

# What's On

FRASER COAST MAGAZINE

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ME HOME

105

**JUNE 2026**  
MONTHLY MAGAZINE

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Calendar of Events

Markets Gig Guide

Tide Times



*New!*  
FEAST FINDS  
**WITH  
NOAH CARTER**

THE BOAT CLUB  
**WEDDING  
EXPO**

# CIRQUE NOUVELLE

*heads to the Brolga*





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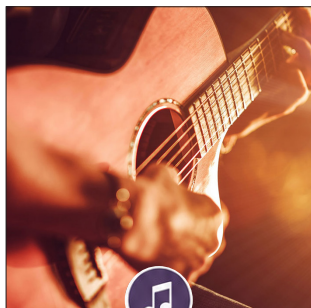
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## Get in Touch

If you have a local story to share, please contact us at [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com) We would love to hear from you.



Relish Food and Wine Festival, 2025

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# What's On

FRASER COAST MAGAZINE

Produced and Published by Kim Parnell

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### "Whatever you are into, get into What's On Fraser Coast"

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## Note from the Editor

Welcome to our June edition and our 105th issue.

Our magazine has always been about community, and each month it is you, the community, who helps shape its narrative. We love introducing you to local businesses, inspirational people and exciting events while showcasing everything our beautiful region has to offer.

However, whenever I see online discussions from people considering a move to the area, I often feel disheartened by some of the responses. Too often, people focus on the negatives and are quick to criticise our community from behind a keyboard. Comments such as "there's nothing on here" or "the region is full of problems" simply don't reflect the Fraser Coast I know and love.

Why not flip the script and focus on the positives instead? Our mindset shapes the way we see the world around us. Before posting negative comments about our region, perhaps take a moment to appreciate all the good that surrounds us.

I, for one, absolutely love the Fraser Coast. Every week there are events, activities and opportunities for people of all ages. There is so much to enjoy, from our stunning beaches and ocean views to networking and community groups, cafes, bike paths and a multitude of events.

Lift your head, take a breath of fresh sea air, enjoy time with family and friends and appreciate the lifestyle we are lucky to have. Gratitude can change everything.

## A sneak peek at what's inside this issue!

This month, I sit down with legendary Australian singer-songwriter and guitarist **Richard Clapton**, best known for iconic hits including *Girls on the Avenue*, ahead of his upcoming performance in Hervey Bay as part of the **Sounds of Rock Music Festival**. Don't miss this exclusive feature on pages 12-13.

Meanwhile, Seary's Creek in Great Sandy National Park takes centre stage in Fraser Coast Mayor George Seymour's popular segment, **Explore the Region on Foot**. So, lace up your walking shoes, head outdoors and discover another breathtaking part of our region.

We're also excited to introduce a brand-new column, **Feast Finds with Noah Carter**, where Noah shares his dining experiences from venues across the Fraser Coast. Kicking off the new segment is a visit to The Hungry Pelican in Hervey Bay.

Turn the page to read these articles and more!

*Kim Parnell*

Editor/Owner, *What's On Fraser Coast Magazine*.



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# CIRQUE NOUVELLE

## *comes to the Brolga*

By Kim Parnell

**Under the bright lights of theatres around the country, a modern circus story is unfolding—one built on legacy, risk, reinvention and a leap of faith that changed everything.**

Cameo Rascale Entertainment, the creative force behind *Cirque Nouvelle*, has a history that spans decades. The story begins with James Capener, who was born into an acrobatic family that performed across cruise ships. For him, the stage wasn't a distant dream; it was home from the age of five. As a second-generation performer, his childhood was shaped by travel, discipline and the thrill of live audiences.

But when he turned 18 and his family stepped away from performing, James found himself at a crossroads. The show needed a new direction—and a new partner. Enter Rebecca.

With a background in dance but no circus experience, Rebecca auditioned, stepped into an unfamiliar world and said yes to something entirely new. That single decision would shape the next chapter of both their lives.

More than a decade later, the now married pair, have become a dynamic duo, performing together for eleven years in an acrobatic juggling and variety act that has taken them across the globe. From cruise ship stages to theatre headliners, their journey has been one of constant movement, evolution and shared ambition. Currently based in Perth, Western Australia, they continue to push creative boundaries—but their biggest leap came just a few years ago.



Rebecca reflects. "Three years ago, we started thinking about the future and dreaming bigger. That's where *Cirque Nouvelle* was born."

The vision was clear: create a land-based theatrical

production that could tour Australia, featuring a larger cast, a compelling storyline and the kind of immersive experience that lingers long after the curtain falls.

"We've always wanted to build something more expansive," Rebecca explains. "A show that combines incredible acts with a meaningful narrative. So, we wrote it, debuted it in our hometowns, and it went really, really well. Since last year, we've been touring it around the country, and the response has been amazing. Now we're looking ahead to even bigger stages."

**At its core, *Cirque Nouvelle* is about change—something every audience member can relate to, regardless of age or background.**

"Change is something we all face," Rebecca says. "Day to day, across different seasons of life. We wanted the show to reflect that. Yes, there are spectacular acts, but we also wanted people to walk away feeling something deeper—something meaningful."

Central to this narrative is the ringmaster, a character who acts as the emotional anchor of the production. He represents the tension between tradition and modernity, grappling with how the circus has evolved from its classic roots into a contemporary theatrical experience filled with technology, lighting and elaborate costuming.

"You see his struggle," Rebecca explains. "He's trying to find where he fits in this new world. But by the end, we come full circle and realise there's a place for everyone—not just in circus, but in life. The old and the new can coexist. In fact, we need both."

It's this storytelling element that sets *Cirque Nouvelle* apart from more traditional circus productions. While audiences are treated to a stunning array of performances, it's the emotional thread that ties everything together that leaves a lasting impression.

"That's the feedback we hear time and time again," Rebecca says. "People love the acts, but it's the story that stays with them. It gives them something to think about, something to talk about—even years later. That's what makes it special."

Behind the scenes, however, bringing that vision to life is no small feat.

Rebecca wears two hats: performer and co-producer. It's a balancing act that demands both creative focus and logistical precision.



"Our first tour was definitely an eye-opener," she admits. "It's one thing to be thinking like a producer—making sure everything runs smoothly, from technical elements to scheduling—but then you have to switch instantly into performer mode and be completely present on stage."

In the early days, juggling both roles was a challenge. But with experience has come confidence.

"The more we've done it, the more natural it's become. And as long as our bodies allow it, we'll keep doing what we love—together, on stage."

The scale of each performance day reflects the intensity of life on tour. It begins long before the audience arrives.

"We usually get to the theatre around 10am," Rebecca explains. "The bump-in process takes three to four hours—it's quite extensive. Then we run through technical elements, make sure everything is set, and before you know it, doors open and we're on."

Once the final applause fades, the work doesn't stop.

"We bump out that same night, pack everything into the trailer, jump on the bus and head to the next venue. It's full-on—especially during a run of shows—but being in front of an audience makes it all worth it."

Rebecca's own journey into the circus world is a story of transformation. A dancer since the age of three, she was studying full-time at college when James came to audition students.

"I had never done circus before," she says. "I couldn't juggle—I didn't know anything about it. But he taught me, and over time we kind of swapped skills. I brought my dance background, and he brought the circus."



That exchange became the foundation of their unique performance style.

**"I'm just so glad I said yes back then," Rebecca reflects. "You never know what doors will open when you try something new. Now I'm dancing, juggling, flipping—I absolutely love it."**

Of course, performing at such a high level requires more than talent. Preparation is key, both physically and mentally.

"It doesn't start on the day of the show," Rebecca explains. "It's a lifestyle. Staying fit, going to the gym, stretching, eating well—it's all part of it. Then on the day, it's about being organised, focused and trusting the training."

And while the discipline is essential, so too is the joy.

"You have to trust the preparation and allow yourself to have fun with it. That's when the magic really happens."

Among the many highlights of *Cirque Nouvelle*, one act consistently stands out: fire.

