pm at Gatakers Artspace in Maryborough. Those groups represented will be Heritage City Porcelain Painters, Fraser Coast Lace Makers, Merry River Social Art Group, Sew Wednesday, Dolls with Attitude, Card Makers, Spinners, Weavers and Dyers of Maryborough, Mudlarks Sculpture Group and Maitlia Potters. We are grateful to Regional Arts Development Fund for the assistance afforded to us in this birthday celebration project.

Maitlia Potters has grown from humble beginnings to what it is today. Our face over 40 years has changed and to celebrate this, we are conducting a mask competition which is open to adults and children of the area. The closing date for this is 12 August and entries must be received at Bottlebrush Crafts, 30 Ferry Street by this date. There will be a Mask Exhibition wine and cheese opening and presentation of prizes at Bottlebrush Crafts on 18 August at 6.00pm. On 19 August also at Bottlebrush Crafts, we will be holding an Open Day. Craft groups such as the China Painters, Potters, Sculptors, Lace Makers, Merry River Painters, Doll makers, Spinners and Weavers and Card Makers will be demonstrating their crafts between the hours of 9.00am and 3.00pm.

Members, past and present will have the opportunity to get together and reminisce about past experiences at a birthday dinner to be held on 5 August. It is hoped these events throughout August will not only be a celebration of past years but a chance to encourage people in this community to try a craft. Hobbies can be not only relaxing but bring great pride and satisfaction when a project is completed.





7 DAYS A WEEK

LUNCH 11.30AM TO 2.00PM DINNER 5.30PM TO 8.30PM LIGHT MEALS 9.00AM TO 8.30PM

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OPEN MIC THURSDAY NIGHTS

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CARRIERS GIG GUIDE AUGUST

THURSDAY 3 >> 7.00PM
Open Mic Night

FRIDAY 4 >> 7.30PM
Doug Edwards

SATURDAY 5 » 7.30PM Timber & Steel

THURSDAY 10 » 7.00PMOpen Mic Night

FRIDAY 11 » 7.30PM Mr Blonde

SATURDAY 12 » 7.30PMDave Turner

THURSDAY 17 » 7.00PM Open Mic Night

FRIDAY 18 » 7.30PM

SATURDAY 19 » 7.30PM Bobby Barnes

THURSDAY 24 » 7.00PM Open Mic Night

FRIDAY 25 » 7.30PM Frank Benn

SATURDAY 26 » 7.30PMSam Maddison

School age business stars in the running



Fraser Coast Anglican College students are ready to take up the Founderfest Fraser Coast challenge.

During an intense three-day program, participants will experience the fun, pressure and excitement of taking an idea and building a viable, scalable and sustainable business and the young entrepreneurs will go up against some of the brightest young minds, the region has to offer.

Young entrepreneur, Jed Smith is very excited about the upcoming Founderfest being held at Fraser Coast Anglican College. The year 11 student believes that the opportunity to learn more about entrepreneurial skills and learning to develop ideas will not only be interesting but more importantly, a life-long skill.

"I have always been interested in business and know that by being involved in Founderfest, I will gain more skills and great connections. The program is extensive and the work will be hard.. but that's what happens in real life. I can't wait to be involved!"

Fraser Coast Anglican College Principal Leisa Harper is preparing to host Fraser Coast's first Founderfest next month and the three-day event is attracting some wide spread recognition.

Entrepreneurship should not be viewed as the creation of businesses, but as the action of adding value. It is this value that has Principal Leisa Harper excited about the upcoming Founderfest at FCAC. This will benefit our students and our community.

"Entrepreneurship education benefits students because it teaches kids to think outside the box and nurtures unconventional talents and skills. Furthermore, it creates opportunity, ensures social justice, instils confidence and stimulates the economy.

"We already teach many of these skills but we have reached out to other organisations so our students can engage in hands-on projects like this", Leisa Harper said.

Seventeen-year-old Scott Millar has sold thousands of holograms and key chains to businesses throughout the world since launching Bop Industries and he now plans on telling Founderfest

> participants the secretes to his success. Starting his business at local markets as part of a school business venture at age 14 Scott is a young entrepreneur that has grown his business from laser cut

keyrings at local markets to running workshops for over 4000 people at the World Science Festival, designing and creating holographic MC's for corporate events and conceptualising and building new forms of theatre all whilst still balancing school commitments.

FOUNDERFEST PROVIDES:

Local mentors and sponsors will all help to make the event a success.

Founderfest will be presented by Berwin, partnered with Fraser Coast Anglican College, startup Toowoomba logo and the Queensland Governments Advance Queensland Initiative.

Not for Profit group Berwin offers links to local industry leaders and mentors to help provide the participants a strong platform to create viable and successful business concepts at the Founderfest event.

Friday 11 August - Sunday 13 August 2017 To be held at Fraser Coast Anglican College http://founderfest.org/upcoming-events/fcac/

For more information or media opportunities contact: Karen Broadhurst, International Liaison Officer Phone: 04133 10091





FRASER COAST EXPO delivers \$30M in sales

The annual Wide Bay and Fraser Coast Home Show and Caravan, Camping, 4x4 and Fishing Expo is the largest event of its type in Queensland attracting nearly 20,000 visitors over three days.

