

FRASER COAST What's On

MARCH 2022 MONTHLY MAGAZINE

58

TAKE
ME HOME

TOGETHER ALONE

Ian Moss and Troy Cassar-Daley

Inside this issue:

Gig Guide
Calendar of Events
Eating Out

RIVER HEADS MARKETS

QUEENSLAND BALLET
GISELLE WILL CAPTIVATE

CELEBRATING 50 YEARS
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Get in Touch

If you have a local story to share, please contact us at whatsonfrasercoast@outlook.com
We would love to hear from you.



Hervey Bay Surf Lifesaving - Night-time rescue training. Photos by Kim Parnell.

Regular Contributors

Leah Harvey
Cate Akaveka
FCRC Mayor, George Seymour

Photography

Kim Parnell
Stock photography (Pixabay/Unsplash)
Contributed

Cover photo: Robert Hambling

What's On

Produced and Published by Kim Parnell

t/a What's On Hervey Bay

ABN: 39 762 265 534

✉ whatsonfrasercoast@outlook.com

🌐 whatsonfrasercoast.com.au

☎ 0467 303 171

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Note from the Editor

This year has not got off to a great start for our family. Like many other families in our region, COVID came knocking on our door and came in uninvited. My husband was the target, and he got it bad; he never does things by halves. For those naysayers who say it is just the flu, let me tell you, it was like no flu that I have ever seen. It is best described as the flu times ten when you have it bad. Or the flu on steroids.

Initially, he did spend a few hours in the hospital but was later discharged into my care. This was only realised when he rang me and tried to speak over the phone to ask me to pick him up. Of course, due to COVID, there are no visitors, including family, allowed at the hospital. So, I was unable to ask a health professional about what this meant.

To say that I was unprepared to take on the role of nursemaid to a very sick COVID patient is putting it mildly. He could barely make it to the toilet and couldn't talk, so I could not question him about what he needed. He had some breathing difficulties too. I only had a cloth mask and no gloves, and we were now isolated for seven days. Considering that he had breathing difficulties and COVID patients can deteriorate fast, to the point that they need a ventilator, I must admit that I was more than a little scared and worried.

It is said that most of those infected will only get a mild case. But many will also get very sick, and some will also end up in hospital.

Thankfully my husband and I were surrounded by friends and family who helped when we needed it most. Some cooked meals and delivered them to our doorstep - believe me when I say that this was so appreciated and one less thing that I needed to worry about. We also had others doing runs to the chemist or the shops. Thanks to our medic friends for the much-needed advice too. We thank you all from the bottom of our hearts.

Inside this issue!

I chat with the gorgeous Troy Cassar-Daley, who will be touring this month with Ian Moss. **The Together Alone Tour** will be an acoustic guitar extravaganza that will span the decades and feature songs from two stellar careers. These guys have a mutual respect and have forged a strong friendship over the years. Get your tickets now!

We shine a spotlight on some of our **Fraser Coast groups, clubs and organisations**. No matter what your tastes, there is a group for you. So, this year get out and make new friends. You may even pick up some new skills along the way.

I pack the bike up and head to Toogoom to try my hand at **Mountain Bike Riding** with the Fraser Coast MTB Club. There is a track for all riding abilities, and it is a great place for families. There is something to be said about being out in the fresh air and at one with nature.

Turn the page to catch up on all the articles, events, and people that make our region so rich!



Kim Parnell

Editor/Owner, What's On Fraser Coast

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SUNBURY FOOTBALL CLUB

CELEBRATING 50 YEARS. 1972 – 2022

How exciting and interesting is history!! There will be many a story told when we all get together to celebrate 50 years.

Sunbury Sports Association, now known as Sunbury Football Club, was formed in 1972 after discussions with Ray Barry, a well-known Soccer identity involved in setting up many local Football Clubs.

Sunbury School teachers Rob Paterson and Ken Beikoff recognised the need for a sports association to support the many children in the area to participate in various sports. The very first committee President was Rob Paterson.

The Dale Family and Judy Foster were prominent members leading the growth of Sunbury into the 80's and 90's whilst the Linwood and Sawtell Families continue into their 28th year of volunteering.

School Sports included - Rugby League, Cricket, Soccer, Basketball, Softball and Netball. Whilst most of these sports continue today, it is under local associations or school-based teams. Soccer or Football as it is known today still thrives under the Sunbury Blues Football Club.

We would like to thank our Life Members and volunteers, past and present, for their dedication,

passion and commitment. We are also very much indebted to the amazing teachers of Sunbury School for the association/club's humble beginnings. Fifty years later, we are still going strong with some amazing members who rolled up their sleeves and spent many hours dedicated to keeping the dream alive.

Many other wonderful people have contributed by helping out in various ways, whether it be on the committee, coaching or managing. Our President Andrew Howlett will be leading us into our fiftieth year and is excited about the future of this great club. This celebration is in recognition of you all.

If you are a player, have volunteered, or are a parent, or supporter of our club, we invite you to come along for a night of nostalgia and reminisce with teammates and friends.

Sunbury Football Club – 50 Year Anniversary
Saturday, March 26 - 6 pm
Carriers Arms Hotel, Maryborough
Function Room

Check out our Facebook page or email sunburysecretary@gmail.com for more information and to purchase tickets.

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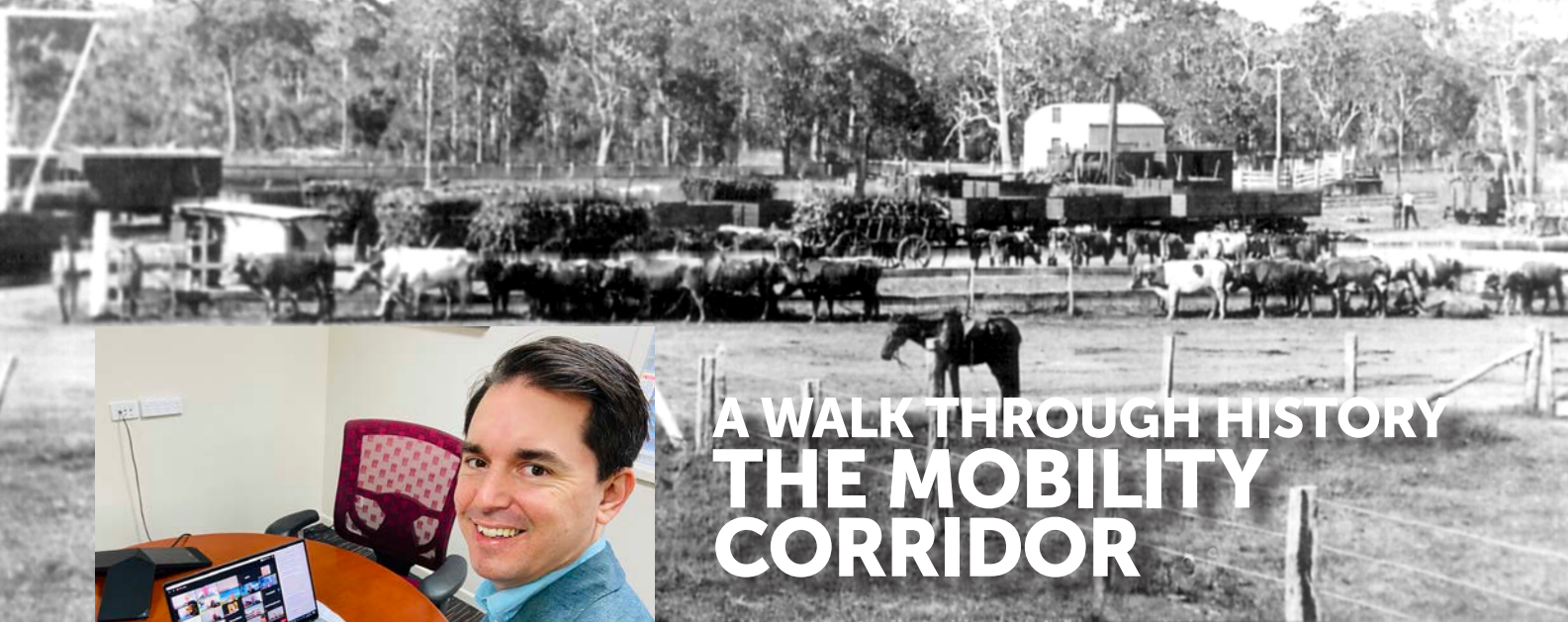
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A WALK THROUGH HISTORY THE MOBILITY CORRIDOR



By Mayor George Seymour

The mobility corridor that moves through the heart of Hervey Bay provides a great pathway for pedestrians, bicycles, and mobility scooters. It is important for town planning that we have such pathways for non-vehicular traffic to ensure that our communities are accessible, and that alternative means of transport are encouraged.

