

TAKE  
HOME  
ME

# FRASER COAST What's On

OCTOBER 2020 MONTHLY MAGAZINE

43



Inside this issue:

**CONDY PARK**  
A reputation to be proud of  
A SHOW THAT WILL  
HAVE YOU IN **STITCHES**

Local Stories about Local People  
**VIVIAN OAKES**  
**A DESSERT TO**  
DIE FOR **STRAWBERRY SHORTCAKE**



FRASER COAST TOURISM & EVENTS PRESENTS

# Food n Groove FRIDAYS

EST. 2019 - HERVEY BAY

**OCTOBER 2<sup>nd</sup>**

**4PM - 9PM**  
**Seafront Oval, Pialba**

Bring your picnic rug or chair, and chill  
out at the end of your week (1.5m away  
from those outside your household)  
with live entertainment, food stalls,  
licensed bar plus plenty more!

**COVID-19 RULES APPLY**

**For contact tracing all attendees will need  
to register their attendance through  
Fraser Coast Tickets, with registrations  
opening on the 29th of September.**

**frasercoastevents.com**



BE COVIDSAFE

## Fraser Coast Markets



MARYBOROUGH

MARYBOROUGH

### Maryborough Markets

Adelaide and Ellena St, Maryborough  
Every Thursday - 7am to 12pm

### Maryborough Sunday

Mixed Markets  
Maryborough Hockey Association  
Cnr Neptune & Woodstock St  
Every 2nd & 4th Sunday of the month  
7am

HERVEY BAY

HERVEY BAY

### Glenwood Community

Markets - Pepper Rd  
3rd Saturday of the month  
7am - noon

### Koala Markets - Kruger Court

Every 2nd & 5th Sunday  
6am to noon

HERVEY BAY

HERVEY BAY

### Nikenbah Markets

Hervey Bay Animal Refuge  
Nikenbah-Dundowran Rd, Nikenbah  
1st, 3rd and 5th Sunday of the month  
6am to 12 noon

### Urgan Pier Park Markets

Pier Park, Urgan, (in front of Jetty)  
Every Wednesday & Saturday  
7am to 1pm

HERVEY BAY

OTHER AREAS

### Torquay Beachside Markets

Opposite the Torquay Hotel  
Every Saturday  
7am to 1pm

### Brooweena Markets Historical

Village, Smith Crescent  
4th Sunday every 3rd month  
8am to noon

OTHER AREAS

OTHER AREAS

### Burrum Heads Markets

Corner of Burrum Heads Rd &  
Howard St  
2nd Saturday of the Month  
7am - 11.30am

### Tiaro Markets

Corner of Mayne St &  
Forgan Terrace  
2nd Saturday of the month  
7am - noon

OTHER AREAS

OTHER AREAS

### Howard Country Markets

Howard Community Centre,  
Steley St, Howard  
1st Saturday of the month  
7am to 12 noon

### Bauple Markets

Band Hall Road  
4th Saturday of the month  
7am - noon

For all Market submissions or corrections :  
Please contact: What's On Fraser Coast on

**Ph 0467 303 171**

or email: [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)

DISCLAIMER: Markets subject to change due to COVID-19, school  
holidays, public holidays and weather conditions.





# Providing

## A NETWORK OF SUPPORT

A few weeks ago, I was invited along to The Partners of Veterans Association Qld's, (P.V.A.) Annual Conference and Luncheon. What a wonderful group of friendly and supportive women.

These awesome women provide a network to support partners of past and present members of the Australian Defence Force by providing information, friendship, and understanding through some of the most challenging times. I think that they are all amazing ladies. Thank you for the beautiful morning!- Kim, Editor

To find out more about the Association, go to [www.pva.org.au](http://www.pva.org.au).



# MADCOTA

The Maryborough And District Committee On The Ageing Inc.

Working for seniors of today and tomorrow

## MADCOTA Community Hub

(formerly known as Maryborough Senior Citizens Centre)

333 Alice Street, Maryborough

07 4123 1554

[www.madcota.com.au](http://www.madcota.com.au) @macdota

### What's On October

#### MOON & STARS CONCERT

Tuesday 20th October 1:30pm

**RSVP ESSENTIAL** 48 maximum capacity

\$5 door entry inc

Lucky Door Prize and afternoon tea

#### MORNING TEA

Tuesday 13th October 10am

**RSVP ESSENTIAL**

30 maximum capacity

gold coin donation



# Contents

Fraser Coast Markets .....	2
Providing a Network of Support .....	3
WOFC Index .....	4
Editor's Note .....	5
OCTOBER: Inside this Edition .....	5
Photos: A Place to Visit .....	6
Featured Story: Condry Park .....	7
Training, Validation and Proficiency with the (RAAF) .....	8-9
Rising Up .....	10
Local Stories about Local People: Vivian Oakes .....	11-12
Moments in Sports .....	13
A Dessert to Die For: Strawberry Shortcake .....	14
Fraser Coast Relay For Life goes Virtual .....	15
OCTOBER: Calendar of Events .....	16-17
Underrated but educated .....	18
Delve into Books - Cate Akaveka .....	19
Fraser Coast Seniors: Connect with others .....	20
Fashion with Leah .....	22
St. Mary's Following Pathway Goals .....	23
Upcoming Art Exhibition: Drawn from Life .....	24
Dunga Derby News .....	25
A show that will have you in Stitches .....	26
On the Local Music Scene: With musician Liana McKay .....	27
Social Pics .....	28-30
Art Exhibition: Hallowed Ground .....	31



**Disclaimer:** The information in this magazine is intended as a guide only and does not represent the opinion or view of the publisher. Advertising placed in this publication is assumed that the advertiser is not infringing any copyright, trademark, breach of confidence, or does not infringe the Trade Practices Act or other laws, regulations or statutes. Whilst reasonable care is undertaken in producing content for this publication, the publisher and staff do not accept liability for any errors or omissions it may contain.

## Get in Touch

If you have a local story to share, please contact us at [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)  
We would love to hear from you.



## Regular Contributors

Leah Harvey  
Cate Akaveka  
Kylie Nitz  
Stuart Taylor  
Emily Jackson & Phoebe Twedde

## Photography

Kim Parnell  
Pixabay

## What's On

**Produced and Published by Kim Parnell**  
t/a What's On Hervey Bay  
ABN: 39 762 265 534

✉ [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)  
🌐 [whatsonfrasercoast.com.au](http://whatsonfrasercoast.com.au)  
☎ 0467 303 171  
f [www.facebook.com/WhatsOnFraserCoast](https://www.facebook.com/WhatsOnFraserCoast)

**"Whatever you are into, get into What's On Fraser Coast"**





## Note from the Editor

As we age on the outside, our core stays the same – we might just become a little more cynical and weathered with life experiences, but we are still fundamentally the same. Somehow as we age, we can almost feel invisible, as though we are not relevant, when this could not be further from the truth.

Our older generation has a lot of stories just waiting to be told, and these are the stories that fascinate me. I often catch myself looking at a lined face and wondering about the life that the person may have lived that has shaped who they have become.

In my role, I get to meet and interview many people from all walks of life, I am always uncovering some little gem of information about someone that I wasn't expecting and I feel privileged to be able to help people tell their stories.

When memories are evoked, it is with such animation and as though it only happened yesterday. You get a real glimpse into that life and can't but help being swept away with emotion, whatever that may be.

These are the stories that I like to tell.

I encourage you to tell your story, whether just with family, friends – or within the pages of our magazine.

If you call the Fraser Coast home and have a story to tell, send me an email with a brief outline to [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com).

Kim Parnell  
Editor/Owner

## Inside this month's edition!

**Condy Park Kindergarten** proudly celebrated 60 years of operation last year and are launching a book later this month that will be rich with the history of the kindergarten and give us an insight about what Pialba was like during that particular period of time.

We meet local resident **Viv Oakes** as he reminisces on his skydiving years, injuries, and rehabilitation as well as winning gold at last year's Master's Swimming Championships. At sixty-six years of age, Viv is living life to the fullest, with no signs of slowing down, he has a great story to tell.

**Z-Pac Theatre** is excited to talk about their upcoming show, 'Stiff' being held at the Brolga Theatre and Convention Centre. Full of madness and mayhem, misadventure, and suspense this production has it all, and you won't want to miss a moment.

The E-7A Wedgetail caused quite a stir around the region as it rumbled in the skies above Hervey Bay recently. People sent me videos and photos about this large plane, our original post and photo had a reach of over 15,000 interested people. This prompted me to chat to **(RAAF) Flight Lieutenant Ryan Anderson**, who told me all about the training mission.

Enjoy!

*Kim Parnell*

Editor, What's On Fraser Coast

## PROPERTY OF THE MONTH: 8 HAMPTON CT URRAWEEEN



BEAUTIFULLY MODERNIZED THROUGHOUT THIS NEWLY LISTED 5 BEDROOM HOME WOULD BE IDEAL FOR FAMILIES WHO HAVE REGULAR GUESTS OR EXTENDED FAMILY. OFFERING MAGNIFICENT VIEWS, SOLAR, POOL & SPA, BALINESE HUT, LARGE DECKED ENTERTAINING AREA, SECURITY LIGHTS, CRIMSAFE, ELECTRIC FRONT GATE, PLUS GUEST QUARTERS WITH OWN ENTRY! THERE IS SO MUCH ON OFFER WITH THIS PROPERTY THAT AN INSPECTION IS A MUST TO APPRECIATE!