"It's always a crowd favourite," Rebecca says with a smile. "A lot of people haven't seen fire performance in a theatre setting before, so it really surprises them. I always tell audiences to look forward to that moment."

Ultimately, though, it's not just about individual acts—it's about the shared experience.

"We want people to leave feeling a sense of wonder and fun," Rebecca says. "It's a family show, so it's for everyone—kids, adults, friends, grandparents. Come together, enjoy it, and hopefully it becomes something you talk about afterwards—over dinner, with friends—and remember for years to come."

As *Cirque Nouvelle* continues to tour, it carries with it a message that resonates far beyond the stage: embrace change, honour where you've come from, and don't be afraid to step into something new.

Because sometimes, all it takes is one yes to transform everything.

Event Details:

*Cameo Rascale Entertainment presents*  
**CIRQUE NOUVELLE**

Tuesday, June 30  
6pm

Brolga Theatre, Maryborough  
Tickets: [www.brolgatheatre.org](http://www.brolgatheatre.org)



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# ILLUMINATE: 100 DAYS OF IMAGINATION FOR HERVEY BAY

Last year more than 30,000 community members participated in programs, activities, and events delivered by the Hervey Bay Neighbourhood Centre. This tells a powerful story about our community, we are a place where people are connecting, creating, learning, and supporting one another.

But what if we could imagine even more?

At the Hervey Bay Neighbourhood Centre, we believe imagination is one of the most powerful tools a community has. It helps us remember who we are and inspires us to shape who we want to become. That's why HBNC are inviting the entire community to take part in Illuminate: 100 Days of Imagination starting in April.

This is not just another event to mark on your calendar. It is a gentle interruption to the rhythm of everyday life. For 100 days, Hervey Bay will become a canvas for imagination. Through simple events, signs around town, and small 'micro-activities', we are inviting everyone from our youngest children to our most senior elders to rediscover their sense of wonder.

Some key events include: Youth Pitch Event, 29 of April to hear ideas from our young people; Volunteer Conference, 19 May to learn about the future of volunteering; The Great Easter Eggs-pedition in the Botanic Gardens during the April school holidays and Stage Two of the Art Story Wall: Where I Belong? launching for local creatives to share why they love living in Hervey Bay.

While this campaign is fun and creative, it also has a deeper purpose. At HBNC we are currently planning the next four years for 2030, and we want that future to be shaped by the community. Every idea, every story, and every dream shared during these 100 days will help inform the HBNC Strategic Plan. We want a plan written with the voices of the community, the people who walk our Esplanade, raise families here, run businesses, volunteer, and call Hervey Bay home.

There is no right or wrong way to participate. It might be sharing an idea sparked by a sign in the park, a conversation over coffee, or a creative dream you've been holding onto for years. If you would like to get more involved, visit the website to see the activities and events being delivered during April - June.

HBNC has established a Dream Team who meet every Friday from 10am - 2pm at the Neighbourhood Hive, where community members come together to share ideas, create projects, and imagine what's possible. Join us for the next 100 days and let's bring the village back, one imagination at a time.

Tanya Stevenson  
CEO, Hervey Bay Neighbourhood Centre



# 100 DAYS OF IMAGINATIVITY

APRIL TO JULY 2026



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# RICHARD CLAPTON

## *Set for Sounds of Rock Music Festival*

By Kim Parnell

**Australian music legend Richard Clapton has spent decades writing songs that have become part of the soundtrack to Australian life. From *Girls on the Avenue* to *Deep Water* and *Goodbye Tiger*, his music has endured through changing trends, formats and generations.**

Ahead of his appearance at the Sounds of Rock Music Festival in Hervey Bay, Richard reflected on the changing music industry, the stories behind some of his biggest songs and why he's looking forward to returning to the Fraser Coast.

Having started performing professionally in the early 1970s, Richard said the music industry was vastly different in those days.

"I used to tour constantly, doing six gigs a week," he said.

"Audiences and fans were very loyal. If people came to see you and they liked what they saw or heard, they'd come back."

While he admires some modern artists, he believes social media, algorithms and streaming platforms have changed the way music is consumed.

"I think lyrics are sadly getting lost sometimes," he said.

"Among others, I love artists like Jason Isbell because songwriting still matters. A lot of music today can feel formulaic and samey."

By the time Richard visits our region the musician will be 78, Richard remains passionate about performing and recording, although he laughs at the fact many people still underestimate his age.

"I'm one of those annoying people who physically doesn't seem to age much," Richard jokes.

One song forever tied to Richard's legacy is the 1975 hit

*Girls on the Avenue*. He recalled writing it after a night out with his friend and Festival Records colleague Colin.

"We lived in Rose Bay and there were these girls who lived on the corner in a street called The Avenue, which was the next street along from us," he said.

"We'd been out at a bar drinking Black Russians and, on the way, home saw the girls on the veranda at the front. We were chatting to them and were a bit inebriated. I got home, sat down wrote the song. It was about capturing a moment."

Ironically, much to Colin's chagrin Festival Records almost refused to release the song because executives doubted its commercial appeal.

"They kept rejecting it at meetings," Richard said.

"But Colin worked at Double J and he played it every hour. Commercial stations picked it up and suddenly it became a hit."

Over the years, Richard has continued evolving creatively. He described his 2004 album *Diamond Mine* as a turning point because it embraced the home recording revolution.

"I turned the downstairs area of my house into a studio," he said.

**"It was liberating because there was no pressure. I could write a song, rethink it, go back downstairs and completely rework it."**

The album featured a stellar lineup of Australian musicians including Ian Moss and Dave Leslie from Baby Animals.

Another deeply personal project was his 2020 covers album *Music Is Love*, inspired by the music of the late 1960s American hippie movement.

"The songs on that album are in my DNA," he said.

"They're the songs that made me."

The album became Richard's first number one album, although he admitted its momentum stalled after the death of Mushroom Records founder Michael Gudinski.

"It sold out in two days," he said.

"But after Michael passed away, the support behind it disappeared. That was disappointing because I was very proud of that album."

Despite the highs and lows of the industry, Richard said he feels content looking back on his life and career.

"I went through periods of real disenchantment," he said.

"But now, speaking to you in 2026, I'm happy in my own skin."

As he prepares for the Sounds of Rock Music Festival, Richard said festival performances continue to suit him perfectly.

**"I've done a lot of festivals over the years and love the atmosphere. The audiences are fantastic."**



Fans attending the Hervey Bay performance on Saturday, September 19 can expect a set packed with classics. According to Richard, he has recorded 246 songs across his career.

"One day I worked out it would take nearly three days to play every song I've recorded," he laughed.

"With festival sets, you're skimming across the top, trying to fit in as much as possible."

That means audiences can likely expect favourites such as *Girls on the Avenue*, *Deep Water*, *Capricorn Dancer* and other hits that have helped cement Richard as one of Australia's most enduring singer-songwriters.

While many artists slow down after decades in the industry, Richard still thrives on the energy of live crowds.

"I really do love live audiences," he said.

"That connection never gets old."

Nearly five decades after *Girls on the Avenue* first hit the airwaves, Richard remains both reflective and grateful – and Hervey Bay audiences will soon have the chance to see that enduring passion for themselves live on stage.