Event organiser, Bob Carroll from Australian Events, said the event began nearly ten years ago as a promotional showcase for the local housing and building industry but expanded rapidly when he tapped into the leisure side of lifestyle on the Fraser Coast.

"People are often surprised at what they can have done locally and what they can buy locally and the high level of professionalism in the building and renovation industry locally. People move here because of the brilliant lifestyle and homes often reflect that with a big emphasis on outdoor living."

Fraser Coast Tourism and Events are pushing hard for people to holiday locally and in that regard this event is heaven sent. Research shows that anyone buying a caravan, camper trailer, motor home, 4x4 or boat will use those leisure vehicles within a 3 hour drive most of the time. That is great news for local tourism and keeping the tourist dollar in the local economy.

"We have over 200 companies on show with the very latest caravans, camper trailers, motor homes, four wheel drives and boats ever seen in one event in Queensland. On top of that there is a massive





range of accessories to go with caravanning, boating and off road motoring. We have huge incentives to buy at the event with people sure to save thousands of dollars on major purchases.

Last year there was over \$30M in sales transacted over a three month period as a direct result of the event so the impact on the local economy is substantial. "

Free entertainment includes bush cooking with Ranger Nick, Australiana cooking demos with celebrity chef Peter Wolfe, a four wheel drive demonstration track, free rides for kids and for the first time a boating and fishing precinct featuring the Berkley Supertank Fishing Show. We suggest people log on to www.widebayhomeshow. com.au and register to receive updates and a chance to win free passes to the event and find out how to win great prizes including a Climate Control Systems split air conditioning system for their home.

Written by Bob Carroll



















Calendar o ents

AUGUST

AUGUST 1

Dracula The gothic horror story 11.30am and 7.30pm

Adults \$35, Students \$20 The Brolga Theatre and Convention Centre

AUGUST 1-27

40 Years of Bottlebrush Crafts

Gatakers Artspace Maryborough

AUGUST 1

History Pinchat Group

12pm

Maryborough Library

AUGUST 2

Children's Art Workshop - Pipis

Monthly Workshop for children aged 3-5 years of age \$3 (includes materials)

Hervey Bay Regional Gallery, Fraser Coast Cultural Centre

AUGUST 2

Music in the Gallery

1.30pm – Every Wednesday Frank Marsh on Piano Fraser Coast Cultural Centre

AUGUST 3

Morning Melodies - Little Pattie

11am

Adults \$15 Friends of the Brolga \$13

Brolga Theatre and Convention Centre, Maryborough

AUGUST 4-19

Under Milkwood

Z-Pac production www.zpactheatre.com

AUGUST 4

Over 50's Lifestyle Expo

9am to 2pm

Theme, 'Country'

Hervey Bay Baptist Church,

Nikenbah

For more info call: 4194 2441, or email: julie.dewaard@ frasercoast.qld.gov.au

AUGUST 4

Art After Dark

6pm

Exhibition Opening

Hervey Bay Art Society

Hervey Bay Regional Gallery, Fraser Coast Cultural Centre

AUGUST 5

Friends of the Gallery, Bus Trip

7.30am

Call: 4197 4206 for details and bookings

AUGUST 5

Fraser Coast Arts Collective Workshop

9am - 4pm

Cost: \$30

Bookings required, call Melissa: 4197 4206 or email: melissa.duncan@ frasercoast.qld.gov.au

AUGUST 5

Tipples & Tales

2.30pm - Every Saturday Cost: \$30

Bond Store, Maryborough

Bookings essential. call: 4190 5722

AUGUST 5

Maryborough Stories by Night

6pm

Adult \$15, Child (6-17) \$5

Bond Store, Maryborough

Bookings essential, call: 4190 5722

AUGUST 5

Gatakers by Night with Soul City

6pm

Maryborough

AUGUST 5

UK Bee Geez

8pm

Hervey Bay Boat Club

AUGUST 5-6

Tipples & Tales **Festival of Arts and Crafts**

Locally made hand made items Free Entry Hervey Bay RSL

AUGUST 5

Truck show

The Apple Tree Creek Hotel, 29399 Bruce Highway, Apple Tree Creek

AUGUST 7

Trivia night 2017 - Team With the Theme

6.15pm

Bay Central Tav

\$10pp to book a table

Message the 'Tea & Toasters Hervey Bay Relay for Life Team' on Facebook

AUGUST 9

Art and Alzheimers

Bookings are essential by phoning 4197 4206.