The origins of the pathway go back to an altogether different type of transport. It is the land upon which the Hervey Bay railway once ran.

This now seems quite foreign to us in Hervey Bay and a little hard to imagine. It certainly would create a different feel to the city if we were to regularly see trains rolling through again.

Within Hervey Bay, there were stations of different sizes at Nikenbah, Urraween, Kawungan, Pialba, Scarness, Torquay, and Urangan.

The arrival of rail to Hervey Bay increased its popularity as a seaside destination, brought goods from further afield and assisted local farmers in getting their products to the market. It really was the instigator of the growth that would come and go in spurts over the next century.

Walking along the quiet corridor where this line ran, backing on to many backyards, it takes a bit of imagination to think of large trains rumbling along it.

The first tourists arrived on the Pialba Station platform in 1896. In the decades to come many thousands more would arrive and find their way to the foreshore and local accommodation houses. One of the first things they would have seen was the very well-kept gardens at the station.



Photos supplied by Mayor George Seymour

In 1913 a branch line was opened from Pialba through to Urangan, allowing passengers and goods to be taken to Scarness, Torquay, and Urangan. A few years later, in 1917, the final goal of the branch line was achieved with rail access to a deep-water port through the construction of the Urangan Pier.

Sadly, passenger trains ceased operations on 7 August 1972. However, the line remained open for goods trains until it was officially closed on 30 June 1993 when the last train to run over the lines departed the Pialba Station at 10am.

Walking along the rail corridor now, reminders of its rail heritage are there. Some obvious like old station buildings, others less so, like the landscape and artefacts and machinery relating to the functioning of the line. Whilst it has been almost a quarter of a century since the last train pulled out of the station, its legacy usefully lives on through the mobility corridor.



IAN MOSS AND TROY CASSAR-DALEY TOGETHER ALONE

by Kim Parnell

It has been a few years since I last had a chat with Troy Cassar-Daley. It was time to connect again when I heard that he and his good mate Ian Moss had joined forces for an acoustic extravaganza that blends country, rock, and soul, that showcases the very best of two massive music careers. This is a concert that you won't want to miss.

How has your mental health been with all the disruptions and cancellations over the last two years due to Covid?

It has taken a bit of a beating for me and everyone around me to tell you the truth. But I think how you try to cope with it makes the difference. This is easier said than done, though. It is tough to face when you continually have to cancel or reschedule gigs. When your whole purpose is taken away, that has a considerable influence on your life, so yes, it has been a battle, but as usual, music has been the thing that has got me through for sure.

It is so good to talk about playing again, especially after the last two years. It has been a shitty run for the arts. Everyone knows that we are the first people to get on board when someone needs a hand, but I feel that the arts have really been neglected during covid. We have been at the end of the food chain during this pandemic. We just have to keep positive and hope that we can continue working and doing what we love.

This will be your first time touring with Ian Moss. Was this something that you had wanted to do for a while? How did it come about?

We have been friends for a long time. He

came along as a co-driver one day while I was working on a record with Don Walker, Ian was just tagging along, and there was no way that I wasn't putting him on a song with that voice and his guitar playing. So, we got him to come and sing some harmonies with me on Dark End of the Street, the old Percy Sledge Song. That's where we became good mates.

I remember that Casey Chambers myself and Paul Kelly were sitting backstage about to open for Cold Chisel in Tamworth. Ian was in the room too. I asked him if he had ever thought about doing a couple of acoustic shows just for fun and to see where it took us stylistically. He loved the idea. It was like a mutual admiration society which was good, as we both admired the others work. I have been a fan of Ian's since my teens sneaking in underage to watch him play.

We have done one show together in my hometown of Grafton, that was next level amazing, so I am just hoping that we can go ahead with these shows. I am so looking forward to being able to play on stage.

What is it like playing guitar with Ian Moss?

It is incredible. As a guitar player and a fan of Ian's, I really wanted to make sure that I could accompany him in the right way. That is part and parcel of what we are doing with each other's songs - sharing the accompaniment.

I've got a six-string Banjo that I play on a couple of tunes, and it really fits in, you wouldn't think you would hear Banjo on a Cold Chisel song, but it works.

To play with someone that has not only been a great friend to me for many years but has also been a guitar hero of mine since I was young is a wonderful feeling. Ian is the complete package

I spent a couple of years living in Maryborough, and I know many of my musician friends absolutely love Ian and what he does. I can tell you they will probably appreciate more what he does now on acoustic than ever. There is an intimacy that I am pretty sure that you will hear at the Brolga that you won't hear at many band gigs. I can't wait to bring the show up there.

What can people expect when they come to see the show?

You wouldn't think that country and the Rock and Soul thing would work, but a lot of the songs Ian has been a part of for many years, like Tucker's Daughter, tend to blend well. They tend to grow from the same tree as the country thing.

“IT WILL BE WONDERFUL TO SLIP ONE OR TWO NEW SONGS AMONGST ALL OF THE SONGS THAT PEOPLE KNOW.”

March of last year, 2021, your 11th studio album, *The World Today*, was released. How deep did you have to dig for this one? Tell us a little about the journey behind the scenes?

That record was inspired by many things that have happened in my life. I lost my dad to suicide, which was a really tough one. It is still hard to even talk about. Some inspiration is drawn from when I was

living and working in Maryborough and was playing and singing in the Blue Heeler Band. I played a lot of guitar in that band, so this album revisits those days of being a guitar player again.

It was hard to dig deep, and we were in the middle of Covid, but once I started the ball rolling, I was able to channel all the stuff that had gone on in my life into an album. The album won an ARIA award last year for Best Country Album, and it just won Golden Guitar before we got to Tamworth for the highest selling record.

If I visited your studio, what would I find in there?

I am sitting in the studio right now. I have my computer right in front of me, and I have a little jar of dirt from where my indigenous family come from. The jar used to be full of holy water given to me by my aunty; she is very catholic. When the water dried up, I put some little leaves and some dirt from the area where we go and have a men's camp, it is a bit of a source of inspiration for me, and I look at it quite regularly. It sits on top of my little songwriting book. I see a little rack of guitars that I still own when I look to my right. I also have a picture of my EH Holden, next to a photo of my family. The Holden is getting restored in Gympie of all places, so in the next few months, I will go back up there and help reassemble that car. Basically, my studio has a lot of little trinkets that remind me of who I am. This is what I draw on when I start to record and write.



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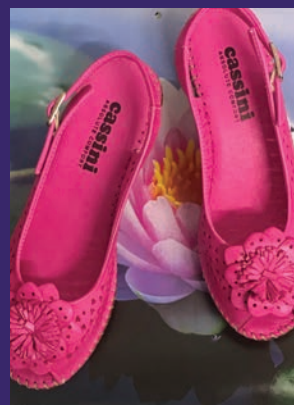
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You mentioned that you used to live in Maryborough. What are your memories of our region?

I spent two and a half years living in Adelaide St, above a doctor's surgery in Maryborough. I just loved the area. People really embraced music. I used to play at the Torquay Hotel in Hervey Bay, we used to play there regularly. They used to have a little machine, and if you played too loud, it switched the power off. I don't know whether that's still there, but that was the biggest pain in the bum. We played at other local venues, too, including Kingfisher. The area was a real melting pot of music, and I learned so much from the band that I played with at the time. I still miss those days.

I just can't wait to get back and play a show there with Ian because I know that a lot of us loved Ian when we were playing around the traps up there, and to be able to come back with someone like him is just a real thrill, but to be able to share it with all our friends will be fantastic.