#### The festival lineup also includes:

Pete Murray	Pseudo Echo
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# Calendar of Events

## JUNE 2026

**Sat, May 30 - Sun, Aug 16**

**ART EXHIBITION; Tracks**

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**Wed, Jun 3**

**Hervey Bay Master Builders  
BUSSQ Roadshow**  
4pm – 6.30pm  
Ticketed event  
Tickets via eventbrite  
The Clubhouse Hervey Bay, Pialba

**Wed, Jun 3**

**KIDS: Pevan & Sarah in Concert**  
10.30am – 11.20am  
Ticketed Event  
Brolga Theatre, Maryborough  
www.brolgatheatre.org

**Thu, Jun 4**

**Michael Jackson History Show**

7pm – 9.30pm

Ticketed Event

Brolga Theatre, Maryborough

www.brolgatheatre.org



**Sat, Jun 6**

**Relish Food and Wine Festival**

10am – 5pm

Ticketed event. Head to

www.relishfrasercoast.com.au

Portside Precinct & Queens Park,  
Maryborough

**Sat, Jun 6**

**Community Tree Planting at  
Maryborough**

World Environment Day

8am – 11pm

Please wear enclosed shoes

E B Uhr Park, Tanner St, Maryborough

Cost: Free, please register via

Eventbrite

**Sat, Jun 6**

**79th Annual Art Competition**

(Maryborough Regional Art Society)

11am – 2pm

Cost: Free

Gatakers Artspace, Maryborough

**Sat, Jun 6**

**Hervey Bay Parkrun**

(Every Saturday)

Brief 6.50 am

FREE 5km timed event

Urangan Pier

(Don't forget your barcode)

**Sat, Jun 6**

**Maryborough Parkrun**

(Every Saturday)

Brief 6.50 am

FREE 5km timed event

Cheapside St

(Don't forget your barcode)

**Sat, Jun 6 - Sun, Jun 7**

**Maryborough Rifle  
Championships**

Event by Target Rifle Australia

Sat – 9am

Walker Rd, Maryborough

**Sat, Jun 6**

**Maryborough BMX June Classic**

Event by Maryborough BMX Club

Behind Maryborough Speedway

Find the event on Facebook

**Tue, Jun 9**

**Fraser Coast Entrepreneurs  
& Innovators Meet-Up**

6pm – 8pm

Hervey Bay Neighbourhood Centre

22 Charles St, Pialba

**Wed, Jun 10 - Mon, Jun 15**

**Austins over Australia**

Hosted by Austin Motor Vehicle  
Club of Queensland Inc.

Maryborough

Cost involved

Head to

www.austinmotorvehicleclubqld.org

**Thu, Jun 11**

**Repurpose Trash with Ash  
Seed Library Talk in the Garden**

10am – 11am – Cost: Free

Registration is required

Tickets via Eventbrite

Lupton Park Community Garden  
(Maryborough)

**Thu, Jun 11**

**Normie Rowe – The Story So Far**

2pm – 4.30pm

Ticketed Event

Brolga Theatre, Maryborough

www.brolgatheatre.org

**Sat, Jun 13**

**Killer Night At The Cabaret  
50 Years – Toni Robinsons' Dance  
School**

7pm

Ticketed Event

Brolga Theatre, Maryborough

www.brolgatheatre.org

**Sun, Jun 14**

**Charmaine Wilson –  
The Australian Medium**

2pm – 4.15pm

Cost involved

Brolga Theatre, Maryborough

www.brolgatheatre.org

**Sun, Jun 14**

**SPORT:  
Maryborough 3 Man Scramble**

Presented by Auscramble

9am

Maryborough Golf Club

Find the details on Facebook

**Thu, Jun 18**

**Fraser Coast Industry & Careers  
Showcase**

10am – 3pm

Free entry

Maryborough Showgrounds



**Thu, Jun 18**

**A Tribute to the British Pop Dames**

Morning Melodies

11am – 12.15pm

Cost: \$10 per ticket

Brolga Theatre, Maryborough

www.brolgatheatre.org

**Fri, Jun 19**

**FUNDRAISER: Hervey Bay Golf Day  
Fraser Coast Mates**

9am – 2pm

Cost involved

Tickets via humanitix

The Clubhouse Hervey Bay



**Fri, Jun 19**

**FUNDRAISER:  
The 2026 Flourish Garden  
Fraser Coast Mates**

11am – 2pm

Cost involved

Tickets via humanitix

The Clubhouse Hervey Bay

**Fri, Jun 19**

**Wildlife Talks – Hervey Bay**

1pm – 2pm

Cost: Free, no bookings required

Hervey Bay Library

**Sat, Jun 20 - Sun, Jun 21**

**Garagefest**

(Event by Garagefest)

9am – 4pm

Cost involved

www.garagefest.com.au

# Brought to you by What's On Fraser Coast

Gig Guide on page 18 | Full market list on page 31

**Sat, Jun 20**

**Kevin Bloody Wilson  
'Aussie Icon Tour'**

Doors open 6.30pm

Ticketed event

Via [tickets.oztix.com.au](http://tickets.oztix.com.au)

Beach House Hotel, Hervey Bay

**Sat, Jun 20**

**Echoes of Pink Floyd**

8pm

Cost involved

Brolga Theatre, Maryborough

[www.brolgatheatre.org](http://www.brolgatheatre.org)

**Sat, Jun 20**

**Winter Solstice Retreat by the Sea**

9am – 2pm

Cost involved

(See page 24)

Hervey Bay Sailing Club, Torquay

**Sun, Jun 21**

**Hervey Bay Half Marathon Festival**

21.1km, 10km, 5km & 2km

Tickets:

[www.herveybayhalfmarathon.com.au](http://www.herveybayhalfmarathon.com.au)

Seafront Oval

**Tue, Jun 23**

**The Understudy**

2.30pm – 4.45pm

Ticketed event

Brolga Theatre, Maryborough

[www.brolgatheatre.org](http://www.brolgatheatre.org)

**Tue, Jun 23**

**Masters of Pop**

8pm – 10.15pm

Cost involved

Brolga Theatre, Maryborough

[www.brolgatheatre.org](http://www.brolgatheatre.org)

**Fri, Jun 26**

**Wildlife Talks – Maryborough**

1pm – 2pm

Cost: Free, no bookings required

Maryborough Library

**Sat, Jun 27**

**Craft Expo**

(Burrum Heads Community Association)

8.30am – 2pm

Burrum Heads Community Hall

**Sat, Jun 27**

**2026 Fraser Coast Ability Ball**

(By Community Lifestyle Support)

5pm – 10pm

Ticketed event

Via [www.events.humanitix.com](http://www.events.humanitix.com)

Hervey Bay RSL



**Sun, Jun 28**

**Yule Ritual & Feast**

(by the Queensland Pagan Collective)

6.30pm

Ticketed event

[www.events.humanitix.com](http://www.events.humanitix.com)

Pialba Memorial Hall, Hervey Bay

**Sun, Jun 28**

**Fraser Coast Witches  
Seaside Yule Market**

10am – 4pm

Dayman Park, Urangan

Hervey Bay

**Sun, Jun 28**

**Hervey Bay Boat Club Wedding  
Expo**

9am – 1pm

Free entry

The Fraser Room

Hervey Bay Boat Club

**Tue, Jun 30**

**SHOW: Cirque Nouvelle**

6pm

Ticketed event

Brolga Theatre, Maryborough

[www.brolgatheatre.org](http://www.brolgatheatre.org)

**Sun, Jun 28**

**Sunday in the Park  
+ Band Hall Handcraft Markets**

9am – 1pm

Queens Park, Maryborough

If you have an event to add for future editions, please send details to [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com).

**Disclaimer** - All event details are correct at the time of print. Events can be cancelled, change location, have time changes, or be rescheduled without our knowledge. What's On Fraser Coast takes no responsibility for the cancellation of events. We also take no part in organising any event listed. We offer this calendar as a free community service and in good faith.