Fraser Coast Cultural Centre. Hervey Bay

AUGUST 11

Feminine Earth Energy Workshop

10am to 4pm, Pialba Cost: \$111

Go to: https://www.facebook. com/enlightensoul1

AUGUST 11-13

Founderfest Frasercoast

Fraser Coast Anglican College www.founderfest.org/ upcoming-events/fcac

AUGUST 12

Yakaty Yak.Com

Free 8.00pm Hervey Bay RSL

AUGUST 12

Ocean's Festival - Blessing of the Fleet

4pm to 8pm Free Entry

Great Sandy Straits Marina

AUGUST 12

Reel/Boys/Toys - Boating, Fishing, Buy Swap Sell

8am to 2pm

All proceeds go to Marine Rescue Hervey Bay Seafront Oval

To book call: 4128 9666

AUGUST 13

Oceans Festival - Hervey Bay Seafood Festival

10am to 4pm

Admission \$5, (No Concession), Under 18 is free

Fisherman's Park, Urangan Boat Harbour

AUGUST 14

Roller Derby Sign On Info Night

6.30pm to 9.30pm Urangan State High School

AUGUST 17

The Australian Bee Gees Show

The Brolga Theatre and Convention Centre

AUGUST 18

Business Hervey Bay

5.30pm-7.30pm

Central Tav

All those in business welcome

AUGUST 18

Kitty Flanagan - Smashing 8pm

A brand new show from Kitty Flanagan. Love songs, sex, algorithms, chimps, clowns and psychics, everything is getting 'smashed'. Smashing. It's fun AND learning. Recommended M 15 vears plus.

The Brolga Theatre and Convention Centre

AUGUST 18-20

Wide Bay & Fraser Coast Homeshow, Caravan, Camping, 4x4 & Fishing Expo

\$10 Adults

Maryborough Showgrounds For more information go to: www.widebayhomeshow.com.au

AUGUST 18-20

Hervey Bay Pop Up Shop - 50s Fashion

9:00 am To 3:00 pm

FREE ENTRY

No venue advised

www.laurinajean.com.au & www.poppingcandy.com.au

AUGUST 19

The Eagels Band

\$20 member, \$25 Non members Doors open 7pm, Show starts 8pm

Hervey Bay RSL

AUGUST 19

Oceans Festival - Whale Parade and Concert

2pm - 8.30pm

Beach Party Theme

Parade starts at 6pm Seafront Oval

AUGUST 20

Family Fun Day

10am

Tinana State School

AUGUST 20

Oceans Festival - Paddle Out for the Whales

8am to 11am

Free Entry

Bring something to float on, be creative

Scarness Park

AUGUST 20-21

Who's Afraid of Virginia Woolf? **National Theatre Screening**

Brolga Theatre and Convention Centre

AUGUST 22

Melodies in the Morning -Johnny O'Keefe Tribute Show

Starring Dennis Knight

Members \$5, Non members \$7 Doors open 10am Show starts 11am, 13+ Show Hervey Bay RSL

AUGUST 23-25

Fraser Coast Interschool Equestrian Competition

Huge equestrian event, open to any school child who rides.

Find them on Face book

Maryborough Showgrounds and **Equestrian Park**

AUGUST 27

The Handmade Expo & Vintage Market

PCYC Hervey Bay, O'Rourke St, Pialba

AUGUST 30

Hervey Bay Chamber of Commerce Breakfast

6.30am-8.15am Hervey Bay Boat Club

AUGUST 30

La Fille Mal Gardee -**Queensland Ballet**

The Brolga Theatre and Convention Centre

Hervey Bay Regional Gallery

August 4 - September 10 **Annual Competitive Art** Competition Hervey Bay Art Society

Gatakers Artspace Maryborough

August 1-27

Twenty Seventeen St Mary's College





Gig Guide

Live music and more on the Fraser Coast in August

HERVEY BAY

The Torquay Hotel

Fri 4, 9pm, DJ Simon Sat 5, 9pm, DJ Simon Fri 11, 9pm, See You Next Tuesday Sat 12, 9pm, Uncle Arthur Fri 18, 9pm, Rocklords Sat 19, 9pm, Red Betty Sun 20, 1.30pm, Backtrackin Fri 25, 9pm, Forbidden Road Sat 26, 9pm, Forbidden Road Sat 26, 8pm, Dicky Switch Sun 27, 12.30pm, Music in the Restaurant

The Clubhouse

Fri 4, 6pm, Shaun Beckett Sat 5, 6pm, Dale Newberry Fri 11, 6pm, Tony Fallon Sat 12, 6pm, Sam Maddison Fri 18, 6pm, Pete Baker Sat 19, 6pm, Jon Vea Vea Fri 25, 6pm, Pete Baker Sat 26, 6pm, Tony Fallon

Fri 25, TBA Sat 26, 6pm, Jim Daniel

Goody's on the Beach -Toogoom

Sat 5, 12-3pm Sam Maddison Sun 6, 12-3pm Frank Benn Sat 12, 12-3pm Frank Benn Sun 13, 12-3pm Sam Maddison Sat 19, 12-3pm Sam Maddison

Sun 19, 12-3pm Frank Benn Sat 26, 12-3pm Ricky Manych Sun 27, 12-3pm Sam Maddison Fri 25, 7.30pm Atmopshere Sat 26, 7pm Rob Johns Sun 27, 12.30pm Rob Johns-End Of Month Draws Thurs 31, 6.30pm Glenn Fox The Royal Hotel Fri 4th, 8pm, Fixxer Fri 11th, 8pm, Red Betty Fri 18th, 8pm, Dave Gray Fri 25th, 8pm, See You Next Tuesday



Carriers Arms Hotel

Thurs 3, 7pm, Open Mic Night Fri 4, 7.30pm, Doug Edwards Sat 5, 7.30pm, Timber & Steel Thurs 10, 7pm, Open Mic Night Fri 11, 7.30pm, Mr Blonde Sat 12, 7.30pm, Dave Turner Thurs 17, 7pm, Open Mic Night Fri 18, 7.30pm, Dogwood Crossing Sat 19, 7.30pm, Bobby Barnes

