

FRASER COAST What's On

August 2018 FREE MONTHLY MAGAZINE

19



Inside this issue:

OCEAN'S FESTIVAL

Hervey Bay

SEAFOOD FESTIVAL

FISHERSMAN'S BALL

Learn The Art Of

WHIP **CRACKING**

FRASER COAST

WINGS & WHEELS

Local Band Spotlight

Dogwood Crossing

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FRASER COAST
What's On

Note from the Editor

From the historic scuttling of the Ex-HMAS Tobruk, to the Fraser Coast Fan Day where we welcomed the QLD Maroons to the Fraser Coast, Bush to Bay, the magic of the Mary Poppins Festival, craft shows, gem shows, Guy Sebastian, the gorgeous Timomatic, NAIDOC Week, and the Blessing of the Fleet, last month was a big one by anybody's standards. There were so many wonderful moments, and many fun memories and firsts that will never be forgotten.



With the month of August, the pace doesn't slow down, so why not strap yourself in for a whale watching tour and enjoy the Annual Ocean's Festival. There are many wonderful events to look forward to so give them your fullest support.

Thank you for all the lovely, positive comments about our magazine, to see it enjoyed and loved by locals, visitors and businesses alike certainly makes the whole exercise worthwhile.

Remember that this magazine will only ever be as good as the businesses that advertise in it, so if you are a business owner please consider supporting us by coming onboard as a sponsor or an advertiser. Please feel free to contact me at any time to have a chat about our many options.

You won't want to miss any event this month, so get planning now, check out our calendar of events in the middle of the magazine and have a look on our web page at: www.whatsonfrasercoast.com.au.

We also encourage YOU to add your own events to our webpage calendar and help to spread the word on what our beautiful region has to offer.

Cheers,
Kim Parnell
Editor

Index

Inside this month's edition	3
Ocean's Festival - It's all about the Whales 2018	5
Hervey Bay Seafood Festival	6
Learn the Art of Whip Cracking	8
Fisherman's Ball - All for a good Cause	9
Hervey Bay 35th Annual Competitive Art Exhibition	10
Spectacular Science Circus	11
Fly high with the Fraser Coast Kite Karnival	12
St. Stephen's Hospital: Health Segment	13-15
Calender of Events - August	16-17
Maryborough is set for a Rockin' 2018	18
Healthy Eating with Eva - Banana Pancakes	19
Fraser Coast Wings & Wheels 2018	20
What's On: Fraser Coast Markets	21
Australian Bee Gees Show	22
Fraser Coast Hosts Massive Lifestyle Event	24
Vox Pop	25
Local Band Spotlight - Dogwood Crossing	26
Gig Guide - August	27
Social Snaps	28
Social Snaps	30-31

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Inside this month's edition!
There's lots to see and do!

*August is about
wings and wheels, oceans, kites,
seafood and dancing!*

If you are interested in anything that flies or drives, then you will not want to miss the inaugural Fraser Coast Wings and Wheels. There will be plenty to see and do, there will be trucks, tractors, vintage cars and so much more. You will also be helping Angel Flight at the same time!

The Oceans Festival is upon us once again. The festival incorporates the Pop-up Sunset Pier Party, the Parade and Concert, Paddle Out for the Whales, the Kite Festival and of course the very popular Seafood Festival.

For something a little bit different why not learn the art of whip cracking with Instructor Gabby Woller. Whip cracking is classed as a competitive sport here in Australia and you will be taught by one of the best.

Local Rock and Roll band Dogwood Crossing talk to us about music, song writing and where they get their inspiration from. They also look towards the future with the possibility of a new album on the horizon.

The annual Fisherman's Ball is a great night that showcases the amazing seafood that is on offer in our region while assisting a different charity each year. This event is a good excuse to dress in your finest and dance the night away with Soul City.

The Rockin' Maryborough Vintage Festival hits Maryborough once again. There will be pinup competitions, vintage cars and a ball. So, get your best rock'n roll gear on and get ready for some good old-fashioned fun.

If you are looking for your next caravan, or in need of some new camping gear, interested in fishing, or love four wheel driving then you will love the 2018 Fraser Coast Expo.

Whatever you do, enjoy!
Turn the page, to see all this and more!

Kim Parnell

Editor, What's On Fraser Coast

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IT'S ALL ABOUT THE WHALES



About the Photographer

The spectacular front cover of our magazine was provided by **Michael Smith** (AAIPP). Michael is a multi award winning photographer from Hervey Bay. He is the owner of Into The Wild Photography Homewares & Gifts based on the Esplanade in Scarness that showcases a stunning collection of nature photography from across Australia, New Zealand and beyond. Archival quality prints in a range of different finishes are available to purchase online or at the Into The Wild Photography gallery in Hervey Bay. From time to time Michael also offers photography workshops and photography tours. To find out more go to: <http://intothewildphotography.com.au>.

OCEAN'S FESTIVAL

Pop up Sunset Pier Party

One of the Fraser Coast's most stylish events returns to the Hervey Bay Ocean Festival this year. Wine and food lovers are expected to relish the opportunity to once again attend the Coast Pop Up Sunset Pier Party on the Scarness Jetty from 2pm to 5pm on Saturday, August 11 after a two-year hiatus.

Coast Restaurant & Bar owner Julia Paussa described the chic event as a big cocktail party on the pier with food tents serving canapes and representatives of beer, wine and spirit sellers talking to the guests about their products.

"We're really excited to make it the best one we've done," she said.

"We're working on a menu that reflects our local produce."

Ms Paussa said representatives from craft beer maker Brouhaha Brewery in Maleny, spirit and liqueur maker Kalki Moon Distilling and Brewing Company in Bundaberg and wine maker Raidis Estate, Coonawarra would add an entertaining, educational element to the afternoon.

For tickets go to: www.coastherveybay.com.au.

Parade and Concert

Brendan Bowers, event coordinator for Fraser Coast Tourism and events said, "The whale parade, held on August 18, is a fun community event with floats lighting up the Esplanade from Scarness to Pialba.

"A concert on the Seafront Oval and sideshow alley entertains festival goers before and after the street procession.

"Fans of party, dance and rock music will be in their element this year with Central Queensland band Phineas Q booked as the concert's headline act supported by Hervey Bay's Leonie Kingdom who recently topped Triple J's Unearthed chart.

"A great fireworks display will top off a terrific evening."

Paddle Out for the Whales:

Brendan said, "The sentimental favourite Paddle Out for Whales would take place in a new location, having moved from Scarness to Torquay.

"We made the decision to move the event to Torquay because the foreshore is more easily accessible for participants, spectators and people with disabilities," Mr Bowers said.

"It's a great spectacle and the event has a lot of heart with people paddling out in kayaks, canoes, on paddleboards and all sorts of inflatable craft to form a circle to remember whales that have died during the year and support ongoing conservation efforts."

Find out more at www.herveybayoceanfestival.com.au

Also, part of the Oceans Festival are The Kite Festival, covered in the youth column, and the Seafood festival that deserves its own page as the event will celebrate its twentieth birthday.



Hervey Bay Seafood Festival celebrates its twenty-year anniversary with Australia's biggest seafood picnic. The biggest picnic in the park- a seafood birthday party is happening at the annual Hervey Bay Seafood Festival on Sunday August 12. Fishermen's Park at the Urangan Harbour will be transformed into a sea of seafood to celebrate the occasion.

Event coordinator, Elaine Lewthwaite said, "To celebrate, we have gone back to our heritage in seafood – and to the festival roots to tell the story of the local wild catch seafood that spans generations of local fishing families and acknowledge, the achievements of volunteers and supporters who have made the multi award winning festival a significant event for Queensland.

We also want to thank the seafood lovers who have travelled this journey with festival organisers and stallholders".

Elaine said, "Since 1998 hundreds of thousands of seafood lovers have attended the festival and half of these have travelled from outside the Fraser Coast – and this year is shaping up to again draw thousands of visitors with bookings from all states".

The festival is organised by the commercial fishing families and friends from the local community. Hervey Bay Seafood Inc was formed in 1998 to promote the local wild catch seafood and create awareness of the role of commercial fishing in coastal communities. The local wild catch seafood industry is based at Urangan Harbour and supplies exceptional seafood to local restaurants and throughout Australia.