TO BOOK YOUR PRIVATE VIEWING CALL SYLVIA TODAY!

5 BED, 3 BATH, 10 CAR, POOL & SPA

[www.herveybay.realway.com.au](http://www.herveybay.realway.com.au)

**RealWay**

PROPERTY CONSULTANTS



**SYLVIA RALEIGH**

M: 0427 698 259

Realway Property Consultants

363 Esplanade Scarness

P: 07 4128 4255





*A place to visit - Walk with the Anzacs  
Gallipoli to Armistice Memorial  
Queens Park, Maryborough*

Photo Credit – Kim Parnell



**Your best choice for Social Media, Events, Website Design and Graphics on the Fraser Coast**  
Enquire now... [www.360degreesmarketing.com.au](http://www.360degreesmarketing.com.au)





# A REPUTATION TO BE PROUD OF

By Kim Parnell

**Last year Condly Park Kindergarten reached a significant milestone and celebrated sixty years of operation. The celebrations were relatively low key and took place at the popular annual Teddy Bears Picnic.**

Local Historian and Condly Park President Craig Barrett said, "As a committee, we were always interested to know where the name Condly Park originated. At the picnic, we had a stall, and I had done up some interpretation panels with a bit of history and a few photos, but we still didn't know a whole lot at that point".

A previous committee had put together a lot of material a decade earlier to celebrate the 50th Anniversary, and this was a great resource to draw from but needed to be put into narrative form. Craig said, "We pulled it all together and decided to write the history in book form so as it could be published. In years to come people can build on that history, so as it will never be forgotten".

The story begins in 1958 with a property called Condly Park, located right across the road where the Discovery Sphere now stands in Pialba. Local Couple Alexander and Eva Condly had decided to move to Brisbane, and they bequeathed the property to the Pialba Methodist Church of which they were members. At the time the Church was located where Pialba Place is now and is described as having been a beautiful bush church, made from timber and tin. "The building evokes a different sense of what Pialba was at the time," says Craig.

To find out more about the history of Condly Park Kindergarten, you will have to read the book!

Staff Member Marie Baker has seen many changes over twenty years, including two moves and says, "I have a great balance at work as I love working with the children, and in the office too".

Also planned this month is the burying of a time capsule. The children will help to determine what goes into the capsule, once filled it will be buried in City Park, near where the first Condly Park was. Condly Park is now the oldest operating Kindergarten in Hervey

Bay and has been a central community institution to many throughout the years. An incredible achievement.

Centre Director Kathryn Forgan-Flynn says, "We strive to ensure that our Kindergarten meets the community's needs in every way. Our centre has always been for the community and run by the community. Condly Park has an excellent reputation, and we are very proud of that".

Play is also a huge part of the curriculum at Condly Park and is actually part of the foundation of the centre's philosophy. You can climb a tree, play amongst massive rocks, logs and sticks or in the large mud patch. During mud play, the kids build campsites and create structures and let their imaginations run free. A lot of learning takes place during play.

**Kathryn says, "We are very proud of our teaching staff and have incredibly diverse teachers and educators. It is that diversity that gives us the ability to engage children in risk-based play".**

Beach Kindy has been another successful program and has been running for five years. It is all about children's connection to nature and the importance of building resilience, problem-solving, social connections and most importantly, that emotional wellbeing which has been critical this year with COVID.

Children also learn how to understand the environment that they find themselves in, and about the animals and plants. The whole experience teaches them to have respect for nature.

Kathryn says, "We have parents that were children here, bringing their children in. That is amazing. You can't replicate that sense of history or that connection within the community.

The book is titled

**The Gift of Play**  
**The History of Condly Park Kindergarten**

If you would like to know more contact the Kindy on 4128 2786.



Historian and President Craig Barrett, Centre Director Kathryn Forgan-Flynn and long term staff member Marie Baker



**Condly Park**  
**KINDERGARTEN**

CHILDREN • EDUCATORS • COMMUNITY





**(RAAF) Flight Lieutenant  
RYAN ANDERSON**

# TRAINING, ► VALIDATION AND PROFICIENCY

**For a good part of August, the sky above us was filled with the rumble of a Royal Australian Air Force (RAAF) E-7A Wedgetail from No. 2 Squadron based at RAAF Base Williamtown. The aircraft caused a stir within the community and also generated much excitement. Residents and visitors took videos and photos, then sent them through to What's On Fraser Coast.**

A friend of mine, Karen Stillman, sent in the first photo of the aircraft, this was put on our Facebook page - What's On Fraser Coast. The image went viral, and at the time of writing, had reached well over 12,000 people.

It was at that point that all eyes turned to the sky.

I decided to find out a little more about the aircraft, the mission and the people that fly this spectacular plane.

Thank you to the ADF for letting me chat to Flight Lieutenant Ryan Anderson from No. 2 Squadron, who was one of the pilots who captained a mission above Hervey Bay and knows firsthand everything there is to know about the Wedgetail and its capabilities.

**Tell me a little about your background, how long have you been in the Air Force, and where you are based?**

I grew up on the Sunshine Coast and joined the Air Force in 2012. After three years at the Australian Defence Force Academy, I graduated with a Bachelor of Technology Degree. In 2015 I began a pilot's course. After receiving my wings, I was then posted to 2 Squadron based at RAAF Base Williamtown near Newcastle. What followed was a conversion course in preparation to fly the Wedgetail. In 2018 I got my captaincy for the aircraft and later that year was awarded an International Captaincy. I have been operating on the Wedgetail for just over four years.

**What does your role entail?**

On the Wedgetail we can have up to ten mission crew, everyone has an important role to play. As a pilot on the Wedgetail, my primary function is to accurately position the aircraft to optimise the sensors onboard to ensure that the data that is being collected is valid. The data is then transferred to all of the aircraft airborne in the theatre of operation at the time. What we do helps significantly to increase both the situational and the battle awareness as we can see what is coming and are able to relay that information on.

**Have you done any overseas missions?**

To be awarded international captaincy you have to do an international exercise. Last year I took the Wedgetail to Las Vegas and attended Exercise Red Flag held at Nellis Air Force Base in Nevada.

**By Kim Parnell**



On arrival back to Base, I found out that I was going to be deployed as part of the Australian efforts, to the United Arab Emirates as the aircraft captain for rotation 16 of Operation Okra. The airborne mission took place in the airspace above the Middle East Region.

### Tell us a little about the E-7A Wedgetail aircraft and how it performs?

The E-7A Wedgetail provides Australia with one of the most advanced air battlespace management capabilities in the world. Currently, we have 6 Wedgetails on hand, which is a great asset for Australia. The Wedgetail is manufactured by Boeing and has a wingspan of 34.3 m. This particular aircraft is used for controlling the airspace; sometimes you may have 30 to 40 aircraft that you need to check-in and position.

### What was the mission recently over Hervey Bay and the Fraser Coast?

The purpose of the mission scenario was to test the skills of RAAF E-7A pilots in approaches within designated training airspace.

Regular training ensures RAAF aircrew validation and proficiency, maintaining the highest standards of skillsets to ensure optimal operational readiness.

Hervey Bay is a Class G air zone this means that there is no air traffic control, so it is in an uncontrolled airspace environment, this allows us to practise our separation standards, (the distance between two planes). It is about pilots talking to pilots through a common terminal area frequency.

In other larger areas, this is done by air traffic controllers, so this is great practise for us.



### Is there anything else that you would like the people of the Fraser Coast to know about the mission that took place above our heads?

Now and again over the next few years, you can probably expect to see a Wedgetail fly into Hervey Bay as it is an excellent place for training. It is also a beautiful region of Australia. Last year I was conducting a similar exercise and saw some whales below it was a beautiful sight.

Please note - All flying activity is conducted within strict guidelines. Noise management and environmental impact are vital considerations in the planning and conduct of any military activity.

**Air Force appreciates the support it receives from the wider community.**

What's On Fraser Coast would like to thank the RAAF for taking the amazing photos for us!

## Are you looking for your "castle"?

Then you should take a look at the House & Land packages available at Kingston Hervey Bay. Quality homes being built by quality builders in a quality estate.

- 👑 Price range \$515k to \$560k
- 👑 All packages eligible for builders grant
- 👑 Central location - close to CBD, shopping and medical
- 👑 Flat blocks - room for shed and side access on most lots
- 👑 NBN ready
- 👑 Local developer

**Ricky Cullen**  
CONSTRUCTIONS

**STEVE BAGNALL HOMES**  
A builder who understands that quality counts

**Wide Bay**  
HOMES  
Building Affordable Quality Homes Since 1986

**WM**  
WYNMOR  
HOMES

**Vivid**  
Home Builders  
Custom Home Building Specialist



\*Buy off the plan now and go to contract subject to titles early 2021. Contact our office for more details. This illustration is indicative for marketing purposes only. Please refer to the developer for detailed and accurate block information.

