

TAKE
ME HOME

FRASER COAST What's On

61

JUNE 2022
MONTHLY MAGAZINE



CHLOE GEEVES

Making precious memories

Inside this issue:

Gig Guide
Calendar of Events

Human Nature Returns
Rick Price
Crack Up Comedy Club

Mary Poppins Day in the Park
Dunga Derby Events
Fashion with Leah

In Store This Month

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Get in Touch

If you have a local story to share, please contact us at whatsonfrasercoast@outlook.com
We would love to hear from you.



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Note from the Editor

Last month was a huge one. We celebrated our 60th edition of the magazine, and I attended many events. I visited K'gari and saw a young woman's wish come true. Went to the Offshore Superboat Championships, and heard the huge boats' roar, I enjoyed the Sounds of Rock Festival in Bundaberg. Spoke with musician Rick Price who I adored in the 90s, popped into the Fraser Coast Wedding Expo/showcase, and went to the Fraser Coast Show.

During most of this, I have also been recovering from a car accident that left me with cuts, burns, and bruises. By some miracle, not one broken bone, though. I consider myself very lucky that I survived to tell the tale. The accident was caused by stress and inattention. I definitely got off second best. I had had a relatively good day up to that point, not knowing what awaited me and how my day was going to pan out.

If I have learned anything from the experience, it is to try to slow my pace down. I am the type of person that is here, there, and everywhere. I don't like letting people down or saying no. I live to work when it should be the other way around. Slowing down is hard to achieve when you are a sole trader and have a huge workload. But a serious accident does give you pause and makes you question the choices that you make.

Take the time to look around, explore the world's wonders, and don't forget to breathe.

Inside this issue!

I chat with internationally acclaimed Australian singer-songwriter **Rick Price** about his new album *Soulville* and his excitement at performing in Maryborough. He will be singing some old soul classics and his own songs that we all know and love.

Come along dressed as your favourite literary character for **The Mary Poppins – Day in the Park Festival** in July and enjoy one of the many entertaining activities. Take part in The Great Nanny Race, The Grand Parade, and the Chimney Sweep Challenge.

Enjoy a great night out that will be full of laughter with the **Crack Up Comedy Club**. There will be a great line-up of comedians guaranteed to make you crack a smile. So grab your friends, grab your family and have some fun.

Turn the page to catch up on all the articles, events, and people that make our region so rich!



Kim Parnell

Editor/Owner, What's On Fraser Coast

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Meet MEGAN

Megan joined RealWay Property Consultants in

2017, she boasts over 14 years' experience in Property Management in both Hervey Bay and the Darling Downs. Megan is an experienced professional with excellent communication and negotiation skills, a strong knowledge base, and a strong work ethic and offers quality service to clients and customers. Megan has a "no fuss" approach to helping her customers and clients achieve the best possible return from their investment property.



Meet RUTH

Ruth joined the Realway Team last year coming

from WA with a strong customer focused administration management background in Local Government receiving numerous awards for excellence in customer service. Having previously owned investment properties Ruth is considerate of all aspects of your property management and is committed to making your experience with RealWay smooth and professional, encouraging input and working towards honest and respectful communication.

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A WALK THROUGH HISTORY MARYBOROUGH'S GRAND HOTEL

By Mayor George Seymour



The Grand Hotel was successful with many happy and welcome guests. However, it was not long after the grand opening, in February 1887 that the hotel met with a very unwelcome guest: rising flood waters. This would be the first of many floods; with three metres of water flowing through the ground level. The establishment coped by having guests ferried across to the first floor veranda from the higher end of March Street by boatmen, who were paid for their services in beer.

The next big flood, in January 1890, brought the water up to the second floor where linen and furniture were piled on top of the dining table and billiard table (which was said to be the finest in the colony).

The record flood of February 1893 tested the structural integrity of the building with flood waters rising over the third floor balcony. The hotel survived when many other structures including the bridge and the Customs House were destroyed.

Flood waters would continue to rise up from the Mary River over the years until the hotel closed in 1964. It was demolished soon after closing, at about the same time as the Fish Depot building on the other side of March Street. By this time the port facilities had been transferred to the Urangan Pier.

This corner block which was once at the heart of the bustling Port of Maryborough is now overgrown and largely unused. Amongst the vegetation on the site are many bricks and other building materials that perhaps once constituted this graceful riverside hotel.

The site is now raised well above the street level and there is a theory that under the dirt and vegetation is the rubble of the hotel. Walking along the street frontage of Wharf and March Streets, one can imagine the clientele of this hotel looking out over the flowing river.

The building has been gone for over half a century. Fortunately, we have a number of old black and white photographs through which our imagination can wander back to a time when travellers from across the globe stayed here at the Grand Hotel by the Mary River in Maryborough.

Maryborough has many fine historic buildings throughout the city. These buildings add character to our streetscapes and provide a tangible connection to our history.

Whilst we are very fortunate to have so many that have survived, we have sadly lost more than a few of the early structures which were once so central to the customs, commerce, and culture of the city.

One early structure now lost to us was the Grand Hotel, which was built in 1885. This towering three storey building looked out over the Mary River from the corner of Wharf and March Streets. In crisp and decorative architectural flourishes, it symbolised the prosperity of the busy port town.

By this stage in the settlement of Maryborough, it was well understood that the river would flood. The most recent flood had risen into the city in 1879. The location of the hotel by the river put it at a high degree of risk so it was designed to limit the effects of flooding on the guest arrangements.

The hotel opened with a gala night on 31 October 1885. That week it was described as a "splendid and spacious hotel" offering "unequalled accommodation to travellers, visitors and families."

With a professional cook, the dining room on the first floor could accommodate 60 people seated comfortably, while being served their meals from the kitchen below via the lifts.

The hotel offered 22 rooms of different standards, including "private suites of rooms for families" and "special accommodation for ladies"



Being so close to the river, the Grand Hotel was often effected by flood



The Grand Hotel



The Grand Hotel was here - on the corner of Wharf and March Streets



Steam locomotive 721 in front of the Grand Hotel, Maryborough, ca 1923



Making precious memories

Written by Kim Parnell

In January of this year, Community Lifestyle Agency (CLA) received an email about an incredible thirty-five-year-old woman named Chloe Geeves, who is facing the battle of a lifetime with stage four Bowel Cancer. Chloe is involved with an organisation called 100 Things which sparks us all to write a list of 100 things we want to do before we die.

Number #44 on Chloe's list was to swim in Lake McKenzie at K'gari, Fraser Island. On Thursday, April 28, nine locals with disabilities helped make her wish come true!

It was an honour to meet Chloe and to capture the memories of her special day. I paused and saw the island in a different light, almost as if it was the first time.

You never know what tomorrow brings, so make sure that you get to live life to the fullest, enjoy every experience, and make lots of beautiful memories with those that are important to you. Cherish each moment!

Before Chloe's diagnosis in March of 2020, travelling, yoga and spending time with family and friends were her favourite pastimes. Chloe also had a full-time job as a sales consultant for the wholesale department within flight centre.

"I had worked for Flight Centre in various roles for seven years and went on leave when I got sick. However, in June 2020, Covid had happened, and my role was made redundant as my department closed down, so I am not currently working", said Chloe.

At the time, she was living with friends, so once diagnosed, she ended up back home with her parents in Capalaba so that she had someone to care for her throughout her treatment.



"The only symptom that I had was blood in my stool. My GP advised it was potentially tearing and gave me a cream. He told me to come back in three weeks if it had not stopped.

"In the meantime, luckily, I had an appointment with my gynaecologist, I mentioned this to him, and he did an internal examination and felt the tumour. Unfortunately, it had already spread to my lungs".

Following her diagnosis, treatment began. This included twenty-five rounds of radiation, twelve rounds of chemotherapy and an operation. Chloe's whole life was turned upside down, and on top of a cancer diagnosis, covid restrictions came into play, so that entire period was hard to comprehend.