The festival will be officially opened by Hon Mark Furner, Minister for Agricultural Development and Fisheries. The Minister will also be launching the exciting new promotional brand Wide Bay Wild Catch that the seafood industry has been developing over the past couple of years. Designed to tell the story of seafood in this region from Gympie to Bundaberg, Wide Bay Wild Catch will also have a standalone pavilion with all the information from catch to plate.

There will be over twenty specialised local seafood stalls presenting dishes featuring local heroes of the local wild catch from fish, prawns, bugs and the world famous Hervey Bay scallops. Festival goers have a bevy of new dishes to try and with a bumper scallop season, there is a variety of scallop dishes including cauliflower panna

HERVEY BAY SEAFOOD FESTIVAL

CELEBRATES

ITS 20TH BIRTHDAY!



cotta with caramelised scallops, as well as favourites like fisherman's basket filled with whiting, king prawns and the ginger & lime scallop rolls.

Channel 7 Creek to Coast presenter, Chef Andrew Mirosh and leading Brisbane Chef, Victor Marmysz are returning to host the signature 'Tastes of the Bay long lunch'. Six courses of the local wild catch and matching Sirromet wines.

Making their first trip to the Fraser Coast are 2018 Masterchef contestants Jo Kendray and Aldo Ortado with their own pop up featuring dishes from their time in the kitchen. Festival goers too will be able chat with Jo and Aldo at the Fisherman's Kitchen cooking marquee and find out just what it really is like on Masterchef and what was it like to cook for Nigella and Gordon Ramsey.

Javier Codina of Moda Restaurant Brisbane and Professor Daryl McPhee (Bond Uni) have a programme of seafood and science cooking to keep the crowd enthralled all day.

The new look layout has a designed market and exhibit area – Fisherman's Wharf Fair takes festival goers for some browsing and buying with views to the Great Sandy Strait and Fraser Island.

Relax with a regional wine or rock to a top line up of music by local producer, Rob Mackay. Music for all tastes with Golden Guitar winner Brad Butcher and Michael Waugh and some serious park dancing with the rockin Colt Seaver Band.

Haighs Jewellers of Pialba have donated a magnificent original hand-crafted pearl necklace that will be won by a lucky gate ticket holder.

For more information go to: www.herveybayseafoodfestival.com.au

**Hervey Bay Seafood Festival
Sunday, August 12**

**Adults \$5 – Children under 18 Free
Tickets at the gate**

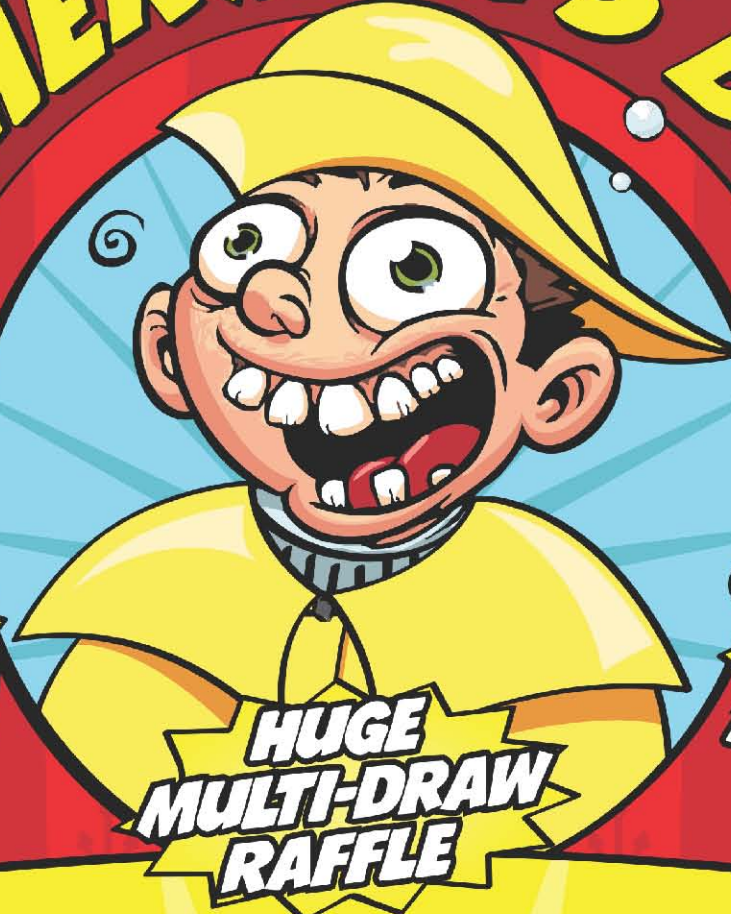
Fisherman's Park, Urangan Boat Harbour

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2018**

DRINKS

**SEAFOOD
FEAST**

FISHERMAN'S BALL



**BIG
BAND**

**OVERSEAS
PRIZE
HOLIDAY**

**HUGE
MULTI-DRAW
RAFFLE**

WHERE: The Beach House Hotel, Hervey Bay
344 The Esplanade, Scarness QLD

WHEN: Friday 31 August 2018

Arrival 6pm to be Seated at 6:30pm

PRICE: \$125.00 Per Person

DRESS CODE: Black Tie/ Formal

FOR BOOKINGS:

Tickets Available from the Beach House Hotel

For Enquiries Call: 07 4196 9366 or 07 4125 1077

Promoting Australian Seafood. All profits go to Hervey Bay Hospital Auxiliary Children's Section

Learn the Art of WHIP CRACKING

According to Wikipedia, Whip cracking is the act of producing a cracking sound through the use of a whip. Used during livestock driving and horse riding, it has also become an art. A rhythmic whip cracking belongs to the traditional culture among various Germanic people of Bavaria, various Alpine areas, Austria, and Hungary. Today it is a performing art, a part of rodeo show in United States, a competitive sport in Australia and increasingly popular in the United Kingdom, where it crosses boundaries of sport, hobby and performance.

Here in Australia whip cracking competitions have become very popular. With the most common whip used being the Australian stockwhip, this whip is used widely by stockmen and drovers and is perfect for competition.

DID YOU KNOW THAT IN 1986 AUSTRALIAN CIRCUS ARTIST, GARY BROPHY MADE THE GUINNESS BOOK OF WORLD RECORDS FOR CRACKING THE LONGEST WHIP IN THE WORLD!

For something a little different for most of us, Burrum District Active Riders are hosting whip cracking lessons in August out at the Torbanlea Racetrack.

Instructor Gabby Wooler started whip cracking at eleven years of age and has placed in many state and national level competitions over the years.

In the 2017/2018 season Gabby has placed second in Tasmania, and Queensland as well as fourth in Australia for the ladies competition.

In the bullock whip she is currently second in Australia and fifth in the world.

Gabby's goal is to keep the Australian tradition alive and continue to pass it on to younger generations.

Each lesson will run for one hour and you will learn the how to and basics of whip cracking. Whips will be supplied for use but you are more than welcome to bring your own. If you are lucky enough local whip maker Peter Thorndike may be in attendance.

For members of Burrum District Active Riders the fee will be \$40 per lesson, for non members who would like to come and give it a go the fee is \$50 per lesson.

The canteen will be open for all of your refreshment needs.

For full details or to book call Natasha Webber on: 0438 781 574

WHIP CRACKING LESSONS
Hosted by Burrum District Active Riders
At Torbanlea Racetrack. Saturday 25th
August 2018
Starting at 9am





FISHERMAN'S BALL

Call for a good cause



It's that time again for the Annual Fisherman's Ball, now in its 3rd year, this event is about assisting local charities while showcasing our amazing seafood, this is a great opportunity for people to see what this region has to offer. The seafood is donated by Urangan Fisheries and is all local except for the oysters. This event also promotes the commercial fishing industry and produce.

By attending this event you will be in for a seafood and dessert buffet of which we very rarely see, while at the same time assisting this year's local charity, the Hervey Bay Hospital Auxiliary Children's Section.