**KINGSTON**  
HERVEY BAY

**LAND. LIFESTYLE. LOVE.**

Call today 1300 705 405

Sales Office - 2 Richard Charles Drive, Kawungan

Email [living@kingstonherveybay.com.au](mailto:living@kingstonherveybay.com.au)

Direct 07 4325 3330

Mobile 0439 436 993

[www.kingstonherveybay.com.au](http://www.kingstonherveybay.com.au)



# RISING UP

By Kylie Nitz

**As October swings around I have found myself unable to get out and about in our beautiful city as much as I'd normally do and boy haven't I missed it, but that hasn't stopped me keeping ear to the ground to hear of the awesome projects and new venture happenings in the region.**

Fraser Coast Talent Time will happen this month on Saturday 17th October with encore performers being SOUL CITY! Yes, Soul City will be performing from approximately 8:30 – 10:00pm; after the finals and to a restricted adult only crowd of 160 patrons who have pre-purchased tickets. Ticket prices are just \$15.00 and available through "Eventbrite" until sold out. Contact the Maryborough City Progress Association for more details: [mcpai.sec@gmail.com](mailto:mcpai.sec@gmail.com)

Over the past few months my project coordination prowess has been focussed on Maryborough & District Committee On The Ageing (MADCOTA) with building the capacity of the centre. MADCOTA are the owners of the centre located at 333 Alice Street, Maryborough and for 48 years it has been known as the "Maryborough Senior Citizens Centre". In order to build capacity, we need to provide opportunities for seniors of the now and seniors of the future. This can be achieved by bringing the Well-Aged Program into the 21st Century and this will be done by providing more inclusive events to encourage more community members to join in on working groups and to have input into planning of future projections.

Just some of the projects to come to fruition over the next 12 months include "It Takes A Village"; A school holiday program for Grandparents who care for school aged children, "In Their Eyes"; A coffee table book to record the real life, and quirky memories of our Seniors before they are lost forever, and "Story Bench Trail"; An extension to "In Their Eyes" where these stories will be displayed on plaques fixed to park benches around the region.

However, the first big public change that will be seen is the re-naming of the centre to "MADCOTA Community Hub". The new name will reflect the new vision and new future of the centre, the first step towards meeting 21st century needs.

MCPAI also have their Annual General Meeting on 19th October at the MADCOTA Community Hub. This will be my last meeting in the capacity of President of the Association. In order for the Association to grow it is important that new leadership be incorporated so that new projects, dreams, and directions can be born for our wonderful community.

During my time as President the community has seen MCPAI take on a respected and prominent brand, become well known event coordinators for Maryborough, provide assistance for groups to develop and learn to take on their own incorporation and direction, encourage and support youth to have a voice in the community, grow in advocacy for Maryborough and her regions, auspice outer communities to achieve goals, grow in membership and collaborate with other organizations to achieve progress.

I am overwhelmingly proud of the work and dedication of every member, both past and present, to make Maryborough a desirable place to live and a region that boasts extreme civic pride. Being in the position has given me even more love for, and appreciation of, our beautiful city and it has been a complete honour to serve the community in this capacity.

When one sits too long in the lead, association growth can become stagnated, and people burnout. I never want this to happen so I will take a 12-month rest and focus on family and personal development to come back with fire in the belly and keep Maryborough Rising Up.

Interested parties should submit an expression of interest via  
email to: [mcpai.fctt@gmail.com](mailto:mcpai.fctt@gmail.com)

**Keep going Maryborough, we are still Rising Up.**





# VIVIAN OAKES

By Kim Parnell

*As we journey through life, we make many memories and encounter so much along the way. All of these experiences are what creates our history and makes us who we are today - scars and all. I believe that we all have an interesting story to tell. These are the stories that I enjoy telling the most.*

Before conducting a media interview, I like to have all of the questions written down and at the ready - with a clear idea of the direction that I would like the story to take. But when you are sitting across from each other, face to face, the conversation quite often goes off on a completely different tangent as you find out more about your interviewee.

Local resident Viv Oakes is a classic example of this.

After moving from the Sunshine Coast, sixty-six-year-old Viv has called Hervey Bay home for thirteen years. He has three grown kids and four grandkids who he catches up with when he can, he also enjoys four-wheel driving on Fraser Island, going for long walks, and coffee.

But pull away the layers, and you uncover a daredevil below the surface. It is hard to believe that this unassuming, outgoing, and spontaneous larrikin has 780 jumps under his belt, but didn't take up the skydiving until he was in his 50's. Viv says, "I remember buying myself a tandem skydive for my birthday. I was addicted, the adrenaline and the buzz were amazing".

What makes this even more remarkable is the fact that Viv was scared of heights and also of the unknown but needn't have worried as he was in great hands and said that his fear of heights was probably the main reason for him to jump in the first place.

***"I was having a midlife crisis I think, I had gone through a separation and had a will to die", said Viv with a laugh. "When you jump out of a plane you don't think of anything but the jump and the job at hand".***

So, it was no surprise that he decided to do the nine-week course to become a Novice. The course taught about stability in the air, how to use your handle to pull the ripcord as well as how to steer the parachute to land.

Viv wasn't content with just jumping out of a plane and falling through the air but learnt how to participate in formation dives where timing is everything.



"When you jump out of that plane, you have a responsible job to do. You have to dive down to the formation and get down there as quick as you can, but you have to be very careful that you don't go below the formation, you have to ease yourself in slowly, it takes years of learning. If you go under the formation and look up, you arch and fall faster, so you have to be careful and remember all of your training".

Viv is a member of Toogoolawah Skydivers and remembers the popular Toogoolawah drop zone where all of the fun jumpers went. "You get to jump directly over the drop zone, then walk over to what they call the Turkey Hut, repack your parachute and head back on another load to do it all again".

Continued on page 12



Continued from page 11

The most jumps Viv has done is about five jumps in the one day. Spending many hours in the air with other jumpers gave him a sense of family and created many long-lasting friendships, many that he still has today. When you skydive, you jump all day and party all night.

But he has had his fair share of injuries too, including one that ended his skydiving run altogether.

His first serious injury occurred while only four jumps outside completing his Novice qualification, Viv got caught in a whirly wind as he was coming in to land and ended up with two broken feet and a busted face.

Then on September 29th in 2007, Viv made a grave error and turned to low and at the wrong time. He says, "I don't remember the whole lot, but the landing impacted heavily on the right leg, it took the full force.

***"I had broken my femur and had a spiral fracture as well. I don't remember actually hitting the ground, but they had to cut off my jumpsuit and the parachute too".***

Viv had scored himself a free helicopter ride to the PA Hospital where a titanium steel rod was inserted in his leg along with six screws to keep it all in place. After spending six weeks in hospital, a long rehabilitation lay ahead.

A few months before the accident, Viv had been diagnosed with Degenerative Spondylosis from his years as a Bricklayer. This is a type of arthritis caused by wear and tear to the spine. The condition also affects the nerves and can be excruciating for the sufferer, so it was a double whammy.

If you are lucky enough to use Viv's toilet, the titanium rod, screws, and x-rays now take pride of place on the wall for all to see.

During recovery, Viv moved to Hervey Bay to be with his dad and started swimming as part of his rehabilitation. He would go to the local pool on crutches and walk the pool to build up strength.

Viv says, "I started swimming for fitness. I wouldn't say that it gives me pleasure, but it is addictive in a different way. I do a lot of ocean swims these days, I have been doing Byron Bay since 1999, there is a drop zone down there so I would stay at the drop zone and do the swim. Due to COVID, I had to miss out this year".

Viv has been with Hervey Bay Humpbacks for a few years now and competes in the master's swimming competitions. Last year he competed in the Great Barrier Reef Masters Games and took away seven golds, this was a great achievement.

One thing is for sure, Viv is living life to the fullest. I wonder what he will get up to next!

## What's On at Arkarra



### Saturday October 3rd: FRASER COAST STREET FOOD & CRAFT BEER FESTIVAL.

The much anticipated Fraser Coast Street Food & Craft Beer Festival spectacular in the gardens at Arkarra! Pop Up Food Stalls featuring a wide range of delicious street food. Craft Beer, Bubbles, Wine & Cocktails Bar. Brisbane One Man Band Shane Fell on Stage.

Bookings at <https://www.trybooking.com/BKWNP>



**Saturday October 17th: OKTOBERFEST HERVEY BAY:** On Saturday 17th October, Arkarra will transform our grande marquee into a German Beer Hall complete with thigh-slapping, Oktoberfest musicians Euroband, German Beers and an awesome menu of Oktoberfest dishes like Schweinshaxe pork knuckles & Chicken schnitzels. Bookings at <https://www.trybooking.com/BLDLX>



**Tuesday November 3rd: MELBOURNE CUP HIGH TEA:** Enjoy a High Tea on fine china crockery and watch the race that stops a nation. Menu of pinwheel and cucumber sandwiches, salmon wraps, savoury pastries and scones, assorted canapes, canape on croute, fresh scones, slices, individual desserts and tea. Tickets available at <https://www.trybooking.com/BLDQM>



**Saturday November 14th: BEST OF BRITISH DAY AT ARKARRA.** On Saturday 14th November Arkarra will transform our grande marquee into an Old Time Music Hall. Come along & sing-along some war time favourite tunes with WWII RAF veteran piano man Frank Marsh tickling the ivories and enjoy a menu of classic British meals. Bookings at <https://www.trybooking.com/BLDSM>

Where a 7 minute drive takes you  
10,000 miles from your cares...