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**Fishing & Camping**



# GIG GUIDE

## LIVE MUSIC ON THE FRASER COAST

June  
2026

Brought to you by  
What's On Fraser Coast

### HERVEY BAY

#### Hervey Bay Boat Club

Tue 2 June, 12:00pm, Neil Wenk

Thu 4 June, 5:00pm, Neil Wenk

Fri 5 June, 6:00pm, Shane Allsop

Sat 6 June, 6:00pm, Dean Gray

Sun 7 June, 2:00pm, Frank Benn

Tue 9 June, 12:00pm, Neil Wenk

Thu 11 June, 5:00pm, Neil Wenk

Fri 12 June, 6:00pm, Derek Smith

Sat 13 June, 6:00pm, Diamonds & Rust Duo

Sun 14 June, 2:00pm, Shaun Beckett

Tue 16 June, 12:00pm, Neil Wenk

Thu 18 June, 5:00pm, Neil Wenk

Fri 19 June, 6:00pm, Brian Speirs

Sat 20 June, 6:00pm, Shannon Young

Sun 21 June, 2:00pm, Darren Marlow

Tue 23 June, 12:00pm, Neil Wenk

Thu 25 June, 5:00pm, Neil Wenk

Fri 26 June, 6:00pm, Joel Spence

Sat 27 June, 6:00pm, Insufficient Funds

Sun 28 June, 2:00pm, Aaron Westlake

Tue 30 June, 12:00pm, Neil Wenk

#### Hervey Bay RSL

Fri 5, 11.30am, Trevor Judge

Fri 5, 6pm, Joel Spence

Sat 6, 8pm, Forbidden Road

Fri 12, 11.30am, Cee Jay Jones

Fri 12, 6pm, Bevan Spiers

Sat 13, 8pm, GR8 Co

Fri 19, 11.30am, Trevor Judge

Fri 19, 6pm, Emma Newman

Sat 20, 8pm, Kick Arse Country

Fri 26, 11.30am, Trevor Judge

Fri 26, 7pm, Rock N Rollabillies

Sat 27, 8pm, Dogwood Crossing

Sun 28, 12pm, Sam Maddison

#### Beach House Hotel

##### Main Bar

Fri 5, 9pm, Dance Floor Confessions

Sat 6, 9pm, DJ Crooksy

Sun 7, 2pm, Franky Busta

Fri 12, 9pm, Forbidden Road

Sat 13, 9pm, Dogwood Crossing

Sun 14, 2pm, Aaron Westlake

Fri 19, 9pm, Shane Allsop

Sat 20, 9pm, Red Betty

Sun 21, 2pm, Kev Carroll

Fri 26, 9pm, Insufficient Funds Duo

Sat 27, 9pm, Sunset Nova

Sun 28, 2pm, Mick Douglas

#### Scarborough Bar

Sat, 6, 4pm, Frank Benn

Sat 13, 4pm, Shannon Young

Sat 20, 4pm, Dean Gray

Sat 27, 4pm, Mia Rose

#### The Clubhouse Hervey Bay

Fri 5, 6pm, Shannon Young

Sat 6, 6pm, Scott Angeles

Fri 12, 6pm, Sam Maddison

Sat 13, 6pm, Will Ramage

Fri 19, 6pm, Frank Benn

Sat 20, 6pm, Emma Newman

Fri 26, 6pm, Doug Edwards

Sat 27, 6pm, Brian Spiers

### MARYBOROUGH

#### Carriers Arms Hotel

Fri 5, 9pm, Frank Benn

Sat 6, 9pm, Dance Floor Confessions

Sun 7, 2pm, Open Mic

Fri 12, 9pm, Dogwood Duo

Sat 13, 9pm, Lewis McKee duo

Sun 14, 2pm, Open Mic

Fri 19, 9pm, Derek Smith

Sat 20, 9pm, Joel Spence

Sun 21, 2pm, Open Mic

Fri 26, 9pm, Brian Speirs

Sat 27, 9pm, DJ Aydo Walker

Sun 28, 2pm, Open Mic



Derek F Smith

#### Maryborough Services Club

Resident DJ, Crooksy Every Friday night from 9pm

Sat 6, 8,00pm, Saltwater Cartel

Sun 7, 2pm, Doug Edwards

Sat 13, 8pm, The Raven

Sun 14, 2pm, Frank Benn

Sat 20, 8pm, Whiskey Mountain Boys

Sun 21, 2pm, Derek F Smith

Sat 27, 8pm, Venus Envy

Sun 28, 2pm, Shane Van Wamelen

#### Maryborough Sports Club

Fri 5, 7.30 pm, Neil Wenck

Sat 6, 7.00 pm, Red Betty

Sun 7, 12.00 pm, Derek Smith

Fri 12, 7.30 pm, Brad Sorensen

Sat 13, 7.00 pm, Ol Daze

Fri 19, 7.30 pm, Rock n Rolla Billys

Thu 25, 7.00pm, Open Mic Night

Fri 26, 7.30 pm, Billy Guy

Sun 28, 12.00 pm, 2EZ



\*Entertainment is  
subject to change  
at any time

# EXPLORE THE REGION ON FOOT

## SEARY'S CREEK

Written by **Fraser Coast Mayor, George Seymour**

**Spending time in nature is good for our health and wellbeing. We are fortunate to have a number of national parks nearby that provide opportunities to do this.**



Seary's Creek, in the Great Sandy National Park, near Rainbow Beach, is a really unique wilderness to enjoy and appreciate nature.

It is a bit of a drive to get to the creek, which is about 7 kilometres outside of Rainbow Beach, but it is worth it. And once you get there, it is easily accessible via a short boardwalk that goes through a melaleuca woodland.

Swimming in this pristine creek is a very special experience, the water is refreshing and it is surrounded by vegetation including lush coral ferns.

If you look closely in the water, you can see rainbow fish, long-finned eels and freshwater catfish. You can hear birdsong in the surrounding forest and looking around you



Dense vegetation lines the creek

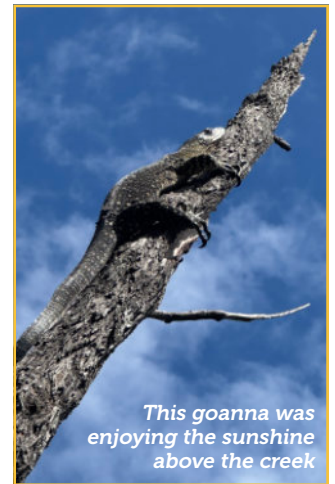
will see birds such as kookaburras, honeyeaters and willy wagtails. A goanna was high up in a tree above me whilst I was swimming there recently.

I love spending time in the water of this creek. As rainwater it has been filtered through the sands of the Cooloola sandmass before taking on its tea-coloured tone from the tannins in the vegetation.

Whilst it has this colouring, it is still very clear.

The creek is named after Patrick Seary who was one of the early timber workers in the region.

Taking time to stop and appreciate wilderness helps to bring back balance to ourselves, and this lovely little creek with its wildlife, diverse vegetation and refreshing water provides the perfect quick escape into nature that we all need.



This goanna was enjoying the sunshine above the creek



## Join Fraser Coast Libraries

Choose the membership that suits you; discover everything Fraser Coast Libraries has to offer



### Full Membership

Access the full range all library resources and services



### eCard Membership

Digital access for eResources, computers and printing



### Visitor Membership

For people visiting the Fraser Coast, access library resources and services away from home

Scan for



more info

Public libraries are a partnership between Local Government and the Queensland Government through State Library of Queensland



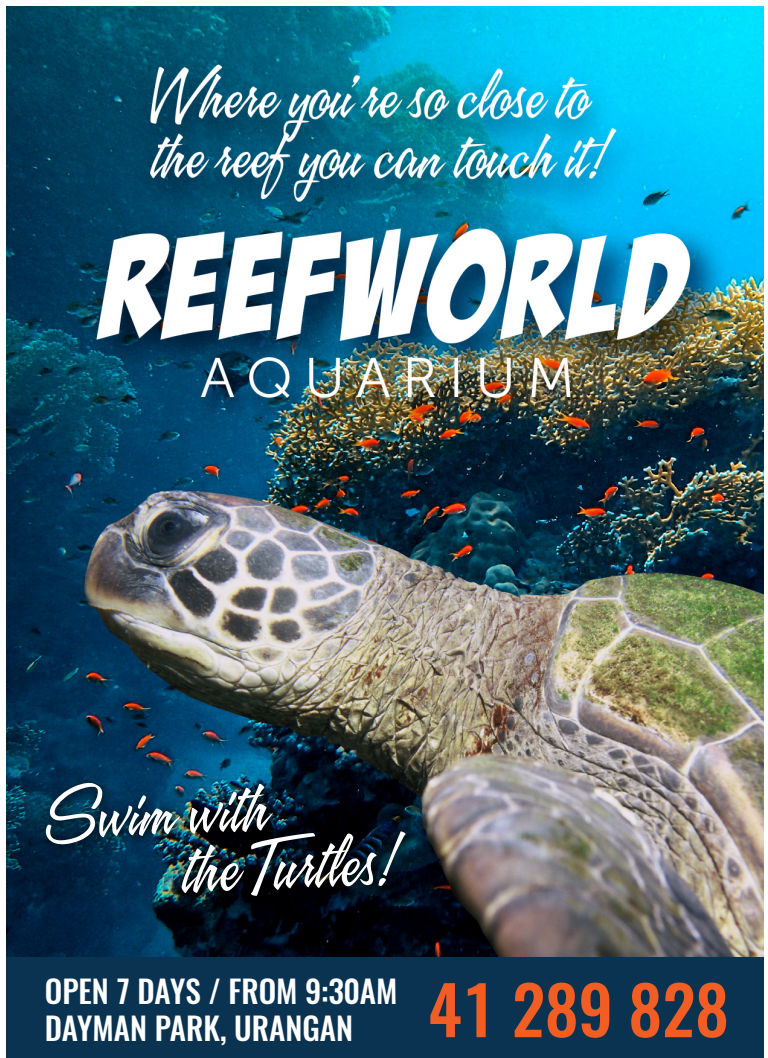
Where you're so close to the reef you can touch it!