Thurs 24, 7pm, Open Mic Night Fri 25, 7.30pm, Frank Benn Sat 26, 7.30pm, Sam Maddison

Coast Restaurant

Sun 6, 2-5pm, Sam Maddison Sun 13, 2-5pm, Frank Benn Sun 20, 2-5pm, Sam Maddison Sun 27, 2-5pm, Frank Benn



Hervey Bay RSL

Thurs 3, 11am, Jon Vea Vea Fri 4, 6pm, Dust Duo Sat 5, 8pm, Red Betty Sun 6, 11.30am, Music in the Restaurant Fri 11, 6pm, Bobby Barnes Sat 12, 8pm, Yakety Yak Sun 13, 11.30am, Doug Edwards Fri 18, 6pm, Shaun Beckett Sat 19, 8pm, Shades Band

Sat 19, 8pm, Eagels Show \$20 members / \$25 non members Sun 20, 11.30am, Music in the Restaurant

Tues 22, 11am, JOK Show with Dennis Knight (Morning Melody) \$5 members / \$7 non members

Fri 25, 6pm, Doug Edwards

The Beach House Hotel

Thurs 3, 7.30pm, Open Mic Fri 4, 8pm, Rock Lords Sat 5, 8.30pm, Uncle Arthur Sun 6, 2pm, Broken Web Thurs 10, 7.30pm, Open Mic Fri 11, 8pm, Shem: Bob Marley Celebration Sat 12, 8.30pm, Red Betty Sun 13, 2pm, Dave Turner Thurs 17, 7.30pm, Open Mic Fri 18, 8pm, Bobby Barnes Sat 19, 8.30pm, Doug & The Upperhand Sun 20, 2pm, Darren Marlow Thurs 24, 7.30pm, Open Mic Fri 25, 8pm, Wrecked on Sunday Sat 26, 8.30pm, Chops Sun 27, 2pm, Shaun Beckett

Smokev Joe's Cafe Bar and Grill - Ramada Hotel

Fri 4, 6pm, Vibeke Sat 5, TBA Fri 11, TBA Sat 12, 6pm, Jim Daniell Fri 18,6pm, Vibeke Sat 19, TBA

MARYBOROUGH

The Federal Hotel

Fri 4, 8.00pm, The Scone **Farmers** Sat 5, 8.00pm, Darryl and the

Fri 11, 8.00pm, Luke Karolak Sat 12, 12.00pm, The Scone Farmers

Sat 12, 8.00pm, Dave Gray Fri 18, 8.00pm, Sam Maddison Sat 19, 8.00pm, Pete Baker Fri 25, 8.00pm, Till Dawn Sat 26, 8.00pm, Open Mic

Maryborough Sports Club

Thurs 3, 6.30pm Glenn Fox Fri 4, 8pm Drew McAlister Tickets \$20 Sat 5, 7pm Forbidden Road Thurs 10, 6.30pm Quinn The Radio Star Fri 11, 7.30 Neil Duddy Sat 12, 7pm Barlight Thurs 17, 6.30pm Glenn Fox Fri 18, 7.30pm One For The Road Sat 19, 7pm Brass Monkey Thurs 24, 6.30pm Quinn The Radio Star

Vox Pop

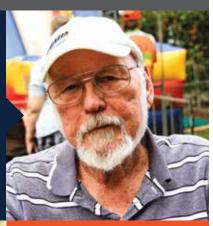
The Annual Hervey Bay Oceans Festival is a month long festival made up of four major events that draw people from all around the region and from afar. I took to the streets to ask people which event they are looking forward to the most.

- Kim Parnell, Editor

The Oceans Festival comes up this month, which event do you look forward to the most and why?

" I definitely enjoy the Seafood Festival as I have a love of seafood. I like seeing the different seafood on display, walking around and enjoying the day".

> Bruce Forge, Urangan





" I have never been to the Festival yet. But when I do go the Seafood Festival sounds like my kind of event. I like the idea of supporting local business".

Sienna Sunn, Maryborough

"My favourite would have to be the Seafood Festival. I love calamari and all things seafood. That is the only reason I go. It is an excellent event".

> Justin Mortimer, Hervey Bay





"As a family we like the Whale Parade and Concert. The school usually has a float and my daughter goes on it. It a great afternoon".

Trish Sander, Urangan



Underwater viewing windows

Waterline viewing Platform

Free Whale DVD

Free Wi-Fi

Buffet lunch on 3/4 Day Cruise

Underwater Hydrophone

- Fast, modern cat, means less time travelling, more time with the whales
- 6 Viewing decks spread over 5 spacious levels, personal space at a premium
- Ideal for photo opportunities of whales, Fraser Island, turtles, dolphins, sea birds etc
- Large Waterline Platform for those extra close encounters
- Underwater hydrophone to listen to the whales sing
- Courtesy transfers between Hervey Bay tourist accommodation and marina
- Fully licensed souvenir kiosk
- Kids activities



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The Dunga Derby Car Rally kicks off once again

The annual Dunga Derby is about to kick off for its 3rd year!