Arkarra  
GARDENS CAFÉ RESTAURANT



**OPENS:**  
**MON-FRI 8:30am -3:00pm / SAT & SUN 8:00am - 3:00pm**

**Ph 07 4128 8069**  
28 Panorama Drive, Dundowran Q  
[arkarra.com.au](http://arkarra.com.au)





## ETHAN THE ATHLETE

It was like any other school athletics carnival in any Australian town. When the gun sounded the boys were off on their 800-meter race. As the winner crossed the line, he noticed his friend Ethan had one lap left to run. He ran to Ethan and put his arm around him, encouraging him to keep going. The two boys would finish the race together.

This race would touch those who were there, but for Ethan's parents it would touch their souls and break their hearts at the same time. Not every sporting experience had been so joyful for the then eight-year-old Ethan and his family.

Ethan has Down syndrome.

Gail and Myles are loving parents who raise their children to enjoy and participate in sport. They didn't see it any different for their son Ethan and when he turned eight, they were quick to sign him up for a junior team sport. Despite being athletic, enthusiastic, and dedicated; Ethan's experience was terrifying.

Gail was shocked by the way Ethan was treated. "We are a sporting family and wanted Ethan to have that. But when he would play, I would have to stand on the sideline and make sure his own teammates didn't bully or hurt him".

What should have been a wonderful experience for Ethan and his family would often end in a tearful and joyless drive home. "In one of his first games, Ethan caught the ball and kicked it the wrong way. One of his teammates walked up to him, swore at him and said, 'you can't kick the ball you retard'". Gail and Myles felt angry and helpless.

One event still burns in Gail's soul to this day. "After one of the games, Ethan was kicking a ball with a few players from his team. I was watching them play and noticed more players join. I then lost sight of them behind one of the sheds and decided to go down and see if everything was okay. As I approached, I heard Myles yell 'get off him, get off him'. By the tone of his voice, I could tell something was wrong. I ran behind the shed and saw Ethan laying on the ground being kicked by a group of kids".

What made it harder was how people responded to the incident. "I am not sure if parents even knew how to deal with it, but no one spoke to us and no one apologised to Ethan". The experience left Ethan feeling scared and intimidated. These feelings would stay with him until he found athletics.

With time and support from his family, coaches and athletics club, Ethan grew into a confident, competitive, and dedicated athlete. His dedication to his sport was rewarded in 2018 when he was selected to represent Australia in the Global Games, where he competed in the 100 and 200 meter sprints, and tri event.

In March this year Ethan was to compete in Trisome World Games in Turkey, a global competition for athletes with Down syndrome. It is something that he had been training hard for and had support from his family, school, club, and community. Unfortunately, as the world shut down due to COVID19, so did Ethan's opportunity to represent Australia. But this hasn't stopped him in chasing his dreams.

Gail reflects on Ethan's journey so far. "When he went through that horrible time, it made him feel scared. Now he sees himself as an athlete. His goal is to be the fastest man with Down syndrome in the World, and I think he will do it." For Ethan it is simple, "it makes me happy and proud that people notice me now".

Ethan is an athlete. He has represented his school, city, region, state and country. Now at the age of 16, his achievements are remarkable.

**Written by Stuart Taylor**

Stuart is a writer and podcaster for Entente Sport and the Future Champions Podcast. [www.ententesport.com.au](http://www.ententesport.com.au)



## A Dessert to Die For

# Strawberry Shortcake

Nothing beats the taste of your own delicious creation. Pick up some fresh strawberries, and make your own whipped cream to make this scrumptious dessert. Make a batch of these and I guarantee that they will be eaten in a flash. Let's get cooking!



**Makes...Lots!**

### Strawberries and Whipped Cream

6–7 cups quartered strawberries  
75g granulated sugar, divided  
1 teaspoon pure vanilla extract  
240ml, heavy cream

### Biscuits

3 cups all-purpose flour  
1/4 cup granulated sugar  
2 Tablespoons baking powder  
1 teaspoon salt  
3/4 cup unsalted butter, cold and cubed  
1 cup cold buttermilk  
2 Tablespoons heavy cream (or buttermilk)  
coarse sugar, for sprinkling

### Method

Prepare the strawberries: Stir the strawberries and 1/4 cup granulated sugar together in a large bowl. Cover and set in the refrigerator until ready to use.

Make the biscuits: Preheat oven to 218°C. Mix the flour, granulated sugar, baking powder, and salt together in a large bowl. Whisk until

combined. Add the cubed butter and cut into the dry ingredients. Keep working until the mixture resembles rough/coarse crumbs.

Pour buttermilk in bowl. Stir everything together until combined, don't overwork the dough. Turn the dough out onto the work surface and mold it together in a ball using your hands. Flatten until it is about 1/2 inch thick. Cut into 3-inch circles with a biscuit cutter.

Arrange close together on a lined baking sheet, make sure that they are not touching. Brush the tops with 2 tablespoons of heavy cream or buttermilk, then sprinkle with rough/coarse sugar.

Bake for 15 minutes or until biscuits are golden brown. Remove from the oven and allow to cool for 10 minutes before assembling.

Now for the whipped cream: Beat the heavy cream, along with 2 tablespoons of granulated sugar, and the vanilla until soft, medium peaks form, this takes about 3 minutes.

**To serve:** Slice the biscuits in half and layer with strawberries and whipped cream. Serve immediately.





# The Boat Club

Harbour View Dining & Entertainment

Sam Maddison



2<sup>ND</sup> & 24<sup>TH</sup> OCT

Brian Speirs



3<sup>RD</sup> & 31<sup>ST</sup> OCT

Derek Smith



9<sup>TH</sup> OCT

Vibeke Voller



16<sup>TH</sup> OCT

Frank Benn



17<sup>TH</sup> & 23<sup>RD</sup> OCT

FOR MORE INFO VISIT OUR WEBSITE OF FACEBOOK PAGE

[boatclub.com.au](http://boatclub.com.au)



CALL: 4128 9643

FIND US DOWN BY THE MARINA, BUCCANEER DR. URANGAN

Information for members & guests.

## Fraser Coast

### RELAY FOR LIFE GOES VIRTUAL

For the first time in its history, Relay For Life has gone virtual, with the Fraser Coast event to be streamed via Facebook on Saturday 17 October 2020.

The choice to transform the iconic event was made by the local Relay For Life committee to ensure that the spirit of Relay was kept alive among physical event cancellations due to COVID-19.

The virtual event will run from 3pm to 7pm and, just like physical events from previous years, will include an opening and closing ceremony, a Survivors & Carers Walk and an emotional Candlelight Ceremony.

Cancer Council Queensland CEO Ms Chris McMillan said while the event might look very different this year, it will still be an unforgettable experience.

"Relay For Life brings communities together to celebrate cancer survivorship, remember loved ones lost and empower teams of families, friends and colleagues to raise funds and fight back against cancer," Ms McMillan said.

"Around 1765 people are diagnosed with cancer each year in the Wide Bay Burnett region and Relay For Life enables us to support those people.

"Every dollar raised through Relay For Life funds our work, and in turn, provides vital support and care for all Queenslanders every minute, every hour, every day

"This virtual event will make it even easier for families, businesses, colleagues, and friends to participate in Relay For Life and make a difference."

Going virtual isn't the only change happening this year. Long standing Relay For Life committee chair, Kay Nixon, stepped down from her post after nine years of helping to coordinate this iconic fundraiser.

"Over the years, Relay For Life has been my way of giving back to a community and a charity that has done so much for my family," Ms Nixon said.

"I'm resigning from my position as Relay For Life Committee Chair due to health reasons, but I'll never stop having purple pride."

Ms Nixon has been a dedicated committee chair and made a big difference in the lives of those impacted by cancer.

**Join your community of incredible Relay supporters who will take part in the first virtual Relay For Life and continue the fight against cancer. To find out more, visit [www.relayforlife.org.au](http://www.relayforlife.org.au) or call 1300 65 65 85.**





# Calendar of Events

Brought to you by **What's On Fraser Coast**

## OCTOBER

**SEPT 14 – OCT 12**

**Tour de Bay  
Ride for a Reason**

(Complete in your own time during the dates above). Must register online [www.tourdebay.com.au](http://www.tourdebay.com.au)

**SEPT 26 - OCT 31**

**Art Exhibition  
Hallowed Ground  
Childers Visual Arts**

From 10am daily  
Gatakers Artspace

**SEPT 26 - OCT 31**

**Art Exhibition – Drawn from  
Life – Life Drawers**

From 10am daily  
Gatakers Artspace

**OCT 1 (THURS)**

**South Korean Culture Café**

10am  
Hervey Bay Neighbourhood Centre

**OCT 2, 16 & 30**

**Coloured Pencil Workshops  
with Kevin Rogers**

10am – 12pm  
BYO your own equipment  
\$2 per person  
Maryborough Art Gallery  
Call 4122 4408 to book