Previous recipients have been:

- 2016 – Navy Cadets**
- 2017 – Hervey Bay Surf Lifesaving Club**

Popular nine-piece band Soul City will entertain the crowds once again with soul, funk, pop and rock that is guaranteed to get everybody on their feet for a night of dancing. While stand-up comedian, funny man 'Kenny Bennett sets the mood and brings on the laughs.

Ticket prices include the opportunity to win a four-thousand-dollar holiday package. There will also be a multi draw raffle with some fantastic prizes donated by lots of local and out of town business's.

Tickets are available at the Beach House Hotel, for enquiries call: 4196 9366 or 4125 1077

2018 Fisherman's Ball - Friday, August 31
Arrival 6pm to be seated at 6.30pm
\$125 per person - Black Tie/Formal
The Beach House Hotel, Hervey Bay

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HERVEY BAY 35TH ANNUAL COMPETITIVE Art Exhibition 2018

Written by President – Rolf Sieber



The Hervey Bay Competitive Art Exhibition has a long history from the founding members of the Hervey Bay Art Society to the biggest Art Exhibition on the Fraser Coast. It all started with a small group of artists who gathered at the CWA hall on Torquay Road, Pialba for the weekly meeting to paint and exchange ideas.

In March 1971 at one of those meetings a motion was passed to formally establish the Hervey Bay Art Society, Maureen Campbell became the first president.

The group met regularly in the small CWA hall, but the members embarked on a mission to raise funds for the purchase of property that would become their permanent home. The best way to raise money would be to have exhibitions.

The first Annual Art Exhibition was held on the 28th July to the 1st August 1983 at the Hervey Bay Hall and it was a big success. The committee and members grew in confidence and decided to make it an annual event.

In 1984 it became a bigger and better organised art competition with sponsorships of \$1500 from local businesses and a larger number of participating artists. The Minister for Education and the Member for Isis Lin Powell officially opened the exhibition, he congratulated all the people involved in organising the event and for taking such a big step forward. Only a few cities of comparable size would be able to mount an exhibition of such quality he said.

The two judges Peter Paglairino and Ross Calvert said the overall standard of the exhibition was exceptionally high and it had been a difficult task to select the winners. About 100 people attended a wine and cheese party before the opening ceremony. Hundreds poured through the doors of Hervey Bay Hall during the course of the exhibition.

Over the years the annual art competition became a permanent fixture on the Hervey Bay culture calendar. In those early days the venue changed from Hervey Bay Hall, Urangan Progress Hall, Memorial Hall and then to the Sailing Club.

After 10 years of exhibitions and fund raising the Society raised \$40,000 and approached the State Government for a 'dollar for dollar' contribution towards the purchase of a building. They were not successful but they had found an old Bakery building in Sandy Street, Urangan which suited their needs.

A change in government encouraged the Society to make another application for funding which was successful. On the 18th of February 1993 the members held their first meeting in the new premises. More fund raising was needed to meet the cost of refurbishing the building. The yearly competitive art exhibition changed venues once again, as the new premises were not big enough to hold the event.

In 1995 the Hervey Bay City Council recognised the need for a Regional Gallery as part of a new Cultural complex, the Hervey Bay Regional Gallery was opened on 3 May 1997. Since then the Annual Competitive Art Exhibition has been held at the Regional Gallery. The gallery was purpose built and designed to be spacious so the number of entries in the competition went up to over 200 paintings in seven sections.

The yearly event has grown and now attracts artists from all over Queensland and Northern N.S.W, the quality of the artwork is getting better each year.

Fraser Coast Council and local businesses are proud sponsors and supporters of the event, and with prizes totalling \$ 6,700, it is one of the biggest art shows in the state.

Art and Culture are essential elements of a community, access to a diverse range of exhibitions enriches the lives of residents and visitors to the Fraser Coast.

The 35th Hervey Bay Annual Competitive Art Exhibition opening ceremony and awards presentation is on Friday 3rd August 2018 at 6pm at the Regional Gallery. The members and the committee of the Hervey Bay Art Society are looking forward to another successful exhibition.

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Spectacular **SCIENCE CIRCUS** comes to Maryborough

Spin yourself until you're dizzy, compare your reflexes to a Formula 1 driver and see your fingertips under the microscope with the Shell Questacon Science Circus.

The Maryborough Park Show grounds Main Hall will be overflowing with exciting hands-on science exhibits on Saturday 11 August when the Science Circus and its colourful semi-trailer roll into town for an exhibition of its 'pop-up' science centre.

Visitors of all ages can enjoy over 40 interactive science exhibits and watch spectacular science shows as Science Circus presenters hold fire in their hands, lie on a bed of nails and levitate beach balls.

"Our exhibition is a fantastic opportunity for the whole community to get hands-on with science. It's a great way to discover new things about our world and explore the science and technology all around us," Science Circus presenter Ayla Jones said.

The team is visiting local schools across the Maryborough region, sharing flying rockets, freezing cold liquid nitrogen and gooey slime with students through a range of interactive science shows.

"We hope that many of the students we've visited in schools will bring their families along to the exhibition, to explore science together and with the rest of the community," Ayla said.

The Science Circus comprises 16 postgraduate students studying a Master of Science Communication Outreach at The Australian National University. The students spend three months engaging people with science and technology through visits to communities all over Australia.

Since 1985, the Science Circus has inspired over 2.5 million people with interactive science demonstrations during multiple visits to over 500 towns and communities, including 90 remote Indigenous communities.

The Shell Questacon Science Circus is a proud initiative of Shell, The Australian National University and Questacon – The National Science and Technology Centre.



Shell Questacon Science Circus Exhibition

Saturday 11 August, 10 am-3 pm Maryborough Park Showgrounds Main Hall Bruce Highway, Maryborough West
Tickets only available at the door. Admission: adult \$6, child/concession \$5, family \$18 and children under 5 are free.

FLY HIGH WITH THE FRASER COAST KITE KARNIVAL

– With Youth Columnist, Jacob Kitson-Holebrook

There is something whimsical about seeing a kite soaring in the sky, bringing out the child within us all and the Fraser Coast Kite Carnival is one day that you should be sure not to miss out on if you feel like reconnecting with your inner child. This unique event offers an afternoon sojourn for the people of our gorgeous town to show their creative sides and raise them way up high.

Hervey Bay is a beautiful place that enjoys mostly clear blue skies all year round but the Kite Carnival is an opportunity to add your splash of colour to our skyline. Guaranteed to be a fun afternoon out for the whole family enjoying the sun, surrounded by people who are there for a good time, well honestly what more could you ask for.

Although most people probably do have a kite stashed away somewhere, maybe under those dusty photo albums at the back of the garage, if you can't lay your hands on your own then there will be kites available for purchase on arrival at the event for just \$5. Once you arrive there will be heaps of other activities to take part in alongside the Kites - food and market stalls galore, a kid's Kite colouring competition plus plenty more to keep everyone amused.

This free event is NEW, and forms part of our annual Oceans Festival, the event is presented by The University of the Sunshine Coast in celebration of the arrival of the humpback whales to our region. The Kite Carnival will be held at the Hervey Bay Fraser Lions Park, near the Urangan Pier, from 12pm – 4pm on Saturday August 11 so, why not head down for an afternoon of Kites, food and fun. We Hope to see you there.



SEAFOOD & CARVERY BONANZA

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 sour cream and House Salad

Wednesday **\$12**
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 Served with Chips & Salad
 Sauce Toppers \$2.50
 Add Garlic & Herb Cobb Loaf \$4

Thursday **\$12**
Local Whiting & Cajun Calamari
 Served with Chips & Salad
 Add Garlic & Herb Pizza \$4

Friday **\$10**
Roast Roll with Chips
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 and served with chips

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 Roast of the day with Roast
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VANESSA TREGLOAN'S STORY

CLINICAL NURSE MANAGER OF REHABILITATION

I commenced working at St Stephen's as the Clinical Nurse Manager for Rehabilitation in April of 2017. In rehab we assist a variety of people with different conditions, from recovering after orthopaedic surgery, to neurological impairments and stroke, to reconditioning post a medical condition. We aim to improve their function and to gain as much independence as possible prior to discharge. I am responsible for staffing and maintain close contact with our people every day, being sure to keep abreast of any patient developments during the night. I also monitor admissions and discharges and complete patient rounds each day.