# REEFWORLD AQUARIUM

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DAYMAN PARK, URANGAN

41 289 828





# GARAGEFEST

## ROARS INTO THE FRASER COAST THIS JUNE

The Fraser Coast is gearing up for one of the biggest new events on the regional calendar, as Garagefest rolls into the Maryborough Showgrounds on 20–21 June 2026. Designed as a celebration of old-school cars, culture, and community, Garagefest promises a full weekend of high-octane entertainment for enthusiasts, families, and curious visitors alike.

At the heart of the event is the massive Show & Shine, offering an impressive spread of classics, customs, muscle, JDM, 4x4s and bikes - all competing for trophies and prize money. For those who appreciate the finer details, the Super Elite Hall will showcase some of the most meticulously built and restored vehicles in and out of the region, some unveiled exclusively for the event.

Garagefest is far more than just a car show. Visitors can explore a wide range of trade stalls, market stalls, and gourmet food vendors, while enjoying live music and a fully licensed bar. Families are well catered for with a dedicated Kids Corner, making it an easy all-day outing.

With the 4x4 Extreme Arena, Bike Show Alley, and mower racing demos running across the weekend, plus rock 'n' roll dancing, the always popular Pin Up Girl Competition, and thunderous drag car start-ups, you've got a festival with something for everyone.



**ENTRANTS:** Show off your build, your restoration, your beast, your classic, your custom - whatever you've got, Garagefest wants to see it. With huge crowds, major prizes, and a massive weekend of car culture, this is your moment to shine.



**CAMPING:** Why leave the fun? Stay onsite at the Maryborough Showgrounds and soak up the full festival atmosphere. Powered and unpowered sites are available, and spots are already moving fast.

**Grab your Entrant & Camping Tickets at:**  
[www.garagefest.com.au](http://www.garagefest.com.au)

Don't wait - secure your spot, bring your mates, and get ready for a massive weekend at Garagefest.



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## Waterfront Restaurant

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**ON THE BEACH - DAYMAN PARK, URANGAN, CNR KENT & PULGUL ST**

**EMAIL: WATERFRONTHERVEYBAY@GMAIL.COM**



## Not Just Food, it's an Experience!

**COFFEE | COLD DRINKS | SMOOTHIES | GELATO**

**DELI DISPLAY OF CHEESES, SALAMI, OLIVES & SMOKED MEATS**

**ALL DAY MENU | CHARCUTERIE BOARDS**

**DELICIOUS FRESHLY CUT SANDWICHES**

**TACO & NACHOS NIGHTS EVERY THURS & FRI**

**DINE IN | TAKEAWAY**

**LICENSED**

**Trading Hours:**

**Mon - Wed - 7am - 5pm**

**Thurs - Fri - 7am to 7pm**

**Sat - 7am to 3pm**

**Sunday 7am to 12pm**



**4/432 Esplanade, Torquay**

**0407391826**

## FEAST FINDS WITH NOAH CARTER

### *The Hungry Pelican*

By **Noah Carter**

If you haven't made it through the doors of The Hungry Pelican next to Wetside in Hervey Bay yet, let me be the one to tell you, you're missing out. This young café has been quietly (maybe not so quietly) winning over our community since opening its doors just over a year ago.

Let's start with the Coffee! It deserves its own moment! The beans are sourced locally here in QLD from the Sunshine coast at First Batch Coffee Roasters. On top of that, they take pride in ensuring every barista is trained and up to standard. I have yet to have a bad coffee from The Hungry Pelican, when it comes to coffee, consistency is key.

Then there's the food. The Hungry Pelican strikes that rare balance of keeping classics on the menu while constantly shaking it up and keeping things fresh with creative additions. Their 'Spanish Benny' is a great example with their spiced chorizo and locally sourced Sourdough from



the Bakers Room on Dayman St. It was originally introduced as a special and has since made the Main Menu as it won over the hearts of many and is one of my favourites. But nothing can top a good Reuben for me, which is also an addition on their menu.

What really sets this place though, is the team running it. They genuinely listen. Feedback doesn't disappear into a void, you can see it reflected in the way the café has evolved since it opened. In just one year the growth has been remarkable, and its clearly driven by a passionate couple that care deeply about getting it right.

The Hungry Pelican isn't just a café, it's a place of comfort for the community, and I for one can't wait to see what this next year of growth brings. A little birdy told me they've acquired a liquor license... Do yourself a favour and pay them a visit soon, you won't regret it.

# STITCHED

## *with Gratitude*

By Kim Parnell

**At just 17 years old, Kim Woodford enlisted in the Australian Army, never imagining it would become a lifelong career spanning almost four decades. Today, after 38.5 years of service, Kim is still serving part-time while also giving back to veterans through Quilts of Valour Australia.**

Born and raised in western Sydney with her three younger brothers, Kim attended public school while her father worked as a truck driver and her mother as a nurse in aged care. It was her uncle, who served in the army, who first encouraged her to enlist.

"In 1985 you had to sign up for either three or six years," Kim says. "I was nervous because I'd never been away from home before, so I chose three years and eventually went into clerical work."

After recruit training at Wagga Wagga, Kim was posted to Canberra before transferring to Sydney to work with the Army watercraft unit. As her initial enlistment ended, she made the decision to stay.

Over the years, Kim took on a range of roles, including instructor positions at Wagga Wagga and the Royal Military College, Duntroon, where she taught field survival, marching, weapons and shooting.

Kim rose through the ranks to become a Warrant Officer Class One — the highest rank for senior soldiers in the Australian Army and a position achieved after years of outstanding service.

"I'm incredibly proud of being a servicewoman and still serving at my age," she says. "Joining the army was the best decision I ever made."

In 2022, Kim and her husband relocated to Toogoom after falling in love with the relaxed lifestyle of Hervey Bay. Although she became a reservist, she still works up to 200 days a year from home for the Army.

After moving to the Fraser Coast, Kim wanted to become involved in the community. She first became a Justice of the Peace before discovering Quilts of Valour Australia through a work colleague.

"I watched her present a quilt to a veteran and it really inspired me," Kim says. "I wanted to give back to people who may have never felt recognised for their service."

Quilts of Valour Australia was founded in 2012 after an Australian soldier injured in Afghanistan



received a quilt from the American military while recovering in hospital in Germany. The gesture, described as "a big warm hug", inspired his mother to create a similar organisation for Australian veterans.

Today, volunteer quilters from across Australia donate handmade quilts, each featuring a label with the maker's name and a personal message. Veterans from all services can be nominated to receive one.

Kim, who is the Fraser Coast representative for the organisation, coordinates nominations locally while quilts are sent from state coordinators.

"The recipient never knows they're getting a quilt until the presentation," she says.

During each presentation, Kim reads a special letter acknowledging the recipient's "valour, service and sacrifice" before wrapping the quilt around them.