**Ian Moss and Troy Cassar-Daley
Together Alone Tour
Saturday, March 19
Brolga Theatre & Convention Centre**



CHARITY MUST START AT HOME

By Andrew Sadler

If charity starts at home, March will be the beginning of our 2022 fundraising efforts at FX of Coffee. It starts this month with Lavina and Jaz prepared to colour their hair for part of the "World's Greatest Shave", culminating in me removing over two years of no haircuts in an attempt to raise as much money as possible for a charity that is close to my heart, having lost my mother to Non-Hodgkins Lymphatic Cancer.

I would like to send out a friendly challenge to my fellow Café Owners. If you have it, lose it. If you don't, donate. Between all of us, we should be able to raise a lot of money for a worthy organisation. Check out the FX of Coffee World's Greatest Shave web page to donate.

The next has been in the pipeline for a while. On the encouragement of Jason from Parnell Mobile Mechanics, I donated my old beloved Nissan X-trail to be used in the Dunga Derby to help raise funds for local charities. This year and the following, as long as the car keeps going, a band of intrepid ladies, including Kim from our very own "What's On", will attempt to raise as much money as possible, again with everyone's support.

Lastly, we wish to do another free coffee morning for a donation later in the year. After our last attempt, raising over \$1000 for the Rural Fires in just over 3 hours, we hope to smash that in just over 5 hours with everyone's support. We only need a deserving Local Not for Profit Charity or Volunteer Organisation that you think deserves some cash funding to help them out. Just let us know who you think is deserving and some contact details.

Just remember, after everything that people have gone through over the last couple of years, it is always nice to give back to those who deserve a little help, similar in thought to paying it forward. So, take care, remember others because that is how our world is made.

FX of Coffee



Experience. Explore. Discover

If you have ever hired a 4wd on the Fraser Coast, chances are it would have been from Jane and Ashley at Fraser Dingo 4wd Hire. This well-known business began back in 2010 and also offers hiking tours. Ashley saw a gap in the market for short length hiking options on K'gari (Fraser Island). By 2014 a permit was obtained to offer guided and supported hiking packages utilising the network of walker's camps along the Great Walk.

By 2017 Fraser Island Hiking was created under the banner of Fraser Dingo. In 2018 the first supported camping pack-free hiking package was run. The success of these packages is based on the concept that you can walk in pristine wilderness, camp in remote walker's camps but not have to carry or assemble equipment.

2019 was when the pack-free accommodated hike was launched. This brought the hiking packages to the luxury level, working with Waiuta Retreat as a private accommodation option.

Walking and hiking on the beautiful K'gari is a unique experience and a very special way to see the island. When you walk, you slow down and really see the flora and fauna. The vegetation is so diverse, from eucalypt and coastal banksia forest to giant satinay and turpentine trees growing on the sand.

There are 3 different types of hikes that you can experience, explore, and discover.

Adventure Hiker – A fully self-guided adventure hike through diverse terrain and forest on the iconic Fraser Island Great Walk Track. Hikers organise their own lightweight food and carry all equipment. Duration from 2-6 days.

Pack-Free Camping – Enjoy the thrill of camping without carrying a heavy backpack. This fully inclusive

self-guided and supported hike provides a glamping like experience and includes all meals. Duration from 3-6 days.

Great Walk Luxury Hike – A fully guided luxury hike with an inclusive package that includes 4wd transfers, deluxe accommodation, and gourmet meals. Duration – 4 days, 3 nights.

Jane says, "With our pack-free packages, we find that well-traversed hikers can still enjoy the benefits of walking, with the added luxuries of support or accommodation."

"We offer a unique packaged hiking option that includes all the 4wd transfers. Our knowledge of the walking tracks, maps and emergency devices allows walkers to get out and enjoy some of the more remote pristine areas of Fraser Island that most 4wd tours and 4wd's don't go to."

"Our hikes are seasonal and run from March to October, during the cooler months of the year. These months are better for walking as there are less insects and snakes as they are not as active. There is also minimal fire danger".

Over 90km of stunning, unique, and diverse hiking trails are available throughout the Fraser Island Great Walk. Come and see it for yourself.

For more information about the hiking tours, go to www.fraserislandhiking.com.

Fraser Island is Butchulla land, and Fraser Island Hiking would like to acknowledge the traditional owners of K'gari (Fraser Island) and pay respect to their elders, past and present of the land and country we are privileged to visit.



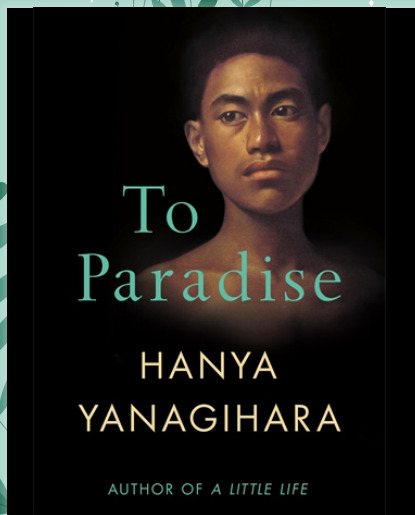
Delve into Books with Cate Akaveka

TO PARADISE

By Hanya Yanagihara

It's seven years since Hanya Yanagihara's Booker-shortlisted novel, "A Little Life," sharply divided readers with many claiming it was life-changing and others unable to finish it – ridiculing it as graphic misery porn.

Well, she's back and fans need to brace themselves for another 700-page epic tour de force. "To Paradise" is a novel of three parts, its narratives traversing a profusion of human experience and emotion.



Part 1: In an alternate version of 1893 America, New York is part of the Free States, where people may live and love whomever they please (or so it seems). The fragile young son of a distinguished family resists a suitable marriage, instead being attracted to a poor music teacher.

Part 2: In a 1993 Manhattan besieged by the AIDS epidemic, a young Hawaiian man lives with his much older, wealthier partner, hiding his troubled childhood and the fate of his father.

Part 3: In a dystopic 2093, with the world crippled by plagues and under totalitarian rule, a powerful scientist's damaged granddaughter tries to navigate life without him - and solve the mystery of her husband's disappearances.

The great power of this remarkable novel is driven by Yanagihara's understanding of the aching desire to protect those we love - and the pain that ensues when we cannot. While not immediately obvious, all three parts are connected by themes such as racism, sexuality, loneliness, migration, and complex family relationships.

Where the suffering and hopelessness of "A Little Life" created an overwhelming experience that challenged readers on how much they could take, this is a more subtle picture of those who feel sidelined or inadequate. Yanagihara leads readers to consider political and social responsibility in the face of global catastrophe. Many are lauding "To Paradise" as a literary masterpiece and the book of the year. It is undoubtedly a multi-faceted and significant novel which fundamentally asks: what is a life, if it is not lived in freedom?



INFORMATION IS THE KEY

Life with a disability can be challenging, but it can often still be fun. In large part, the secret to making life with a disability easier is information. Understanding the NDIS is sometimes like wandering through a maze. Travelling around is never easy with all the added requirements needed.

With these problems in mind, a group of people in Hervey Bay have formed Accessible Globe Services Inc. Run by people with a disability, for people with a disability, the majority of its members must have a lived experience in disability, therefore bringing a level of knowledge and understanding that can only be gained through that journey. Its founder Rod Gothe was born with Cerebral Palsy and has travelled the world working with governments and tourism venues to promote accessible travel.

Using video media, primarily on YouTube and Facebook, Accessible Globe Services Inc targets two important areas, accurate information in the world of disability, including the NDIS and accessible travel for all. Accessible Globe TV will produce weekly programs on two YouTube and Facebook channels. Accessible Globe TV will feature current areas of life with a disability. It will also feature regular programs

on accessible travel destinations. Its sister channel NDIS Reflections, will focus purely on information and issues with the NDIS.

Travelling around is never easy. Imagine trying to navigate travel with a mobility impairment. Are you trying to find accommodation, attractions that are accessible, and wonder whether the airline will accommodate wheelchairs or scooters? Accessible Globe Services work with HelloWorld Travel Hervey Bay to provide accessible tours.