Excellence in patient care is the focus of my team and this commences with introducing ourselves to the patient when we start our shifts and make sure they are as comfortable as possible. An outcome of these introductions allows us to address any issues, (health or otherwise) early before they become a problem. We are continuously looking to the future to see how we can improve the services and patient experience offered in rehab. We are also constantly reviewing opportunities for further staff education and support.

I am originally from Adelaide, however when we saw an ad for a Clinical Nurse at St Stephen's Hospital I applied for it straight away. I had to Google Hervey Bay as I had no idea where it was, but as a family we were ready for a change! Within two and a half weeks we moved across the country. My husband and I have two children and greatly enjoy the



beach lifestyle here. We go for walks along the Esplanade and enjoy doing things as a family.

Ever since I was young I really wanted to be part of a rehabilitation team and to be a part of the patient's journey, contributing to their recovery from serious events such as stroke. I had a strong desire to support people re-gain their mobility and independence and share in their successes. I am fortunate enough now as a manager to be able to live this dream and to celebrate successful outcomes with our patients. I love my job!

MARK ABEL'S STORY

ACTING CLINICAL NURSE MANAGER - MEDICAL & CARDIOLOGY WARD



As the Acting Clinical Nurse Manager in the Medical and Cardiology Ward at St Stephen's Hospital, I am passionate about working with people that are medically ill.

I also enjoy working with the elderly as they have so much history and we can learn so much from them.

Originally from Cape Town, South Africa, I have now been living in Australia for fourteen years. I have also spent time working in the UK and Abu Dhabi and I can definitely say that I enjoy travelling.

While in South Africa I completed my nursing training. I was employed in one of the largest hospitals in Cape Town where they did the first heart transplant, so the hospital is quite well known.

At that time there was a big recruitment drive for nurses to work in Abu Dhabi, so when a delegation visited and asked if we were interested, I embraced the opportunity and took on a job as a Clinical Nurse which I absolutely loved. I have been nursing now for twentyfive years.

I now live in Hervey Bay with my wife and we enjoy going for walks along the Esplanade, visiting the markets and having coffee at local cafes. We also like looking at antiques as my wife is quite a collector.

A typical day for me here at St Stephen's Hospital begins with greeting those patients who are awake. It is very important to us that they know who we are, and who is looking after them.

I also speak with the night shift nurses about how the evening was and if there are any patients they are concerned about. Following on from this, we process the discharges for the day and ensure the correct services are in place, if needed, before the patient is sent home. As a team, we are always trying to plan ahead and take the best possible care of our patients.

DANIEL SMITH'S STORY

ACTING CLINICAL NURSE MANAGER - ALSTON WARD - SURGICAL

I am the Acting Clinical Nurse Manager for a surgical ward of St Stephen's called Alston Ward, and am fairly new, having only joined the hospital in April this year.

It was the weather that actually brought me here to Hervey Bay. I have a young son with asthma and it's turned out to be a very good move. I come from Melbourne, so we had lots of ongoing issues with his asthma, however his health has significantly improved since being here. In Melbourne I worked for Monash Hospital and was part of the roll-out for the new Monash Children's Hospital. Melbourne now has two specialist children's hospitals, which is an Australian first, and I am very proud to have been a part of achieving that outcome.

On the surgical ward at St Stephen's Hospital we only look after patients for a short amount of time, so you are really just seeing a snapshot of a person's life with this kind of nursing. My day starts with a hand over along with all of the morning staff; we meet the night shift staff and find out what has happened during the night.

I visit every patient daily and assist some patients to get up out of bed. There are medications to be given, surgeons to be contacted, ward rounds to be done, patients to be washed, and other specialities like physio and occupational therapy to be contacted. There is a lot of forward thinking and forward planning that happens here at the hospital to ensure that our patients receive the best care possible.

I think that it is safe to say that the patients' discharge gets planned from the moment that admission starts and I find that good communication is vital to keeping the surgical ward running.

I am also very passionate about nursing education. Management and education go hand in hand, and I really enjoy seeing how it helps members of my team develop.



When not at work I love nothing more than four wheel driving and camping with my family, we also enjoy our water sports, so Hervey Bay is the perfect place to call home.

LEO CANAPI'S STORY

CLINICAL NURSE MANAGER - PERIOPERATIVE SERVICES



I am the Clinical Nurse Manager for Perioperative Services here at St Stephen's Hospital. In Perioperative Services our objective is to provide the best possible conditions for patients prior to an operation. I have been here for almost four years and thoroughly enjoy it.

I have always had an interest in surgery. The majority of our family is in the medical field and I grew up in that environment. It is a very technical and precise world.

I was born in the Philippines and completed my nursing degree there. I

then spent time in Riyadh, Saudi Arabia where I worked as a nurse and also met my husband, and had my first child.

While living in Riyadh, I remember how quickly things changed there after 9/11. I went to a shopping centre in Saudi Arabia with my baby in my arms and we all had to be evacuated because of a bomb scare; I literally feared for my life and knew then it was time to leave.

Prior to coming to Hervey Bay, I worked in New Zealand in a hospital in Christchurch. When I arrived there we only had five theatres and when I left they had twelve. It was really exciting to be a part of that growth.

In 2014 the opportunity to move to Hervey Bay presented itself and I saw it as a good opportunity to transition into the management side of things.

I am responsible for a variety of activities from budgets to staffing, to managing five operating theatres, and everything in between. I also look after the sterilising department and make sure that all procedures are followed. I work closely with the supply co-ordinator to

ensure that we always have adequate stock and equipment.

As St Stephen's is a fully-integrated digital hospital, I am able to remotely access information from the hospital which is incredibly efficient, which means I don't always have to come in after hours.

In my spare time I am also a Zumba Instructor; I run my own classes and do these four times a week. Not only is this a great stress release but I also get to meet lots of different and interesting people, and I love to dance and keep fit!



Calendar of Events

AUGUST

AUGUST 1-2

Business Accelerator Clinic

8am-11am

\$15 General Admission

Go to: admin@berwin.org.au for further info

AUGUST 3

Over 50's Lifestyle Expo

Call: 4194 2444 for more info

Baptist Church Hall

Nikenbah

AUGUST 4

Radiofest

8am-4pm

City Park, Main St, Pialba

AUGUST 5-12

Maryborough Eisteddfod

Brolga Theatre and Convention Centre

AUGUST 5

Radiofest

Go behind the scenes at Fraser Coast FM 107.5

9am-3pm

5 Halcro St, Pialba

AUGUST 5

2018 Ribbon Carnival

10am-4pm

Wide Bay Gymnastics

Walker's Rd, Urangan

AUGUST 5

The Big Latch On-Fraser Coast Free Event

For breastfeeding mums

AUGUST 5

HBSC 50th Anniversary Lunch

For those that have booked

Hervey Bay Sailing Club

AUGUST 6

Local History Talk

12pm-1pm

Bookings essential

Maryborough Library

AUGUST 10

Talk - Plastic Ocean

5.30pm-6.30pm

USC Fraser Coast, 161-179 Old

Maryborough Rd

Cost: Free

Bookings essential

AUGUST 11

Tiaro & District Art & Craft Exhibition

9am-12noon

Call 4129 2490 for entry form

Tiaro Memorial Hall

AUGUST 11

Jump with the Proud Villagers

5pm

Jump Trampoline Park

AUGUST 11

Pop-up Sunset Pier Party

2pm-5pm

Scarness Jetty

Find them on Facebook

AUGUST 11

Fraser Coast Kite Karnival

Go to: [www.](http://www.herveybayoceanfestival.com.au)

[herveybayoceanfestival.com.au](http://www.herveybayoceanfestival.com.au)

AUGUST 11

Maryborough Pop-up Science Centre

10am-3pm

Maryborough Show Grounds & Equestrian Park

To register go to: www.questacon.edu.au/events/sqsc/exhibition

AUGUST 11

Fraser Coast Wings & Wheels

9am

Maryborough Airport

AUGUST 11

Juicy Babes Event

6.30pm

Kondari Hotel, Hervey Bay

Call: 0413 174 085

AUGUST 12

2018 Hervey Bay Seafood Festival

9.30am

Fisherman's Park, Urangan

Harbour

AUGUST 12

2018 Charity Golf Day

8.30am

Hervey Bay Golf Club, Pialba

Call: 0408 745 433 to register

AUGUST 15

Fashionista Morning

10am
\$5 for morning tea
Call Josephine for more details
on: 0417 616 928
The John Paul Centre, Pialba