"I think for at least the first year, I was probably in shock. It has been very hard. I am also dealing with side effects from my treatment that most people don't associate with cancer, such as early-onset menopause and infertility.

"I have tried to remain positive and hopeful, but I do have my hard days, and I miss being able to be an independent young woman".

A year after her first surgery, Chloe had a follow-up colonoscopy. Unfortunately, the chemotherapy she had already did not get rid of the lesions in her lungs as was hoped. She then had a six-week break from all treatment to give her body a chance to rest and then moved on to oral chemotherapy tablets.

Chloe says, "I went back to my oncologist, and it was decided I would be referred to another oncologist who looked after clinical trials. So, I am currently on an immunotherapy clinical trial. I go in fortnightly for infusions.

Continued on page 11

Mary Poppins - Day in the Park

Create your own story at this year's Mary Poppins – Day in the Park festival.

The annual event is to be held at Maryborough's Queens Park & Portside Heritage Precinct on Sunday, 3rd July 2022 from 9am – 3pm. A day of delightful whimsy awaiting one and all!

The festival celebrates the power of storytelling and sets the scene for visitors to be transformed into their own world of play and imagination. The streets come alive with characters including the beloved Mary Poppins and Admiral Boom firing his cannon, plus many others. Rounding out the day's program is a hive of performances, interactive activities, competitions, sidewalk art, and street theatre.

Come along dressed as your favourite literary character and take part in one of the many entertaining activities on the day. Expect to see the return of the highly anticipated Chimney Sweep Challenge, The Great Nanny Race, Costume Competition, and Grand Parade. Along with new competition the 'Poppins Pop-Up Picnic' where you can put together the most creative and colourful picnic display and compete to be crowned the inaugural winner of the best Poppins Pop-Up Picnic display down in Queens Park.

In 1999, Proud Mary's Society was formed to recognise Maryborough as the birthplace of author, P L Travers, and celebrate her 100th birthday on the 9th of August with a Birthday Afternoon Tea on the Maryborough City Hall Green.

This celebration grew and quickly turned into the Mary Poppins Market Day with brass bands leading a colourful parade round the streets of Maryborough CBD. The popularity of the Mary Poppins Market Day grew and the Mary Poppins Festival that we have all come to know and love was formed! 14 years later and the festival is bigger than ever with new and much-loved activities returning each year.

Come be part of the story at this year's Mary Poppins – Day in the Park festival.



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New event - Scone Time!

Join us on Friday 10th June at the Urangan Community Wellness Centre for scones and tea. Meet new friends in the surrounds of our newly renovated venue.

Weekly Crochet & Coffee

The crochet group meets every Wednesday at the Neighbourhood Hive and Thursday at the Urangan Wellness Centre from 9.30am. All levels welcome to this fun group. \$5 per visit.



Dates for your diary

- Mondays: 9am Conversation English Classes

Join the English conversation and digital literacy for migrants group every Monday from 9am at HBNC. All welcome.

- Tuesdays: Personal and Professional Development workshops

Hear speakers and attend professional and personal development workshops Each Tuesday at the Neighbourhood Hive

- Thursdays: LIFT Lounge

Join us for a FREE morning tea and hear about upcoming events for job seekers and career changers. Every week at 10am

- Friday 10th June: Scone Time

\$5 for scones, tea and a lovely social outing. Bookings essential.

More information on the HBNC website, sign up to our e-newsletter or follow 'The Neighbourhood Hive' on Facebook.

All events held at Hervey Bay Community Centre, 22 Charles St Pialba, The Neighbourhood Hive, 184 Boat Harbour Dr, Pialba or The Tree House: Urangan Wellness Centre, Hervey Bay Botanic Gardens.

See website for details.

info@hbnc.com.au | 4194 3000 | hbnc.com.au





Continued from page 7

"I have had two scans since I began, and they show a significant reduction in the lung lesions, which is awesome! So, I will continue with this while I am responding to the treatment and my body is handling it. I am also on Hormone Replacement Therapy medication to keep the menopause symptoms at bay".

Before Chloe's diagnosis, she had been to a work conference and heard Sebastian Terry's story about his global movement '100 Things'. According to his Facebook page, 'the platform is designed to inspire, engage, and connect like-minded people to be the best version of themselves through the creation and pursuit of their own lists'.

When Chloe was first diagnosed, her friends managed to get her a signed copy of his book. After reading the book, she decided to write her own list and has a list of 60 things to date, and this is being constantly added to until she reaches her 100 Things. After contacting Sebastian, He shared her story with the 100 Things community, which is where Chloe first came into contact with Tayla from CLA.

Chloe says, "Lake McKenzie was number #44 on my list. Upon arrival, I felt a rush of excitement that I was there in the flesh. I was then overcome by how beautiful it was. It was such a special moment when I first got to dive into that beautiful clear water. I felt so grateful that I was given the opportunity to tick off a wish and that the team at CLA had been so generous.

"I absolutely loved my time at K'gari. Tayla from CLA did all the hard work organising a wonderful day trip around the island. I got to see all the hot spots, including Eli Creek, Central Station, Pile Valley rainforest and the Pinnacles, and Lake McKenzie. I also got to share the experience with some pretty special people.

"We had an amazing guide. Ian Butcher 'Butch' from K'gari Explorer Tours (formerly Fraser Explorer Tours). He looked after us so well, and he taught us so much about the beautiful island. Tayla also liaised with Lauren from Kingfisher Bay Resort, who offered us a complimentary two-night stay and a beautiful sunset cruise.

"I would definitely go back to Kingfisher Bay Resort. I love how it is nestled in nature but still has



fantastic facilities and delicious food and cocktails! Unfortunately, there was no dingo sighting this trip, which gives me a reason to go back.

"I am so grateful to everyone involved in ticking number #44 off my list. CLA and Kingfisher Bay Resort really looked after us and gave me an experience of a lifetime. I also got a scenic flight with Air Fraser Island, which I loved".

Bobs Tyres and TJM also donated some eskies for each participant to take home, these were very much appreciated.

Over the coming months, Chloe hopes to climb the Story Bridge and go Sky Diving. She admits that she is a little scared of heights, though, so she will be right outside her comfort zone.

Chloe would like us all to remember that if we feel something is off regarding our health, to make sure we get it checked out.

"Never in my wildest dreams did I think I would be living this life at thirty-five years old. Cancer can affect anyone at any age, so it's always best to get anything checked out", says Chloe.



RICK PRICE

Soothes the Soul

By Kim Parnell



Last month I spoke to internationally acclaimed Australian singer-songwriter Rick Price about his upcoming visit to Maryborough. In the previous six years, I have been fortunate to chat with many celebrities and well-known musicians, and I always try to remain cool and calm no matter how much I loved or idolised them growing up. Well, all that went out the window.

I gave myself permission to gush when I spoke to Rick. In the 90s, I absolutely adored Rick Price with his long locks of hair and soulful eyes. His music made a huge impression on me during that time. Music can resonate and transport you to a different time and place and evoke many memories, some bittersweet. My CD player got a workout, as did my vocal cords as I sang along loudly, usually with a wine in hand, to songs like "Heaven Knows", "To be with You", and "Walk Away Renee".

Ok, enough gushing!

During our wonderful conversation that was littered with much laughter and banter, we discussed many topics, including Rick's new album *Soulville* and his excitement at performing in Maryborough once again.

Thirteen years ago, you moved to Nashville, Tennessee in America. What prompted the move?

I have been going back and forth to America for the last thirty years. In 2009 my good friend Tommy Emmanuel invited me on tour around the United States and Europe, so I packed up to be away from home for a year. But one thing led to another, and I decided to set up camp in Nashville.

I am lucky as I can do what I do from anywhere in the world. It's been great. In many ways, I never left Australia. I spend about three to four months of the year here. This year it will be five months.