The Dunga Derby is the annual fundraising event that sees up to 50 teams and over 200 people take part in a 4-day car rally - a lot of fun as the themed DUNGA cars must be over 10 years old and cost under \$2000. In the lead up to the rally the teams fundraise for six months with loads of events - everything from barefoot bowls to BBQ's, obstacle course challenges and even a High Tea. The Fraser Coast buzzes with activity and the business community get right behind them, sponsoring the teams and their Dungas.

All funds raised by the Dunga Derby go to the Rally for a Cause charity.

In the last two years over \$300,000 has been raised for Rally for a Cause and has gone to assist over 20 recipients/families. In a region such as the Fraser Coast, a serious medical condition or personal family tragedy can mean a loss of income, costly travel expenses for treatment, expensive medical related equipment or

home renovations and extended stays away from family and loved ones. Rally for a Cause's goal is to help people in our community ease this burden and financial strain where we can.

All the funds raised support people in our own Fraser Coast community - it is raised here and stays here!

The Dungas will be leaving for the Rally at 7am, Thursday 3rd August from the Hervey Bay RSL with an Outside Broadcast being held by Radio HIT 101.9.

Everyone is more than welcome to come down and welcome the Dunga's back for the "Homecoming" event at Seafront Oval on Sunday 6th August, with the festivities starting from 12.30pm. You will be able to see the Dunga's cruise along the Esplanade and then join them for an afternoon BBQ and entertainment.

For more information on the Dunga Derby or to nominate a recipient for the Rally for a Cause charity please go to www. rallyforacause.org.au.

Written By Kerry Spencer



















Bauple Nut Bash September 2

12noon to 8pm

Fireworks Display, food, market stalls, nut cracking championships, Ron Laycocks' Mad Jet Truck, musical Merv, Bhopple Faries, Bar, (licensed function, no BYO Alcohol, Tug O War, Kids Games, great family fun. This event is held at the Bauple Recreation Grounds, 18 Forestry Road, Bauple.

For more information call: Debbie on: 0418 771 696 or Leanne on: 0481 125 024.

Pier 2 Pub Ocean Swim September 10

Some of the races you can enter are Oceanswims.com 500 with the race starting at 8.45am, Edge Marketing 1000 - Race starts at 9.45am, and if course the 3km Torquay Hotel Pier 2 Pub – with the race starting at 11.20am. Registration Briefings are held at the Hervey Bay Surf Lifesaving Club from 7.45am, Enter online at www.oceanswims.com - This event is hosted by Swim Hervey Bay.

Rockin Maryborough Vintage Festival September 15-17

Set against the scenic backdrop of Maryborough's heritage street scapes, the Rockin' Maryborough Vintage Festival is a vibrant weekend celebrating everything vintage and retro, particularly the iconic music, fashion, pin ups and hot rods of the era.

Kicking off with the Rock n Roll Vintage Ball on Friday night, the celebrations go on all weekend with the Miss Rockin' Maryborough Pin-up Pageant, the Rockabilly Dance Party, live music, dancing in the streets and displays of vintage cars, motorbikes, caravans and push-bikes. The weekend also features: Snow N Shine, Pin-up Styling Workshops, Dance Lessons, Vintage Markets, Little Miss Maryborough Pageant, Tattoo Competition and a Pooch Parade.

2017 Maryborough Open House & Open Gardens

September 23 (Open House) September 24 (Open Gardens)

Maryborough Open House invites you to unlock the city's incredible heritage and culture with a rare look inside some of its most significant and interesting buildings. Open House is supported by a full program of tours, events and entertainment across the weekend.

For more details go to: www.maryboroughopenhouse.com.au.

What's On in **SEPTEMBER**





4WD Fraser Coast with confidence

The Fraser Coast offers some of the best 4WD activities in the world including our own Fraser Island. Just as the strength, length and flexibility of your legs impact on the way in which you move and the way you connect to the ground, different types of suspension determine the functionality, safety and comfort of your vehicle in some of this terrain. Made up of several parts that work together suspension affects absolutely every aspect of driving.

4WD's have factory-engineered suspension but it's usually only enough to accommodate a boot load of gear and general road driving or limited off-road driving. Given the importance of suspension, it's surprising how frequently people place priority on installing bull bars, roof racks and other 4WD accessories without even considering their suspension needs. 4WD's are fast becoming a popular choice on the Fraser Cast because on the natural assets yet they are put at risk without proper considerations for each trip.

Installing a set of shock absorbers, a pair of springs or a full suspension kit such as TJM XGS will immediately transform your vehicle's ride, handling, load carrying and towing capabilities. Tyre pressure also has a big impact on the performance particularly through the Fraser Island challenging tracks. So don't forget to talk with your local Talk with your local TJM Hervey Bay and Maryborough outlet about all your 4WD needs.













Going Light to Get the Bite!

There can be times when it's hard to get a bite, even when you know the fish are there. Steve Starling was fishing with us recently, and although we could see lots of big fish on the sounder, they just weren't biting. He comes up with some great captures by downsizing his gear, in the case of the GT and Diamond Trevally shown here, he used his 8lb Bream gear to finesse a bite from these bigger fish. That he landed them, is a credit to his skills and experience!