AUGUST 15

2018 Hervey Bay Masterclass

Night photography
5.30pm
Hervey Bay
Find them on Facebook

AUGUST 15

The Australian Bee Gees Show

8pm
The Brolga Theatre & Convention
Centre

AUGUST 17-19

2018 Fraser Coast Expo

8.30am
Maryborough Showgrounds &
Equestrian Park
Go to: www.frasercoastexpo.com.au

AUGUST 17

Museum Tour & BBQ Sitdown Lunch

Broowena Museum
Seniors week 2018 activity
Call Kylie Nitz on: 4123 1554 for
further details

AUGUST 18

Parade & Concert

in Scarness & Pialba
Go to: www.herveybayoceanfestival.com.au

AUGUST 18

Apple Tree Creek Swap Meet & Kickstart Motorcycle Show

6am-12pm
Apple Tree Creek Motel

AUGUST 18

Oceans Festival Open Water Swim Session

2pm
Out the front of Enzo's on the
Beach
B Mee Multisport
Find us on Facebook

AUGUST 19

Paddle Out for Whales

Go to: www.herveybayoceanfestival.com.au

AUGUST 19

Nightmare B4 Christmas Sports Day

8.30am – Sign on 9am
Hosted by: Burrum District
Active Riders
Find them on Facebook
Torbanlea Recreation Reserve

AUGUST 19

Open Farm

9am-3pm
Yengarie Alpacas
65 Station Rd, Yengarie

AUGUST 21

Aldridge's Got Talent Night

6pm
Brolga Theatre and Convention
Centre

AUGUST 23

Morning Melodies – Just a Couple of Song and Dance Men

11am
The Brolga Theatre & Convention
Centre

AUGUST 25

Whip Cracking Lessons

9am
Torbanlea Race Track
Find them on Facebook

AUGUST 25

Members Art Exhibition

3pm
Maryborough Art Gallery

AUGUST 26

Emerald City – ANT Live

2pm
The Brolga Theatre &
Convention Centre

AUGUST 28

Tiaro Branch QCWA – Morning Tea

9.30am – Celebrating
International Day
\$5 per person
RSVP: Gail-4129 2237

AUGUST 31

The RU OK? Conversation Convoy

12.30pm-2pm
Scarness Park, Hervey Bay
RSVP: <http://ruokherveybay.eventbrite.com.au>

AUGUST 31

Twilight Fete

4pm
Howard State School

AUGUST 31

2018 Fisherman's Ball

6pm
Beach House Hotel

AUGUST 31

-SEPTEMBER 1

Rockin Maryborough Vintage Festival

7pm
Maryborough
Go to: www.rockinmaryborough.com.au

 For a full list of What's On, go to: facebook.com/WhatsOnHerveyBay/
 facebook.com/whatsonfrasercoast or visit <http://whatsonfrasercoast.com.au/>

MARYBOROUGH IS SET FOR A ROCKIN' GOOD TIME!

Written by: Brodie Millar

Rockin' Maryborough Vintage Festival is two nights and one day of events celebrating all things from the 40s, 50s, 60s & 70's in and around Maryborough's Historical Town Hall.

The Festival opens on Friday night, August 31, at 7pm with the Rockin' Maryborough Vintage Festival Spring Ball in Town Hall, featuring Buddy Love and the Tremors. With elegance and old-world-charm in abundance, the 110-year-old hall will spring into bloom with decoration provided by The Prop People. Dress to impress in your springtime best and dance the night away to all your favourite rock'n'roll classics of the 50s, 60s & 70s. There'll be a photographer on hand to capture all the action. A light supper, provided by St Paul's Parish, will be served and bar service's will be available. There will be lucky door prizes, raffles and much more. Tickets are \$35each, and available at www.rockinmaryborough.com.au.

Saturday September 1 is the Rockin' Maryborough Vintage Festival Family Fun Day from 9am until 4pm, in and around Town Hall from the Bauer & Wiles memorial fountain to Town Hall Green and down Adelaide St to St Paul's Parish.

This family fun day is free to enter and is ideal for all ages and abilities with something for everyone.

The heritage city's CDB will step back in time with The RMYF Vintage Show'n'Shine for pre-1978 cars, caravans and motorbikes.

On the Adelaide St Dance Stage, opposite Parkside on Adelaide, The Zephyr Project & DeeJay Jimmy Dee provide the jive as the crowd dances in the street.

From Town Hall Green to the Fountain on Lennox St market stalls will be selling the very best vintage, pinup and rockabilly paraphernalia, there will also be kids rides and amusements.

The Pinup competitions begin with Little Miss & Little Master at 9.30am at the iconic Town Hall columns, before moving inside the hall for Miss Teen Rockin' Maryborough at 11.15am and Miss Rockin' Maryborough at 1.30pm.

Darling & the Midnight Delights will play inside the hall in-between, bringing their popular style of retro revival that is perfect for serious dancers, bar services will be available.

There will be a RMYF Mini Hotrod Competition from primary school aged groups (presented at 10.15am) and The Maryborough & District Animal Refuge presents Pooches on Parade at 12.30pm, both events are not to be missed.

Bring a picnic or take advantage of the inner-city location with restaurants, cafes & eateries aplenty. For those looking for value and comfort there's St Paul's Parish Hall's Devonshire Tea or, for that naughty rockin' tibble, why not pop in to Cottage Connection Florist for their special Rockin' Decadence Package, where you'll enjoy a refreshing glass of sweet sparkling wine as you select from gourmet chocolates to take away (18+ only).

To pre-enter your car, caravan or motorbike or to enter the Pinups go to www.rockinmaryborough.com.au. All entries for Pooches on Parade to be made through Maryborough and District Animal Refuge.

The festival wraps up with the Rockin' Maryborough Vintage Festival Rockabilly Dance in town Hall at 7pm featuring A Band Called Twang. Once again a bar service will be available. There will also be a Sausage sizzle and hot dogs available for purchase. All proceeds of sales go to Rainbow Prince, funding lifesaving veterinary surgery for Maryborough and District Animal Refuge's abandoned pets.

Tickets are \$25each, and available at www.rockinmaryborough.com.au.



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HEALTHY EATING WITH *Eva*

After years of unhealthy eating and sickness, I discovered the joys of healthy eating (it doesn't have to be boring or tasteless!). Trying to stay away from processed sugar as much as possible, but still having a sweet tooth, I got creative in the kitchen with my Banana pancake recipe. These are great to make for kids all year round.

BANANA PANCAKE

Ingredients:

- 1 egg
- 1 medium size banana
- 1 heaped tablespoon of chia seeds or blitzed almonds/almond meal chia seeds
- butter for cooking

Instructions:

Mix together the egg, banana and chia seeds.
Heat pan on medium heat and melt some butter.
When the butter is melted and the pan is warm, pour pancake mix into pan.
Let seize initially, then add lid on pan so it cooks through (this will make it easier to flip).
Check pancake is ready to flip by shaking the pan. The pancake should slide nicely.
Flip pancake and cook briefly on the other side.

Serve with some fresh raspberries or chocolate chips (or both!), and sprinkle some desiccated coconut on top. Voilà! A healthy brekkie in under 10 minutes!

From tasty banana pancakes (with zero sugar or flour) to delicious home cooked meals, there is nothing that can't be replicated to be healthier. If your health is important to you and you want more ideas, you can follow my Instagram for healthy recipe ideas @evatweetheart12.

Eva Lawrence





FRASER COAST WINGS AND WHEELS

An event to REMEMBER

By Alan Betteridge

THERE IS NOTHING MORE DISTINCTIVE THAN THE SOUND OF A VINTAGE WARPLANE POWERED BY A 1425HP RADIAL ENGINE AT FULL SONG AND THAT IS THE SOUND WHICH WILL BE ECHOING IN THE SKIES AROUND THE FRASER COAST THIS AUGUST WHEN THE MARYBOROUGH AERO CLUB (MAC) IN COMBINATION WITH THE MARYBOROUGH FORD CLUB HOLD THE INAUGURAL FRASER COAST WINGS AND WHEELS ON AUGUST 11.