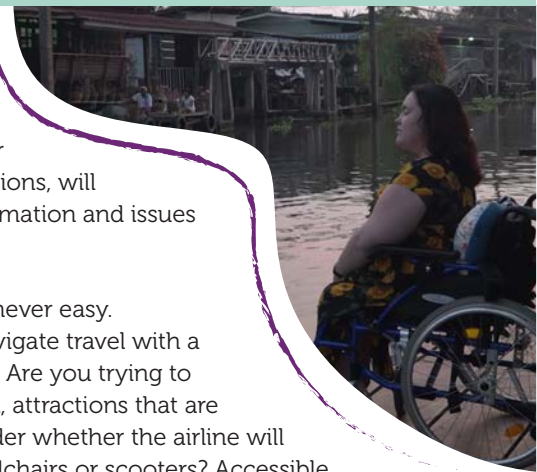
What services are available through the NDIS? How does plan management work? It is these questions and more that NDIS Reflections will try to answer.

We are looking for more program presenters to help broaden the knowledge and understanding of our services. We are proud to originate and be based on the Fraser Coast. Please email us at accessibleglobetv@gmail.com or call 0438 645 529 if you need further information.

Check out our YouTube channels



Accessible Globe Tv
NDIS Reflections



River Heads Markets

Supporting Creative Locals PROUDLY SUPPORTED BY RIVER HEADS PROGRESS ASSOCIATION

The River Heads Markets were formed to support creative locals in the River Heads area and also to support the local community by fundraising for the River Heads Progress Association, run by a dedicated group of volunteers. The association provides services and facilities for the community.

The money raised from the markets will be going towards the dream of having our own music studio so that we can provide a place for musicians to come and record music.

This coupled with the success of the River Heads open mic nights at the River Heads Hall was also catalyst in providing not only a market where creative local artisan's come together but also local talented musicians.

The live entertainment music industry has suffered greatly over the past few years, and we are keen to provide support to our local artists and musicians as we move forward.

It's a win-win situation for the local community and the local artists.

A group of local "wonder women" are behind the River Heads markets and look forward to seeing how many creative locals emerge from this new market.



COME ALONG TO THE RIVER HEADS MARKETS HELD ON THE 2ND SUNDAY OF THE MONTH AT THE RIVER HEADS HALL FROM 8AM TO 12NOON.

There will be a wide variety of local arts, crafts, plants, homewares, food, coffee coupled with a variety of entertainment with a live artist, face painting, and 6 musicians. These markets are designed to entertain the crowd, so even if you don't buy anything, you will enjoy the entertainment on offer.

So come and support creative locals and musicians, while giving back to the community.



River Heads Markets

Supporting Creative Locals PROUDLY SUPPORTED BY RIVER HEADS PROGRESS ASSOCIATION

2nd Sunday of every month 8am to 12noon

45 Ariadne Street, River Heads | markets@riverheads.org.au



EATING OUT

ON THE FRASER COAST

Brought to you by What's On Fraser Coast

HERVEY BAY

WATERFRONT RESTAURANT

Exclusive waterfront dining perfect for breakfast or lunch. Fresh local produce & Seafood

Open: Wed to Sun, 8am - 3pm

Closed: Mon and Tues

Location: Dayman Park, Corner of Pulgul St and Kent St, Urangan

Licensed: Yes

BANKSIA SEAFOOD AND GRILL

Zesty & crisp flavours mixed with classic favourite cuisine

Open: Wed to Sun, 11:30am - 2pm and 5:30pm - 8:45pm

Closed: Mon and Tues

Location: Shop 4, 381 Charlton Esplanade, Hervey Bay

Licensed: Yes



PALAVAS LES FLOTS INTERNATIONAL RESTAURANT

Homemade fresh pastas and authentic Spanish Paëlla

Open: Tues to Sun, breakfast 8am - 10am, lunch 12noon - 2:30pm and dinner 5:30pm - 9pm

Closed: Sun (night) and Mon

Location: 385 Charlton Esplanade, Hervey Bay

Licensed: Yes

BEANBEAT

Fantastic home-made food and awesome coffee by the beach side

Open: Mon to Sun, 6am - 2pm

Location: 267 Esplanade, Hervey Bay

Licensed: N/A



AQUAVUE CAFÉ AND RESTAURANT

Large menu that includes local seafood & craft beers and wine on tap

Open: Mon to Thurs and Sunday 6am - 7pm, and Fri and Sat 6am til late

Location: 415a Esplanade, Torquay, Hervey Bay

Licensed: Yes



ENZO'S ON THE BEACH

Enjoy a summer brunch or dinner and indulge in a sunset cocktail

Open: Mon to Wed, 6.30am - 5pm, Thurs 6.30am - 9pm, Fri to Sat 6.30am - 10pm and Sun 6.30am - 9pm

Location: Charlton Esplanade, Hervey Bay

Licensed: Yes

MARYBOROUGH

PORTSIDE CAFÉ & RESTAURANT

Situated in the original Customs House Residence we deliver a modern Australian menu with a Californian twist

Open: Wed to Sat, 7am - 10am and Sun 7am - 3pm

Closed: Mon and Tues

Location: 103 Wharf St, Maryborough

Licensed: Yes

KOI JAPANESE RESTAURANT

A variety of hot & cold dishes & Sushi

Open: Mon to Sun, 11am - 2pm and 5pm - 8pm

Location: 212 Adelaide St, Maryborough

Licensed: BYO

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Licensed: Yes



Photos by Kim Parnell

If your venue would like a listing in the **Eating out on the Fraser Coast** guide in 2022, email whatsonfrasercoast@outlook.com or call 0467 303 171.



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DINNER Tuesday to Saturday 5.30-9 pm

P: (07) 4112 3370

385 on the Esplanade, Hervey Bay, Ground Floor of the Riviera Resort

For Booking: Palavas les Flots International Restaurant Australia

Calendar of Events

March

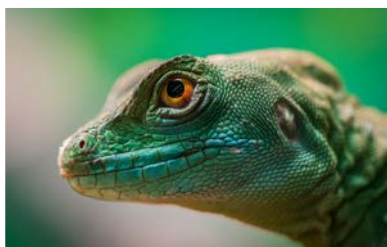
Thu, Mar 3

Mono: A Three-Person One-Man Show – Max Gillies, John Wood, Noeline Brown

Brolga Theatre & Convention Centre
www.brolgatheatre.org

Thu, Mar 3
World Book Day

Thu, Mar 3
World Wildlife Day



Fri, Mar 4 – Sun, Mar 6

Maryborough Community Fete

Free entry! Book ride tickets at
<https://www.trybooking.com/BXKKK> - Maryborough
Showgrounds & Equestrian Park

Fri, Mar 4 - 3pm

Shave for a Cure

Orchid Beach Trading Post and
Driftwood Bar
K'gari, Fraser Island

Fri, Mar 4 - from 10am

The Wide Bay Rodders

See the custom and original cars
The Depot Espresso Bar, Nikenbah

Fri, Mar 4 - 7pm
Paint A Mate Sip Session

Kondari-Hotel Hervey Bay
Find the event on Facebook

Fri, Mar 4 – Mar 20
Theatre/ ROUGH

Z-PAC Theatre
Hervey Bay

To book –
www.zpactheatre.com

Fri, Mar 4 - 7:30pm

Concert/ Honky Tonk Angels

Brolga Theatre & Convention
Centre
To book –
www.brolgatheatre.org

Sat, Mar 5-6

Zone 7 & MPC Show Jumping

Hosted by Maryborough Pony
Club
Maryborough & Equestrian Park

Sat, Mar 5 - 11am

Brewdog Brisbane Brewers Lunch

The Junction on Truro
Hervey Bay

Sat, Mar 5 - 7:30pm

**Robertson Brothers 60's Variety
TV Show**

Brolga Theatre & Convention
Centre
www.brolgatheatre.org

Sat, Mar 5 - from 8pm

**LIVE Music/Daniel Champagne
LIVE in Hervey Bay**

Bay Central Tavern, Hervey Bay
Find the event on Facebook or
contact the venue

Sat, Mar 5 - brief 6:50am
Hervey Bay Parkrun

(Every Saturday)
FREE 5km timed event
Urangan Pier
(Don't forget your barcode)

Sat, Mar 5 - brief 6:50pm
Maryborough Parkrun

(Every Saturday)
FREE 5km timed event
Cheapside St
(Don't forget your barcode)

Sun, Mar 6 – Mar 7
**Horses/ Shane Woodall –
Extreme Cowboy Racing**

Maryborough Showgrounds &
Equestrian Park
2 Day Clinic
Find the event on Facebook