What's life like in Nashville, and how does it differ from Australia?

I lived in Sydney for many years, so it is much quieter in Nashville, but a lot is going on musically. It's very gentle on the senses. The southern hospitality is alive and well, (laughs), so that's nice.

Everyday life for me is my recording studio. I'm very much a cave dweller. I am writing and recording my own music, and if I am not doing that, I am writing, recording, or producing for other artists, so I have plenty to keep me busy.

Tell us a little about your new album *Soulville*?

The album was initially supposed to come out in 2020, but due to covid, we had to put it back to 2021. Then we ended up having to cancel the entire tour. We still went with the album's release in August, though. So, I am back now to do the tour I meant to do last year (laughs).

The album is a collection of all my favourite soul classics. As a child growing up, I was influenced by the soul singers. I was used to hearing regular everyday singers, Frank Sinatra and Tony Bennett and all the great classic singers, and then a guy like James Brown comes along or Sam Cooke, and you go, wow, I mean, is it legal to sing like that and to be that emotional when you sing! Over time I have adopted that style of singing. Soul music has been a lifetime love affair for me.

Tell us about the original song that appears on this album?

My friend John Capek and I wrote "Farewell but not Goodbye" John is an Australian living in Nashville. The song was written as a tribute to Aretha Franklin, who passed away in August of 2018. Her version of Soulville inspired the title track, When I heard it, I absolutely loved it, and everything just tied in together. Aretha inspired so many artists, myself included. It was just a little note really to say, hey, your music will live on inside us all, and we thank you.

As a multi-instrumentalist, tell us about the instruments that you play? Are you self-taught?

Yes, I am self-taught. Certainly, I've been shown things over the years, and I've learned a great deal from records. I learned everything that I know about music from listening to other people play and being encouraged to explore my own inner world of music from there.

I play the drums, the guitar, and the piano. I flirt with a few others, like the harmonica. I was a drummer as a child. I started in the kitchen on my mother's pots and pans. I've always loved the drums. But when performing, the guitar and piano support my singing as I can sit at the piano or pick up the guitar and accompany myself.

Tell us about your online Masterclass Series?

I was originally asked to speak about songwriting at various music colleges and universities in Australia and the states. I found that I really enjoyed it. It's a beautiful thing to be able to pass on whatever has been taught to me. I have been taught, mentored, and helped by many great people along the way. So, it's been an absolute pleasure. The classes cover many topics from singing to songwriting, production, performance, and performance anxiety. I encourage participants to find their own voice and their own inner mastery.

So, how much are you looking forward to playing in Maryborough, and what can people expect?

Yes, I am looking forward to playing in Maryborough. I used to play there as a kid with my brother and sister in our family band. We used to play all up around that area. It is a wonderful part of the world, and I am looking forward to revisiting Maryborough big time.



I'll be playing some of the tracks from our new album, so there'll be some old soul classics that people can sing and dance along to, like Dock of the Bay, The Midnight Hour, and Stand by Me. I will also be playing my songs and my well-known songs, hits, misses, whatever you want to call them.

This isn't a question but an observation. You have always had such a beautiful voice and are such a great storyteller!

Thank you, Kim, that's the greatest compliment a singer can receive. Honestly, it truly is. When I sing, I am present with the words, telling a story, and connecting with the audience, so it's a great compliment, and I appreciate it.

**Rick Price | Soulville Tour
Thursday, July 7, 8pm – 10pm
Maryborough Sports Club. For tickets,
call 4123 1499.**

A NIGHT OF LAUGHTER

with Zak Hadfield and friends By Kim Parnell



Enjoy a night out that will be full of laughter as you sit back and listen to a great line-up of comedians from the Crack Up Comedy Club who are guaranteed to put a smile on your face. In any situation, it is said that laughter is the best medicine. This is a night that you won't want to miss and is proudly supported by Fraser Coast Mates.

Tell us a little about Zak Hadfield and Crack Up Comedy?

Funnily enough, I started Crack Up Comedy just as the pandemic hit, so great timing!

I started in comedy about six months before that at an open mike stand up comedian event. It was my first competition where I got to try comedy. This was my chance to dip my toes in and to see whether I was good at it and whether it was good for me.

I got through to the finals and then won a crowd favourite prize. So, I did quite well in that competition and really enjoyed it. One of the prizes was to do one of their regular shows and be in a line-up with other known comedians.

I began to meet a few people and, over time, decided that another way of getting more stage time and a presence in the comedy scene was to start my own company.

Where is the Crack Up Comedy Club located?

We are at Hotel West End in Brisbane and run our shows every second Thursday. We get good crowds looking for a great night out on the town.

How does comedy help mental health?

It's interesting because a lot of comedians do have their own mental health issues going on. Personally, I have ADHD. I'm quite open about that. I think it's important to talk about mental health. For me, comedy is an outlet. You see the world a little bit differently. With ADHD, I focus on details that people might not notice, so it allows me to see those things note them down, see the funny side, and tell people about it. It's a way of using that neurodiversity to make people laugh.

What can people expect on the night?

Hopefully a great night of laughter with some great comedians. I will be the host. The headliner is Queen of comic, Rhi Down. She is a very funny comic from Melbourne and has also been involved in comedy festivals and performed at Splendour in the Grass, among other things.

Some other up and coming Brisbane comedians coming along are Bryce Lancaster, Meg Jager, Michael Cho and Conor Blackley.

It should be a great show.

If things go well and people enjoy the night, we may look at coming back.

Crack Up Comedy Club: On Tour

Beach House Hotel, Hervey Bay | June 17

Tickets - \$50 (includes food and a drink)

Tickets are available via [Trybooking.com](https://trybooking.com). To find out more about the Crack Up Comedy Club, email info@crackup.com.au or find them on Facebook.





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Calendar of Events

June

May 13 – Jun 9

Art – Abstraction Exhibition

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Wed, Jun 1

Chamber Breakfast

6.30am
Hosted by Hervey Bay
Chamber of Commerce
Find event on Facebook

Thu, Jun 2

Steamfesta Makers Group

6pm – 8pm
Small cost involved
The Neighbourhood Hive,
Hervey Bay

Sat, Jun 4

Relish Food & Wine Festival

10am
Portside Precinct,
Maryborough
www.relishfrasercoast.com.au

Sat, Jun 4

Arrival – Wide Bay Pro Wrestling

6pm
Brolga Theatre & Convention
Centre
www.Brolgatheatre.org

Sat, Jun 4

Brolga Live @ Maaroom

1pm – 4pm – Free event
Maaroom Community Hall
Granville Rd

Sat, Jun 4

Ladies Night

6pm
Hervey Bay Boat Club
For tickets visit Boat Club
reception

Sat, Jun 4

**Dunga Derby – Barefoot Bowls
and Family Fun Day**

11am – Burgowan Bowls Club
– Torbanlea. Find event on
Facebook

Sat, Jun 4

ACCA DACCA

8pm
Acca Dacca & the Australian AC
DC Story. Carriers Arms Hotel-
Motel

Sat, Jun 4

Hervey Bay Parkrun

(Every Saturday) – Brief 6.50am
FREE 5km timed event
Urangan Pier (Don't forget your
barcode)

Sat, Jun 4

Maryborough Parkrun

(Every Saturday) – Brief 6.50am
FREE 5km timed event
Cheapside St
(Don't forget your barcode)