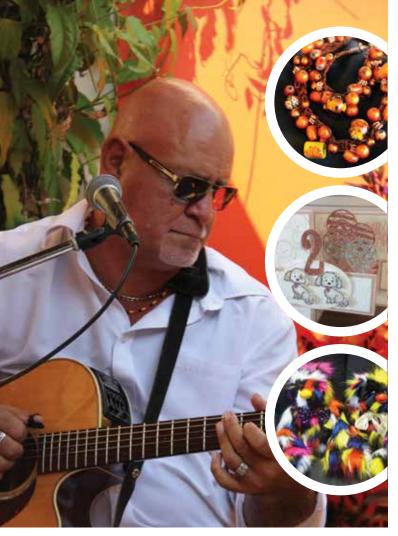
So my tip for this month... sometimes you need to go light to get the bite! And if you'd like to experience fishing in Hervey

Bay, check out my website or give me a call!

John Haenke GuidedFishingDownUnder.com 0418 187 618







The Festival of **Arts and Crafts** arrives at the RSL

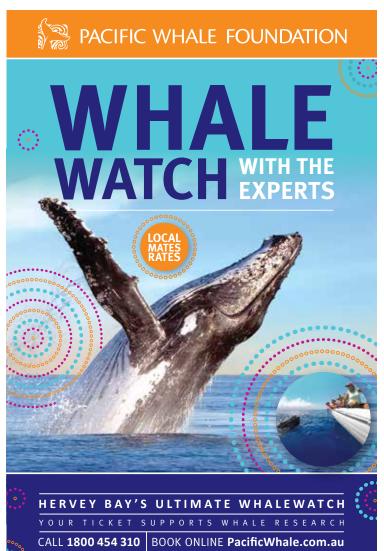
The festival of Arts and Crafts is an annual event held over the first weekend in August (being the 5th and 6th for 2017) at the Hervey Bay RSL from 9 am – 3 pm on the Saturday and from the opening of the RSL till 3 pm on Sunday.

The event celebrates all locally made hand crafted items, with a wide variety of items for sale from the amazing creators, with FREE entry, and raffle prizes donated from the stallholders, these 20 stallholders have a variety of items and you might see that perfect Christmas item or gift and have time to get it exactly made to your requirements or just take it away with you on the day.

Stallholders will be travelling from Biggenden, Childers, Maryborough and of course Hervey Bay and surrounds with a variety of things such as crochet, quilts, teddy bears, jewellery, soaps – all natural products including goats milk items, tea towels, funky friends stuffed toys, rag mats, handmade cards, material bags, sun glasses and phone cases, pottery, crocheted toys and blankets, carry baskets and so much more.

So grab a friend, join the fun at the Hervey Bay RSL, browse, have a coffee, extend the day and enjoy lunch and find that special item you have been looking for, enjoy the music of Jon Vea Vea on Saturday who will also be selling his CD on the day.

Story by Karen Chatfield Co-ordinator for Bay Connect & Urangan Community Centre





Book Now

07 4124 9600

info@bluedolphintours.com.au

www.bluedolphintours.com.au

Fraser Coast Markets

MARYBOROUGH

FRASER COAST WILDLIFE SANCTUARY MARKETS

79 Mungar Road, Maryborough (Donation gets you free entry to the Sanctuary) 3rd Sun of the Month 7am to 12pm

info@frasercoastwildlifesanctuary.org.au

MARYBOROUGH

CITY HEARTS MARKETS

Adelaide & Ellena St, Maryborough

Every Thurs 8am to 1pm

markets@fcte.com.au

HERVEY BAY

NIKENBAH MARKETS

Hervey Bay Animal Refuge Nikenbah-Dundowran Rd, Nikenbah

1st, 3rd & 5th Sun of the month 6am to 12noon

hbanimalrefuge@gmail.com

HERVEY BAY

KOALA MARKETS

Kruger Court, Booral Rd, Urangan 2nd and 4th Sun 6am to 12noon

koalamarkets@yahoo.com.au

(back on 2nd weekend of February)

HERVEY BAY

BUZERS BAZAAR TWILIGHT MARKET

Next door to Mary Ryans, the Esplanade, Torquay

Every Fri

1pm to 6pm

bayconnect@hotmail.com

TORQUAY BEACHSIDE

MARKETS

Outside AQUAVUE, Torquay

2nd & 4th Sat

8am to 1pm

info@torquaymarkets.com.au



The Urangan Pier Park Markets

Every Wednesday

from 7.00am until 1.00pm

and Saturday

from 7.00am until 1.00pm

Come along and join in the fun!