The event, sponsored by Shannon's Insurance, will give budding aviators, aviation enthusiasts and car buffs the chance to see multiple aircraft and many fine examples of our motoring history all in the one place – Maryborough Airport.

Maryborough has a long association with aviation dating back to the late '20s and reaching its peak during the Second World War when it became a base for the RAAFs No 3 Wireless Air Gunner School and No 3 Air Navigation School.

It was also an important staging point for military aircraft heading north to the New Guinea battle fields.

Parts of that history can still be seen in the guise of the Heritage Listed buildings that dot the airfield, one of which now calls itself home to the MAC.

In recent years MAC have played host to the Warbirds of Aerotec, a Toowoomba based organisation, who bring over a host of vintage military aircraft including T28 Trojans, Australian built Winjeels and the ever popular Yak 52 giving people the chance to experience a flight in a genuine Vietnam era warbird.

For those so inclined aerobatics can be included in the Adventure Flight – you haven't seen the Fraser Coast unless you have witnessed it from an inverted perspective at 5000ft.

The experience of a flight in a warbird starts the moment you get strapped in and doesn't stop until you are helped out of the aircraft at the end of flight.

Fraser Coast Wings and Wheels as its name suggests is not only about aircraft.

On the day there will be a plethora of vintage and veteran cars, motorcycles, trucks, tractors and stationary engines on display as well as many historical displays.

A number of attending pilots will also have their aircraft on display and will be only too happy to answer any questions you may have.

Food and refreshments along with market stalls will be available so you can be assured it will be a day the whole family can enjoy, and it won't break the bank to attend.

Gates open to the public at 9am and although entry to the airfield is free a donation would be appreciated.

Money raised will support the operation of Angel Flight an organisation that sees private aircraft owners and their aircraft donate their time and machines to help overcome the tyranny of distance for many remote area patients who have to attend medical appointments in the main cities.

Maryborough Airport is located just off Saltwater Creek Road (the main road to Hervey Bay) on the northern side of the city and offers plenty of parking within easy walking distance to the full range of displays and attractions.

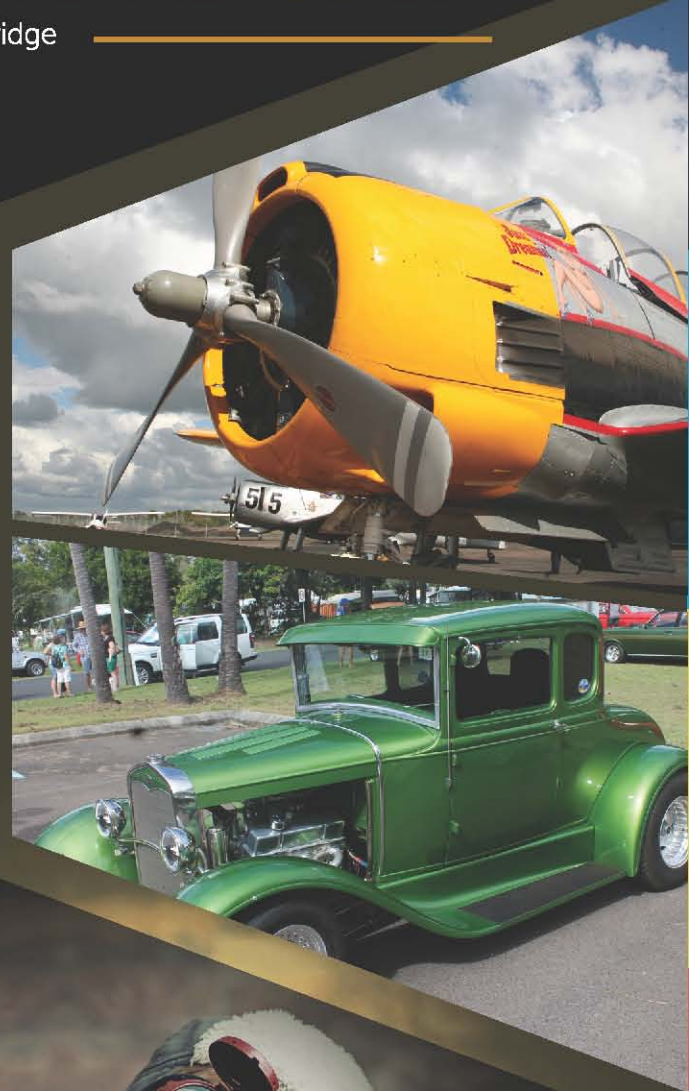
To avoid disappointment you can book a Warbird Adventure Flight by calling Matt Handley at Aerotec Toowoomba on 4634 7100 or 0438 308 185.

For car exhibition details or if you would like to exhibit your car call either **Graeme McManus on 0457 363 011** or **Greg Walters on 0478 414 549**.

For all aviation details and other information about the Fraser Coast Wings and Wheels call Karin Middleton on 0429 111 260 or send an email to the Aero Club: secretary@maryboroughaeroclub.com

Be sure to mark **August 11** for your calendar for the Fraser Coast Wings and Wheels, Maryborough Airport.

It will be a day that will make memories you will never forget.



Fraser Coast Markets

MARYBOROUGH

FRASER COAST WILDLIFE SANCTUARY MARKETS

31 Mungar Road, Maryborough
(Donation gets you free entry to
the Sanctuary)
3rd Sun of the Month
7am to 12pm
info@frasercoastwildlifesanctuary.org.au

MARYBOROUGH

MARYBOROUGH MARKETS

Adelaide & Ellena St,
Maryborough
Every Thurs 8am to 1pm
markets@fcte.com.au

HERVEY BAY

NIKENBAH MARKETS

Hervey Bay Animal Refuge
Nikenbah-Dundowran Rd,
Nikenbah
1st, 3rd & 5th Sun of the month
6am to 12noon
hbanimalrefuge@gmail.com

HERVEY BAY

KOALA MARKETS

Kruger Court, Booral Rd, Urangan
2nd and 4th Sun
6am to 12noon
Bob: 0412 689 863

HERVEY BAY

BUZERS BAZAAR TWILIGHT MARKET

Beside Mary Ryans,
the Esplanade, Torquay
Every Fri
1pm to 6pm
bayconnect@hotmail.com

COMING SOON
TO HERVEY BAY

HERVEY BAY

URANGAN PIER PARK COMMUNITY MARKETS

Pier Park, Urangan
(in front of Jetty)
Every Wed 7am to 1pm
Every Sat 7am to 1pm
pierparkcommunitymarkets@gmail.com

HERVEY BAY

TORQUAY BEACHSIDE MARKETS

Outside AQUAVUE, Torquay
2nd & 4th Sat
7am to 1pm
info@torquaymarkets.com.au



CAFE x RESTAURANT

HERVEY BAY

HERVEY BAY BOAT CLUB ART & CRAFT MARKET

Buccaneer Dr, Urangan
3rd Wed of the month
9am to 2pm
info@boatclub.com.au

BURRUM HEADS

BURRUM HEADS MARKETS

Community Hall, Main Rd
& Howard St
Burrum Heads
2nd Sat of the Month
7am to 11am

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BAUPLE

BAUPLE MARKETS

(free for stallholders)
Band Hall, Band Hall Rd,
Bauple
4th Sat of the month
7am to 12noon
www.facebook.com/bauplemarkets

HOWARD

HOWARD COUNTRY MARKETS

Howard Community Centre
Steley St, Howard
1st Sat of the month
7am to 12noon
Info@howardcommunitycentre.org.au

TIARO

TIARO MARKETS

Memorial Hall, Main St, Tiaro
2nd Sat of the month
7am to 12noon

BROOWEENA

BROOWEENA MARKETS

Smith St, Brooweena
4th Sunday of every 3rd month
brooweenamkt@yahoo.com
8am – 12pm

DISCLAIMER:

Markets subject to change
due to School Holidays,
Public Holidays and weather
conditions.