Sun, Jun 5

Variety Show

1pm – \$10 entry
Hervey Bay & District Seniors
Citizens Club Inc

Sun, Jun 5

Acoustic Sunset Concert

4pm
Aldridge State High School,
Maryborough

Sun, Jun 5

Dragon Boating Come & Try

(Every Sun) – From 6.30am –
8.30am
Free
Next to the Hervey Bay Boat
Club

Wed, Jun 8

Sewing Morning for Days for Girls

9am-12pm
Point Vernon
Find the event on Facebook

Wed, Jun 8

**Lola the Ostrich! Paint Party at The
Dock**

4pm – 6pm
Cost involved
Get Off Your Arts

Jun 9 – Jul 8

Art – Our Fraser Coast Exhibition

Gallery 5, 5 Sandy Street,
Urangan

Thur, Jun 9

Peter Williams Medium Live

7pm
Brolga Theatre & Convention
Centre
www.brolgatheatre.org

Fri, Jun 10

Strassman – The Chocolate Diet

2 shows – 7pm & 9.15pm
Hervey Bay RSL

Jun 11 – Aug 10

Art – Land, Sea, Sky

Hervey Bay Regional Gallery

Sat, Jun 11

**Maryborough BMX June Classic
Open Day**

11am – 7pm
Maryborough BMX Club

Sat, Jun 11

Pop 'n' Paint Night

Eye Candy Art with Carina
Maree Anne
5pm – Maryborough
Find the event on Facebook

Sat, Jun 11

**INXSIVE, The INXS Tribute Show –
Hervey Bay**

8pm
Bay Central Tav

Sun, Jun 12

River Heads Markets

8am -12 noon
45 Ariadne St, River Heads

Tues, Jun 14

**Fraser Coast Plumbing & Gas
Trade Expo 2022**

4pm – 7pm
Beach House Hotel, Hervey Bay
Find the event on Facebook

Fri, Jun 17

Ignite Heats 2022 -

7pm
PhysiPole Studios Hervey Bay



Brought to you by What's On Fraser Coast



Fri, Jun 17

Crack Up Comedy Club

6.30pm - \$50pp - includes food and a drink, supported by Fraser Coast Mates. Beach House Hotel

Sat, Jun 18

Tombola – Pialba Scout Group

9.30am-12pm
Hervey Bay RSL
Tickets available at door

Sat, Jun 18

Dreams Fleetwood Mac and Stevie Nicks Tribute Show

8pm - Hervey Bay RSL
Tickets from reception

Sat, Jun 18

Speedway – Junior Qld State Titles

www.maryboroughspeedway.com.au

Sat, Jun 18

Human Nature – Live 2022 Rebooted

8pm
Brolga Theatre & Convention Centre
www.brolgatheatre.org



Sat, Jun 18

Ride - Wurth presents Red Bike Dirt, Dust n Cheers

8am - Hosted by Red Bike Adventures Inc
Find the event on Facebook

Sat, Jun 18

Dunga Derby event – Gender Bender Party

Car 24,39,58
5pm - Beach House Hotel, Hervey Bay. Find event on Facebook

Jun 18-19

7th Big Rosella Field Day

Woolooga
Find the event on Facebook

Sun, Jun 19

Independent Riders 9th Annual Show and Shine

7.30am
Fraser Coast Wildlife Sanctuary

Sun, Jun 19

Bush to Bay Fraser Coast Handmade Artisan Market

9am – 1pm
Maryborough Showgrounds

Fri, May 20 – 23

Great Walk Luxury Hike on K'gari/ Fraser Island

Hosted by Fraser Island Hiking
Greatwalkfraserisland.com.au

Sat, Jun 25

Witches Yule Markets

10am – 4pm
Witches Hollow – Howard, QLD

Sat, Jun 24-26

River Heads Rocks 2022

11am
www.riverheadsrocks.com.au

Jun 25-26

STEAMfesta – Steampunk Festival

For more details go to
www.steamfesta.com.au

Sat, Jun 25

Fraser Coast Ability Ball

6pm
Community Lifestyle Support
Beach House Hotel

Sat, Jun 25

Yule Celebration

Howard Country Markets
6pm – 10pm

Sat, Jun 25

Diversity 2.0

9pm-2am
Criterion Hotel, Maryborough

Sun, Jun 26

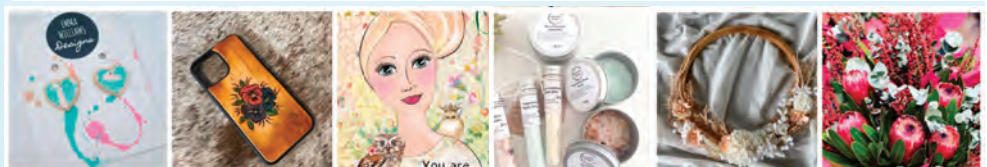
Sunday in the Park

9am-1pm
Queen's Park, Maryborough

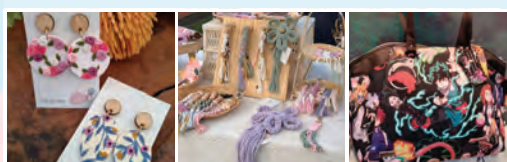
Disclaimer – All event details are correct at time of print.

Events can be cancelled, have time changes, or be rescheduled without our knowledge. What's On Fraser Coast takes no responsibility for the cancellation of events. We also take no part in organising any event listed. We offer this calendar as a free community service and in good faith. Please ensure that you follow the Queensland Health directives when attending events by signing in via barcode, sanitising, mask wearing and social distancing.

A full market list is on page 31. A Gig Guide is on page 19. If you have an event to add please send through details to whatsonfrasercoast@outlook.com



Maryborough Showgrounds
9am to 1pm | Sunday 19 June



To book a stall, or for more info, email
bushtobayfc@gmail.com

HUMAN NATURE RETURN

Australia's homegrown heroes and Hall of Fame inductees Human Nature are Rebooting their acclaimed live show plans. They are thrilled to announce they will return to the stage in their Live 2022 Rebooted – People Get Ready, Again tour. The show will bring together the very best elements of the Good Good Life tour, and People Get Ready AAA tour into one new, amalgamated show.

Phil Burton said, "If Covid has taught us one thing – it's how to be flexible and patient! We have always said we would complete our tour commitments, and even though it's taken a little longer than anticipated, we are certain we will get to each and every city and town scheduled on this tour and even hopefully add more dates! Thanks to all our fans and music lovers everywhere for sticking with us through the difficult times, and we look forward to enjoying live music and good times again. This blended show will represent all our career highlights, song favourites, and some surprises."

Human Nature bring the joy of live music back. The iconic foursome will be up close and personal, melding 30 years of performances, stories, and hits. Michael and Andrew Tierney, Phil Burton, and Toby Allen will take the audience on a journey through their careers.

Get ready for a night full of the group's most loved songs, new and old original hits, and Motown classics. Songs will include Telling Everybody, Wishes, Every Time You Cry, their stunning new anthem Broken Humans, and many more. This will be a night not to be missed by music lovers of all generations.

Human Nature - Live 2022 Rebooted – People Get Ready, Again. Sat 18 - Brolga Theatre & Convention Centre, Maryborough. For more details and tickets, visit www.humannaturelive.com



TAKE TIME TO SMELL THE ROSES

By Andrew Sadler

As I watch another year pass, I have slowly started to sort out my priorities in life, what is important and what is perhaps less important.

In today's fast-paced world we no longer take the time to smell the roses, we seem to have forgotten to put some emphasis on the lesser important things, those little things that make us feel important. Unfortunately, we also seem to have run out of time to do things, I would love to do that, but I just don't have time! Or have we become proficient at the excuse rather than looking to solve the time factor?

Some days I look back at what I have done and think, you know things have been chaotic but really, I have achieved very little. Other days I seemed to have achieved the impossible, still with time to spare. I think on those days I have focused on the little things that make me feel good, then success follows, I have time to do all those trivial things that could really be put off without any major issues arising.