**OCT 2 (FRI)**

**Food N Groove Fridays**

From 4pm  
Seafront Oval

**OCT 2 (FRI)**

**Hervey Bay Boat Club**

LIVE music – Sam Maddison

**OCT 3 (SAT)**

**Fraser Coast Street Food  
& Craft Beer Festival**

Arkarra Gardens Café  
Restaurant

**OCT 3 (SAT)**

**Kite Flying**

(First Sat of each Month)  
From 9am – Sports Precinct,  
Nikenbah

**OCT 3-4**

**Maryborough Swap Meet**

Maryborough Showgrounds &  
Equestrian Centre

**OCT 4 & 7**

**(Scrutineering) - Coast to  
Country Dunga Derby**

**OCT 5 (MON)**

**World Teachers Day**

**OCT 7 (WED)**

**Hervey Bay Botanic  
Gardens Monthly Tour**

Guided tours, first Wednesday of  
each month  
10am – 11am

**OCT 10 (SAT)**

**Light the Night (Virtual)**

FRASER COAST

**What's On**

October 2020 16



**OCT 12 (MON)**

**Motov8ing Boys -  
Fraser Coast**

Brolga Theatre & Convention  
Centre

**OCT 15 (THURS)**

**Pitch Night**

Hervey Bay Neighbourhood  
Centre

**OCT 15 – 18**

**2020 Dunga Derby  
The Double Dunga**

**OCT 17 (SAT)**

**Energy & Wellbeing Expo**

Brolga Theatre & Convention  
Centre - Maryborough

**OCT 17 (SAT)**

**Oktoberfest Hervey Bay**

10.30am  
Arkarra Gardens Café Restaurant

**OCT 17 (SAT)**

**Fraser Coast Relay for Life  
(Virtual)**

**OCT 17 – 18**

**Death in a Minute – Theatre  
Improvisation Extravaganza**

Z-Pac Theatre

**OCT 17 (SAT)**

**Fraser Coast Talent Time**

Maryborough State High School  
Find the event on Facebook

**OCT 18 (SUN)**

**The 2020 Fraser Record Fair**

9am – 4pm  
Gold Coin Donation  
Hervey Bay Neighbourhood Centre

**OCT 22 (THURS)**

**Morning Melodies  
Darren Coggan Campfire**

11am  
For tickets contact the Brolga  
Theatre & Convention Centre

**OCT 30 – NOV 1**

**Live Theatre - Stiff**

Brolga Theatre @ Convention  
Centre  
Bookings 4122 6060 or at Brolga

**OCT 31 (SAT)**

**QLD State Election**

\*A full market list is on page 2.  
If you have an event to add please send through  
details to [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)

**\*Please note** – All event details are correct at time of print. The current Coronavirus crisis has impacted events dramatically and as a result events can be cancelled, have time changes, or be rescheduled without our knowledge. What's On Fraser Coast takes no responsibility if this happens, we also take no part in organising any event listed. We offer this calendar as a free community service and in good faith.



**Bean Beat**  
Espresso bar

**SCARNESS** 4124 0616  
(Next to Beach House Hotel)

**PIALBA** 4128 4411  
(At the WetSide Water Park)

Add us @bean.beat 



# Underrated

## BUT EDUCATED

Underrated but Educated: The musings of Emily Jackson and Phoebe Tweddle and their experiences through the perilous journey of growing up.

### Does Your Career Define You?

**From the moment we muster the ability to place one of our tiny feet in front of the other, plans of a future we can't comprehend are being envisioned for us. Teeter a little quicker than normal, and you're going to be an Olympic sprinter. Hold a long, unwavering note during a relentless toddler tantrum, and you're going to be a pop star. Put forth a conceivable argument during a sibling argument, and, oh, you're going to be a lawyer.**

At the ripe age of five, when introduced to the education system, we're met with that seemingly crucial, yet banal question, "What do you want to be when you grow up?" Answer wisely because it's our career that defines who we are as an adult. At least, we're conditioned to feel that way. Then, at the close of that decade, we're nearing the end of our high school years, and the pressure of electing a career to pour our heart, soul, and some monumental tuition into, only magnifies.

Amongst all this pressure, we have considered ourselves part of the lucky ones – because we knew. We both knew what paths we wanted to take since we can remember. Phoebe was going to be in the entertainment industry and Emily, she was going to be a news reporter. We held those careers to the highest value and placed immense personal worth on achieving those dreams.

But lately, those certainties for both of us have been questioned. Maybe we're not so sure that's the industry we see ourselves fulfilling now. This psyche not only left us in a state of confusion but a state of frustration and disappointment.

What we've come to realise though, is that there is no one element to encompass our success as people. Success goes far beyond what we choose to do to earn us a living. As human beings, we crave excitement, gratification, growth... And those things don't come from getting the promotion, or even the job; they come from the pursuit of achievements such as those.

If you pursue an achievement that deviates from what you had initially planned for yourself, it doesn't mean the total abandonment of those original plans, it simply means the expansion of your avenues of success.





ADVERTISEMENT

# SPEAKING UP FOR HERVEY BAY

I need your vote to help me continue

I am running as an independent in the upcoming State Election, to keep a true local voice for our city.

With years of experience as a police prosecutor, Fraser Coast Deputy Mayor and Councillor, I am ready and able to serve Hervey Bay as your next State Member.

I know how to speak up for the issues that impact our lives, living here in Hervey Bay.

Raising a family here in Hervey Bay, I understand what our city needs. I will be focussing on that positive change.

I am seeking your support when I stand for the seat of Hervey Bay on election day.

STUART  
**TAYLOR**  
Your experienced local independent

Authorised by Stuart Taylor - 23 Martin Street - Point Vernon



Cate Akaveka

## DELVE INTO Books

with Cate Akaveka

### The Golden Maze

by Richard Fidler

Richard Fidler is the much-loved ABC broadcaster and bestselling author of 'Ghost Empire' and 'Saga Land'. His third book is a personally curated history of the enchanting city of Prague.

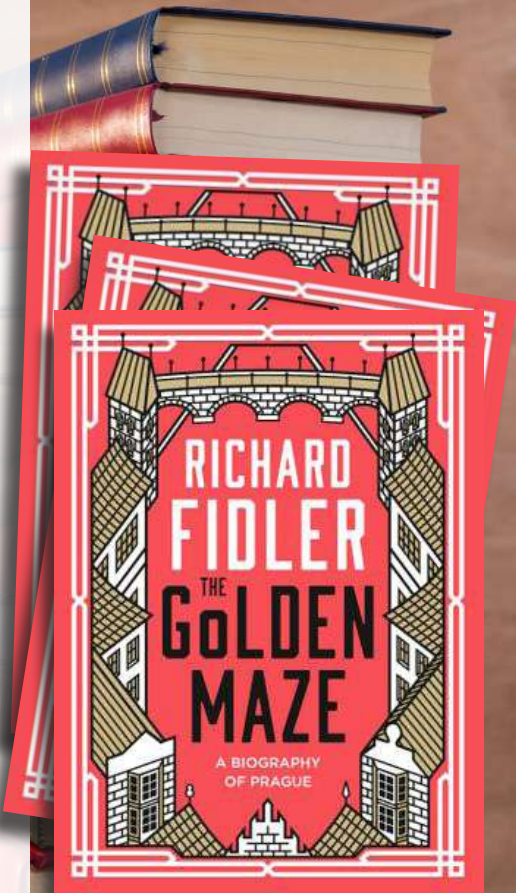
In 1989, Richard was living in London and performing with the comedy trio, The Doug Anthony All Stars, when the Eastern Bloc began to collapse in Europe. Inspired by this historic revolution, he travelled to Prague, where a decrepit police state was being overthrown by crowds of ecstatic citizens. His experience of the Velvet Revolution has always stayed with him.

In 2019, he returned to Prague, under a two-month UNESCO Writer in Residence program, to experience living in the city and to uncover some of its glorious and grotesque history. Tracing the story of the city from its dark medieval origins to the present, Richard brings his unique writing style to this book. His storytelling is inquisitive and engaging and he shares part of himself within the pages.

'The Golden Maze' features all the significant characters and events from Czech history – reformers, recalcitrants, artists and revolutionaries. One example is the reclusive emperor who brought the world's most brilliant minds to Prague Castle to uncover the occult secrets of the universe. Richard also explores the Black Palace, the wartime headquarters of the Nazi SS, and he meets victims of the communist secret police. He tells the story of how the British and French dealt with Czechoslovakia in the lead-up to World War II, but from the Czech point of view.

Richard Fidler's reverence for Prague is evident in the depth of his research. He describes it as a city where history is "written in pencil, erased, rewritten and erased again ... a fabulous palimpsest of stories".

In a time when our travel options are limited, 'The Golden Maze' provides a wondrous and compelling escape.





# FRASER COAST SENIORS

## Connect With Others

While we all experience loneliness from time to time - chronic loneliness can affect our lives dramatically. It is important to remember that you are not alone and to recognise how you are feeling, then chat with a medical professional who can steer you in the right direction.

Loneliness can also have an impact on your health and happiness. Some signs of loneliness are:

- A lack of motivation
- No interest in social activities
- Neglect of hygiene or personal care
- A drop in energy levels

Understanding the underlying cause of loneliness can help you address the problem and help you move forward to enjoy life once again.

- **Consider getting a pet** – the right pet can be the best companion; they are great for a cuddle and good company too. Do your research, ask questions, and talk to a vet or pay a visit to a pet store.
- **Use technology** – Nowadays there are so many ways to connect, from Facebook, Zoom, Skype and Facetime. These are all great ways to feel connected with family and friends.
- **Get outdoors** – join a walking group, enrol in a Bootcamp, or join the local cycling club. Create new friendships and keep fit at the same time.
- **Volunteer** – Many groups and organisations are crying out for volunteers. You could whip up some dishes in the community kitchen, help out at your local Neighbourhood Centre or volunteer at a gallery.

Make small changes in your own time, and you will soon find yourself with a full calendar of activities to look forward to.