Find us on Facebook

pierparkcommunitymarkets

www.pierparkcommunitymarketsinc.com.au

HERVEY BAY

URANGAN PIER PARK COMMUNITY MARKETS

Pier Park, Urangan (in front of Jetty)

Every Wed 7am to 1pm Every Sat 7am to 1pm

pierparkcommunitymarkets@gmail.com

BAUPLE MARKETS

(free for stallholders)

Band Hall, Band Hall Rd, Bauple 4th Sat of the month

7am to 12noon

www.facebook.com/bauplemarkets

BURRUM HEADS

BURRUM HEADS MARKETS

Community Hall, Main Rd & Howard St **Burum Heads** 2nd Sat of the Month 7am to 11am

BURRUM RIVER

FRASER COAST MONTHLY COUNTRY MARKETS

Australia Adventure Park, 805 **Burrum Heads Rd, Burrum River**

2nd or 3rd Sat of the month (subject to change at any time)

Please go to the Australia Adventure Park Facebook page for updates and times

HOWARD

HOWARD COUNTRY MARKETS

Howard Community Centre Steley St, Howard 1st Sat of the month 7am to 12noon

info@howardcommunitycentre.org.au

TIARO

TIARO MARKETS

Memorial Hall, Main St, Tiaro 2nd Sat of the month 7am to 12noon

HERVEY BAY

HERVEY BAY BOAT CLUB ART & CRAFT MARKET

Buccaneer Dr, Urangan 3rd Wed of the month 9am to 2pm info@boatclub.com.au

Weekly Activities & Fraser Coast Markets **Submissions or corrections:**

Please contact What's On Fraser Coast on 0408 987 860 or

DISCLAIMER: Markets subject to change due to School Holidays, Public Holidays and weather conditions.

Social Snaps







FACILITATING CONNECTIONS THROUGH MUSIC

Community - Schools - Aged Care - Health & Wellbeing - Teambuilding

WEEKLY FACILITATED:

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Out and about on the Fraser Coast







Clockwise from top-left.

Hanna Morgan shows of her 18th century charm at the Mary Poppins Festival

Khaleesi Jasch, 4 shows of some Jewellery to her mum Kylie at the Gem and Jewellery Show

Regular Mary Poppins Chimney Sweeps **Brendon Phillips** and son **Jude**, 6

Magic surrounds Caitlin Norgrove, 3 at the Mary Poppins Festival

Matching trio, Stephanie, 5, Indianna, 3 and Breanna McGibbon, 5 enjoy some magic with Mary

Paula Wheatly with children Jack, 12, Georgia, 7, Ryan, 12 and Mark Brooking enjoyed the Gem Show







Social Snaps Out and about on the Fraser Coast



Restaurant Guide





Thai Diamond Ph. 4124 4855 353 Esplanade, Torquay Hoolihans
Ph. 4194 0099
353 Esplanade,
Torquay

Wild Lotus
Ph. 4125 3278
433 Esplanade,
Torquay

Oriental Palace Ph. 4128 3496 352 Esplanade,

Scarness

Café Belena
Ph. 4125 4799
7 Buccaneer
Drive, Urangan

Ph. 4124 4111 155 Boat Harbour Drive, Pialba

The Vinyard Ph. 4125 6982 552 Esplanade, Urangan

Maryborough RSL Ph. 4122 2321 163-175 Lennox St, Maryborough

Old Sydney Hotel
Ph. 4121 3307
Cnr Richmond
St & Ellena St,
Maryborough





Hervey Bay		
Goodies On the Beach	4128 0248	54 Moreton St, Toogoom
Gatakers Landing	4124 2470	Gatakers Lane, Point Vernon
Tandori Taj	4128 2872	355 Esplanade, Scarness
Migaloo Café	4128 9479	1 Pilot St, Urangan
Agean Waters	4125 2232	434 Esplanade, Torquay
Black Dog	4124 3177	382 Esplanade, Torquay
Gringos	4125 1644	16 Bideford St, Torquay
Ricardos	4124 1666	267 Esplanade, Pialba
Santini's	4125 5880	470 Espalanade, Torquay
Paolo's Pizza	4125 3100	446 Esplanade, Torquay
Bay Aroma	4125 1515	428 Esplanade, Torquay
Badger Brown	4125 6576	449 Esplanade, Torquay
Dan & Stephs		449 Esplanade, Torquay
The Dock	4194 6477	Buccaneer Drive, Urangan
Pier Restaurant	4128 9699	573 Esplanade, Urangan
Salt	4124 9722	569 Esplanade, Urangan
Hogs Breath	4194 5566	163 Boat Harbour Dr, Pialba
Coast Restaurant	4125 5454	469 Esplanade, Torquay
The Boat Club	4128 9643	Buccaneer Dr, Urangan
Viva Italia	4125 2066	566 Esplanade, Urangan
Maryborough		
Muddy Waters Café	4121 5011	133 Wharf St, Maryborough
Fortune Chinese Restaurant	4123 1744	224 Bazaar St, Maryborough

4121 5566

4122 4711

3/133 Lennox St, Maryborough

270 Kent St, Maryborough

Indian Diamond Restaurant

Federal Hotel

In the Kitchen with Paul Redpath

Kitchen Operations Manager @ Carriers Arms Hotel/Motel



How long have you been a Kitchen Operations Manager at, the Carriers Arms?

It has now been over 10 months since I started working here. During this time there have been many positive changes. Here at the Carriers we are about to undertake some renovations, by the time this magazine comes out I will have been to Brisbane and met architects and kitchen suppliers and looked at everything from bowls, spoons, and chairs, in fact anything to do with hospitality. I have been allocated a budget to spend for the renovations.

Who was your biggest inspiration when you were training to be a Chef, and why?

I think everyone in my generation looked up to Jamie Oliver. He was a big inspiration for every young apprentice Chef back in the late 90's everybody wanted to be like Jamie.