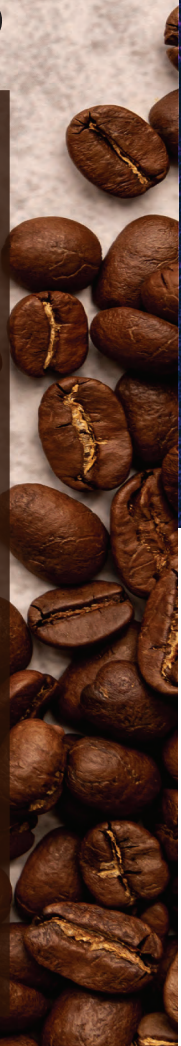
It's times like these where we need to block out the noise we create, remove the time

constraints, take the time to watch the sunrise or sunset, and wonder about the complexity of life. I don't know, whatever floats your boat. Then and only then perhaps we will realise that all of our important issues are probably irrelevant. I very rarely find myself looking back into the past and wondering aloud, I wish I hadn't rushed to answer that email and missed my son's football game? Thankfully, that won't happen. For those of you who don't know me, I answer my emails on a Sunday and no other day unless I know there is something important, in which case the sender has called me, and chances are I have already sorted it out over the phone. Also, that is assuming that I will answer the phone. Ahhh! Technology, it's there to be used, not to dominate your life.

So, life should be like a fine coffee, with attention to the little things, allow that bean to shine, this will bring out something wondrous.



EX OF COFFEE



Gig Guide

Brought to you by What's On Fraser Coast

Live music on the Fraser Coast JUNE 2022



HERVEY BAY

Hervey Bay Boat Club

Thu 2, 5.00 pm, Neil Wenk
Fri 3, 5.30 pm, Brian Speirs
Sat 4, 5.30 pm, Matthew Barker
Sun 5, 2.00 pm, Darren Marlow

Tue 7, 12.30 pm, Neil Wenk
Thu 9, 5.00 pm, Neil Wenk
Fri 10, 5.30 pm, Matt Phillips
Sat 11, 7.30 pm, Contraband
Sun 12, 2.00 pm, Shaun Beckett

Tue 14, 12.30 pm, Neil Wenk
Thu 16, 5.00 pm, Neil Wenk
Fri 17, 5.30 pm, Derek F Smith
Sat 18, 5.30 pm, TBC
Sun 19, 2.00 pm, Andrew Copland

Tue 21, 12.30 pm, Neil Wenk
Thu 23, 5.00 pm, Neil Wenk
Fri 24, 5.30 pm, Neil Wenk
Sat 25, 7.30 pm, Rhubarb Tarts
Sun 26, 2.00 pm, Brian Speirs

Tue 28, 12.30 pm, Neil Wenk
Thu 30, 5.00 pm, Neil Wenk

Hervey Bay RSL

Fri 3, 11.30am, Trevor Judge
Fri 3, 6pm, Bobkatz Duo
Sat 4, 8pm, Uncle Arthur

Fri 10, 11.30am, Trevor Judge
Fri 10, 6pm, Dean Gray
Sat 11, 8pm, Red Betty

Fri 17, 11.30am, Trevor Judge
Fri 17, 6pm, Frank Benn
Sat 18, 8pm, Clear Effect

Fri 24, 11.30am, Ladybyrd Duo
Fri 24, 6pm, Peter Baker
Sat 25, 8pm, Bad Attitude
Sun 26, 12pm, Hank Vann

Bayswater Bar & Grill

Fri 3, 5pm, Aaron Westlake
Sat 4, 5pm, One Sly Dog
Sun 5, 1pm, Liana McKay

Fri 10, 5pm, Bobby Barnes
Sat 11, 5pm, Doug Edwards
Sun 12, 1pm, Sam Maddison

Fri 17, 5pm, Phil Morgan
Sat 18, 5pm, One Sly Dog
Sun 19, 1pm, Ricky Manych

Fri 24, 5pm, Ethan Jones
Sat 25, 5pm, Bevan Spiers
Sun 26, 1pm, Frank Benn



The Clubhouse Hervey Bay

Fri 3, 6pm, Matt Phillips
Sat 4, 6pm, Liana McKay

Fri 10, 6pm, Doug Edwards
Sat 11, 6pm, Dean Gray

Fri 17, 6pm, Andrew Copland
Sat 18, 6pm, Phil Morgan

Fri 24, 6pm, Frank Benn
Sat 25, 6pm, Sam Maddison

The Beach House Hotel

Fri 8, 8.30pm, Shane Allsop
Sat 4, 9pm, Red Betty
Sun 5, 2pm, Doug Edwards

Fri 10, 8.30pm Black & Blue
Sat 11, 9pm, Shane Allsop
Sun 12, 2pm, Shane Allsop

Fri 17, 8.30pm, Tash & Co
Sat 18, 9pm, Clear Effect
Sun 19, 2pm, Derek Smith

Fri 24, 8.30pm, Shane Allsop
Sat 25, 9pm, Dogwood Crossing
Sun 26, 2pm, Tash & Co

MARYBOROUGH

Maryborough Sports Club

Fri 3, 7 pm, Brad Sorensen

Fri 10, 7 pm, Billy Guy

Fri 17, 7 pm, 2EZ

Sat 25, 7 pm, One For The Road
Sun 26, 12 pm, One For The Road (End Of Month Draws)

Maryborough Services & Citizens' Memorial Club

Fri 3, 7.30pm, Derek F Smith
Sat 4, 7.30pm, Bad Attitude

Fri 10, 7.30pm, Abby Skye & the Batman
Sat 11, 7.30pm, Clear Effect

Fri 17, 7.30pm, Dogwood Crossing
Sat 18, 7.30pm, Forbidden Road

Fri 24, 7.30pm, The Whiskey Mountain Boys
Sat 25, 7.30pm, Red Betty



The Gig Guide is a free service offered in good faith by What's On Fraser Coast - venues submit their own guides each month, and are correct at the time of print.

excelsior

Maryborough City



Enjoy a day out in the park!

SUNDAY IN THE PARK - JUNE 26

Major Sponsor: **What's On**

9AM-1PM* | QUEEN'S PARK MARYBOROUGH

Supported by: **Fraser Coast REGIONAL COUNCIL**

BRASS BAND | TRAIN RIDES | HOT FOOD/COLD DRINKS | JUMPING CASTLE AND MORE~ FOOD & TRAIN RIDES FROM APPROX. 9AM - EXCELSIOR BAND PLAYS FROM 10AM



Life etc...

By Erik Bigalk

'Consider this...'

www.LifeEtc.com.au

Life is a funny thing, really. We all stride forward through it from being playful kids to quirky teenagers, invincible twenty-somethings and beyond - doing life. Looking at other folks around us we think "oh, they have it together" because they drive a flashy car or they have a big house. Or we may think "I am doing alright" because we seem to do life better than others. But do we? Or do they?

Essentially, we are all just making it up as we go. We emulate some ideas, and peer expectations, or follow in the footsteps of parents, family, or friends, believing in a concept of what life should look like or what is acceptable and fits into society. The truth, however, is that no matter how 'together' someone or their life seems, you cannot know what is happening behind the facade of wellness they portray to others, how happy they really are, and how mentally well or at peace they actually are.

Why?

Australian men make up just under half of the population, roughly 12.5 million grandfathers, fathers, brothers, uncles, nephews, and sons. However, 6 out of 10 premature deaths are men, with many of these early deaths avoidable. The leading health conditions are heart disease, claiming 30 men per day, cancer - with far more men dying from prostate cancer than women do from breast cancer, and one-in-two men experiencing mental health issues including anxiety and depression. Suicide is the leading cause of death for people aged 15 - 44 with 75% of these being men. Suicide claims over double as many lives as road accidents. Yep, that's shocking. And, too high a number to ignore.

What?

Like it or not, we are all just busy doing life, whatever that entails. And, for most of us, we are not that good at self-care, looking after ourselves the way we ought to, and especially for us men, we more or less suck at it compared to our female counterparts. This is reflected in our poor health which often is attended to too late, be it our weight, nutrition, excessive drinking, lack of relaxation, or emotional and mental wellbeing - the statistics speak for themselves.