"There are often tears all round," she says. "A lot of people don't think they're worthy of recognition, especially some older veterans. I always tell them their service will never be forgotten."

Kim says the presentations are deeply rewarding and often emotional for families as well.

"I get a lot of satisfaction from surprising them and making them feel appreciated," she says. "It's a really humbling experience."

Quilts can be presented anywhere in Australia, with nominations passed on to representatives in different regions if required. Nominations can be submitted by serving Australian Defence Force personnel, veterans, or families who have lost a loved one.

To nominate someone for a quilt, contact our regions representative Kim Woodford, email: [kmbw2009@hotmail.com](mailto:kmbw2009@hotmail.com).

To find out more about Quilts of Valour Australia, visit their webpage at [www.quiltsofvalour.com.au](http://www.quiltsofvalour.com.au).



# YOUR BIG DAY TO "I do" STARTS AT THE BOAT CLUB

*There's a special kind of excitement that comes with planning a wedding - a blend of anticipation, imagination, and those first beautiful decisions that shape a day you'll remember forever. The Boat Club Wedding Expo 2026 captures that feeling, bringing everything together in one inspiring event for couples ready to begin, or refine, their journey to "I do."*

The Boat Club Wedding Expo 2026 is a celebration of everything weddings. Imagine saying "Yes" to the dress, the cake, and the venue all in one morning, surrounded by inspiration, expert advice, and the relaxed waterfront vibes of the marina.

Held inside the stunning \$3.5 million newly renovated Fraser Room, Hervey Bay's premier waterfront function space, this event offers more than ideas, it provides a preview of your future celebration. Light-filled, modern, and elegantly refined, the Fraser Room has become one of the Fraser Coast's most sought-after event spaces. This is an opportunity to explore the venue, envision the wedding within the space, and enquire about tailored wedding packages available through The Boat Club.

This event is designed to be relaxed, personal, and genuinely enjoyable; a chance to connect, explore ideas, and focus on what matters most, whether you're newly engaged or finalising the details.

A curated selection of local wedding professionals will be on hand, offering expertise across every aspect of wedding planning. Photography specialists including Jennifer McCue Photography, Kaptured by Katie, and La Mour Photography will showcase their work, capturing everything from candid moments to timeless portraits. Beauty experts such as Mia Makeup, Headlines Hair and Beauty, and Kellie Roussounis Health and Beauty will present effortless bridal styling.

Floral and styling inspiration will come to life through Bloomers Florist, Bay Flowers and Gifts, Everlasting Events, Brighten My Day (Balloons), and The Prop People, helping couples visualise everything from intimate ceremonies to large-scale receptions filled with personality and detail. Sweet treats will also be a highlight, with Pastry Creations, Cakes N Bakes, Kaylas Kookies, and Art of Sugar offering a delicious glimpse into the celebration ahead.

**Fashion is well represented, with Bella E La Bestie Bridal Wear, Moments Dress Collective (luxury dress hire), Lykaysha Boutique, and Whiskey Neat (formal menswear). Services such as Happily Ever After Wedding Dress Cleaning ensure your gown is preserved long after the day, while Weddings Parties Celebration Magazine offers ongoing inspiration beyond the event itself.**



Celebrants including John Borg, Danika, and Andrew Hervey Bay will be available to help couples create ceremonies that feel personal, meaningful, and reflective of their story. Entertainment is also covered, with Party Central Australia DJ and interactive experiences like Party Central Australia 360 bringing energy, fun, and atmosphere to the celebration.

For those seeking something unique, standout offerings such as Kombi Vans, Great Ocean Helicopters, and Pawsome Paws, perfect for including beloved pets. Practical elements are thoughtfully included as well, with Ramada accommodation, Hervey Bay Photo Booth Hire, Digital Image Kiosk, and Western Oak and Co helping to ensure every guest experience and keepsake is considered.

At its heart, The Boat Club remains the centrepiece of the experience; a destination known for its waterfront location, sweeping marina views, and versatile event spaces. The expo offers a rare opportunity to see the newly renovated Fraser Room in person, explore its potential, and begin imagining a wedding brought to life in this beautiful setting.

## SAVE THE DATE:



*Where:*

**The Fraser Room @ The Boat Club  
Function Centre**



*Entry:*

**FREE!**



*When:*

**Sunday, 28 June 2026, 9am – 1pm**

Guests will enjoy a complimentary glass of bubbles on arrival. The first 100 people to register and attend will also go into the draw to win a Whale Watching Cruise aboard the Amaroo.

Register here: <https://bit.ly/BoatClubWeddingExpo>

*Your "Happily Ever After" starts here.*

# Winter Solstice Retreat by the Sea

As the longest night of the year approaches, we invite you to lean into the stillness. While the world often demands more during the holidays, the winter solstice is nature's own reminder to slow down, honour the quiet, and gather our internal energy reserves. Our Winter Solstice Retreat by the Sea on June 20 is an intentionally slow, spacious, and deeply nourishing experience designed to help you reset your inner rhythm alongside a world-class team of practitioners.

## A Sanctuary for Renewal

Set against the backdrop of the stunning coast at the Hervey Bay Sailing Club, this retreat offers a perfect time to pause and realign as the sun begins its return. You will be held in a supportive community, moving through a curated blend of restorative practices:

### Faye Schindler: The Vitality of Vinyasa

With 25+ years of expertise, Faye is a catalyst for vitality. Her approach to vinyasa is rooted in anatomy and physiology, honed through training with Bodhi Yoga, Sydney, which included pranayama, meditation, asanas, mudras, and adjustments and Japanese Yoga Masterclass training with Saburo Ishu of Family Yoga Inc, of Tokyo. Her style is a dynamic fusion of postures, designed to



challenge you while soothing the spirit. Utilising mudras and breathing, she empowers students to bridge the gap between physical fitness and inner peace, proving that disciplined movement can unlock one's healthiest, most energetic self.

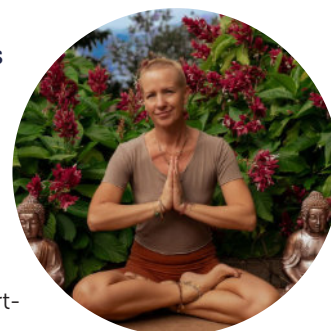
### Linda Gillespie - The Path of Presence

Linda is a guide to embodied awareness, working at the intersection of body, mind, and meaningful change. With a background in Zen Shiatsu, yoga, and mindfulness-based practices, she offers a deeply intuitive, practical approach. Influenced by Buddhist monastic studies in Delhi under the 17th Karmapa, her work is deeply grounded. As a Certified Mindfulness Teacher, Integrative Health Coach, and women's mental health practitioner, Linda creates inclusive spaces to slow down, listen, and reconnect with themselves beneath the noise. Currently studying somatic therapy, her sessions foster emotional regulation, nervous system balance, and a resilient, steady way of being.



### Tamara Oliver: The Sanctuary of Stillness

In a world that prizes speed, Tamara offers a radical alternative: the invitation to slow down. As a Yin Yoga instructor, Tamara views the mat as a sanctuary where "doing" is replaced by "simply being." Her teachings are heartfelt and grounded in somatic awareness. Currently immersed in the study of Tantric Yin Yoga, Tamara's offerings focus on nervous system support and the healing potential of stillness. Her sessions are about softening into the present moment with tender awareness, allowing you to find magic in the quiet depths of the breath.



### Ken Schindler: Sonic Tapestries

Ken's musical journey began at age nine with guitar lessons, later learning by ear. Ken came to study the art of lutherie and hand-crafted custom instruments. Today, he translates his musical knowledge into ethereal, improvisational soundscapes inspired by yoga and meditation. Blending melodic guitar with crystal bowl sound baths, he creates a vivid, restorative tapestry of sonic colour and healing resonance that serves as the heart of our practice.



**WINTER SOLSTICE  
RETREAT  
BY THE SEA**

Join Faye, Tamara, Linda & Ken for a nourishing immersion designed to help you slow down and reconnect with your inner self.