Sun, Mar 6
**International Women's Day
High Tea**

Hosted by Zonta Club of
Maryborough
Maryborough RSL Sub-branch

Sun, Mar 6
Clean Up Australia Day

To join a local crew, go to
www.cleanup.org.au/join-a-clean-up

Mon, Mar 7 - 8pm

**Concert/ Hotel California The
Eagles Experience**

Brolga Theatre & Convention
Centre, Maryborough
To book –
www.brolgatheatre.org

Tue, Mar 8 - from 6:30am
**International Women's Day
Breakfast**

Hervey Bay Boat Club
Event hosted by Zonta Club of
Hervey Bay, to book, find the
event on Facebook



Tue, Mar 8 & March 10
5:15pm

**Hervey Bay Sea Scouts Come and
Try Day**

Find the event on Facebook or
call 0401 816 496

Brought to you by What's On Fraser Coast

Thu, Mar 10 - 8:30am

Taster Day

Registration required
St Mary's College
Maryborough



Thu, Mar 10 - 4:30pm

Maryborough Bears AFC Junior Sign On

Corner of Ross & Cardigan St

**Fri, March 11 – Apr 24 -
from 9:30am**

**Art Exhibition – Black and White –
Neil Kirkby**

Gatakers Artspace, Maryborough

Sat, Mar 12 - 9:30am

Workshop – First Minutes Matter

First aid - Free-Registration required - Find the event on Facebook

Hosted by LifeFlight

Memorial Hall, Pialba and Maryborough & Equestrian Park

Sat, Mar 12 – Mar 13

**Horses/ Queensland State
Championship 2022**

Event by Southern Cross Xtreme
Cowboy Racing. Maryborough
Showgrounds & Equestrian Park
Find the event on Facebook

Sun, Mar 13 - 8am - 12pm

River Heads Markets

45 Ariadne St

Sun, Mar 13

Horses – Sports Day

Hosted by Burrum District Active
Riders
Torbanlea

**Thu, Mar 17
St Patrick's Day**

Fri, Mar 18 - 8pm

**Concert/ Two Amigos – Shorrock
& Cadd**

Little Steely Brothers
Brolga Theatre & Convention
Centre. To book – www.
brolgatheatre.org

Sat, Mar 19

**Fundraiser/ 9th Annual
Independent Riders Poker Run**

Event by Independent Riders
Australia Pty Ltd

Registration from 7am at the
Brolga Theatre & Convention
Centre car park

Maryborough

For more details call Julie on
0400 690 981 or find the event
on Facebook

Sat, Mar 19 - 8pm

**Glory Day's – The Springstein
Experience**

Tickets from reception
Hervey Bay RSL

Sat, Mar 19 - 7pm

**LIVE music/ Roll on Baby – Brooke
McClymont & Adam Eckersley**

Bay Central Tavern, Hervey Bay
Find the event on Facebook or
contact the venue

Sat, Mar 19-20

**FCMC Christmas on the Coast
Rodeos**

2-day event. Tickets www.
frasercoasttickets.com.au.
Maryborough Showgrounds &
Equestrian Park

Sat, Mar 19 - 7:30pm

Ian Moss & Troy Cassar-Daley

Brolga Theatre & Convention
Centre

To book –
www.brolgatheatre.org



Fri, Mar 25

**Hervey Bay Jazz & Blues Club
presents – The Vibeke Voller
Quintet**

Tickets from reception
Hervey Bay RSL

Sat, Mar 26

Interactive Game/ CSI Hervey Bay

Event by CluedUp Games

Hervey Bay

Find the event on Facebook

A full market list is on page 31. A Gig Guide is on page 19
If you have an event to add please send through details to
whatsonfrasercoast@outlook.com

Disclaimer – All event details are correct at time of print.

Events can be cancelled, have time changes, or be rescheduled without our knowledge. What's On Fraser Coast takes no responsibility for the cancellation of events. We also take no part in organising any event listed. We offer this calendar as a free community service and in good faith. Please ensure that you follow the Queensland Health directives when attending events by signing in via barcode, sanitising, mask wearing and social distancing.

Queensland Ballet presents *Giselle in Maryborough*

Queensland Ballet (QB) will bring love, envy, betrayal, and tragic redemption to Maryborough's Brolga Theatre when the company presents *Giselle* on **March 16**.

Audiences will be captivated by one of ballet's most celebrated works from the Romantic era, with the tale of passion, vengeance and the power of love holding audiences spellbound since its Parisian premiere in 1841.

QB will only be presenting *Giselle* to a select few locations across regional Queensland, with the company also travelling to Toowoomba and Cairns.

QB Artistic Director Li Cunxin says the company's regional touring program is often a highlight of the year.

"We are incredibly grateful to tour across Queensland annually and to have the opportunity to share world-class productions on the smaller stages across the state," said Mr Li.

"There is an amazing appreciation for our artform in the regions and we are always welcomed with open arms when visiting communities such as Maryborough.

"We are delighted to be showcasing Ai-Gul's production of *Giselle*, which we know our audiences will be absolutely captivated by, from the luminous sets and costumes to the beautiful music and exquisite choreography," Mr Li added.

Enabled by the Queensland Government through Arts Queensland, QB tours annually, delivering an acclaimed repertoire of work on-stage. Off-stage, QB's highly skilled Teaching Artists will be delivering community classes in



Maryborough on March 15th and 16th for participants from two years of age through to active seniors, as well as Teacher Professional Development sessions.

"We are incredibly grateful for the support of Arts Queensland, whose unwavering support enables us to continue our regional touring initiatives," Mr Li added.

Queensland Ballet presents *Giselle* on March 16, 2022, at the Brolga Theatre and Convention Centre.

To secure your tickets go to
www.queenslandballet.com.au/2022/giselle-regional-shows

To see what workshops and classes are on offer, go to
www.queenslandballet.com.au and click on 'community', then click on 'Regional Community Tour'.

Photos by David Kelly



Gig Guide

Brought to you by What's On Fraser Coast

Live music on the Fraser Coast MARCH 2022



HERVEY BAY

Hervey Bay Boat Club

Fri 4, 5.30pm, Matt Phillips
Sat 5, 5.30pm, Brian Speirs
Sun 6, 2.00pm, Brian Speirs

Fri 11, 5.30pm, Jay Jackson
Sat 12, 7.30pm, Doug and the
Upper Hand
Sun 13, 2.00pm, Derek F Smith

Fri 18, 5.30pm, Frank Benn
Sat 19, 5.30pm, Neil Wenk
Sun 20, 2.00pm, Matt Phillips

Fri 25, 5.30pm, Andrew
Copland
Sat 26, 7.30pm, Forbidden Road
Sun 27, 2.00pm, Brian Speirs

Hervey Bay RSL

Fri 4, 11.30am, Lady Byrd Duo
Fri 4, 6pm, Sam Maddison
Sat 5, 8pm, Bad Attitude



Fri 11, 11.30am, Lady Byrd
Duo
Fri 11, 6pm, Doug Edwards
Sat 12, 8pm, Forbidden Road

Wed 16, 6pm, Slainte
Fri 18, 11.30am, Lady Byrd
Duo
Fri 18, 6pm, TBA
Sat 19, 8pm, Secret Stash

Fri 25, 11.30am, Lady Byrd
Duo
Fri 25, 6pm, Frank Benn
Sat 26, 8pm, Rhubarb Tarts
Sun 27, 12pm, Doug Edwards

Bayswater Bar & Grill

Fri 4, 5pm, Hank Vann
Sat 5, 5pm, Doug Edwards
Sun 6, 1pm, Liana McKay

Fri 11, 5pm, Phil Morgan
Sat 12th, 5pm, Aaron
Westlake
Sun 13th, 1pm, Frank Benn

The Gig Guide is a free service offered in good faith by What's On Fraser Coast - venues submit their own guides each month, and are correct at the time of print.