### GROUPS IN JOIN

There are many groups to join across the Fraser Coast, we have included only a small selection. If you don't see one for you, chances are that most listed would be able to help you find what you were looking for. Now is the time to make that connection and be on the way to living a happier, healthier life.



### HERVEY BAY

Seniors Hervey Bay	Helping Over 50's in the Hervey Bay and Wide Bay community to connect and stay engaged	4194 2441
Hervey Bay Senior Citizens Club	Popular events for the over 50's	4128 4837
Graffiti Grannies	Yarn Bombing, knitting, or crocheting	0408 827 917
University of the Third Age	Online University for seniors	043 136 6264
Sixty & Better (Hervey Bay)	Activity Centre for seniors – Line Dancing, Ballet etc	4194 6781

### MARYBOROUGH

MADCOTA The Maryborough And District Committee On The Aging Inc	Activities for seniors	4123 1554
Maryborough Pensioners Association Inc	Raising funds for the benefit of pensioners, public activities	4121 4388
Point Lookout Croquet Club	Croquet, Golf Croquet, Ricochet	0435 648 582
Maryborough Bowls Club	Bowling	4121 3285
Maryborough Bridge Club	Enjoy a mix of bridge standards from beginner to excellent.	0409 054 841

Keep your Independence with...  
**SCOOTERS**  
& Mobility  
"All your independent living aids"

**Brett & Heather Sugget**  
**Ph: 4124 6433**  
**2/42 Torquay Road, Pialba**

*We come to you! Sales & Service to the Fraser Coast*







# NEW DISPLAY HOMES WITH HUGE RV GARAGES NOW OPEN

See why Latitude25 could be the new lifestyle for you, with modern, luxury designs, huge RV garages and resort-style facilities. You're invited to take a private tour of the newest Display Homes and state-of-the-art Clubhouse. While you are here, learn more about the Health Hub currently under construction, including a tennis court, pickleball courts, bowling green, swimming pool, golf chip & putting green, plus much more!

*Join us for a 'cuppa' and personalised tour of the homes – call Jane on 1800 025 025 or [visitlatitude25.com.au](https://www.visitlatitude25.com.au)*

☎ 1800 025 025

💻 [visitlatitude25.com.au](https://www.visitlatitude25.com.au)

🏠 1 Latitude Boulevard, Nikenbah, QLD

THE **PERFECT MIX** OF HOME AND LIFESTYLE

*Latitude 25*  
RV Lifestyle Community  
at HERVEY BAY



# Fashion

## WITH LEAH

### "For the Love of Local Fashion" Part 2

This month's column is a follow on from September, as an ode to our local fashion boutiques. These small locally owned gems are dotted across the bay and well worth the visit!

From luxe silk wear, to resort wear and bohemian treasures, to beautifully curated shop spaces with warmth and kindness through service, these boutiques provide the ultimate shopping experience for locals of all ages. So, in no particular order....

**Fire N Ice.** This little boutique you could safely say is a 'true Hervey Bay local', spanning success over many decades here in town. I have vivid memories of my own mum taking me into this shop over 30 years ago! The boutique stocks some wonderful Aussie labels like Yarra Trail, Vivid, Jillian, Corfu and Portobello. Stocking a wider size range than most and providing a wonderful array of fashion for the mature ladies too, this little boutique is truly something for the town of Hervey Bay to be proud of.

**Banana Bender.** Just a stones throw down from Fire N Ice, Banana Bender is owned by the ever warm and friendly Troy Ignatenko. The Ignatanko family more colloquially known as a part of the Hervey Bay landscape, have called the bay home for many moons. This little boutique stocks a lovely array of resort wear, swim wear, footwear and accessories, and provides a wonderful shopping experience for all ages (even the tourists!)

**Go Girl.** The moment you step into this boutique, you feel like you've entered holiday mode. Boasting some amazing labels including GoGirl, Bodacious, Jar of Harts, All About Eve, Ipanema, and Villa Living Homewares, this little gem offers a wonderful array of gift options for everyone. Definitely one to add to the 'shopping crawl'.

**Frox Fashion.** A favourite amongst locals with raving reviews, this little boutique offers affordable fashion for women of all ages in cool fabrics and vibrant colours and print work. Labels include Jaase, Silver Wishes, Dreamcatcher, Pink Diamond, Shareen Collections and more. One of the favourable reasons to visit this boutique is that it also stocks a wonderful variety for all the plus sized beauties, ranging up to size 20. Frox Fashion can be found at Eli Waters Shopping Centre and is well worth the venture inside.

In the current climate of restricted overseas export, what better time than now to explore our home-grown local heroes and shop in our local boutiques. These shop owners strive for boutique success and provide such a point of difference with ambience and warm, friendly service. Looking for a personalised styling session with me at any of these local treasures? I'm here to help. Drop me a line anytime xx

Looking for a personalised styling session with me at  
any of these local treasures? I'm here to help.  
Drop me a line anytime xx

**0439 723 832**

[leahharvestyling@bigpond.com](mailto:leahharvestyling@bigpond.com)

[@leah.harvey.styling](https://www.instagram.com/leah.harvey.styling)

[www.facebook.com/leahharveymakeupandstyling](https://www.facebook.com/leahharveymakeupandstyling)

FRASER COAST

What's On

October 2020 22





# FOLLOWING **PATHWAY GOALS**

Welcome to Term 4 of an incredibly eventful 2020! Our year 12 Students are now entering the final leg of their secondary education and straight into final exams! The introduction of the ATAR system is just one challenge they have worked towards conquering, many of the St Mary's College cohort have already followed their pathway goals accepting University Early offers at USC and UQ.

For others, our established partnership links with Tafe QLD and other training organisations has provided students with access to current Cert II, and Cert III courses, delivering real career pathways utilising all the advanced facilities across the region available. With completion of a Cert III course students are 100% guaranteed entry places into over 90% of Bachelor's degrees with University of the Sunshine Coast and Central Queensland University. Our Year 12 students have plenty to look forward to in the coming weeks and we look forward to supporting them forward into the next chapter of their successful lives.

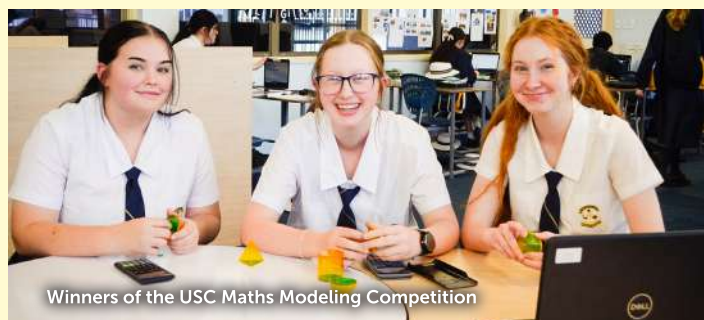
The rest of our College community have been keeping busy too, with students working on projects and extending their learning opportunities. Students from Year 10 Extension maths Sky, Cammie and Kate entered and won the Queensland USC Maths Modelling competition. Our talented Chloe-Lee was a finalist in the national 'Take the Mic' singing event and many of our students are again enjoying their sporting passion, representing the region in State and National competitions.

A final big Congratulations to Lauren who was one of only 80 students in the state to be selected to attend the QUT Vice-Chancellor's STEM Camp for 2020 over the September holidays. There are many more stars at St Mary's College and we are proud of you all!

Discover St Mary's College from the comfort of your device, watch our video tour or view the grounds with our Virtual 360degree tour both are available on [www.smcm.qld.edu.au](http://www.smcm.qld.edu.au).

Principal tours are currently available to parents wishing to discover and explore our campus, to view the quality resources and progressive individual laptop program we proudly provide to our valued students.

**Book a Principals tour by calling the College Office  
Ph (07) 4190 2200**



Winners of the USC Maths Modeling Competition



Fundraising for our Community



Twenty20 art virtual exhibition

# ST. MARY'S COLLEGE MARYBOROUGH



## ENROL NOW

# DISCOVER Education with Exceptional Results

**ESTABLISHED** Individual Laptop Program

**BEST** Maryborough NAPLAN Results

**COMMITMENT** to extracurricular & sporting excellence

**DEDICATION** to our leaders of the future

**Years 7 - 12**

**[www.smcm.qld.edu.au](http://www.smcm.qld.edu.au)**

**College tours available by appointment**

**(07) 4190 2200**



# Drawn from Life

By Valerie McIntosh

Of a Saturday morning you might see people heading into City Hall loaded with drawing boards, paper, charcoal, pencils, pastels and other drawing media, even collage materials. They are headed to the weekly life drawing session, organised by Helen Campbell, herself an artist. There is quite a buzz at present as ten of the artists have nominated to exhibit their best work of the last twelve months at Gatakers Artspace. The choice of work to show involves some difficulty, as several drawings are completed each Saturday and the number of works after twelve months is quite amazing! Furthermore, each artist has to look at their own work objectively to judge themselves upon which is worthy of exhibition.

Experience and expertise varies across the group. While some artists have been attending for a number of years, others are relative newcomers. There are no competitions or awards, just a group of local artists practising, persevering, improvising, experimenting and above all, drawing from a model on a weekly basis. While some artists have suitable and willing family members, for others engaging a model is expensive and perhaps risky for a variety of reasons. The life drawing group offers a variety of models at a reasonable shared cost in a collegiate atmosphere.