No one is pointing the finger here either, but if we focus, just for a moment, on our own overall wellbeing and ask ourselves, "am I doing ok? Or could I be feeling better?" and if the answer is 'yes', then you may well fall into the group, like most, who can do more for ourselves, be it going to see a doctor, having a heart, cancer, and blood check, and investigating our emotional, mental and spiritual health too. And, if you think you are doing well on all fronts, know that most others, especially men, aren't.

How!

International Men's Health Week - is celebrated internationally in mid-June to promote and support health and well-being for men and boys in our communities, not just physical health but mental and emotional wellbeing. It's held from 13 - 19 June 2022, with this year's theme being - Building Healthy Environments for Men and Boys, physical, mental, and emotionally healthy home, workplace, and social settings.

It should really be called the Men's Health Movement and be a part of our every day because we need our men, our fathers, uncles, brothers, partners, and buddies... Our children and families, sporting clubs, community groups, and our women NEED men who are at their best and stay around. So, don't become a statistic and be proactive in taking care of yourself and - check in with your colleagues, mates, family members, and other men in your life. And, I mean - REALLY check-in. Asking "how you goin'?" doesn't cut it. You actually have to ask a couple of different questions, a couple of times for most men to feel it's okay to say how they are really going, feeling, being...

One-in-four people in Australia feels lonely and doesn't have anyone to talk to. Loneliness and mental health go hand-in-hand. Most people who are not coping or are not ok hide it rather well. Those who seem ok are often the ones who are not and who surprise us by choosing suicide over living. Those who break down or struggle publicly are easily recognised and, therefore, are far more likely to access help. I mean, don't stop asking those folks, but think about the ones who don't even feel able to show that they are not coping, let alone share, open up or express themselves. So, look for the subtle signs.

Be the person who initiates meaningful conversation, don't just talk about work, money, sport, fishing, TV, or the weather - go deeper. We ALL need these conversations, you, me, and everyone. Most of us don't get to have these because we are too scared to open up, or too busy doing life.

Women talk about their periods, relationships, family life, emotions, and yes even sex with strangers at the supermarket checkout. Whereas, we men can sit around with our best mates all night dehydrating an entire slab of stubbies and not once talk real and meaningful stuff.

So, here is your invitation - no, your call to duty - to have these conversations, not just because you may need them too, but the guys you least expect may need them much more urgently than you realise. Let's talk REAL before worse things happen or are done. Be intentional in your interactions, ask those uncomfortable questions, be daring, and share if you are not doing okay.

It is a sign of strength to open up, not one of weakness. So, don't think it's the other way around.

If you are finding it hard to open up or talk to someone, here are a couple of places and organisations that will always listen, will ask those important questions. Because we are all important, needed, have our place in the world, are loved and we all matter. Do it for you, for the next guy, and for the greater good of our families, workplaces, and communities.

Be a real man - ask for help. - www.westernsydney.edu.au/mens-health-week or local groups such as www.omu.org.au (Older Men Unlimited) 07 4128 9011, www.frasercoastmates.com.au (Fraser Coast Mates) and Hervey Bay Men's Shed Ph: 4325 3471.





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DUNGA DERBY EVENTS

ABOUT DUNGA DERBY BY RALLY FOR A CAUSE

Rally for a Cause is a community charity proudly raising funds to support families and individuals affected by life-limiting medical conditions or who have had their lives disrupted by circumstances beyond their control.

JUNE 4

Saturday, June 4 | Barefoot Bowls and Family Fun Day

Join Car 03 Espresso Yourself for a day on the greens with their Barefoot Bowls and Family Fun Day on June 4 June at the Burgowan Bowls Club in Howard at 11am. Bring the family for a lot of laughs.

\$15 per person - Teams of 4. Get dressed up and win. There will be raffles, games, and prizes to be won! To register, or to find out more, contact the team via Facebook.



JUNE 10

Friday, June 10 | Trivia Night - presented by Car 28 and hosted by Bronco Jensen

Are you awesome at Trivia? Then this is the event for you! Car 28 - Bottle O Sheilas are presenting a night of fun and trivia on June 10, from 6:30pm. Hosted by the awesome Bronco Jensen, it will be a night to remember.

Tickets are \$15 per person and includes a complimentary drink on arrival. There will be prizes and giveaways, so sign up your team of 4-6 people today. Tickets can be purchased through The Beach House gaming room or phone 4169 9366.



JUNE 12

Sunday, June 12 | Katastrophy Wives Annual High Tea - Under the Sea

Car 10's Annual High Tea by the Katastrophy Wives is an event not to be missed. Full of laughter and fun, these ladies know how to put on an event. It's almost sold out with most of our 2021 guests returning (they must have had a great time!), but we do have a LIMITED NUMBER of seats still available. If you'd like to snap up the final tickets and come along, please email us at katastrohywives@outlook.com. The event is held at the Waterfront Restaurant in Hervey Bay. It will be a lovely "Under the Sea" themed afternoon of fine food, lovely beverages, plant sales, auctions, raffles galore, and best of all some amazing company.

To find out about these events and more go to Fraser Coast
<https://frasercoast.dungaderby.com.au/events-calendar>



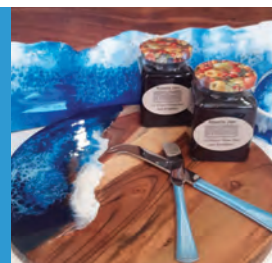
To find out about these events and more go to Fraser Coast - frasercoast.dungaderby.com.au/events-calendar



River Heads Markets
Supporting Creative Locals PROUDLY SUPPORTED BY RIVER HEADS PROGRESS ASSOCIATION

2nd Sunday of every month
8am to 12noon

45 Ariadne Street, River Heads | markets@riverheads.org.au



GALLERY 5

SUPPORTING THE LOCAL CREATIVE COMMUNITY

Hervey Bay's Gallery 5 is a hive of activity as it supports and promotes our local fine artists, with like-minded creatives sharing a passion for their art. Gallery 5 is a sociable, fun, and inclusive community both to its members and art enthusiasts alike, and open to all levels.

In the gallery, exhibitions are constantly changing which helps keep our artist's creative juices flowing. We challenge them with new exhibition themes and our upcoming exhibits offer a diverse subject matter, for example:

- **Abstraction exhibition – Friday, 13th May until June the 9th**
- **Our Fraser Coast exhibition - 9th June until Friday 8th of July**
- **Birdlife exhibition - 8th July until 12th August**

One of our biggest events of the year is coming up: our Annual Competitive Art Exhibition 2022 held at Gatakers Artspace, 311 Kent Street, Maryborough. This exhibition is open to any artist whether local or otherwise and runs from Saturday, 18th June to 31st July so keep your eyes out for this and don't miss being part of it to celebrate the local talent in a beautiful space.

Gallery 5 offers regular workshops by talented artists, and social painting groups are hosted weekly for members and non-members alike. Our workshops and sessions cater for all mediums and styles, acrylic, pastel, water colour, oil, pencil, landscape, portrait, still life, life drawing, and so much more.

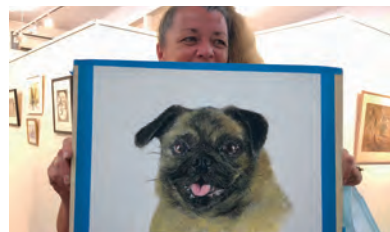
Everyone is welcome whether you're a beginner, have dabbled in art at some time, or just want to come and get involved. You are invited to join our free Friends of Gallery 5 VIP group. It is the perfect way to keep up to date on our latest changing exhibitions and events via email updates. Friends of Gallery 5 receive advanced viewings and early-bird notice of special sales and other activities on offer at the gallery and are treated like the VIPs they are!

Gallery 5 is always a hive of activity.