As the longest night of the year we invite you to pause and honour the quiet wisdom of the season. This is a moment to shed what no longer serves you, rest in stillness and honour the seeds of intention - all accompanied by the soothing resonance of live music and sound bath.

**20 JUNE 9.00 - 2.00 PM**

**HB Sailing Club,  
Esplanade, Torquay**

**\$85.00**

To find out more or to purchase tickets, head to <https://events.humanitix.com/winter-solstice-retreat-85erk99b>

# Gallery 5, HOME OF THE HERVEY BAY ART SOCIETY



**Gallery 5 in Urangan has been the heart of local fine art in Hervey Bay for 55 years. It is home to the thriving art community of The Hervey Bay Arts Society with a membership of over 170. Gallery 5 is a social and artistic hub, hosting weekly art lessons and social painting groups, regular workshops with experts and amazing gallery displays of the works of its members. With outstanding facilities, it is an inspiring destination for both visitors and members.**

June will feature works of 'Fantasy', and 'Black and White' works will intrigue visitors during July. August will see an abundance of 'Sunrises and Sunsets'. There are also unique 3D pieces on display; textiles, jewellery, sculpture, pottery. All art works are for sale, so, add to your art collection with quality, local art works and support local artists.

Entry to Gallery 5 is free and the gallery is open 7 days a week from 9 a.m. to 3 pm and located at 5 Sandy Street, Urangan.

A highlight of the artistic calendar for the Hervey Bay Art Society (HBAS) will be the hosting of the 42nd Annual Acquisitive Competitive Art Exhibition, at Gatakers Art Space, 311 Kent Street, Maryborough (July 25th to September 4th). This large competition attracts entries from across Australia and must not be missed. Entries close 26th June with sections for Landscapes and Seascapes, Australian Flora and Fauna, Figurative/ Portraiture, Abstract, Miniature Painting as well as an open section which attracts a first prize of \$2,500. Quality artworks will abound and all paintings will be for sale.

Gallery 5 will also host the 'Annual Members Competition' in November. 2D pieces on either canvas or paper and 3D pieces will be showcased. The depth of local talent and skill will astound you.

Gallery 5 is very thankful for the many wonderful sponsors that enable the depth of activities on offer. A range of sponsorship packages are available. What a great way to support the arts in the local community! Can you help support Gallery 5 to continue to thrive?

So, if you are looking for a special art piece for your home or looking for a supportive artistic community to belong to and foster, you will find it at Gallery 5. Become a member or become a 'Friend of the Gallery' (it's free!).

Follow us on Facebook or on our website to keep up to date with what is on offer.

**Whether you are a local or a visitor to beautiful Hervey Bay, Gallery 5 is a destination not to be missed. See you soon.**

## Gallery 5

Home of the Hervey Bay Art Society

One of the largest galleries on the Fraser Coast with quality works by local artists, showcasing fine arts and creativity at affordable prices.

- SOCIAL ART GROUPS
- WEEKLY ART CLASSES
- SPECIALITY ART WORKSHOPS
- MONTHLY EXHIBITIONS

**5 Sandy Street - Urangan**  
Open 7 days - 9am - 3pm

Ph: 0741 249200  
[admin@herveybayartsociety.art](mailto:admin@herveybayartsociety.art)  
[www.herveybayartsociety.org.au](http://www.herveybayartsociety.org.au)



# Arise+Shine

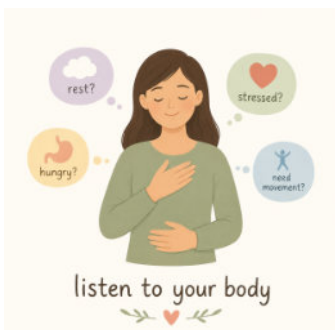
with Tania Comerford

## Listen to your body

I have learned through training and experience how important it is to listen to our body. Our body is incredible, and it communicates so much valuable information to us. However, many ignore their body's signals and just carry on with life. Our body will communicate louder and louder until we finally take notice, sadly sometimes because we are forced to.

Rest is often what our body needs. Many treat their body like it is a machine, that we can just use and abuse until it breaks down. Our body is not designed for stress and speed, our body needs rest, and a slower pace.

It takes self-awareness and intentionality to listen to your body. I have learned to listen to my body, and to take immediate action, not in a week or two when I have time to think about it. Recently I lost my voice. I have never lost my voice before, so I knew losing my voice was a red flag for me. I stopped and rested my voice and my body for a



couple of days. I also learned the value of this just a week before my husband passed away, I knew my body was depleted from his physical care, I stopped straight away and rested up, not realising I was topping up my tank in preparation for grief.

So, it is helpful to take very good notice of what is going on in our body. Do a slow body scan with your mind to check in with yourself from the top of your head to the tip of your toes. What do you notice? And how long has it been there? How much energy is in your battery? And what action will you take to honour your amazing body?

### Tania Comerford

Arise+Shine

Transformational Life Coach + Retreat Mentor

Follow me on Facebook

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## DUNGA DERBY by RALLY FOR A CAUSE



# SCOTT AND KRISTY'S STORY

**Despite Scott Rowe witnessing the charity he manages help hundreds of people facing life-changing circumstances –he was never prepared when overnight his world was turned upside down.**

When his fiancée Kristy, 49, presented at Hervey Bay Hospital after a couple of days of unusual nose bleeds, they were never prepared for the shock diagnosis of acute myeloid leukaemia.

They were immediately thrust into a new world of cancer treatments, living away from home, changed work arrangements and putting a pause on life as they knew it.

"To present to the emergency department with nose bleeds, to being diagnosed with life-threatening blood cancer within the space of five hours was a total shock to the system," the general manager of Rally for a Cause charity said.

"We were told at 1.30am in the morning after being called back to the hospital that Kristy needed to be airlifted to the Sunshine Coast University Hospital for immediate treatment.

"We only had time to pack a small bag of clothes as we struggled to comprehend what had happened and what was ahead of us.

**"I deal daily with other families in the same position through my work, but it never properly prepares you for your own diagnosis and the uncertainty of what lies ahead."**

Scott said he wanted to share their story simply because of the love and support he and Kristy had received.

"I know the magic that Rally for a Cause creates through our beautiful and compassionate communities, but I never fully comprehended until we were placed in a similar circumstance.

"From our directors and staff, the Rally for a Cause community, associates and friends, we have been overwhelmed with love and support from a community that truly cares.

"From the most thoughtful packages, cooked meals, friends and neighbours mowing the lawns and even our Dunga Derby leadership team donating blood, I now fully understand what a caring and compassionate community Kristy and I are part of."

Now basing himself between the Fraser and Sunshine Coasts so he can be by his partner's side each day at Sunshine Coast University Hospital, Scott said the leukemia fight would be a lot harder without the community's support.

"Each day we are humbled by the love and support offered to us, by the expertise of the doctors and medical teams at the hospital. It makes the battle against cancer and the journey easier to navigate.

"Kristy is tough, fit and has an incredibly positive attitude, but it is always pleasing to know we are not in the fight on our own."