THE AUSTRALIAN BEE GEES SHOW

DIRECT FROM VEGAS WORLD TOUR 2018

Fresh from celebrating seven years and well over 2000 shows headlining on the Las Vegas strip, the Australian Bee Gees Show will be heading Down Under for the Australian leg of their 2018 'Direct from Vegas' world tour!

This new show will be presented in two parts and feature all of the hits in a nostalgic trip down memory lane in a multimedia concert event.

The Australian Bee Gees Show is currently performing at The Excalibur Hotel and Casino in Las Vegas and has been in residence for the past seven years. The group were also honoured to receive the coveted Entertainer of the Year award for 2015 at the prestigious Win Win Headliners Bash.

The Australian Bee Gees show was also the first Australian band to perform 1000 shows headlining on the Famous Las Vegas Strip and with 2250 shows already under their belt they are looking forward to continued success in Sin City.

After 21 years on the world stage and over 6,500 performances in over 60 countries, The Australian Bee Gees Show has evolved to become the definitive live celebration of the wonderful music written by the Brothers Gibb.

From their first shows in 1996, The Australian Bee Gees Show has conquered Las Vegas and has played to capacity houses around the world, cementing their reputation as an exceptional live concert act and the world's leading Bee Gees Show.

For one night only be a part of the magic that is, The Australian Bee Gees Show.

Tell me about the show?

This year we are doing the 'Direct from Vegas' Tour, we wanted to take some of the elements from that show and bring them on the road with us. It's a world tour that started in the US in February and this is the Australian leg part 1. We will be doing Europe, South America and Asia later this year before heading back to Australia and some more US dates.

How is it different to previous shows?

This show is more like the show we do in Las Vegas, it's performed in Two Parts, loosely based on the One Night Only tour in part one and a nostalgic look back in time at the 70's disco period in part 1.

You tour regularly, how do you keep the show fresh?

The show is always evolving and we do a fairly major change every two years including an update of our stage costumes, we are constantly honing it as we go. We have a show order and a script but we have a lot of room to Ad Lib, and when these moments really resonate with an audience we work them in to future shows.

What is it like to cover legends in the music industry?

It's a real honour to do this show and it is something that we don't take lightly. The Bee Gees fans are very protective of their legacy and we have always tried to do our show with as much authenticity and integrity, I think that is what has kept it going for twenty one years.

What can people expect attending the show?

A fun night filled full of some of the best songs ever written and a happy trip down memory lane.

What is the highlight of the show?

I think there are a few highlights to the show, the 60's acoustic medley around the centre mic and people dancing in the aisles towards the end of the show.

How do you get into character?

Pretty much as I walk on-stage, after 21 years it's like flicking a switch!

Why the Bee Gees?

Because they were by far Australia's most successful group with a wonderful catalogue of songs spanning 5 decades and 3 wonderful personalities to build a show around.

Any other comments?

For a nostalgic and fun night out come down and be a part of the Direct from Vegas tour, we look forward to seeing you there!

"Show-goers at one of this band's shows get a lot more than a few disco songs, The Australian Bee Gees Show capture the very essence of the original Bee Gees"
- NINA KING, LAS VEGAS MAGAZINE

"This Bee Gees Tribute sustains the 'Fever'.
- MIKE WEATHERFORD, LAS VEGAS REVIEW JOURNAL

THE AUSTRALIAN BEE GEES SHOW
August 15- 8pm to 9.30pm - Brolga Theatre and Convention Centre
Call: 4122 6000 for more details.

FEAT.



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Fraser Coast hosts Massive Lifestyle Event



A refinement of the event name has coincided with a massive boost in prizes, incentives and corporate support for the much loved Wide Bay and Fraser Coast Home Show and Caravan, Camping, 4x4 and Fishing Expo.

The event will now be known simply as the 'Fraser Coast Expo' and for the first time patrons will be able to prepay for tickets on line. Those who organise their tickets on line in advance will not only receive express entry at the event they will also automatically receive a FREE 6 month digital on line access to the very popular 'Pat Callinan's 4x4 Adventures' magazine.

The event has grown again in 2018 with close to 200 exhibitors representing some 800 different companies sprawling over nearly 9 hectares (or 20 acres on the old scale) at the Maryborough Showgrounds. They will be showcasing over \$20M in products and new innovation for the home, outdoor living and everything you will ever need to go boating, camping, caravanning or off road motoring.

The impressive prize cache up for grabs at this event will be headlined by a \$ 10,000-00 boating package thanks to Bay City Marine in conjunction with Quintrex Boats and Mercury outboards. Then comes a \$ 5,000-00 Beta Home Living Package thanks to Con Souvlis Beta Home Living, a 2.5KW fully installed split air conditioning unit thanks to Climate Control Systems, a fishing boat hire package from Blue Sky Boat Hire and over ten thousand dollars in fishing gear and other prizes at the Shimano Fishing Show.

For all the exhibitor information, entertainment details, a chance to win family passes and other event information go to www.frasercoastexpo.com.au for details.

The Fraser Coast Expo opens from 8.30am to 4pm daily at the Maryborough Showgrounds from Friday the 17th August through until Sunday the 19th August.

For more details contact : Courtney Stephens @ Australian Events on 1800 671 588 or event Director Bob Carroll on 0419028002

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Vox Pop



With whale season upon us I thought I would take to the streets to find out how many kids had actually seen a whale in real life, and what they loved the most about them.

Whale season is my favourite time of year on the Fraser Coast, and I am lucky enough to get to go out a couple of times a year.

I love the sheer size of these gentle giants of the sea. Whales are naturally curious creatures that love to interact and get up close and personal to the whale boats and I feel very privileged to watch the whales at play in our own backyard. - **Kim Parnell, Editor**

Question: **Have you ever seen a whale, if so what do you remember?**

"No, I have only seen a pretend one, I like that they live in the water and have a really big splash".

**Abigail Adams, 8
Torbonlea**



"I have seen a whale in the ocean, it was big. I also saw a hammerhead shark and it nearly bit me".

**Dexter Theilemann, 6
Tin Can Bay**



"No, I have never seen one, I would like to though. They are in the ocean and they are too big to cuddle".

**Jamira Munro, 5
Urraween**



"No, not yet but I would like to see one. They shoot water out of their head, that would be good to see".

**Nate Fleming, 5
Burrum Heads**



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What kind of music do you play?

Rock and Roll with a few dirty ballads. We play covers and originals and have two albums out.

We try to sneak as many originals in when we are doing a cover show, you do have to pick your crowd though.

Who is the songwriter in the group, and where do you get your inspiration from?

Me, I get my inspiration through everyday life, sometimes I just come up with the riff and the music will write itself, or you will find something that matches the mood. I have books filled with words that just need music, this is where the rest of the band come in. I will hit record on my mobile phone that I keep beside me if I feel inspired during the night.

Six years ago, the video clip for the hit single 'Borderline' was aired and had some success. What was it like making a music video and where did the idea for the video come from?

That was a song that Damien Veness, our previous guitarist, and I wrote while we were down on the Gold Coast on the border of NSW and Queensland. It was exciting, we used lots of local faces. We were on a very tight budget with two video clips in two days the clip 'Borderline' was filmed at the Z-pac Theatre here in Hervey Bay, we made the electric chairs ourselves.

We are both anti-government, so we try to slide that in where ever we can. The inspiration behind Borderline was about being locked up and having to face the love of your life and trying to encourage them to move without you. It is that point in your life where you have to decide whether to push hard, or to languish away.

The band received its first nomination as finalists in the 'Music Oz Independent Music Awards' held at the Opera House in Sydney in 2012. How did it feel to be nominated?

It was amazing to be amongst a lot of great artists, we knew that we didn't have a hope in hell, but we enjoyed being there it was great. I think for us we rode a high from that for a number of years. Until the second album came out and we had some success with that.

When was your second album 'Here Lies Freedom' released, tell us a bit about this album?

It was released in 2014, that was our first full band album. We were privileged to have Richard Butler play on the guitar we had Chris on the Bass, and Jason McNabb on drums and that was a good collaboration all of us working together to write the songs again.