Fri 18th, 5pm, Aaron
Westlake
Sat 19th, 5pm, Andrew
Copland
Sun 20th, 1pm, Frank Benn

Fri 25th, 5pm, Ethan Jones
Sat 26th, 5pm, Brad Turner
Sun 27th, 1pm, Aaron
Westlake

The Clubhouse Hervey Bay

Fri 4, 6pm, Doug Edwards
Sat 5, 6pm, Liana McKay

Fri 11, 6pm, TBA
Sat 12, 6pm, Frank Benn

Fri 18, 6pm, TBA
Sat 19, 6pm, Gemini Duo

Fri 25, 6pm, Pete Baker
Sat 26, 6pm, Sam Maddison

The Beach House Hotel

Fri 4, 8.30pm, Bird Bath
Sat 5, 9pm, Trainwrecks
Sun 6, 2pm, Shane Allsop

Fri 11, 8.30pm, Shane Allsop
Sat 12, 9pm, Uncle Arthur
Sun 13, 2pm, Doug Edwards

Fri 18, 8.30pm, Tash &
Michael
Sat 19, 9pm, Dogwood
Crossing
Sun 20, 2pm, Shane Allsop

Fri 25, 8.30pm, Tim Earle
& Co
Sat 26, 9pm, Doug & The
Upperhand
Sun 27, 2pm, Derek Smith

MARYBOROUGH

Maryborough Sports Club

Fri 4, 7pm, Graeme Jensen
Fri 11, 7pm, Billy Guy
Thurs 17, 12pm, Billy Guy St
Patricks Day

Fri 18, 7pm, Brad Sorensen
Sat 26, 7pm, 2EZ
Sun 27, 12pm, 2 EZ End of
Month Draws

Maryborough Services & Citizens' Memorial Club

Fri 4, 7.30pm, Nauts & Lagers
Sat 5, 7.30pm, Shane Allsop

Fri 11, 7.30pm, Derek F Smith
Sat 12, 7.30pm, Clear Effect

Fri 18, 7.30pm, Bad Attitude
Sat 19, 7.30pm, Forbidden
Road

Fri 25, 7.30pm, The Whiskey
Mountain Boys
Sat 26, 7.30pm, The Jacqui
Walker Band

excelsior
Maryborough City



Enjoy a day out in the park!

SUNDAY IN THE PARK - MARCH 27

Major Sponsor: **What's On**

9AM-1PM* | QUEEN'S PARK MARYBOROUGH

Event funding
provided by:

Fraser Coast
REGIONAL COUNCIL

BRASS BAND | TRAIN RIDES | HOT FOOD/COLD DRINKS | JUMPING CASTLE AND MORE- FOOD & TRAIN RIDES FROM APPROX. 9AM - EXCELSIOR BAND PLAYS FROM 10AM

APPROX TIMES



Hit the tracks at any age

Mountain bike riding is not something that I ever thought I would try in my fifties, but a few weeks ago, my husband Jason and I headed to the Toogoom Mountain Bike Track with our brand-new mountain bikes for the Family Social Ride held by the Fraser Coast MTB Club. Neither of us had done the trails before and had not ridden off-road since we were kids.

Club President Joe DiLegge was our guide for the morning as he introduced us to the tracks for our first ride. Joe started as a national level cyclist before he tackled the new challenge of mountain biking to keep fit. He has now been riding for more than fifteen years.

I must admit I was a little worried about coming off the bike, having had a bad accident a few years ago while on a footpath, but surprisingly enough, I managed to stay upright.



The Toogoom Tracks consist of about nine tracks, including the Outer Limits. To warm up, we started on the Joey Track. As its name suggests, this is a great track for beginners. Once we had mastered that track, we were ready to move through the skills park and try out some of the other tracks.

Joe says, "We cater for people of all ages. As long as you can keep yourself upright, there really is no age limit."

"You don't need to spend thousands of dollars on a bike either as the tracks suit most bikes".

When mountain biking, you will need to bring a few things. A roadworthy bike, which the brakes work on, is always a good start. You will also need a helmet, water and closed in shoes. You may prefer to wear gloves, especially if you want to ride often. Pack a couple of snacks if you intend to stay out for a few hours.

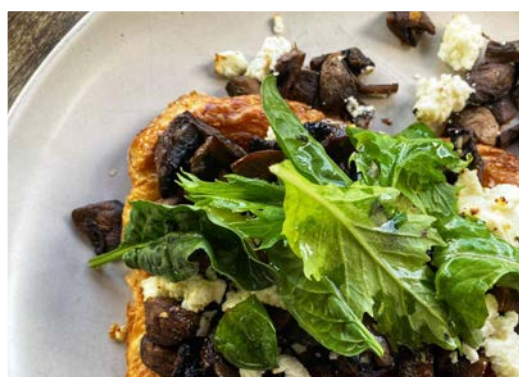
The club meets most Sunday's out at Toogoom across from the Toogoom RSL. All events are published on the club's Facebook page, including their Come and Try Days. This year the committee is looking at having some virtual events too. Joe would also like to see more younger riders out on the track developing their riding skills to be safer bike riders.

Don't be afraid to give mountain biking a go. People see mountain bike riding videos on YouTube, see all the big crashes, and see everyone being really hardcore about it. You don't have to be. Go out and just enjoy it. If you have ever thought about it, jump in the car, and take the drive.

After working up a sweat and using some muscles that hadn't been used for a while, Jason and I headed into Toogoom and enjoyed lunch and a cool drink at Goody's On The Beach. What a perfect reward after hitting the tracks. The Salty Squid Café has some great lunch options too.

We had a great time riding in the great outdoors with a great bunch of like-minded people. I would highly recommend the experience to anyone; Jason and I will definitely be back.

To find out more, go to the club's Facebook page Fraser Coast MTB Club Inc. Or email frasercoastmtb@outlook.com.





HuntingdaleCentral



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Central Location



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Huntingdale Central is Hervey Bay's newest premium land release. Comprising over 170 lots and situated in the heart of Hervey Bay, Huntingdale Central is located approximately 3 km south of the Hervey Bay Esplanade and its naturally stunning beaches.

Huntingdale Central's convenient address is surrounded by both public and private, primary and secondary schools with many established facilities and amenities close by:

- ☛ Hervey Bay Esplanade and Beaches - 3.0km
- ☛ Stockland Shopping Centre – 2.5 km
- ☛ Boat Harbour Drive Commercial Precinct – 2.5 km
- ☛ Hervey Bay Hospital & Medical Precinct – 2.0 km

Stage 1 land will be released to the market in early 2022 with lot sizes ranging up to 1,185m² (average 813 m²).

Your new Hervey Bay lifestyle awaits. Register your interest today!

Call **0407 099 697** *Visit* **huntingdalecentral.com.au**



AEDAN'S STORY

Aedan was born prematurely at 26 weeks. I remember sitting in the birthing suite, saying I didn't feel quite right, and next minute there were doctors and nurses, people running everywhere, with alarms going crazy. Not much has changed in our lives since that day.

He was flown to Brisbane, and he spent the next 87 days fighting for his life. From day one, he dictated terms to doctors and is forever teaching the world lessons in strength. In the first few days he developed an infection called pseudomonas septicaemia, this made his little head look like an overripe blackened mango, he still has scarring on his face and body from this. The doctor we had at the time said most babies who contract it die. But we knew he was a survivor and had no doubts he would pull through. After several intensive courses of antibiotics, he healed and was allowed to undergo his first major brain surgery.

As his mum, all I wanted to do was pick him up and hold him. I waited 18 days for that magical first cuddle, and within seconds he crashed. He was whisked off my chest, and placed back in the humidicrib, with doctors on standby to get him breathing again. After another 2 days of recovery, his father had his first chance to hold him. We spent the next month alternating days to have those precious cuddles.

DURING HIS TIME IN INTENSIVE CARE, HE UNDERWENT NUMEROUS PROCEDURES INCLUDING BRAIN TAPS, LUMBAR PUNCTURES, BLOOD TRANSFUSIONS AND 2 SHUNT/BRAIN SURGERIES

This was just the start of our journey, he has now undergone 10 brain surgeries for shunt revisions or infections in his CSF (cerebral spinal fluid), he has had Botox treatment, hip surgery with muscle lengthening and spent countless days, weeks, and months at a time in hospital.

We've had our scary moments with his surgeries over the years, but one of his last MRIs in 2018, was the scariest for me after he crashed post anaesthetic, and I spent hours waiting beside him while he stabilised in post op. That was the one & only time I thought we would lose him. There is nothing worse than watching your child suffer and no one knowing what the problem is. Luckily, they found the cause of his infection, started antibiotics, he had 2 brain surgeries, 3 more weeks in hospital and he got to come home with a new shunt.