**For more information about Rally for a Cause, or to donate, please visit the website [www.rallyforacause.org.au](http://www.rallyforacause.org.au).**

# SOCIAL SNAPS

*Out and about on the Fraser Coast!*



The crew from @Pilates 24-7 do their bit for cancer research



Almost at the finish line



It's all smiles from these participants



David Lee MP volunteers at the Mother's Day Classic



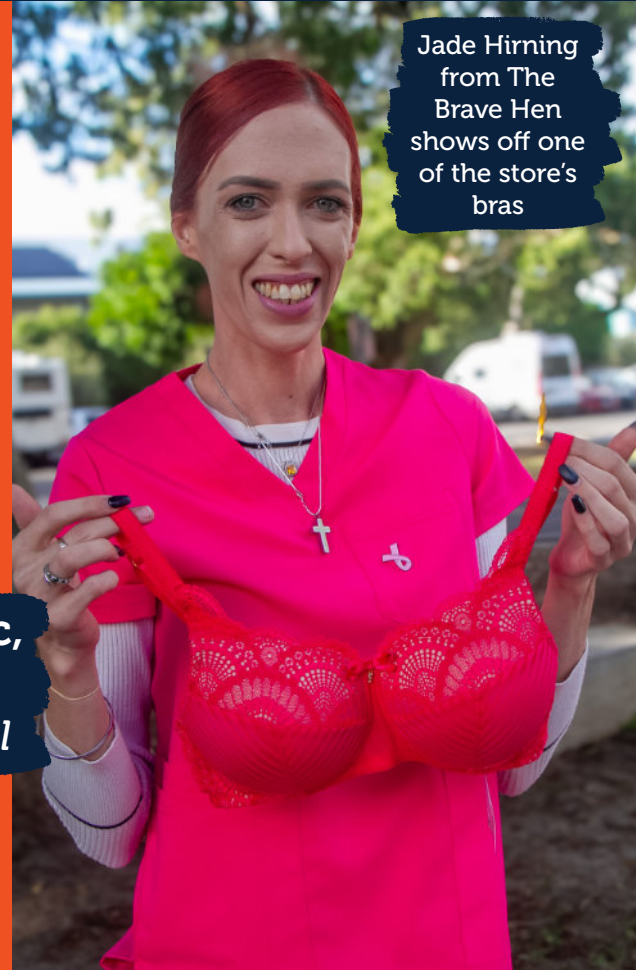
It's a team effort

# SOCIAL SNAPS

*Out and about on the Fraser Coast!*



Volunteers Lexi, 10, and Josie, 6, were impressed by mum Jade Wellings' high jump



Jade Hirling from The Brave Hen shows off one of the store's bras

**Mother's Day Classic, Hervey Bay**  
Photos by Kim Parnell



These two are stoked to cross the line



Kaidence Mather, 10, gets creative with chalk at the Mother's Day Classic



Tropical style on show from Fred, Karen and BJ Lucken at the Mother's Day Classic

# SOCIAL SNAPS

*Out and about on the Fraser Coast!*



Rosie and Ruby stole the show alongside Kaylene and Tracey Messer



We think event volunteer Katherine Fitzpatrick is amazing



Thea Gallacher, 7 & sister Isla, 9, look pretty in pink

## Mother's Day Classic, Hervey Bay

Photos by Kim Parnell



The walk begins...



Lani Hume from BreastScreen was available to answer questions

# TIDE TIMES URANGAN

## JUNE

	Time	m	Time	m	
<b>1</b>	0335	1.15	<b>16</b>	0349	0.78
	0854	2.95		0921	3.13
	MO 1451	0.84		TU 1526	0.51
	2127	3.58		2157	4.15
<b>2</b>	0414	1.19	<b>17</b>	0444	0.78
	0927	2.89		1015	3.08
	TU 1524	0.89		WE 1615	0.60
	2159	3.51		2246	4.05
<b>3</b>	0451	1.25	<b>18</b>	0534	0.82
	1001	2.83		1109	3.02
	WE 1558	0.96		TH 1703	0.75
	2231	3.44		2335	3.88
<b>4</b>	0530	1.31	<b>19</b>	0622	0.91
	1039	2.77		1204	2.95
	TH 1634	1.05		FR 1754	0.96
	2308	3.36			
<b>5</b>	0611	1.36	<b>20</b>	0026	3.67
	1124	2.72		0709	1.00
	FR 1715	1.16		SA 1301	2.90
	2351	3.28		1850	1.18
<b>6</b>	0657	1.38	<b>21</b>	0118	3.46
	1218	2.69		0756	1.07
	SA 1802	1.29		SU 1402	2.88
				1957	1.39
<b>7</b>	0042	3.22	<b>22</b>	0213	3.26
	0747	1.36		0846	1.11
	SU 1323	2.70		MO 1508	2.90
	1902	1.40		2114	1.52
<b>8</b>	0140	3.18	<b>23</b>	0310	3.09
	0840	1.28		0938	1.12
	MO 1432	2.79		TU 1615	2.98
	2015	1.46		2230	1.55
<b>9</b>	0242	3.17	<b>24</b>	0408	2.96
	0934	1.16		1030	1.09
	TU 1538	2.96		WE 1717	3.12
	2132	1.43		2334	1.49
<b>10</b>	0342	3.18	<b>25</b>	0504	2.89
	1028	1.00		1117	1.04
	WE 1642	3.20		TH 1810	3.27
	2244	1.32			
<b>11</b>	0440	3.19	<b>26</b>	0030	1.38
	1119	0.84		0558	2.87
	TH 1742	3.47		FR 1201	0.98
	2349	1.18		1853	3.41
<b>12</b>	0538	3.20	<b>27</b>	0118	1.28
	1209	0.69		0645	2.87
	FR 1836	3.74		SA 1243	0.92
				1931	3.51
<b>13</b>	0052	1.04	<b>28</b>	0202	1.19
	0635	3.20		0728	2.89
	SA 1259	0.58		SU 1322	0.87
	1929	3.96		2007	3.57
<b>14</b>	0152	0.92	<b>29</b>	0243	1.13
	0732	3.18		0806	2.90
	SU 1348	0.50		MO 1400	0.83
	2018	4.11		2041	3.60
<b>15</b>	0252	0.83	<b>30</b>	0321	1.10
	0827	3.16		0842	2.92
	MO 1437	0.48		TU 1435	0.81
	2108	4.18		2113	3.61

# Fraser Coast Markets



## MARYBOROUGH

**Maryborough Rotary Markets**  
Adelaide and Ellena St, Maryborough  
Every Thursday - 7am to 12pm

## MARYBOROUGH

**Sunday Mixed Markets**  
Tinana Markets on the Field  
Every 2nd Sunday of the month  
7am - 12pm - 0447 407 008  
Tinana Football Club - Soccer Fields  
maryboroughsmm@gmail.com

## HERVEY BAY

**Torquay Beachside Markets**  
Opposite the Torquay Hotel  
Every Saturday  
7am to 1pm

## HERVEY BAY

**Koala Markets - Kruger Court**  
Every 2nd & 4th Sunday  
6am to noon

## HERVEY BAY

**Nikenbah Markets**  
Hervey Bay Animal Refuge  
Nikenbah-Dundowran Rd, Nikenbah  
1st, 3rd and 5th Sunday of the month  
6am to 12 noon

## HERVEY BAY

**Markets at the Pier**  
Pier Park, Urangan, (in front of Jetty)  
Every Wednesday & Saturday  
7am to 12pm

## OTHER AREAS

**Glenwood Community Produce Markets**  
Pepper Rd  
2nd and 4th Sunday of the month  
8am to 9:30am

## OTHER AREAS

**Brooweena Markets**  
Historical Village, Smith Crescent  
4th Sunday every 3rd month  
8am to noon

## OTHER AREAS

**Bauple Markets - Band Hall Road**  
4th Saturday of the month  
7am - noon

**Have a market you'd like added to our Market List?**

We'd love to hear from you!

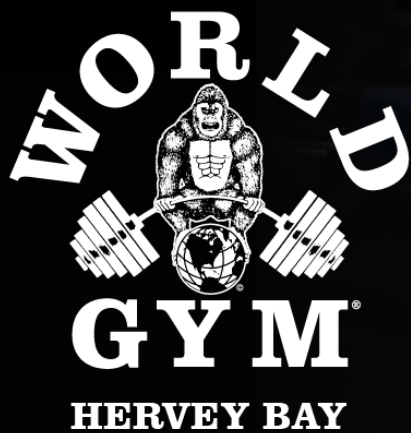
Please email Kim at [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com) with your market details.

For all Market submissions or corrections please contact:  
What's On Fraser Coast on

**Ph 0467 303 171**

or email: [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com)

*DISCLAIMER: The market guide is offered as a free community service. Markets can be relocated or cancelled at any time without our knowledge. If you are interested in attending a market listed here, find the market on Facebook to get the latest updates. For all market submissions or corrections please email [whatsonfrasercoast@outlook.com](mailto:whatsonfrasercoast@outlook.com).*



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