The Saturday sessions last for two hours, beginning with some quick warm-up poses of one minute, increasing in length to a maximum of twenty minutes after a morning tea break. There are both male and female models of varying ages and body types, sometimes clothed while occasionally, someone will sit for a portrait. Given the short time to complete the drawings, some artists will continue development of the work in their studios or incorporate the drawings in other pieces they are working on.

Life drawing sessions have been available in Maryborough for some years now, and enthusiasm has not waned. After an eight week hiatus because of COVID-19 restrictions, activities were resumed quickly and keenly. You may wonder why there is such an interest in drawing people without clothes! It's very far from voyeurism, as artists are so busy considering angles, perspective, shape, light and shade, colour, what to include and what to omit that no salacious thoughts can be entertained! Nude studies enable artists to portray clothed bodies with a greater understanding of the forms beneath the cloth which determine the shape of its drapery. Further, one gains a knowledge of skeletal and muscular structures which enable an artist to approach drawing other living things with greater awareness of what lies beneath the fur or feathers.

The human form appears in cave paintings, the art of civilisations such as the early Egyptians, Greeks and Romans, then continuing in western art to the present day. We are just a small part of this long tradition.

Working artists have always needed space for easels and materials, so maintaining social distances in these pandemic days is not so very different to the practices of the past and we are fortunate to have found a spacious venue for life drawing.

Although there is no tuition offered in these sessions, artists learn from each other in a friendly and supportive atmosphere where less experienced participants can feel comfortable. At the end of each session, artists choose some of their work to lay out to be seen by others and to be photographed for inclusion on the group's Facebook page.

Don't miss the exhibition Drawn from Life at Gatakers Artspace from Saturday 26 September until Saturday 31 October. Work is for sale and Artspace is open Monday to Saturday from 10 am until 2 pm.

You could be in the exhibition next year! If you would like to join the group as an artist or model, contact Helen Campbell on 0410 288 595.





# DUNGA DERBY NEWS



**It's that time of the year again for the Dung Derby community, the 2020 Dunga Derby Double Header runs from 15-18 October. This year the Sunshine Coast teams will join the Fraser Coast teams for a combined event, traversing the Queensland countryside and supporting regional towns along the way.**

COVID has thrown us many challenges including reinventing the scrutineering process. Traditionally, all teams and participants gather on a Sunday afternoon for 4 hours to go through the various checklists and safety briefing.

This year we have implemented a digital system. The teams complete an online Self-Assessment checklist, then a final 'checklist completion' by The Greased Monkeys, our Dunga Derby mechanics.

Next is the 1-hour Safety Briefing for all participants to attend and sign their Participant Waiver form and Safety Briefing acknowledgement. Participants will be given a QR code to access a document upload facility and upload documents to our systems.

One thing that has not changed is the support and assistance Rally for a Cause and the Dunga Derby provides to local Fraser Coast Communities. Through the sheer determination and hard work of our teams' fundraising efforts - now in its 6th year, Rally for a Cause has assisted 100 families or individuals with life limiting medical conditions, or those that have suffered from events outside of their control.

To all of our sponsors, rally partners, media partners, merchandise partners, Rally for a Cause, Dunga Derby and the community, thank you for your ongoing support. Your continued support has made a significant and positive impact on local families and individuals.

**CLIFFO**  
*and* **GABI**  
6-9am weekdays

**HIT**  
101.9





# A show that will have you in *Stitches*

Z-PAC & The Brolga are putting the 'fun' in funeral with their latest comedy "STiFF" (Oct 30 – Nov 1)

Director David Coleman described the show as the 'antidote' to COVID-19 and said it was sure to be a night of absolute hilarity – "it's fantastic to bring theatre back to the stage and to show the world that the creative arts may be down but we're not out" he said.

Z-PAC regular Jack McKeown stars as Robert Swipe, a long suffering funeral director who can't stand 'coffins shaped like Cadillacs and cremation to Jerry Lee Lewis singing Great Balls of Fire'. McKeown said "we had tears rolling down our cheeks when we first read the script and we know the audiences will love STiFF."

This is the first time that Z-PAC and The Brolga have been able to team up and Coleman is grateful for the support that means "STiFF" can entertain the Fraser Coast and help secure the future for Z-PAC; "COVID means that we've not performed since February and we've sorely missed our audiences – and the income that's so necessary for our survival. We're so very grateful for the support of Janice, Rob and the wider Brolga team."

To book (and group bookings are a must if you want to sit together in this COVID era) please contact The Brolga box office on 4122 6060 – further details at [www.zpactheatre.com](http://www.zpactheatre.com)

Angel Delight, the illegitimate daughter of a funeral parlour director, inherits the business when her father dies. Before she can sell the business and the land (which is much more valuable) she has to continue to run the business as a funeral parlour for a further five years. Unfortunately, she knows nothing about the funeral business but a lot about prostitution.

Angel and her team of 'girls' (including an obsessive compulsive transvestite named Delilah) run an undercover massage parlour in the funeral home keeping up appearances despite the prying of a disgruntled former employee who felt he should have inherited the business.



BY ARRANGEMENT WITH DAVID SPICER PRODUCTIONS  
WWW.DAVIDSPICER.COM.AU REPRESENTING PLAYMARKET  
DIRECTED BY DAVID COLEMAN

October 30 & 31 @ 7:30pm  
October 31 & November 1 @ 2pm

Bookings 4122 6060 or at The Brolga  
[www.zpactheatre.com](http://www.zpactheatre.com) or [www.brolgateatre.org](http://www.brolgateatre.org)





# WITH MUSICIAN *Liana McKay*

## Tell us a little about your background?

My name is Liana McKay and I am twenty one years of age from Bundaberg, I have been performing live since the age of 12. It was by absolute chance that I even got into the music industry.

It all started when my dad wanted to learn guitar, he found a private teacher and they had a special offer - if you brought a second person along it was cheaper...so I tagged along.

Safe to say, after a few weeks of learning guitar my dad gave up and I kept going.

I used to sing on my karaoke machine and mum would always say "you are such a great singer Liana" but that's just what mums have to say.

My guitar teacher asked me to sing along to the first song I had ever learnt which was "love story" by Taylor Swift. He was quite shocked that I hadn't mentioned that I could sing, but I didn't even know I could sing at the time to be honest.

Three months later my guitar teacher asked if I would like to start gigging - so that's what we did.

At the age of fourteen, I went out on my own, playing weekly at local venues, which allowed me to gain confidence and helped me grow into the music industry.

Fast track to now - I am travelling between Bundaberg and the Sunshine Coast for gigs at all types of venues and events.

## Where does your passion for music and performing stem from?

I have always enjoyed listening to music and singing in the shower. But to be honest I never would have thought it would be a career path for me. I have to thank and give credit to my guitar teacher for guiding me into the music world. He was my guitar teacher for three months before he asked me if I would like to be his singer alongside him. So just like any twelve year old, I said absolutely! The rest is history.

## Who were/are your inspirations?

I have the most diverse love of music. If you asked me when I first started at the age of twelve, I would say Taylor Swift. But fast track to the twenty one year old Liana, my inspirations now are Ziggy Alberts and Ocean Alley, Fleetwood Mac and Luke Combs.

## Tell us a little about the style of music that you play?

Over the years I have adapted my style of music.

These days I am finding my own little niche to covers when I play live. I would describe my music as Folk/ Alternative Rock. I try to expand my song list to suit all ages - playing absolutely anything from 70's to current.

I sing, play guitar, have a Tamborine strapped to one foot and a stomp box on the other. So I always look like I'm doing a dance when performing.

I am currently learning to incorporate a looping system and harmonising effect pedal.

## What would you like to achieve as a performer over the coming years?

I am extremely happy with how far I have come as a performer. I endeavour to stick with my passion for a long time to come, and hope to develop and adapt my own sound/niche as well. As a performer I believe we have to mix things up every now and again. We generally have multiple gigs every week so to mix up our sounds by incorporating something so minor for example: a harmonica or foot stomp. These things can assist and develop our performance.

## What else would you like the people of the Fraser Coast to know about Liana McKay?

My Facebook page is more informative. People can view my Facebook page under "Liana McKay Music" for a cover every now and again, but most importantly gig updates.

I also have a shared Instagram account with personal and business posts - this account is under "liana\_mckay"

I hope to see new faces at my next gigs down in the Bay!