You had some great success with this album with single 'Little Birdie' making its debut at number #22 in the Triple J Unearthed Top 100! Within two weeks subsequent songs on

the same album peaked in the top five. What does it mean as an artist to make it onto the charts?

It is very exciting when you make it onto the charts. But the trick is not to let it go to your head, it is an opportunity to strike while the iron is hot and that's when you have to get out on the road and tour. We have toured all the way to Magnetic Island, Townsville, Proserpine, Arlie Beach, and the Sunshine Coast.

We stopped the tour when I bought the Skate Park, we have just been doing local gigs since then.

What would you like to achieve as a band within the next ten years?

Within the next six months we would like to release a third album, whether it as an EP or an album we don't know yet, but we want to get back on the road. We have endless material to entertain the crowds with. The boys in the band are awesome musos so it makes the job easy.

As a band how did you meet?

Years ago when we were doing up our second album and we were about to go on the road, and so Richard Butler actually had done the recording on the album and young Ryan was like his protege and he had just finished school so he came on tour with us, Craig Taylor has been playing on and off with Dogwood Crossing over the last ten years and Bennie has been with us now for about a year and a half so we have all known each other through the music circles and different bands over the years.

What advice would you give someone just starting out in the music industry?

Quit, (laughter), no just don't go into it thing that it is all cavier and champagne It is not an industry to make money out of, it is an industry that you do because you love it. If you can do your local shows and festivals and earn money that way you can hit the road and be on the noodle diet, both are good fun so yeah, don't take yourself to serious that is the key.

Why is your band so likable: Because we are normal dudes. The songs tell a story, if people get something out of them that is awesome.

In 2011 Dogwood Crossing released the debut album 'Fear of Change' independently through MGM/Green and Waterfront Records. What was the album all about and where did the name come from, how long did it take you to make?

Damien Veness and I wrote that album, our previous guitarist we wrote a lot of stuff together in different places we would hire a hotel at the Gold Coast or at the beach and a lot of that was acoustic balance so it just sort of grew from there. We recorded our first album and our second album with Pacific International Music here in Hervey Bay the first one took us four days the second one took us a year and six months.



DOGWOOD CROSSING

MUSIC AT THE

BEACHHOUSE HOTEL



HOTEL



BAND SPOTLIGHT

Dicky Switch

Dicky Switch is a five-piece, energetic local cover band currently available for bookings. We're definitely not just your average old jaded guitar band. In short, our music is a very popular mix of radio covers. All five highly experienced musicians are very accomplished in their own right, and together provide for an outstanding live music experience. Remember the live Oz music scene in the 80's? Remember the packed pubs and clubs? well, that's what we're all about!

AUGUST

Thurs 2, 7.30pm, Open Mic
Fri 3, 8.00pm, R&B Friday
Sat 4, 8.30pm, Uncle Arthur
Sun 5, 2.00pm, Derek Smith

Thurs 9, 7.30pm, Open Mic
Fri 10, 8.00pm, R&B Friday
Sat 11, 8.30pm, Dicky Switch
Sun 12, 2.00pm, Darren Marlow

Thurs 16, 7.30pm, Open Mic
Fri 17, 8.00pm, R&B Friday

Sat 18, 8.30pm, Red Betty
Sun 19, 2.00pm, Bobby Barnes

Thurs 23, 7.30pm, Open Mic
Fri 24, 8.00pm, R&B Friday
Sat 25, 8.30pm, Dogwood
Crossing Band
Sun 26, 2.00pm, Frank Benn

Thurs 30, 7.30pm, Open Mic
Fri 31, 8.00pm, R&B Friday
Sat 1, 8.30pm, Shotgun
Sun 2, 2.00pm, Derek Smith



Social Snaps

Out and about on the Fraser Coast



Clockwise from top-left:
Aiden, 9 and brother Cooper get up close to Maroon, **Will Chambers**
Lex Cowell goes for a peddle at the **Mary Poppins Festival**
Hanna Morgan in her period costume at the **Mary Poppins Festival**
Billy Slater meets **Aedan Harris**, (Aedan's Crusade) at the **Fan Day**
Dane Gagai, Kevin Walters, Goomblar Wylo, Alfie Langer and **Mayor George Seymour** at **Fraser Coast Fan Day**



BECOME A RALLY ANGEL AND

GIVE OUR FUNDRAISING WINGS

The Rally Angel club is all about harnessing the support of the community to enhance the work of the Rally for a Cause charity for the benefit of Fraser Coast families.

This new philanthropy club has been set up primarily to assist with the ongoing administrative costs associated with running such a successful local charity.

Membership comes with some great personal and business networking benefits, but more importantly it will mean that the Rally for a Cause will be able to continue to ensure that 100% of the funds raised by the Dunga Derby and donated to the charity will continue to go to support Fraser Coast families and individuals affected by life-limiting medical conditions or whose lives have been disrupted by detrimental circumstances beyond their control.



As a Rally Angel, you have the opportunity to make a meaningful difference to the lives of people in your community. For more information or to download a membership form, please see the website at rallyforacause.org.au/rally-angels or call Rally for a Cause on 0499 754 470.



rallyforacause.org.au



Social Snaps

Out and about on the Fraser Coast



Clockwise from top-left:
Organiser Sarah Martin is ready for the Colourburst Junior
Maroon player, Billy Slater is all smiles
Noel Ware with his wife **Val** get dressed for the Mary Poppins Festival
Xylia, 6 at the Colourburst Junior for Hervey Bay Relay for Life
Marc the Joyologist adds some magic to the Mary Poppins Festival





Love where you live...



Clockwise from top-left:
QLD Maroon **Billy Slater** with young fan **Aiden O'Brien**
Qld Maroon, **Valentine Holmes** signs the shirt of fan **Jessie Mahoney**

Reuben Fulloon 8, is looking for a chimney to clean at the Mary Poppins Festival

Rose 7, and **Layla 9**, are in disguise at the Colourburst Junior

Tegan, 7 gets covered in colour at Colourburst Junior



Photo Credit: Dana Taylor

WHAT'S ON @ THE BROLGA



Maryborough Eisteddfod

4 to 11 AUG



The Australian Bee Gees Show

WED 15 AUG




Just a Couple of Song and Dance Men - Morning Melodies

THU 23 AUG

A SHAKE & STIR THEATRE CO AND QPAC PRODUCTION

ROALD DAHL'S George's Marvellous Medicine

ADAPTED FOR THE STAGE BY SHAKE & STIR THEATRE CO



shake&stir theatreco
Qpac QUEENSLAND PERFORMANCE AND ARTS CENTRE
ARTOUR

Illustration by Quentin Blake

TUE 18 SEP

AUSTRALIAN NATIONAL THEATRE LIVE presents

DAVID WILLIAMSON'S EMERALD CITY

Emerald City - ANT Live

SUN 26 AUG



Sunday Riverside

SUN 2 SEP



SINGIN' IN THE RAIN

Singin' in the Rain - Macabre Theatre Company

7 & 8 SEP



Liberty, Equality, Fraternity - ANT Live

SUN 9 SEP



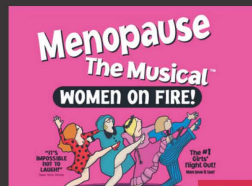
Johnny Cash the Concert - Revisits Folsom Prison

FRI 14 SEP



The Big Sing Concert

SUN 30 SEP



Menopause The Musical
WOMEN ON FIRE!

WED 3 OCT



Julie - NT Live

7 & 9 OCT



Frankly Sinatra - Morning Melodies

THU 11 OCT



Dirty Dick's Theatre Restaurant

THU 11 OCT



ABBAAbsolutely Fabulous

THU 18 OCT



A Russian Triple Bill - Imperial Russian Ballet Company

SAT 20 OCT

COMING UP IN 2018...

Lennon Through a Glass Onion	Sat 27 Oct
Don Quixote - La Scala Ballet (QPAC Simulcast)	Sat 10 Nov
King Lear - NT Live	Mon 12 Nov
Morning Melodies - Karen Knowles	Thu 13 Dec
Madness of King George - NT Live	Thu 20 Dec



BROLGA
THEATRE & CONVENTION CENTRE