Aedan will have a VP shunt for the rest of his life (A VP shunt regulates the fluid on his brain to treat a condition call hydrocephalus).

“AEDAN’S MEDICAL CONDITIONS WILL BE A LIFELONG CHALLENGE. HE IS GROWING INTO A YOUNG MAN WITH A WICKED SENSE OF HUMOUR AND MIND OF HIS OWN.”

I can't recall exactly how we connected with Rally for a Cause; I just remember Jason & Mick were these amazing angels coming into our life to help make things just that little bit easier. We spent many afternoons in our old back yard chatting about our goals for an accessible area and dreams of a therapy pool. At the time Rally for a Cause was just starting out, and we were eternally grateful they chose to help us when the concept for Rally Reno was born. It was a massive undertaking for all concerned, with countless man hours and numerous local businesses donating goods and services. In February 2017 the Rally Reno was completed with the help of family, friends, the community and the Dunga family.

The renos made our yard completely Aedan accessible. He scoots around in his wheelchair, uses the therapy pool at least once a week and lets the neighbours know he is home by banging on the gate. At 4 years old he had a bilateral osteotomy, which is an invasive procedure that takes dislocated hips, grinds the bone to help them fit back into place, and then pinning them so they then grow and heal in the correct place. There was an expectation that he would need this repeated again when he turned 8. However, due to being able to access therapy at home his hips have developed and grown well, and the muscle tone is managed. This means no hip surgery in the foreseeable future. It is also something the whole family can enjoy. The parent retreat, or as we lovingly call it, the bus shelter is a great place for both Cameron & I to chill, take time out and try to relax. He still wheels down to the mailbox to “check the mail”, thanks to the special path they built just for him.

We are thankful for the day we were welcomed into the Dunga family. I don't think thank you is enough. We are eternally grateful for the assistance, turning our dream into a reality for our little man.



fashion

WITH LEAH

Transforming your look, one shoe at a time!

I'm a big believer in re-wearing outfits, especially when we delve into the subject of 'beach to bar', 'office to dinner', or 'day to night'.

The easiest way of transforming our outfits in this way is simply by changing up the footwear! Our local area does tend to promote a chilled coastal vibe when it comes to fashion and footwear, and I've heard it all before "I couldn't possibly wear that in Hervey Bay". I tend not to get too wrapped up in these types of stereotypes, but there is a way to step-up or step-down the outfit fancy radar simply by changing up the shoe!

I've given an example here (pictured) where I've got on a simple pair of shorts and tank top. One look is coastal and relaxed with a pair of sandals on. The next look creates a whole different relaxed vibe with a pair of sneakers and the final look steps it up a notch with a pair of my fave heels. Taking the whole super comfy, coastal look to another level in which I would definitely wear out to dinner or a lunch with the gals! Want to step it up again - don a blazer! It's the quickest way to create that smart/casual chic look whilst still wearing shorts (still my absolute fave garment in my wardrobe!) My love of shorts stems wayyyyyy back to when I was around 5 and I found my inner tomboy!

My tip for those that like to 'fancy up' their outfits purely with a shoe...think outside the box in regards to what shoes are "supposed" to go with. If you know your style well and dress accordingly, feel free to smash those 'supposed to' fashion laws.

The other thing I will never tire of is wearing flat shoes! Don't get me wrong I love what a good pair of heels can do to an outfit and body shape! They have the power to open up, lengthen and streamline the whole body and really put the fancy radar into overdrive with your outfit. But I find them

uncomfortable and intractable for my everyday lifestyle. Although it may seem that I do dress-ups for a living (some outfits I merely post for the specific purpose of these blogs), I am a mama of two (often wild) lads and heels just don't suit my everyday living with them in mind.

My tip for those that like to 'fancy up' their outfits purely with a shoe...think outside the box in regards to what shoes are "supposed" to go with. If you know your style well and dress accordingly, feel free to smash those 'supposed to' fashion laws. If being 'deliciously simple' with your wardrobe is your flavour (and this style suits you), then believe in that whole-heartedly. A chic pair of sandals, wedges or boots worn with the right outfit will put the perfect full-stop to the whole ensemble.

If you're just plain frightened about the whole shoe debacle, then feel free to drop me a line.

Keen for a chat anytime xx

0439 723 832

leahharvestyling@bigpond.com

❤️ **@leah.harvey.styling**

👍 **leahharveymakeupandstyling**



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TASTER DAY

10 March 2022



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Highest ATAR Results,

Over 16% students achieved ATAR above 96

With 30% achieving ATAR 90 and above!

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Will Establish Your Child's Successful Future.



Discover the advanced learning pathways St Mary's College offers.



FRASER COAST SENIORS

JOIN A GROUP AND MAKE NEW FRIENDS

Written by Juls de Waard

2022 - a new year, so what are your plans? Are you thinking of doing the same things as last year, or are you feeling more adventurous?

Be brave, check out the different options and maybe try something that you have always wanted to do but never thought you could, would or should. Let's explore a few options:

Laughter Yoga - We take Laughter for granted, but did you also realise it is an exercise and offers the participant a chance to improve health and well-being? There is no floor work, only breathing exercises and gentle to moderate movement. You participate at your own pace and capability. It is offered at the Hervey Bay Senior Citizens Centre, so check it out by calling 4128 4837.

Mah-jong is an ancient Chinese strategy game. It is just one board game that can be played to assist with socialisation and interaction with others. A group of players meet at the APSL group in Hervey Bay, and they welcome new players to play a western version of the game. To find out more call 4124 8532. Various games are played across the Fraser Coast, so find your fancy and start to play to keep your mind active.

Martial Arts for the Over 50's - Close Quarters Combative set up classes specifically for people aged over 50 years. They have their beginner classes kicking off again this year. You do not need to have previous experience, so if you are ready to get fit, stay safe and have some fun while meeting new people, then this amazing adult program may be for you. For more details about the classes and any special deals on offer, give them a call on 0466 635 557.

You gain benefits by participating in any physical or mental activity. This can include things like improvement to strength, immune systems, coordination, balance, cognitive maintenance, flexibility, and just feeling happier. If you would like to find out more about what is available, give us a call on 4194 2441, and we will help you find the right fit for you.

You will find a broader list of groups to join on the next page.

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TAKE ON A NEW CHALLENGE THIS YEAR

Our columnist Juls de Waard has listed a few groups that people may like to join this year, as part of our senior's section on the previous page. This coincided nicely as a few weeks ago; I put a call out via Facebook for groups and clubs on the Fraser Coast to reach out and give us some details about the various groups and clubs and what they offered. I received a huge response and have chosen a few to highlight. Kim Parnell

Fraser Coast Runners and Walkers are a small friendly group based in Maryborough, but they welcome runners and walkers of all ages and abilities from everywhere. Check the Facebook page for all upcoming events. If you're not on Facebook, you can email fcrwc@hotmail.com or call 0448 479 768.

Coffee, Chill and Chat – Social Group for Women Over 50 (Hervey Bay) is a social community of women over 50 who are actively committed to building genuine friendships in Hervey Bay & Maryborough. Various social and recreational activities are offered, with at least two events scheduled each month. Contact Karen through the Facebook page.

Hervey Bay Masters Swimming Club Inc, more commonly known as Hervey Bay Humpbacks, is all about swimming for 18+. The club meets at 9 am Sunday mornings at the Hervey Bay Aquatic Centre. Check out their Facebook page, Instagram, or website: www.herveybayhumpbacks.com. The masters swimming motto is 'Fitness, Friendship and Fun'.

Southern Cross Xtreme Cowboy Racing is an Equestrian club based at Maryborough Showgrounds. They are a family-friendly club inviting members as young as four years old to participate in this fast-growing sport. Extreme Cowboy Racing challenges both horse and rider to make it through a series of obstacles demonstrating both horsemanship and speed. The group have their Extreme Cowboy Racing, Queensland State Championship, coming up on March 12 and 13 at the covered arena at the Maryborough Showgrounds and Equestrian Park. Spectators are always welcome.

The Maryborough Camera Club welcomes everyone who has an interest in photography, from beginners to the experienced. They are all catered for through hands-on workshops and critique nights. For more information, go to www.maryboroughcameraclub.org.au.