# Social Snaps

*Out and About on the Fraser Coast!*



Elana Bester, Sara Faraj,  
Brianna Bruce



Michelle Milsom-Wright and  
Margaret Richters

*The Zonta Club of Hervey Bay Inc  
Young Women in Public Affairs 2020 Award Presentation and High Tea  
Hervey Bay award recipient - Sara Faraj, Congratulations!*

Photo Credit – Kim Parnell



Merryn Napier & Suzanne Jensen



Brianna Matthews enjoys the High Tea



Hervey Bay award recipient Sara Faraj  
with Mayor George Seymour

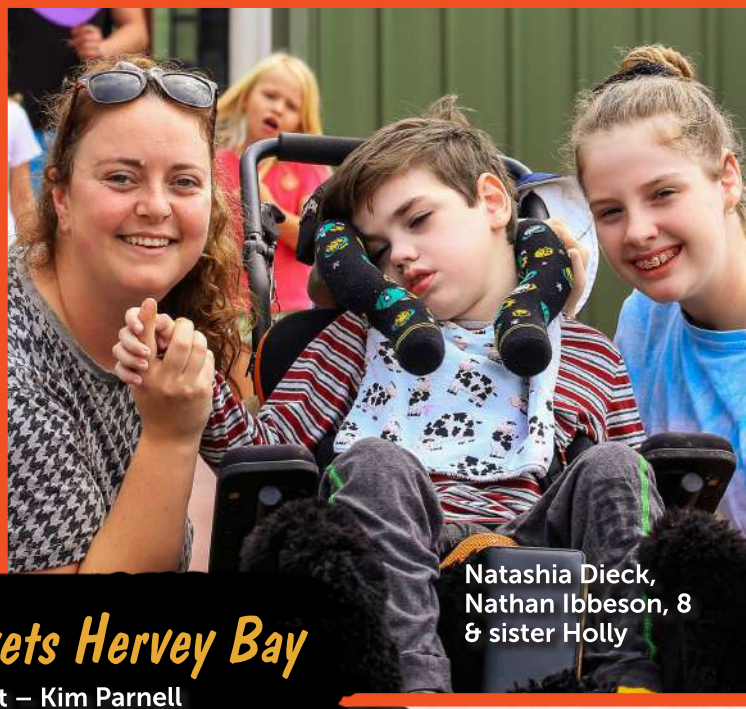


# Social Snaps

*Out and About on the Fraser Coast!*



Lily Allan with  
brother Bobby



Natashia Dieck,  
Nathan Ibbeson, 8  
& sister Holly

## *Nikenbah Markets Hervey Bay*

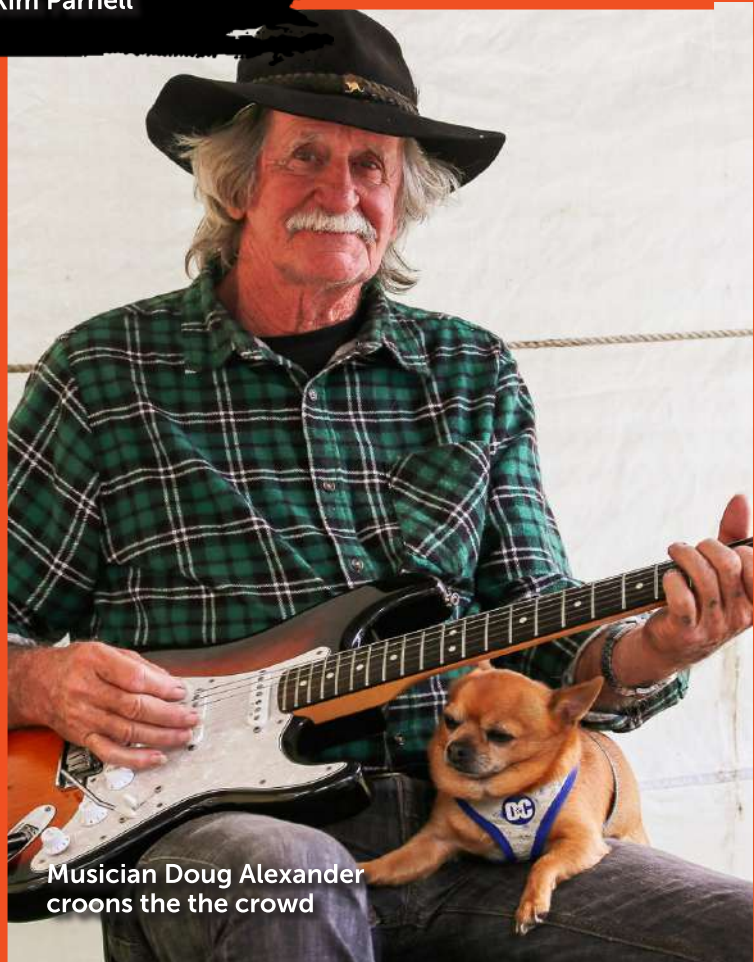
Photo Credit – Kim Parnell



Rachael, Josh & Jai enjoy the markets



The Harris family, Munro, Kim & Owen



Musician Doug Alexander  
croons the the crowd



# Social Snaps

*Out and About on the Fraser Coast!*



Hannah, Sophie and Tamara quell their thirst



Melissa McKinlay & Ann Fleming enjoy catching up

*A Sunday morning at BeanBeat Café on the Esplanade, Seafront, Pialba.*

Photo Credit – Kim Parnell



Rachel & Mark Baudinette take the dog out for morning tea



Bev & Coral help celebrate Jan's 74th birthday (middle)



Denise Clayton & David Frost look to the day ahead



# Fraser Coast Talent Time

Discovering talent from every corner

Brought to you by Maryborough City Progress Association Inc in partnership with Maryborough State High School

video auditions | daytime heats | nightlife finals



## AUDITIONS OPEN NOW

send video to: [mcpai.fctt@gmail.com](mailto:mcpai.fctt@gmail.com)

Auditions Close 5pm 23rd September

4 Contestant Heats 10:30am - 4:30pm

## 4 FINALISTS

Finals Event 6:00pm - 10:00pm

Live Streamed

## CASH PRIZES

1st \$1000 | 2nd \$500 | 3rd \$250

Audience Tickets on sale 1st October

Proudly Sponsored by:



17th October

**Murdoch Darling Centre**  
Maryborough State High School  
Sussex Street, Maryborough



Info via facebook @fctalenttime or email [mcpai.fctt@gmail.com](mailto:mcpai.fctt@gmail.com)



Fraser  
Coast  
weather.com

## URANGAN

LAT 25° 18' S LONG 152° 55' E

## OCTOBER

Time	m	Time	m
<b>1</b> 0228 0.69		<b>16</b> 0204 0.35	
0817 3.39		0805 3.75	
TH 1419 0.76		FR 1420 0.40	
2032 3.56		2020 4.00	
<b>2</b> 0256 0.68		<b>17</b> 0244 0.26	
0848 3.43		0849 3.88	
FR 1452 0.77		SA 1508 0.40	
2058 3.49		2103 3.89	
<b>3</b> 0322 0.69		<b>18</b> 0324 0.26	
0918 3.44		0934 3.90	
SA 1524 0.83		SU 1557 0.51	
2123 3.38		2146 3.68	
<b>4</b> 0346 0.73		<b>19</b> 0400 0.36	
0947 3.41		1020 3.83	
SU 1555 0.92		MO 1649 0.70	
2147 3.24		2230 3.38	
<b>5</b> 0410 0.82		<b>20</b> 0437 0.55	
1018 3.34		1109 3.67	
MO 1628 1.06		TU 1744 0.94	
2211 3.08		2319 3.05	
<b>6</b> 0435 0.94		<b>21</b> 0517 0.80	
1052 3.23		1205 3.46	
TU 1703 1.22		WE 1849 1.17	
2239 2.89			
<b>7</b> 0503 1.10		<b>22</b> 0018 2.74	
1132 3.10		0605 1.08	
WE 1746 1.40		TH 1311 3.26	
2313 2.68		2003 1.32	
<b>8</b> 0536 1.28		<b>23</b> 0134 2.54	
1227 2.97		0716 1.34	
TH 1845 1.55		FR 1429 3.14	
		2121 1.34	
<b>9</b> 0000 2.48		<b>24</b> 0301 2.50	
0630 1.45		0855 1.43	
FR 1346 2.91		SA 1547 3.14	
2011 1.61		2233 1.24	
<b>10</b> 0133 2.34		<b>25</b> 0421 2.64	
0818 1.52		1016 1.36	
SA 1507 2.98		SU 1650 3.22	
2138 1.51		2328 1.10	
<b>11</b> 0326 2.40		<b>26</b> 0521 2.86	
0947 1.39		1115 1.22	
SU 1617 3.17		MO 1739 3.31	
2251 1.30			
<b>12</b> 0446 2.64		<b>27</b> 0011 0.95	
1053 1.15		0607 3.07	
MO 1716 3.42		TU 1202 1.09	
2348 1.03		1820 3.38	
<b>13</b> 0545 2.94		<b>28</b> 0047 0.84	
1148 0.89		0645 3.25	
TU 1807 3.67		WE 1243 0.99	
		1857 3.42	
<b>14</b> 0038 0.76		<b>29</b> 0120 0.76	
0634 3.25		0719 3.39	
WE 1240 0.66		TH 1320 0.93	
1853 3.88		1929 3.42	
<b>15</b> 0122 0.52		<b>30</b> 0150 0.69	
0720 3.53		0752 3.50	
TH 1330 0.49		FR 1356 0.90	
1937 3.99		1959 3.38	
		<b>31</b> 0218 0.65	
		0823 3.56	
		SA 1431 0.90	
		2027 3.31	

Tide time table brought to you by

[www.frasercoastweather.com](http://www.frasercoastweather.com)

[www.facebook.com/frasercoastweather1](https://www.facebook.com/frasercoastweather1)



Be part of our bumper edition for our  
December/January publication!

**BOOK YOUR SPOT NOW - GET IN QUICK!**  
**GREAT RATES FOR 2 MONTHS  
OF EXPOSURE.**

**ADVERTISE YOUR BUSINESS OR EVENT WITH US.**  
**WE WANT YOU TO BE SEEN.**

*"Whatever you are into, get into What's On Fraser Coast!"*

**What's On**



**Magazine available online and in print**  
**Locally owned and operated**  
**KIM PARNELL - 0467 303 171**