Then the Gordon Ramsay's, and Marko Pierre White's came along and you really looked up to them. They have taken our industry so far, maybe without those guys our industry wouldn't be what it is today.

How would you sum up the menu?

Modern Australian up market pub food is the best way to describe it. It is not contemporary. I give the chefs a free range on how they are going to produce their menu, and how they will plate up their dishes. I like my staff to think outside the box. I don't like easy, simple or same. If you are going to come to the Carriers I don't want you to have the same as you can have down the street.

Tell us some of the more memorable moments of your career?

I have catered for many private functions for some of our famous politicians like Kevin Rudd, Tony Abbott, Malcolm Turnbull, and Joe Hockey. I have actually been to John Howard's personal residence as I did a function there, that was pretty special. You see a different side of them after they have had a few bottles of wine, they were really good to have a laugh and a Joke with, at the end of the day, they are all human beings. I remember that the secret service constantly walked through the kitchen checking the fridges, the food, and everything in-

What is the most popular dish on the 'Carriers Bistro' menu?

I would say at the moment probably our Organic Lamb-shanks, with a garlic and spinach mash and a hardy beef dew with a modern touch. We also have some great \$10 lunch specials available seven days a week. These change every day as we like

What is the newest trend that you see emerging?

Fresh, organic and cleaner food. People like simple, plain ingredients with a modern twist on the way that it is styled on the plate. People are getting out of the more complex dishes and wanting something easier.

Do you use many local suppliers?

All of our suppliers are local. I use a local Butcher, Luke from Greg's Quality Meats, I know all the different cuts of meat and have a good relationship with them and they source the best ingredients for me. My Fruit and Vegetable supplier is Chris from Fraser Coast Fresh Produce. My fish comes from Michael at Hervey Bay Fisheries. I shop to support our local farmers and to sustain our region.

What advice would you give a novice just getting into the

Hang on and get ready for the ride, at the end will be a reward that no one can take away. It is a hard journey but if you can hold yourself together and know where your goals are it is a great industry to be in. It will drive itself if you are passionate about food and prepared to work for it.

What is the strangest item in your fridge right now?

I have blood worms in the fridge at the moment – Not fit for human consumption I might add. They are to feed our tropical fish in the fish tanks in our hotel.

Guest Recipe: Kim Parnell, Editor, What's On Fraser Coast Chicken, Herb ınd Parmesan Delight

"This recipe is definitely a family favourite of ours and eaten at least once a week. Packed full of flavour and spice even the kids will love it." Kim Parnell, What's On Fraser Coast.

List of Ingredients

2 tablespoons of extra virgin olive oil, you will need a little more for drizzling later.

3 garlic cloves, crushed

400g tin of chopped tomatoes

1 teaspoon of sea salt

1 teaspoon of sugar

A pinch or two of black pepper

2 tablespoons of fresh, finely chopped basil

4 - 5 chicken breast fillets, diced

100g fresh mozzarella, roughly torn

½ cup of parmesan, grated

2 tablespoons of freshly chopped parsley

Heat 1 tablespoon of olive oil in a saucepan, Add garlic and cook stirring for a few seconds then add the tinned tomatoes, salt, sugar and the pepper. Keep cooking and stirring until the sauce reduces and begins to thicken. Remove pan from the heat and stir through the basil.

Preheat the oven to approximately 180°C and heat 1 tablespoon of oil in a large pan. Add the chicken and cook on high for approx 1-2 minutes on each side, or until golden. Transfer the chicken into an oven proof non stick baking dish. Then pour the tomato sauce topping evenly over the chicken, followed by the torn mozzarella, then sprinkle with the parmesan, finish off by drizzling a small amount of the olive oil on the top of the dish.

Place in a preheated oven and bake for 20-30 minutes, or until brown on top, remove from oven.

Serve with a nice fresh salad some crusty bread and a glass of your favourite wine. Serves 4-5.

Competition

Would YOU like to see your special recipe published here next month?

Do you enjoy taking photos of your dishes?

Send your recipe and photos along with contact details to: info@whatsonfrasercoast.com.au

One winning recipe will be chosen, only the winner will be contacted. What's On Fraser Coast's decision is final and no correspondence will be entered into. Competition closes Friday, August 10 at 5pm. GOOD LUCK!



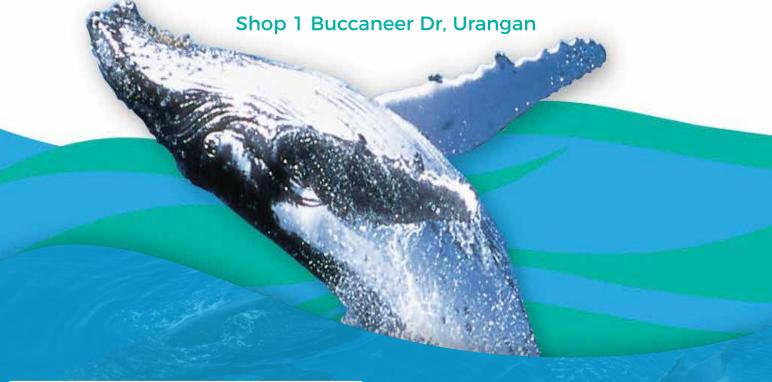
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