The Hervey Bay Outrigger Canoe Club is located at the Marina next to the Hervey Bay Boat Club. They offer a safe environment to paddle in different outrigger canoes, 6 person, double or single craft. There are Come and Try sessions on Sunday mornings. Contact the club via Facebook or phone 0490 324 020 for more details.

Maryborough Amateur Athletic Club and Little Athletics Info Page offer athletics and little athletics programs for ages u6

to over 80. The club season runs from September to March each year, and they meet at 6 pm on Friday nights at the club grounds in Tinana. An annual carnival is normally held around the first weekend in October. Like the club Facebook page to keep up to date or call 0400 489 571.

Hervey Bay APSL offers activities including Table Tennis, Art, Mah-jong, Cards and Games, Tai Chi, and smart phone, computer, and tablet lessons. The hall is located at 61 Hunter St, down the driveway. Ph. 4124 8532 for more info or pop in for a cuppa and a chat, or you can find the group on Facebook.

Arabian Nights Bollywood Dreams is a non-profit organisation specialising in teaching Bollywood Dance and Belly dance for all abilities. We also provide entertainment for events, both public and private. For more information, find us on Facebook or email arabiannightsbollywooddreams@gmail.com.



SOCIAL SNAPS

Out and about on the Fraser Coast!



**The Inaugural River Heads Markets
Held on Sunday, February 13, 2022**

Photos by Kim Parnell



WHAT'S ON IN APRIL

**Fri, Apr 8 – Apr 10
THE GAS – Old Fashioned Music Weekend**

An intimate 3-day bush concert featuring top shelf touring artists with a focus on acoustic instruments! Set on 86 acres of bushland approximately 45km's west of Maryborough QLD, it is a low volume, BYO, camping onsite event ...Raising funds for the local Rural Fire Brigade.

To find out more, find the event on Facebook.

**Sat, Apr 9 – Apr 10
Maryborough Swap Meet**

From 6am – Maryborough Showgrounds & Equestrian Park
Come in and grab a bargain from around 300 stalls. There will be memorabilia, Car and bike parts, antiques, 2nd hand good, classic car and bike displays. Food and beverages available for sale. Entrance \$5 adults and kids are free. Camping available for those that have booked.

**Fri, Apr 22
World of Musicals in Concert**

**7:30pm – Brolga Theatre & Convention Centre,
Maryborough**

The World of Musicals Concert has graced stages across the globe and features a world-class ensemble of multi-talented performing artists who exquisitely recreate classic hits, fused with emotive ballads, big-screen anthems, and iconic show tunes.

From the best of "The Phantom of the Opera" and "Les Misérables" to "We will Rock You," "Sister Act" and many more, the World of Musicals delivers a stirring musical concert theatre experience that will leave you spellbound – from the opening song to the final medley of classics.

For tickets go to www.brolgatheatre.org

Disclaimer: Due to Covid and the weather, these events can be cancelled or postponed at any time. To stay up to date with the latest information on these events follow the venues and the event organisers on Facebook.

SOCIAL SNAPS

Out and about on the Fraser Coast!



**The Inaugural River Heads Markets
Held on Sunday, February 13, 2022**

Photos by Kim Parnell



SOCIAL SNAPS

Out and about on the Fraser Coast!



Paddle Freedom

Hosted by Hervey Bay Outrigger Canoe Club

People got to try paddling in different types of crafts including Outrigger, Stand Up Paddle Boards and Kayaks.

Photos by Kim Parnell



TIDE TIMES URANGAN

MARCH

Time	m	Time	m
1 0128 0.70 0757 4.01 TU 1434 0.71 2013 3.43		16 0122 0.95 0739 3.74 WE 1404 0.97 1953 3.24	
2 0215 0.59 0836 4.07 WE 1515 0.64 2055 3.54		17 0200 0.80 0813 3.86 TH 1438 0.83 2029 3.40	
3 0257 0.56 0914 4.02 TH 1551 0.64 ● 2133 3.58		18 0239 0.70 0846 3.91 FR 1513 0.72 ○ 2105 3.54	
4 0335 0.61 0948 3.89 FR 1624 0.70 2211 3.56		19 0318 0.67 0920 3.90 SA 1546 0.66 2144 3.62	
5 0411 0.74 1020 3.70 SA 1653 0.80 2246 3.49		20 0358 0.72 0955 3.79 SU 1618 0.66 2222 3.63	
6 0445 0.94 1049 3.45 SU 1720 0.93 2322 3.38		21 0437 0.84 1030 3.60 MO 1651 0.73 2302 3.57	
7 0518 1.17 1118 3.19 MO 1747 1.09		22 0520 1.04 1110 3.34 TU 1725 0.87 2348 3.46	
8 0000 3.24 0556 1.43 TU 1148 2.91 1819 1.27		23 0612 1.28 1158 3.05 WE 1806 1.05	
9 0047 3.08 0645 1.67 WE 1229 2.64 1905 1.47		24 0046 3.32 0724 1.49 TH 1305 2.78 1905 1.25	
10 0156 2.94 0816 1.84 TH 1348 2.42 ○ 2029 1.62		25 0204 3.20 0900 1.57 FR 1433 2.62 ● 2032 1.38	
11 0326 2.91 1007 1.82 FR 1552 2.37 2200 1.62		26 0339 3.21 1037 1.44 SA 1608 2.67 2207 1.35	
12 0445 3.02 1123 1.66 SA 1714 2.48 2307 1.49		27 0505 3.39 1148 1.20 SU 1728 2.88 2325 1.17	
13 0542 3.20 1214 1.48 SU 1806 2.66 2359 1.31		28 0605 3.61 1242 0.97 MO 1826 3.15	
14 0626 3.40 1254 1.30 MO 1845 2.86		29 0025 0.96 0653 3.78 TU 1326 0.79 1913 3.38	
15 0043 1.12 0704 3.58 TU 1330 1.13 1919 3.05		30 0115 0.81 0733 3.87 WE 1406 0.69 1954 3.54	
		31 0158 0.73 0811 3.87 TH 1442 0.65 2032 3.65	

Fraser Coast Markets



MARYBOROUGH	MARYBOROUGH
Maryborough Markets Adelaide and Ellena St, Maryborough Every Thursday - 7am to 12pm	Maryborough Sunday Mixed Markets Maryborough Hockey Association Cnr Neptune & Woodstock St Every 2nd & 4th Sunday of the month 7am
HERVEY BAY	HERVEY BAY
Torquay Beachside Markets Opposite the Torquay Hotel Every Saturday 7am to 1pm	Koala Markets - Kruger Court Every 2nd & 4th Sunday 6am to noon
HERVEY BAY	HERVEY BAY
Nikenbah Markets Hervey Bay Animal Refuge Nikenbah-Dundowran Rd, Nikenbah 1st, 3rd and 5th Sunday of the month 6am to 12 noon	Urangan Pier Park Markets Pier Park, Urangan, (in front of Jetty) Every Wednesday & Saturday 7am to 1pm
OTHER AREAS	OTHER AREAS
Glenwood Community Markets Pepper Rd 3rd Saturday of the month 7am – noon	Brooweena Markets Historical Village, Smith Crescent 4th Sunday every 3rd month 8am to noon
OTHER AREAS	OTHER AREAS
Burrum Heads Markets Corner of Burrum Heads Rd & Howard St 2nd Saturday of the Month 7am – 11.30am	Howard Country Markets Howard Community Centre, Steley St, Howard 1st Saturday of the month 7am to 12 noon
OTHER AREAS	OTHER AREAS
Bauple Markets - Band Hall Road 4th Saturday of the month 7am – noon	Torbanlea Markets 6.30am – 12pm Torbanlea Racetrack 3rd Sat of each month Email: torbanleamarkets@outlook.com
OTHER AREAS	OTHER AREAS
River Heads Markets 45 Ariadne St, River Heads Every 2nd Sunday of each month	

For all Market submissions or corrections please contact:
What's On Fraser Coast on

Ph 0467 303 171

or email: whatsonfrasercoast@outlook.com

DISCLAIMER: Markets subject to change due to COVID-19, school holidays, public holidays and weather conditions.

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Showcasing the events and
the people of the *Fraser Coast*.



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