Visit the Gallery 5 website: www.herveybayartsociety.org.au or on Facebook.

Come along to appreciate the art or create your own. We'd love to see you!

**Open 9-3pm weekdays; 10-3pm weekends.
5 Sandy St Urangan 07 4124 9200.**



HOME of HERVEY BAY ART SOCIETY



Come visit Hervey Bay's "HIDDEN GEM"
Outstanding artworks at affordable prices.
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OPENING TIMES
Weekdays 9am - 3pm
Weekends 10am-3pm

5 SANDY STREET, URANGAN.

Phone - (07) 41249200.

Website: www.herveybayartsociety.org.au

fashion

WITH LEAH

PAYING HOMAGE TO THE CLASSICS

There's a few perfectly good reasons why some of the 'classics' remain the star of the show in the wardrobe, decade after decade after decade! These classics usually suit most body shapes, they're comfortable multi-wear garments and they're deemed extremely practical (which often means some of these pieces remain in our robes for over 20 years!!). What are these legends I speak of...?

The Blazer. It is an absolute must in every lady (and man's) wardrobe. They never date, being seen on high rotation most seasons decade after decade. Their classic cut garment stature means that they are good on nearly all body shapes. With this in mind, keep your focus on length (long or cropped) and fit (snug or oversized) as to which style will suit your particular body better. For example, hourglass ladies need a blazer that is fitted, has an A-line shape, and is cropped at the waist. This cut of blazer will be ideal to let your beautiful body shape really sing!



The Tee. Be it plain white, ivory, black, or whichever colour suits your skin type the best, the modest tee is a no brainer when it comes to the ultimate multi-wear garment. You can dress them up under a blazer, you can dress them casual with a pair of shorts, or you can dress them in that understated chic vibe with a pair of jeans and killer heels. Again, keep in mind the fit and your body shape. Hourglass ladies need to keep them fairly fitted (not oversized) and with some A-line shape to them. Anything too oversized will add unnecessary bulk to the frame.

The Sneaker. In my opinion, every lady needs a plain white sneaker in their robes. They go with nearly everything and can quickly rebirth a fancy outfit that you've deemed too fancy to ever wear again, to an outfit that has been transformed to casual and chic just with the change up from a heel to a sneaker.

The Denim jacket. Be it cropped or baggy and oversized, the denim jacket remains one of the most circulated garments in



the history of jackets! Over maxi dresses, with shorts and a tee, with jeans, and even over active wear, the denim jacket should be on the top of the shopping list if you don't have one already.

The Straight-cut jean. Although I do love the skinny jean, it doesn't love most body shapes (and I say that with all the love in my heart!). It is fact that the cut of jean that suits most is the straight-cut or bootleg jean. They are slimming, sit on the waist beautifully and the slight give in the leg of the jean give the body ultimate balance. They are a winner and although the skinny jean trend has been in for the past 2 decades (too long in my opinion!), the rise of the bootleg is back on trend-thank godddddd!



Feel free to reach out if you need help with your 'classics'. Once you have them, you'll never look back!

0439 723 832
leahharvestyling@bigpond.com
@leah.harvey.styling
leahharveymakeupandstyling

FRASER COAST

What's On

June 2022 24

OFFSHORE SUPERBOAT CHAMPIONSHIPS – ROUND 3 HERVEY BAY



Paul Gibbs takes Ellie Maskey and Olivia Hay from GO GIRL for a spin.



OUTSTANDING SCHOOL OUTSTANDING OUTCOMES



ST MARY'S
COLLEGE MARYBOROUGH



Scholarship Applications Currently OPEN

- 16 June** - Enrolment Applications for 2023 Due
- 21 June** - Final Interviews and Information Evening for Year 7 2023
- 29 July** - Scholarship Applications Closed
- 28 Nov** - Orientation Day for 2022 Year 7 student

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and their future?**

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In the Fraser Coast

SCAN QR TO
REGISTER



FRASER COAST SENIORS

DATE TO REMEMBER

How fast is this year going? Here we are already halfway through the year so what a great time to start putting important dates in your diary for all the action being planned from September onwards.

This month we are focusing on the Scooter/Wheelchair Convoy which has been striving to improve on an Australian Record during the past couple of years. It's a new year and after the strong turnout we had at the convoy in 2021 this just might be our year....

TO BRING THE GUINNESS WORLD RECORD BACK TO THE FRASER COAST!

Saturday 3 September

It won't be easy as the guidelines have been tightened since we gained the title back in 2009. But if we all work together, I am confident we can do it.

The current World Record is held by Canada and stands at 159. Last year we had 172 people participate in our convoy so let's get the word out and aim for the same kind of attendance.

For those of you who are not aware of the Mobility Scooter/Wheelchair Convoy, it brings together riders of mobility scooters and wheelchairs to create the longest convoy of these vehicles. They are required to travel a distance of 3.2km which we do along the Esplanade from Scarness Park down to Seafront oval and back to Scarness Park where we enjoy entertainment and a sausage sizzle to celebrate.

It sounds simple but there are other guidelines that have to be followed. The convoy needs to be continually travelling without any breaks, no one is allowed to cross the path of the convoy and everything that transpires on the day needs to be captured on video to prove that the guidelines have been met.



On top of the official part of the day, it is also a fun day out as we ask participants to come dressed up with a fancy hat or to decorate their vehicles where they might win a prize.

The day is planned by the Hervey Bay Safe Scooter Committee with the help of local businesses, community organizations, and Council to increase awareness of the safe use of these important motorized vehicles.

They are a great option to increase independence for many people but there are rules and regulations that go along with this ownership. The convoy is one of the tools used to encourage people to be aware of these rules along with community-based education sessions.

If this event interests you, and you would like more information, call us on 4194 2441 or keep an eye on the Seniors Hervey Bay Facebook page.

Next month we will look at what is being planned for Seniors Month which has now been moved to October. Some of the ideas already being discussed are The Over 50's Lifestyle Expo, Dance Nights, Concerts, and a Carnival Day for seniors.

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2/42 Torquay Road, Pialba

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DATE CLAIMERS

Saturday, June 4 Relish Food & Wine Festival

Relish Food & Wine Festival returns to Portside Precinct and Queens Park, Maryborough, for a delicious day of regional produce, impressive sessions, demonstrations, and an afternoon filled with live entertainment with a beverage of choice in hand, a must.

The foodie festival kicks off from 10am – 5pm.
Visit www.relishfrasercoast.com.au for more information and to purchase tickets.

Saturday, July 16 Coalfest - Burrum District Coal Discovery Festival – Held at Bellert Park, William St, Howard

The Grand Parade starts at 9.30am! Check out the car show and antique caravans. Ancient trades and crafts will feature with ropemaking, blacksmiths, old engines, and machinery. Local musician Jon Vea Vea will be performing, and there

will be Belly Dancing and Cheerleaders performing too. Catch the action with the 5th Light Horse Brigade and dog obedience demonstrations. Bring along some coins and enter the huge raffle.

Sunday, July 17 The TEN Tenors: The Highway Men Tour - Brolga Theatre & Convention Centre

In this new show, you will hear incredible arrangements of songs from the likes of Willie Nelson, Glen Campbell, Charlie Daniels, Australia's own Keith Urban, and some of Country's first ladies.

The Ten Tenors present a new side of themselves. While still delivering the classics such as Bohemian Rhapsody, Unchained Melody, and other rock and pop classics and a collection of beautiful arias.

Visit www.brolgatheatre.org for more information and to purchase tickets.

Disclaimer: These events can be cancelled or postponed at any time. To stay up to date with the latest information, follow the event on Facebook.

Delve into Books With Cate Akaveka

THE SEAMSTRESS OF SARDINIA

By Bianca Pitzorno; Brigid Maher (Translator)

This is a compelling story of a young woman's search for freedom and happiness.

In 1900 Sardinia, a talented young seamstress earns a position with a wealthy family. Her work is simple and honest. Taught by her Nonna, she skilfully takes measurements, sketches designs, and mends hems, leaving the finer work of dressmaking to the ateliers in Paris. As she quietly works

in this privileged world far different from her own humble beginnings, she hears whispered stories of all those around her.

With a quiet dignity, her story weaves through the lives of the people she works for, and their secrets and scandals. Through the observant eyes of the seamstress, the small Italian village becomes alive with vibrant yet flawed characters who are not quite who they pretend to be. There is the Marchesa Esther, who rides horses and studies mechanics and ancient Greek; Miss Lily Rose, a spirited American journalist who commissions a special corset—with pockets to hide more than just her flaws; and the Provera sisters with their expensive Parisian fashions that belie their financial hardships.

As the girl grows into a woman, she seeks out opportunities to educate herself. She has no desire for grandeur but rather wants to read and understand the world for her own enlightenment. Her delight in small learnings is one of her most endearing qualities.

With similarities to Elena Ferrante or even Jane Austen, Bianca Pitzorno transports us to an older time not so removed from our own—to a society that is divided by wealth but truly sculpted by passion, desire, ambition, and love. The Seamstress of Sardinia is a quiet and joyful novel.



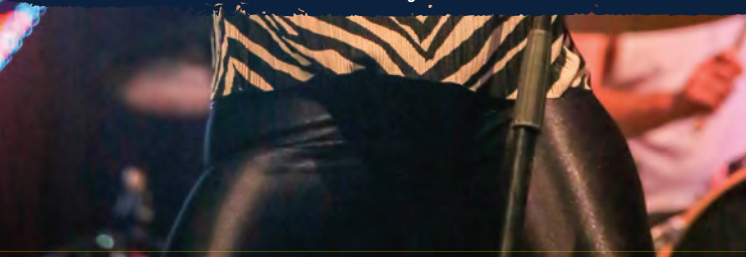
SOCIAL SNAPS

Out and about on the Fraser Coast!



What's On Fraser Coast were invited to
Sounds of Rock Bundaberg
What a great line-up and a fantastic event.

Photos by Kim Parnell



SOCIAL SNAPS

Out and about on the Fraser Coast!



Fraser Coast Wedding Industry Showcase Star of the Sea Catholic School

Photos by Kim Parnell



COALFEST OUR HERITAGE FESTIVAL

Coalfest is back!

Mark the 16th of July in your calendar.

There will be plenty of food stalls and items of interest.

The Grand Parade starts at 9.30am – be early!

FREE ENTRY

For more info, email coalfest@outlook.com



SOCIAL SNAPS

Out and about on the Fraser Coast!



Fraser Coast Wedding Industry Showcase Star of the Sea Catholic School

Photos by Kim Parnell



TIDE TIMES URANGAN

JUNE

Time	m	Time	m
1 0356	1.15	16 0430	0.75
0920	2.87	0957	3.16
WE 1529	0.88	TH 1553	0.52
2200	3.58	2231	4.00
2 0432	1.21	17 0527	0.78
0950	2.78	1052	3.06
TH 1600	0.99	FR 1642	0.66
2235	3.48	2324	3.85
3 0511	1.29	18 0620	0.85
1024	2.70	1150	2.98
FR 1633	1.11	SA 1732	0.85
2314	3.36		
4 0552	1.36	19 0018	3.68
1104	2.62	0714	0.94
SA 1711	1.25	SU 1250	2.92
2359	3.25	1830	1.06
5 0641	1.41	20 0115	3.49
1155	2.55	0806	1.00
SU 1758	1.39	MO 1352	2.90
		1935	1.26
6 0053	3.17	21 0215	3.32
0734	1.41	0900	1.03
MO 1303	2.53	TU 1457	2.93
1900	1.50	2050	1.40
7 0153	3.14	22 0315	3.18
0831	1.35	0954	1.02
TU 1420	2.58	WE 1602	3.02
2021	1.54	2207	1.45
8 0253	3.17	23 0414	3.08
0928	1.23	1045	0.98
WE 1531	2.74	TH 1703	3.16
2139	1.48	2315	1.42
9 0349	3.22	24 0508	3.00
1020	1.07	1130	0.93
TH 1636	2.97	FR 1757	3.32
2245	1.35		
10 0443	3.29	25 0011	1.35
1111	0.88	0558	2.95
FR 1734	3.24	SA 1213	0.87
2346	1.19	1843	3.46
11 0535	3.34	26 0100	1.27
1159	0.71	0644	2.92
SA 1827	3.52	SU 1252	0.83
		1924	3.57
12 0044	1.03	27 0145	1.19
0627	3.37	0725	2.90
SU 1246	0.56	MO 1330	0.81
1916	3.77	2001	3.64
13 0140	0.90	28 0228	1.14
0718	3.36	0803	2.88
MO 1332	0.46	TU 1405	0.80
2004	3.95	2037	3.67
14 0236	0.81	29 0307	1.10
0810	3.31	0838	2.86
TU 1419	0.42	WE 1440	0.81
2053	4.06	2111	3.66
15 0333	0.75	30 0344	1.10
0903	3.24	0909	2.83
WE 1506	0.44	TH 1514	0.84
2142	4.07	2145	3.62

Fraser Coast Markets



MARYBOROUGH	MARYBOROUGH
Maryborough Markets Adelaide and Ellena St, Maryborough Every Thursday - 7am to 12pm	Maryborough Sunday Mixed Markets Maryborough Hockey Association Cnr Neptune & Woodstock St Every 2nd & 4th Sunday of the month 7am
HERVEY BAY	HERVEY BAY
Torquay Beachside Markets Opposite the Torquay Hotel Every Saturday 7am to 1pm	Koala Markets - Kruger Court Every 2nd & 4th Sunday 6am to noon
HERVEY BAY	HERVEY BAY
Nikenbah Markets Hervey Bay Animal Refuge Nikenbah-Dundowran Rd, Nikenbah 1st, 3rd and 5th Sunday of the month 6am to 12 noon	Urangan Pier Park Markets Pier Park, Urangan, (in front of Jetty) Every Wednesday & Saturday 7am to 1pm
OTHER AREAS	OTHER AREAS
Glenwood Community Markets Pepper Rd 3rd Saturday of the month 7am - noon	Brooweena Markets Historical Village, Smith Crescent 4th Sunday every 3rd month 8am to noon
OTHER AREAS	OTHER AREAS
Burrum Heads Markets Corner of Burrum Heads Rd & Howard St 2nd Saturday of the Month 7am - 11.30am	Howard Country Markets Howard Community Centre, Steley St, Howard 1st Saturday of the month 7am to 12 noon
OTHER AREAS	OTHER AREAS
Bauple Markets - Band Hall Road 4th Saturday of the month 7am - noon	Torbanlea Markets 6.30am - 12pm Torbanlea Racetrack 3rd Sat of each month Email: torbanleamarkets@outlook.com
RIVER HEADS MARKETS	OTHER AREAS
River Heads Markets 45 Ariadne St, River Heads Every 2nd Sunday of each month	

For all Market submissions or corrections please contact:
What's On Fraser Coast on

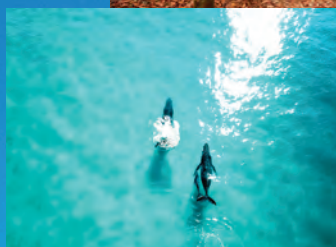
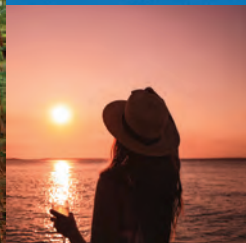
Ph 0467 303 171

or email: whatsonfrasercoast@outlook.com

DISCLAIMER: Markets subject to change due to COVID-19, school holidays, public holidays and weather conditions.

K'gari

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